

**Juvenile Court Services**

**DELINQUENCY PROGRAMS  
AND SERVICES**

*A Summary for Each Judicial District*

**2017**



# Delinquency Programs and Services Table of Contents

	Page
<b>Introduction</b> .....	3
<b>First Judicial District</b>	
Safety .....	4
Accountability.....	4
Skill Building and Treatment .....	5
<b>Second Judicial District</b>	
Safety .....	8
Accountability.....	8
Skill Building and Treatment .....	9
<b>Third Judicial District</b>	
Safety .....	13
Accountability.....	13
Skill Building and Treatment .....	14
<b>Fourth Judicial District</b>	
Safety .....	16
Accountability.....	16
Skill Building and Treatment .....	17
<b>Fifth Judicial District</b>	
Safety .....	19
Accountability.....	20
Skill Building and Treatment .....	21
<b>Sixth Judicial District</b>	
Safety .....	28
Accountability.....	28
Skill Building and Treatment .....	29
<b>Seventh Judicial District</b>	
Safety .....	33
Accountability.....	34
Skill Building and Treatment .....	34
<b>Eighth Judicial District</b>	
Safety .....	36
Accountability.....	36
Skill Building and Treatment .....	37

# Juvenile Court Services

## Delinquency Programs and Services

Juvenile Court Services (JCS) works with young people who have committed a delinquent act, an act which would be a crime if committed by an adult. It is part of the Judicial Branch of state government and is administered by a Chief Juvenile Court Officer in each Judicial District.

***Restorative Justice Model.*** Juvenile Court Services subscribes to the Balanced and Restorative Justice model of juvenile justice. In each delinquency case, we have three goals:

1. To assure community safety,
2. To hold the young person accountable for breaking the law, and
3. To teach that young person new skills so that he or she will make better decisions in the future.

Treatment and interventions provided by JCS are designed to address one or more of these goals.

***Funding.*** State funding for delinquency treatment programs comes through three line items in the Department of Human Services budget: Graduated Sanctions, Court Ordered Services and Juvenile Drug Courts. The funds are allocated to each Judicial District. There is also a small allocation of federal dollars through the Criminal and Juvenile Justice Planning (CJJP) division of the Department of Human Rights.

***Local Differences.*** Each Judicial District contracts for services in a little different way. Those services reflect the local flavor and the particular needs of the individual communities.

The Chief Juvenile Court Officers are often able to leverage delinquency funds with other community funding sources to enhance the services available. One way this happens is through the local Decategorization (DCAT) Projects, collaborations that allow JCS, DHS and counties to share funds and do joint planning in order to better serve their young people. JCS may also work with schools districts or other community funding sources to jointly fund treatment programs. Sometimes families are asked to pay a fee or access their private insurance if they are able, and delinquency funds help offset costs for people who do not have other resources.

***Examples of Delinquency Programs.*** Below are some of the community based delinquency programs funded by the state in each Judicial District. This is not an exhaustive list. It does not include community resources that may be accessed by JCS clients but are funded through schools, churches, United Way, or other private funding sources. It also does not include out of home placements, such as residential treatment centers, foster homes or the State Training Schools. Each section was drafted by the Chief Juvenile Court Officer in that district, so there may be programs that some Chiefs included and others did not. Any of the Chief Juvenile Court Officers would be happy to answer questions about programs and interventions in their respective Judicial Districts.

## **First Judicial District of Iowa**

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### **Safety**

**Detention.** Detention is available throughout the state for youth who, if released, would be a significant risk to cause serious bodily harm to themselves or others, a significant risk to commit serious damage to the property of others or for whom there is a substantial probability they would be unavailable for their court hearing. (Iowa Code section 232.22.) The cost of detention is paid by the county.

**Detention Alternative: Global Positioning System (GPS) Monitoring.** Detention alternative which provides GPS electronic monitoring is used by detention staff to monitor whereabouts. Court ordered. Available district wide. Graduated Sanction funding.

**Conditions of Release:** Detention alternative which closely monitors a youth with frequent phone and face to face contact while placed on house arrest. Available district wide. Graduated Sanction funding.

### **Accountability**

**Victim Restitution Program.** Youth under the supervision of JCS with no other means to pay restitution can earn money to apply to their restitution obligation. The youth completes community service work hours which is converted to a stipend amount and is paid to the victims of his/her crimes. Youth age 12-17. Available district wide. Graduated Sanctions funding.

**Tracking, Monitoring and Outreach.** Services include face-to-face contact, monitoring informal adjustment agreements, transportation, and group facilitation. Frequently used in the rural areas but is available district wide. All ages. Graduated Sanctions funding and DCAT.

**Violators Program.** Alternative intervention to 48 hour detention holds. Program curriculum includes goal setting, cognitive restructuring and ART strategies. Each youth also completes 10 or more hours of community service work. Age 13-17. Available district wide. Graduated Sanctions funding.

**Accountability Program.** Prompt intervention to address probation violations. Program duration is 1 ten hour day. Program curriculum includes goal setting, cognitive restructuring and ART strategies. Each youth also completes community service work. Age 13-17. Available district wide. Graduated Sanctions funding.

**Court Navigator.** A culturally diverse contractor contacts the juvenile and his/her family on first time referrals who failed to attend the intake interview. Information is provided about the juvenile justice system and the family is encouraged to contact Juvenile Court Services. Available in Black Hawk County. Graduated Sanction funding.

### **Skill Building and Treatment**

**Juvenile Court School Liaison Program.** Services include individual and group work to support positive school attendance and behavior. Available in Oelwein Community School District. Graduated Sanctions and school district funding.

