

441—118.33(237A) Criteria for IQ4K—Level 1 rating standards for registered child development homes. To be rated at Level 1, an eligible registered child development home must satisfy all of the criteria in each of the six designated categories listed in Level 1 or complete all of the criteria designated in its respective specialized tracks for Levels 1 and 2.

118.33(1) *Nutrition and physical activity.*

a. The provider and coprovider, where applicable, shall complete one of the department-approved food safety trainings.

b. The program shall complete a self-assessment and create an action plan in the area of nutrition.

c. The program shall complete a self-assessment and create an action plan in the area of physical activity.

118.33(2) *Professional development.* The provider and coprovider, where applicable, shall complete a professional plan annually.

118.33(3) *Family and community partnerships.*

a. The program shall provide an orientation for new families.

b. The program shall complete one annual activity that promotes partnerships.

118.33(4) *Provider qualifications.* The provider and coprovider, where applicable, shall have one year or more of full-time child care experience.

118.33(5) *Teaching and learning.*

a. The provider and coprovider, where applicable, shall complete two hours of training on the Iowa early learning standards.

b. The program shall develop and implement a comprehensive discipline and behavior policy that promotes positive relationships.

118.33(6) *Environment.*

a. The program shall develop and implement, as applicable to ages served, the following policies aligned to CFOC:

- (1) Supervision.
- (2) Safe sleep.
- (3) Missing child.
- (4) Strangulation prevention.
- (5) Sign in and out tracking system for children and visitors.

b. The provider and coprovider, where applicable, shall complete Form 470-5676: IQ4K Interaction and Relationship Self-Assessment.

c. The program shall annually complete Form 470-5678: IQ4K Program Assessment.

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