

441—113.16(237) Planned activities and personal effects.

113.16(1) *Daily routine.* The daily routine shall promote good health and provide an opportunity for activity suitable for the child(ren) with time for rest and play.

113.16(2) *Clothing.*

- a. Any child(ren) should have their own clothing.
- b. Any child(ren) shall have training and help in selection and proper care of clothing.
- c. Clothing shall be suited to the existing climate and seasonal conditions.
- d. Clothing shall be becoming, of proper size, and culturally appropriate.
- e. There shall be an adequate supply of clothing to permit laundering, cleaning and repair.
- f. There shall be adequate closet and drawer space for the child(ren) to permit access to their clothing.

113.16(3) *Educational opportunity.* Every child shall be given the opportunity to complete high school or vocational training in accordance with the child's case permanency plan. The foster parent shall be an advocate for the child(ren) by working with the child(ren)'s school.

113.16(4) *Religion and culture.* Each child shall be given an opportunity, in consultation with the child's parents, to participate in the child's culture and religion. The child(ren) shall not be required to participate in religious training or observances contrary to the wishes of the biological or adoptive family or the religious beliefs of the child(ren).

113.16(5) *Community participation.* Every child shall be given the opportunity to develop healthy social relationships through participation in neighborhood, school and other community and group activities. The child(ren) shall have the opportunity to invite friends to the foster home and to visit the home of friends.

113.16(6) *Work assignments.* Work assignments shall be in keeping with the child(ren)'s age and development.

- a. Exploitation of the child(ren) is prohibited. No child(ren) shall be permitted to do any hazardous tasks or to engage in any work which is in violation of the child labor laws of the state.
- b. The child(ren) shall have the opportunity to learn to assume some responsibility for self and for household duties in accordance with the child(ren)'s age, health and ability. However, assigned tasks shall not deprive the child(ren) of school, sleep, play or study periods.

This rule is intended to implement Iowa Code section 237.3.

[ARC 8010B, IAB 7/29/09, effective 10/1/09; ARC 3185C, IAB 7/5/17, effective 9/1/17; ARC 6961C, IAB 4/5/23, effective 6/1/23]