### **Diversion Programs**

- 1. Shoplifting.** First offender diversion program is a two-session program held on a monthly basis. Parental involvement is required at first session. Program involves education on the effects of shoplifting, moral reasoning, goal setting and plan for change. First time offender age 12-17. Available district wide, however some travel may be required. Participant fee paid directly to provider
- 2. Alcohol Youth Diversion program.** Eight hours of group work utilizing the Prime for Life curriculum. Parents are invited but not required to attend. First time offenders ages 13 – 17. Available across the District. Participant fee paid directly to provider.
- 3. Marijuana Diversion program.** Program utilizes some Prime for Life and other health related curriculum for eight hours of group work. Parents are invited but not required to attend. First time offenders ages 14 – 17. Available in Black Hawk and Dubuque counties. Participant fee paid directly to provider.
- 4. Life Skills.** Two, two- hour sessions which cover the law, choices & decisions, communication skills & setting goals. Low to medium risk youth age 12 – 17. Available district wide. Participant fee paid directly to provider.
- 5. Changing Lives Through Literature (CLTL).** 10 classes over a 5 week period book club typically reads and discusses three to four books relating to various life situations. Parent is required to attend the first session. Ages 14 – 17. Available in Dubuque through a grant and DCAT funding.
- 6. On-line options.** Evidence based computer course options include: theft, alcohol, and marijuana. Completion takes between 2 – 6 hours. Parental piece is also available at no additional cost. First time youth age 12 – 17. Available district wide. Participant fee paid directly to the provider.

### **Life Skills**

- 1. Aggression Replacement Training.** ART evidence-based curriculum is a 10 week group program to improve social skill competence, anger control and moral reasoning. Youth age 12-17. Available district wide. Graduated Sanctions and DCAT funding.

2. **Truthought Program.** Cognitive based curriculum guides 10 group sessions that focus on thinking errors and tactics which interfere with positive decision-making. Youth practice identifying these barriers and explore alternative ways of thinking. Youth age 12-17. Available district wide. Graduated Sanctions and DCAT funding.
3. **Mentoring.** Individualized mentoring program that works with a youth on specific high risk skills as identified by the Iowa Delinquency Assessment. Creates a support system for the youth and his/her family. Youth age 10-17. Available district wide. Graduated Sanctions funding and DCAT.
4. **Juvenile Court School Coach (JCSC).** The JCSC assists youth improve decision making skills and accountability. Youth enrolled in school age 12-17. Available in Buchanan, Delaware, & Dubuque counties. Graduated Sanctions funding.
5. **Steps to Adult Readiness – (STAR) Juvenile Life Skills Coaches.** STAR Coaches focus on goal setting, reducing risk factors and improving life skills to youth in family foster homes. Youth age 10-17. Available district wide. Graduated Sanctions funding.
6. **1-2-1.** Individualized intervention that focuses on IDA risk factors and goals. Key components are aggression, thinking errors and relationships. Youth age 12-17 and score a moderate or high risk on the IDA. Available district wide. Graduated Sanctions funding.
7. **Day Treatment.** Supervised community treatment provides evidence based curriculum for cognitive restructuring; trauma, cultural specific group for African American males; and substance abuse assessment/treatment as required. Youth must score moderate or high risk on IDA; based on this the youth will receive a dosage of cognitive hours for the length of the service through Thinking for a change, ART, and Kinect programming. Parents are strongly encouraged to attend educational sessions and connected to community supports. Youth age 14 – 17. Available district wide. Graduated Sanctions funding.
8. **Functional Family Therapy.** FFT provides evidence based service ranging from 8 to 25 hours of direct service for families over a 3 month period. The three phases include engagement and motivation of the family; behavior change; and generalization. Youth ages 10 – 17. Available district wide. Graduated Sanctions funding and DCAT.
9. **Proactive Life Skills Programming.** Designed to provide Street Smart, Smart Girl, Passport to Manhood programming to youth in a prosocial setting. Black Hawk County. Graduated Sanctions funding.
10. **School Based Mental Health.** Individual counseling in the school setting. Ages 10 – 17. Available in Oelwein and Union School Districts. Graduated Sanctions funding when insurance will not cover costs.

**11. Community Transition Service.** CTS is part of the discharge planning for out of home placement youth returning to the community. The service provides education and support to the youth and parents. Daily contact is made with the youth upon his/her return home and the family is connected with community resources. Available in Black Hawk County, Dubuque County, and surrounding areas. Graduated Sanction funding.

**Wrap Around Services.** Funding available to support change to risk areas as documented with the Iowa Delinquency Assessment (IDA). Funding must directly impact the risk area and used as a last resort when other funding options are not available. Available district wide. CJJP federal funding and Graduated Sanction dollars.

**Substance Abuse Treatment.** There are multiple providers throughout the judicial district that provide evaluations and group or individual treatment. Agencies may be non-profit, private and hospitals. Funding sources include private insurance, T19 and Court Ordered Services.

**Sex Offender Treatment.** There are a few providers throughout the judicial district who provide sex offender groups and/or individual treatment. Private insurance or T19 and/or Court Ordered Services funding.



## **Second Judicial District of Iowa**

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### **Safety**

**Detention.** Detention is available throughout the state for youth who, if released, would be a significant risk to cause serious bodily harm to themselves or others, a significant risk to commit serious damage to the property of others or for whom there is a substantial probability they would be unavailable for their court hearing. (Iowa Code section 232.22.) The cost of detention is borne by the county. The counties in the Second District contract with one of three detention centers: Central Iowa Detention, North Iowa Detention and Northwest Iowa YES Detention Center.

**Detention Alternative: Electronic Monitoring.** District-wide contract with BI Inc. for GPS monitors. Allows for notification of Juvenile Court Services if a client leaves home and can allow for real time tracking of a client's location. Graduated Sanction funding.

### **Accountability**

**Restitution Programs.** District-wide restitution contract allows financially challenged clients to perform community service to work off their restitution. For each hour performed, the client's victim receives \$8.00, up to a total of \$500.

**Community Service Programs.** Juvenile Court Officers in the 2<sup>nd</sup> Judicial District believe strongly in the restorative justice model and use community service as a rehabilitative tool on a regular basis. Depending on the risk level clients will either schedule hours on their own or JCS will provide supervised work sites to monitor youths' community service within the county.

