

---

## BUDGET UNIT BRIEF – FY 2019

Fiscal Services Division

August 27, 2018



---

Ground Floor, State Capitol Building

Des Moines, Iowa 50319

515.281.3566

## Woodward Resource Center

### Background

Woodward Resource Center, operated by the Department of Human Services (DHS), provides a wide range of treatment and habilitation services for individuals with severe intellectual disabilities. In addition, Woodward provides outreach services to support individuals with intellectual disabilities in the community. The goal of the State Resource Centers is to support individuals to live in the community of their choice. Woodward opened September 6, 1917, as a State epileptic colony. In 1921, Woodward began accepting individuals with intellectual disabilities. Woodward eventually evolved into the Woodward State Hospital before becoming the Woodward Resource Center in 2000. Woodward was originally a working farm and was almost entirely self-sufficient until the late 1970s.

### Individuals Served

Woodward Resource Center serves 132 individuals with severe intellectual disabilities, most of whom have a dual diagnosis of mental illness. According to the DHS, a typical individual has an intellectual disability and an additional co-occurring condition, such as an eating and chewing disorder (dysphagia); ingesting inedible objects; self-injurious or assaultive behaviors; or other severe health and behavioral difficulties, including sexual offending. Individuals who are admitted to Woodward have typically gone through multiple community-based providers and have not been able to find one that can meet their needs.

### Services Provided

Woodward Resource Center is an intermediate care facility for individuals with intellectual disabilities (ICF/ID) and provides a wide variety of treatment and support to help prepare individuals to move into an appropriate community-based living setting. The DHS uses a multidisciplinary team to provide an integrated service approach. The team includes: the individual, the individual's family/guardian, local county or DHS staff, direct support professionals, a psychologist, a psychology assistant, a social worker, an occupational therapist, a speech/language pathologist, a physical therapist, an audiologist, a vocational/day program specialist, a leisure specialist, a dietitian, a nurse, a physician, a pharmacist, a psychiatrist, and a dental assistant.

### Funding

The majority of the Woodward budget is funded through the Medicaid program. The total annual budget is approximately \$58.1 million. Of this, 33.0% is from the State General Fund, 45.0% is federal funding, and 22.0% is other funding and client participation.

---

### More Information

DHS Woodward: [dhs.iowa.gov/mhds/disability-services/resource-centers/woodward](https://dhs.iowa.gov/mhds/disability-services/resource-centers/woodward)  
LSA Staff Contact: Jess Benson (515.689.0598) [jess.benson@legis.iowa.gov](mailto:jess.benson@legis.iowa.gov)

**Related Statutes and Administrative Rules**

Iowa Code chapters [135C](#) and [222](#)

Iowa Administrative Code [441—28](#), [441—30](#)

**Budget Unit Number**

4120M420001

918305