

## CHAPTER 68

## SCHOOLS AND SCHOOL DISTRICTS

S. F. 700

AN ACT to provide for physical education and training in health in the public schools of this state.

*Be it enacted by the General Assembly of the State of Iowa:*

1     **SECTION 1. Physical education.** On and after September 1, 1924,  
2 there shall be established and provided in all of the public elementary  
3 and secondary schools of this state, physical education, including  
4 effective health supervision and health instruction, of both sexes,  
5 and every pupil of school age attending such schools shall take the  
6 prescribed course or courses in physical education as herein provided.  
7     Modified courses of instruction shall be provided for those pupils  
8 physically or mentally unable to take the courses provided for normal  
9 children. Said subject shall be taught in the manner prescribed by  
10 the state superintendent of public instruction. This program of  
11 physical education shall occupy periods each week totalling not less  
12 than fifty (50) minutes, exclusive of recesses, throughout each and  
13 every school term. The conduct and attainment of the pupils shall be  
14 marked as in other subjects and shall form part of the requirements  
15 for promotion or graduation. Provided that no pupil shall be re-  
16 quired to take this instruction whose parents or guardian shall file  
17 a written statement with the school principal or teacher that such  
18 instruction conflicts with his or her religious belief.

1     **SEC. 2. In high schools and state institutions.** After September  
2 1, 1923, every high school, state college, university or normal school  
3 giving teacher training courses shall provide a course or courses in  
4 physical education.

1     **SEC. 3. Manual of instruction.** The state superintendent of public  
2 instruction is authorized to prepare or approve a manual on practical  
3 health training for the aid of teachers, and to distribute same.

Approved April 16, A. D. 1923.