**Victim Offender Mediation:** Juvenile Court Services has four Juvenile Court Officers certified in mediation This program teaches victim-empathy to the perpetrators of criminal acts and then brings the victim and the perpetrator together so the perpetrator can hear firsthand how his or her actions affected the life of the victim.

**Tracking and Monitoring Program:** District wide contract with Mid-Iowa Community Action Program for intensive supervision of at risk clients for daily community checks if needed. Contacts are to be random and unannounced to ensure clients are complying with the conditions of probation. Frequently collect UAs, complete curfew checks, ensure school attendance, counseling attendance and often mentor clients. The program is also used as aftercare transition from placement. Three levels of service are available. Level A is the most intensive for moderate and high risk clients and has at least 3 face to face contacts per week and several phone calls that are tracker initiated. This service does not typically exceed 6 weeks. Level B is at least one face to face meeting per week, at least two phone calls and typically does not exceed 4 months. Level C

is strictly by phone or electronic devices and requires at least four contacts by the tracker with family/client per week. Typically does not exceed 3 months. Graduated Sanction funding.

### **Detention Alternatives for Probation Violators/ Conditions of Probation Gender Specific Programs.**

- 1. Boys Weekend Offender Program.** Rabiner Treatment Center provides 2 days of skill development training, groups, community service and education to high and moderate risk male offenders who have violated their probation. They provide transportation to and from their center and overnight lodging for the clients. Program funding through DCAT.
- 2. Female Gender Specific Group:** Implements cognitive-behavioral and cognitive social learning; including strategies such as: modeling, reinforcement, role playing, skill building, cognitive restructuring, and the learning of low risk behaviors in high risk situations. The group is targeted for moderate to high risk clients. Juvenile Court Officers provide the program in Cerro Gordo and Marshall County.

### **Skill Building and Treatment**

**Juvenile Court School Liaison Program.** The Juvenile Court School Liaisons are school staff supported by Juvenile Court Services to help JCS clients be more successful in school. They keep JCS staff aware of their clients' progress and work with at-risk clients to be successful in school with the intent of avoiding referral to JCS. They often work one-on-one with students, conduct life skill-type groups, work with families, track attendance and deal with behavior problems. The 2<sup>nd</sup> District has 16 Juvenile Court School Liaisons that serve the following counties: Bremer, Butler, Carroll, Greene, Hamilton, Hardin, Marshall, Sac, Story, Webster and Wright.

### **Diversions Programs.**

- 1. Shoplifting/Theft Diversion Programs:** This program is for clients who have first time theft referral and who it is felt that supervision and education can deter recidivism. Depending on the area clients may pay a fee for the class, attend a class sponsored by Juvenile Court or complete an on-line curriculum from 3<sup>rd</sup> Millennium. The cost of the online curriculum is \$60.00. This service is available for the entire district.
- 2. Alcohol and Drug Education Classes:** These programs are for clients who have a 1<sup>st</sup> or 2<sup>nd</sup> time alcohol or drug-related charge and who it is felt that supervision and education can deter further usage. Classes vary from private pay, funding through local DCAT and on-line classes.
- 3. Friday Evening Program:** The goal is to reduce the number of students charged with a delinquent act while ensuring service needs are met. This could include a variety of services such as, community service work, homework assignment completion, anger management classes, and life skill classes. Juvenile Court can also refer clients to the program.

#### **4. After School Programs**

#### **5. Mentoring Programs**

- 6. State of Iowa Juvenile Fire Intervention Program 2-1-1- or 211Iowa.org** – Designed to intervene in a destructive behavior. Intervention process begins with initial interview and assessment followed by the planning and implementation of a strategy.

### **Life Skills**

**Aggression Replacement Training.** Aggression Replacement Training is available in conjunction with providers and schools throughout the whole district. Researched-based program is available for high and moderate risk clients in schools and communities in all 22 counties. School liaisons are co-facilitators, when available. Multi-agency contract paid for with Graduated Sanctions dollars.

Aggression Replacement Training has been provided community wide on several occasions and many programs utilize parts of the ART training. (i.e.: Weekend Offender Programs, anger management classes etc.)

### **Supervised Community Treatment**

- 1. Day Treatment.** Francis Lauer has a contract to provide Day Treatment programming in Cerro Gordo and the seven surrounding counties. Rabiner Treatment Center has a contract to provide day Treatment programming in Webster, Wright, Humboldt, Pocahontas, Calhoun, Green, Boone and Hamilton Counties. This includes education, transportation and after care. Graduated Sanctions, Title 19 and school district funding.
- 2. Counseling and Therapy:** Youth & Shelter Services has a contract to provide in-office counseling, in-home counseling, group counseling and skill development and Functional Family Therapy for the entire 2<sup>nd</sup> Judicial District. They in turn, have subcontracts with 8 other agencies to serve the 22 counties. (Boys Town, Central Iowa Juvenile Detention Center, Children and Families of Iowa, Community & Family Resources, Four Oaks, New Directions, Quakerdale and Woodward) Graduated Sanctions funding.
- 3. Functional Family Therapy:** In-home or in office. Addresses range of issues (parent/child/family conflict, grief and loss, divorce, depression, conduct disorder, oppositional defiant, runaway behaviors etc.) The program has three phases: 1) Engage and Motivate 2) Change Behavior 3) Generalize Change There are two Functional Family therapy providers in the Second District. Four Oaks serves Bremer, Butler, Franklin counties. Quakerdale serves Boone, Calhoun, Hamilton, Hardin, Humboldt, Marshall, Story and Webster Counties. Graduated Sanctions and DCAT funding.

### **Substance Abuse Treatment.**

1. **In School.** Substance Abuse Assistance available in Boone, Fort Dodge, Marshall Waverly and Hampton Dumont schools. Funding varies per program through DCAT/School/Grants
2. **Outpatient Treatment.** Every county has some sort of out-patient substance abuse treatment available at the central site of the agency serving that catchment area. Some areas also have intensive outpatient services. Funding through Title 19, insurance or private pay on a sliding fee scale.
3. **Drug Court.** Marshall/Cerro Gordo and Worth counties has a Juvenile Drug Court program to reduce crime and increase public safety by providing each client the substance abuse treatment, education and supervision necessary to reduce substance abuse. This program is a collaborative effort as the following are involved in the intensive supervision of Drug Court Clients: Juvenile Court Judge, Juvenile Drug Court Officer, local substance abuse agency, community panel members, client/ family members and the school.
4. **Multidimensional Family Therapy (MDFT):** Youth and Shelter Services Story/Boone has treatment for substance abuse clients and dual diagnosis cases, this is family focused. This is primarily used by families with good insurance or Title 19. Youth and Shelter Services currently has a grant to supply MDFT to residents at the State Training School for Boys,
5. **Drug Testing.** District-wide contract with Redwood Labs in California. Samples are collected by Juvenile Court Officers, trackers and school liaisons. Court Ordered Services funding.

**Communication** - This service increases client/family contact and participation in uncontested court hearing, family visits and staffing. JCS/Families are able to Skype or use specific electronic communications per facility. This has decreased court ordered transportation and increased family contact while families are in placement.

**Transportation-** District-wide contract Gas cards are available for families to visit child placed in treatment facility. Funded by DCAT

**School Based Mental Health:** Provides one on one counseling services as needed to students in the schools as identified by school counselors, teachers and administrators. Funded by DCAT in Calhoun, Carroll, Greene, Hamilton, Humboldt, Webster and Wright counties.

**Wrap-Around Funding/Individualized Services** – Miscellaneous items related to case plan. Can be utilized with informal and formal clients. i.e.: funding for High School Equivalency diploma

**Bilingual Counselor/Community Liaison:** Provide a Bi-Lingual Counselor to administer in-home/in—office individual and family counseling as requested by Juvenile Court Services (JCS) and serves as a Community Liaison in Marshall and Hardin County.

**Boone County Juvenile Court Liaison:** Provide coordination and program management for Juvenile Court Services in and around Boone County. Services include Diversion, transition services and services for at-risk students in the school including community groups.

## **Third Judicial District of Iowa**

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### **Safety**

**Detention.** Detention is available throughout the state for youth who, if released, would be a significant risk to cause serious bodily harm to themselves or others, a significant risk to commit serious damage to the property of others or for whom there is a substantial probability they would be unavailable for their court hearing. (Iowa Code section 232.22.) The cost of detention is borne by the county. The Woodbury County Detention Center operates an electronic monitoring program utilizing 10 GPS tracking bracelets for high risk youth as an alternative to detention. This program averages 8 youth per month who are being monitored.

### **Accountability**

**FFT Program.** Functional Family Therapy is an in-home intensive service that involves 3 phases that assists the family in communication patterns. This program has been extensively researched and has been shown to be effective for youth who are 10-17. FFT usually is 90 days in duration and can be used in all phases in the system from intake to re-entry. FFT has been deployed throughout the district using 3 therapists and has produced results exceeding the national averages for this program.

**Juvenile Court (JC) Program.** The Third Judicial District, through a contract with Seasons Mental Health in Spencer, Iowa, provides excellent monitoring and mentoring services to juveniles and their families throughout the district. Most often JC's are involved in some of the tougher cases going into very chaotic environments in an attempt to bring stability. JC's and JCOs work closely together to reduce the risk to re-offend with juveniles. Almost 390 children are involved in this program yearly. Graduated Sanctions funding.

**Gang Reduction Program.** JCS in Woodbury County participates in the Gang Reduction Program with several local, state and federal agencies. JCOs participate in "sweeps" to do probation checks and to talk with families about effective ways to combat the influence of gangs on juveniles. Sweeps are completed monthly and are highly recognized for their effectiveness and team building among various agencies. Home visits are meant to be positive and caring to support parents in their efforts to keep their children out of gangs.

**Drug Testing.** The Third Judicial District has a contract with Siouxland District Health to provide drug testing services to all youth in the district. JCO's get samples from youth that are sent to District Health for testing that occurs within 24 hours.

## **Skill Building and Treatment**

**School Liaison Program.** School Liaison Officers in the Third Judicial District are the bridge between the education system and juvenile justice. These officers work to keep juveniles attached to the education system. Many juveniles find significant stress in school and JCSLs are there to assist juveniles with their educational struggles. 12 JCSLs serve 8 school districts in the Third Judicial District. Graduated Sanctions and school district funds.

**JCSL Education Services.** A contract with the Siouxland Human Investment Partnership places a special education teacher in the Woodbury County office to provide credit recovery for nearly 150 high risk students each year. This program also evaluates the educational plan for all youth entering and exiting residential, foster and training school placements throughout the district. On average this program recovers over 200 credits for youth throughout the year affording many youth to graduate high school.

**Mental Health Therapists** Juvenile Court Services has a contract with the Siouxland Mental Health Center to provide 2 MSW therapists in the Woodbury County office. These therapists see youth and families in the juvenile justice system for both therapy and crisis intervention services. Assessments, evaluations and a full range of mental health services, including psychiatric care is available through the mental health center. This program averages seeing over 100 youth and their families per year.

**Youth Team Decision Making (YTDM)** The Third Judicial District has 3 persons specially trained to complete YTDMs on all youth exiting care. These sessions are meant to provide the youth with very structured planning sessions to chart a healthy path as they transition into adulthood. This evidenced based program is provided by therapists who are not connected to JCS but are completely neutral providing the youth with a safe avenue to discuss issues that might be barriers to their success.

**Sexual Behaviors Treatment** JCS has a contract with the Boys and Girls Home of Sioux City to provide evaluations on all youth in the district who are charged with offenses that could result in the youth being subjected to the Sex Abuse Register. B&G also provides intensive, evidence based outpatient therapy to youth who need this level of care. 38 youth on average are treated through this program each year.

**Disproportionate Minority Contact.** Woodbury County has convened a group of concerned community citizens who are dedicated to find ways to expand the continuum of services to reduce disproportionate numbers of minority involved in the juvenile justice system.

**Aggression Replacement Training (ART).** Three JCOs convene ART groups out of the Woodbury County JCS office providing group skill building for 50 youth each year. Elements of ART, social learning, mentoring and other cognitive strategies are delivered 3 times weekly through this evidence based program.

**Native Group.** In conjunction with DHS, JCS operates a group for Native American youth each Tuesday afternoon at 4:00 pm. This group averages 20-25 juveniles who are mentored by volunteers in the community and examine issues relating to the native culture as it exists today. Many traditional native practices are utilized in an effort to keep juveniles attach to school.

**Crossover Team.** Woodbury County and the Third Judicial District has been a leader in the state in crossover cases. Monthly a diverse team of law enforcement, providers, detention, education, shelter, DHS and JCS meet to discuss abused and neglected youth who begin to commit delinquent acts. This team has been guided by the work of experts from Georgetown University in Washington, DC. Research has consistently shown that youth who have a history of abuse and neglect are best served in the child welfare system when they experience minor delinquent behaviors.

**Substance Abuse: Drug Court.** Started in 1999 with the Department of Corrections and Jackson Recovery, 3 Drug Court JCOs provide intensive substance abuse services to addicted juveniles in Woodbury County. Panels of “community judges” hold weekly status review hearings of offenders. Over 28,000 hearings have been held and 901 juveniles have graduated. Available in Woodbury, Plymouth and Clay Counties.

**Special Services.** All cases requiring out-of-home placement are served by this 3 person unit. They specialize in the coordination of services aimed at reducing the duration of placement through enhanced educational programming, extensive group work and increased family engagement. Yearly about 80 juveniles are served.



## **Fourth Judicial District of Iowa**

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### **Safety**

**Detention.** Detention is available throughout the state for youth who, if released, would be a significant risk to cause serious bodily harm to themselves or others, a significant risk to commit serious damage to the property of others or for whom there is a substantial probability they would be unavailable for their court hearing. (Iowa Code section 232.22.) The cost of detention is borne by the county.

**Detention Alternative: Electronic Monitoring.** Available throughout the 4<sup>th</sup> District. Graduated Sanctions funding.

### **Accountability**

**Community Service.** This is an opportunity for youth who have not been able to complete their community service hours on their own. Intake Court Officers and/or other JCOs provide supervision, work sites and transportation for community service work crews. Supervision ensures youths' behavior/compliance in completing hours. Pottawattamie County. No cost.

### **Tracking and Monitoring**

- 1. Pottawattamie County.** Referrals from Juvenile Court Officers for service provided in maintaining contact with youth after hours, and/or EMS services; reporting to Juvenile Court Officers as to compliance. Contracted provider. Graduated Sanctions funding
- 2. Red Oak/Harlan.** Referrals from Juvenile Court Officers for service provided in maintaining contact with youth after hours, and/or EMS services; reporting to Juvenile Court Officers as to compliance; also, provides community service supervision for those youth referred. Contracted provider. Graduated Sanctions funding.

**Detention Alternative for Probation Violators: Week-end Offender Program.** Clarinda Academy provide 48 hours of skill development, group therapy and education to both male and female offenders who have violated Court Ordered probation. The family is required to transport to and from the placement facility. Court Ordered Services funding.

## **Skill Building and Treatment**

**Juvenile Court School Liaisons: School Base Interventionists.** Cass/Harrison/Shelby; Fremont/Mills/Page and Pottawattamie Counties have a School Base Interventionist Program, identifying youth with needs prior to and/or involved with Juvenile Court Services. Contracted Provider. Graduated Sanctions funding.

### **Diversions Programs.**

- 1. Shoplifting Class.** Diversion class provided by JCS directly addressing the overall community costs to shoplifting, parent also required to attend. Pottawattamie County. Fee assessed/family pays. In addition 3<sup>rd</sup> Millennium offers an on line class. The fee is assessed to the client, however scholarships are available.
- 2. Drug/Alcohol Education.** Youth with first time for Minor In Possession of Alcohol/Drug related charges have an opportunity to attend an educational class by Area Education Agency 13. A parent must attend one session with the offender. Pottawattamie County. Fee assessed/family pays.
- 3. Fire Safety Course.** The Council Bluffs Fire Department has a Fire Safety Program for youth involved in fire-setting activities. Referral made by Court Officer. Pottawattamie County. No Cost.
- 4. Anger Management Classes** – Available at no cost to clients and are provided by a private agency.
- 5. Prime-4-Life.** This is the Alcohol/Drug Diversion Class for those youth receiving first time charges. Red Oak/Harlan. Youth pays fee

**Life Skills: Anger Management.** Class is provided with a set curriculum for youth/family experiencing anger issues. Pottawattamie County. Sliding fee scale.

**Reunification with Family and Community Services.** Youth coming out of placements attend this program along with parent(s); program begins prior to discharge from out-of-home placement. Red Oak/Harlan. JJDP Funds.

### **Counseling and Therapy.**

- 1. Outpatient Psychological Evaluations.** Delinquent youth may be Court ordered for psychological evaluation. A PhD psychologist at times evaluates youth while in detention. All 4<sup>th</sup> District. Court Ordered Services funding.
- 2. Outpatient Psychiatric Evaluations** Delinquent youth may be Court ordered for psychiatric evaluation. All 4<sup>th</sup> District. Court Ordered Services funding and/or parental insurance.

3. **Family Therapy.** We have several good therapists and/or agencies in our county who provide family therapy at their offices and/or in the client's home. All 4<sup>th</sup> District. Payment: Private insurance, Title 19 or Court Ordered Services.
4. **Outpatient Mental Health Therapy.** The community has several locations for youth and/or family to receive mental health services. All 4<sup>th</sup> District. Funding through private insurance, Title 19, and client fees with sliding fee scales.
5. **Outpatient Sex Offender Treatment Program – R-Safe.** The program is located in Council Bluff, but will serve all the nine counties in the district. The program receives grant funding for clients who live in Pott County or who have committed their offense in Pott County. The program can also be funded with Title XIX and private insurance. It is a requirement of the program that youth attend group and individual session and that the parents guardians also participate by attending a group session once per week.
6. **Outpatient Chemical Dependency Evaluation/Treatment.** Area agencies provide evaluation and follow through with treatment for chemical dependency. All 4<sup>th</sup> District. Funding through private insurance, client fees with sliding fee scales and Title XIX.

## **Fifth Judicial District of Iowa**

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### **Safety**

**Detention.** Detention is available throughout the state for youth who, if released, would be a significant risk to cause serious bodily harm to themselves or others, a significant risk to commit serious damage to the property of others or for whom there is a substantial probability they would be unavailable for their court hearing. (Iowa Code section 232.22.) The cost of detention is borne by the county.

### **Detention Alternatives**

- 1. Intensive Monitoring Program and Community Tracking (IMPACT).** A program provided by Polk County Youth Services, IMPACT allows youth be released from detention to their homes while being accountable for their whereabouts and actions. Supervision is provided 24 hours a day through electronic and face-to-face monitoring. This program involves school and educational activities, family mediation, counseling, community service and other components to enhance opportunities for success. This program is for youth released from detention up until their Court Dispositional hearing. Available in Polk County. Funded by Polk County.
- 2. Intensive Detention Alternative Program (IDAP).** IDAP is an intensive community supervision program for youth taken to Central Intake at the Polk County Detention Center by law enforcement. A Tracker goes to Central Intake to meet with the youth and family and arranges for the youth to be on house arrest instead of detention. Youth must meet the legal criteria for detention. Electronic monitoring is available. IDAP youth are seen in the Juvenile Court Services office the following morning for an expedited Intake. Available in Polk County through a contract with Children and Families of Iowa. Funded by Graduated Sanctions.
- 3. Detention Alternative Services (DAS).** DAS is an intensive community supervision program for youth outside Polk County. The program allows for youth who allegedly committed a delinquent act to remain in the community safely rather than being detained. The youth are on house arrest, are seen daily by the tracker and have frequent contact with the JCO. This is a short term program and will be adjusted as needed by the JCO pending an appearance in Court. Electronic monitoring is available. Available in Adair, Dallas, Guthrie, Jasper, Madison, Marion and Warren Counties through a contract with Woodward Youth Corporation. Funded by Graduated Sanctions.

- 4. Electronic Monitoring.** Electronic monitoring for high risk youth and sex offenders, as required, is available throughout the 5<sup>th</sup> District through contracts with Tracking and Monitoring providers. Funded by Graduated Sanctions and Court Ordered Services.

### Accountability

**Victim Offender Mediation (VORP).** This is an opportunity for offenders to learn from victims about the harm caused by their behavior and make amends. Available in Polk County through the Polk County Attorney's Office.

**Restitution and Community Service.** District-wide programming implemented by individual JCOs that provides work and community service opportunities for youth. Community Service helps young people understand the impact their behavior has had on their victim/s and the community. Trackers, Juvenile Court School Liaisons and other treatment programs also supervise community service work.

**Restorative Justice Programs.** Programs in Union, Dallas and Polk counties cover all 16 counties in the district. These programs develop community service sites, work with victims and arrange for juveniles to complete their community service and restitution plans. These programs have a paid community service component for youth who are too young or otherwise unable to find employment to make their restitution payments. Up to \$300 per youth may be paid to the Clerk of Court for victim restitution. Funded by Graduated Sanctions and Court Ordered Services.

**Restorative Justice and Cultural Equity Coordination Services.** This joint venture between DHS, JCS and Polk Decat covers JCS Restorative Justice activities that provide diversionary and reparative services to youth involved in criminal acts and their victims, as well as coordination of the various DHS, JCS and Decat efforts to address disparate outcomes for youth and families who are system involved, including the engagement of other institutions, agencies and community members in the initiatives. The service will also include research, technical advisement, training identification and implementation and grant application and monitoring for related activities. Available in Polk County. Funded by Graduated Sanctions, Polk County DCAT and DHS.

**Tracking and Monitoring.** Trackers go to homes and schools to work with young people and ensure they are where they need to be. Program collaboration areas included are substance abuse, GED, Area Community College and the public schools. Trackers provide skill development, Aggression Replacement Training, Motivational Interviewing and counseling. Available throughout the 5<sup>th</sup> District through contracts with Orchard Place-PACE, Children and Families of Iowa, and Woodward Youth Corporation. Funded by Graduated Sanctions.

**Delinquency Impact Course.** This is a four session course designed to help youth understand the impact of delinquency on their community. It addresses harm caused by violent crime, property offenses, nuisance offense and illegal drug and alcohol use. Available in Polk and surrounding counties through a contract with Orchard Place – PACE. Funded by Graduated Sanctions.

## **Detention Alternatives for Probation Violators**

- 1. Probation Violators' Program.** This is a weekend program that runs on Friday evening and all day Saturday and Sunday. Youth perform community service in order to give back to the community and learn their value to the community. They also engage in programming to analyze their violations and examine how those are in conflict with their personal goals. Available in Polk County through a contract with Orchard Place – PACE. Funded by Graduated Sanctions funds through DCAT.
- 2. Weekend Sanctions Programs.** Weekend Sanctions violators' programs provide the Court or JCO with alternatives to detention. Youth spend all day on a Saturday and Sunday engaged in intensive community service work. Contract with Orchard Place-PACE. Available in Polk County. Funded by client fees, Graduated Sanctions and DCAT with Graduated Sanctions money.
- 3. Weekday Violators' Program.** An after school probation violators' program that provides the Court or JCO with alternatives to detention. Multiple days a week, youth can go to Orchard Place-PACE immediately after school and spend the evening engaged in school work, skill building activities and community service. Available in Polk County. Funded by Graduated Sanctions funds through DCAT.
- 4. Saturday Sanctions Program.** Saturday Sanctions violators' program provides the Court or JCO with alternatives to detention. Youth spend all day on Saturday engaged in intensive community service work. The Contract is with Orchard Place-PACE. Available to youth in Dallas, Union, Madison and Warren Counties. Funded by client fees and Court Ordered Services.

## **Skill Building and Treatment**

**Juvenile Court School Liaisons.** Juvenile Court School Liaisons provide on sight supervision for at risk children and children under the jurisdiction of Juvenile Court Services. JCSLs deal with truancy and school behavior issues, provide counseling, skill building activities and mentoring for youth, and help families find community resources to meet their needs. They are all trained to facilitate Aggression Replacement Training (ART) groups for youth in their schools. A number are trained to facilitate Girls' Circle groups. They provide summer programming and community services opportunities for young people when school is not in session.

There are 22 Juvenile Court School Liaisons serving in the 5<sup>th</sup> Judicial District. Six of those Liaisons work in the Des Moines Schools through a contract with Orchard Place-PACE. The other 16 Liaisons work in 21 other school districts and are employed through the schools. Funding is from Graduated Sanctions and the individual school districts.

## **Diversion Programs**

- 1. Shoplifting Program.** This is a 2 hour program for youth and parents that is educational and interactive. This program is offered to first-time shoplifting offenders. This program

is made available through the Polk County Attorney's Office. Also, JCS utilizes an on-line shoplifting class that is offered through 3<sup>rd</sup> Millennium. Available for youth in most of the 5<sup>th</sup> District. Funded by client fees and Court Ordered Services.

2. **Alcohol Diversion Programming.** There are five community agencies providing diversion programming for youth with first time alcohol offenses. Agencies providing Alcohol Diversion Programming include: Employee Family Resources (EFR), Orchard Place - PACE, DMACC Diversion Program for Minors, 3<sup>rd</sup> Millennium and Children and Families of Iowa (CFI). Youth are provided an opportunity to voluntarily participate in one of these programs as a way to successfully resolve their delinquency complaint. Each program uses a specific curriculum to provide accountability and education to their participants. There is also a parent component to each program. Available to Polk and surrounding counties. Funded with client fees.
3. **Marijuana Diversion Programming.** There are four community agencies providing diversion programming for youth with first time possession of marijuana or drug paraphernalia offenses. Agencies providing Marijuana Diversion Programming include: Employee Family Resources (EFR), Urban Dreams, Community Youth Concepts (CYC) and Children and Families of Iowa (CFI). Youth are provided an opportunity to voluntarily participate in one of these programs as a way to successfully resolve their delinquency complaint. Each program uses a specific curriculum to provide accountability and education to their participants. There is also a parent component to each program. Available to Polk and surrounding counties. Funded with client fees.
4. **Police Department Diversion Programs.** Area Law Enforcement Agencies sponsor their own diversion programs and refer youth directly to those programs. Youth who successful complete these programs are not referred to Juvenile Court Services. Programs funded by the Des Moines Police Department, the Ankeny Police Department and the West Des Moines Police Department are available in those communities.
5. **Fire Education Program** operates in conjunction with local fire departments. The fire department evaluates the youth and provides education regarding fires and fire-setting. Polk County. Funded by local fire departments.
6. **Woodward Youth Corporation - CBI Diversion.** There are 3 fulltime Community Based Intervention Caseworkers housed at Polk County Juvenile Court Services to provide tracking and skill building services to young people on Informal Adjustment agreements. Available in Polk County. Funded by Graduated Sanctions.
7. **Early Services Program (ESP).** A wraparound program for the youngest and most needy youth referred to Juvenile Court. It is staffed jointly by JCS and Orchard Place -PACE. A number of other community agencies, including the AEA, Des Moines Schools, DHS, Mentor Iowa and the Polk County Attorneys' office, also participate in regular staffings for youth in the program. The program serves children age 12 and younger who have committed a delinquent act. It provides supervision, case management, skill building,

educational advocacy, evaluations and mental health treatment for children and families in the program. Funded by Graduated Sanctions through DCAT.

8. **Community Team Meetings.** Facilitated meetings with a child's family and other supportive adults to design a plan that meets the child's and family's needs without the necessity of court involvement. Available in Polk County through DCAT funds.
9. **Cyber Laws and Sexting Safety (C.L.A.S.S.).** This is a program developed through JCS and the Polk County Attorney's Office. The programs goal is to improve teens' understanding of the harm in sexting/cyberbullying and increase positive social media interaction/web based personal publishing. 3<sup>rd</sup> Millennium offers classes on-line and Counseling for Growth and Change provides the service through a group therapy three hour session. Funded by Graduated Sanctions through DCAT.
10. **Get Back on Track for Youth.** This program was designed to address youth with sexual behavior issues. The program goal is to restore safety and healthy relationships for all family members through a multi-disciplinary approach to treating youths with sexual behavior issues and their families. Case consultation will be provided through a team including: C-Sarc, Juvenile Court, local police departments, County Attorney's Office and other service providers. Counseling for Growth and Change is providing this service. Available in Polk County through DCAT funds.
11. **Positive Change.** The Positive Change Diversion program was developed to serve JCS clients that have committed a disorderly conduct or criminal mischief offense. This program works with clients that are 12 – 17 years of age in Warren, Dallas and Polk Counties. Funding provided through Court Ordered Services.
12. **Mediation Services.** This program provides mediation services by trained mediators. These mediators assist two or more parties in negotiating solutions to conflicts. Mediation takes place at the schools or in the Polk County Attorney's Office. The mediation services are provided by the Polk County Attorney's Office.

## **Life Skills**

1. **Aggression Replacement Training (ART).** Aggression Replacement Training is an evidence based approach to addressing specific skill deficits in youth between the ages of 14-18. The 5<sup>th</sup> District JCS has partnered with a number of school districts, including Des Moines Schools, to provide ART groups in the schools as part of their curriculum. All Juvenile Court School Liaisons are trained to facilitate ART groups. In addition, groups are provided through Woodward Youth Corporation, Children and Families of Iowa, Orchard Place-PACE. ART is available throughout the 5<sup>th</sup> District. There is a contract with Woodward Youth Corporation to provide quality assurance. Funded by Graduated Sanctions, DECAT and schools.



2. **Volunteers in Probation - Mentor Iowa.** Mentor Iowa offers a unique one-to-one relationship that the court cannot provide. Volunteers serve as knowledgeable mentors, responsible role models and trusted friends. Available in Polk County.
3. **Employment Readiness Programs.** Comprehensive programs for court involved youth living in high-poverty, high-crime neighborhoods that include workforce development; education and training; case management; mentoring; Restorative Justice projects; and community-wide efforts to reduce crime and violence. Provided by the Greater Men Foundation, Woodward Youth Corporation, Wilkie House, Culture of Recovery, ArtForce and iJAG. Available to youth in designated neighborhoods. Funded through a grant to Spectrum Resources by the U.S. Department of Labor.

There are also youth employment readiness program through Children and Families of Iowa, funded through Iowa Workforce Development; the Des Moines Area Community College; and the Evelyn Davis Center for Working Families.

## **Education**

1. **DMPS School Liaison.** The Des Moines School District provides a school Social Worker to serve as a liaison with Polk County Juvenile Court Services. She works with JCOs to ensure that youth have appropriate educational placements. When young people return from out-of-home placements, she works with the JCO to make it a smooth transition and to ensure that the youth receives the credits earned while in placement. Available for youth in the Des Moines school district. Funded by the school district.
2. **Behavioral Health Intervention and Prevention Services.** The purpose of this Contract is to provide coordination services and oversight of the Des Moines Independent Community School District (DMPS) Multi-Tier System of Support for District-Wide behavioral health intervention and prevention initiatives. These services specifically target youth who have exhausted interventions otherwise provided by the school. This will involve the exchange of high-risk student information with DHS and JCS in an effort to collaborate and coordinate services to the targeted families. Funded by the school district and Polk County DCAT.

## **Supervised Community Treatment**

1. **Community Resources for Youth in Transition.** Woodward Youth Corporation provides individualized treatment for delinquent youth returning home from placement. There are two programs. The Re-Entry and Transition Services Program deals with youth before they go into the State Training Schools and after they are released to help them be successful in returning to the community. The Pre/Post Residential Services Program works with youth returning to the community to help them in the transition from residential structure to the community. Available to Polk County youth. DCAT and Graduated Sanctions funding.

2. **Day Treatment.** Day Treatment programs are available in Des Moines through Orchard Place-PACE for young people who qualify for Title 19 funding.

### **Special Populations**

1. **Latino Youth.** Multi-lingual services provides individualized tracking, counseling and skill building for Latino youth and address other targeted needs based family circumstances. Available in Polk County through a contract with Orchard Place-PACE. Funded by Graduated Sanctions.
2. **Girls' Self Efficacy Training.** This gender specific program is based on the principles of Aggression Replacement Training. Girls learn skills for managing all the emotions that lead them to bad decision making, not just anger. The program is a collaboration among Woodward Youth Corporation and program designer Darin Carver. Funded by Graduated Sanctions.
3. **Girls' Circles.** An after school group for girls that builds strength and self-confidence. Juvenile Court School Liaison Officers have been trained by the One Circle Foundation and provide eight weekly sessions for five to ten at risk girls. The focus is on age-appropriate, gender-relevant themes and incorporates strengths-based facilitation strategies. Provided by JCSLs in Dallas, Madison and Polk Counties.
4. **Girls' Day Treatment.** PACE provides gender specific day treatment services for girls.
5. **Juvenile Court Community Liaison.** This program helps break down resistance African American families may have to working with Juvenile Court Services so that more African American youth can be diverted from the formal court system. The Liaison, an African American, goes out to the homes of African American youth referred to Juvenile Court Services by law enforcement. She explains the Juvenile Court Intake process, makes the Intake appointment and accompanies the youth to that appointment. If the family has legal questions prior to Intake, the Liaison can arrange a consultation appointment with a Youth Law Center attorney. She also connects families to services within the community. Available in Polk County. Funded by Graduated Sanctions.
6. **Strong African American Families (SAAF).** SAAF is a program of seven class sessions for youth age 10 – 14 and their parents / caregivers aimed at helping foster conversations on life goals, drugs, sex and peer pressure in a culturally sensitive way. A meal and childcare are provided. Provided by a consortium of community parenting teachers through a DCAT contract. Funded by Graduated Sanctions.
7. **The Refugee and Immigrant Guide (RIG).** This program is a partnership between Department of Human Services/Juvenile Court Services and Visiting Nurse Services. The purpose of the program is to support families/youth who are system-involved or at-risk for becoming system involved and work with them to navigate the court and family welfare system and connect them with needed community resources. Funded through DCAT.

- 8. Too Good To Lose Female Juvenile Offenders Court (TGTL).** This program is implemented through a JCS Tracking and Monitoring with Children and Families of Iowa. This program provides services specifically designed for females. TGTL assists young women in healing from past traumas by empowering them to make responsible decisions, invest in their education, set goals for the future, and develop habits of self-care and self-respect including mental health services. Participants meet with the TGTL Judge twice a month and have an assigned TGTL Tracker to support accountability. Weekly TGTL activities include education groups, therapy groups, community service, substance abuse treatment and pro-social activities. Funded by JCS Graduated Sanctions.

### **Substance Abuse**

- 1. Evaluations.** Through a contract with Children and Families of Iowa, there is a substance abuse counselor available to provide evaluations for young people at the Polk County Juvenile Court Services office and the Polk County Detention Center. This is available to any youth in the 5<sup>th</sup> District. It is funded by JCS, with Court Ordered Services funds; Polk County Youth Services and private insurance. Client fees are assessed based on a sliding fee scale.
- 3. Drug Court.** Youth in Polk County have an opportunity to participate in Drug Court. Staffed by a Juvenile Court Officer and 2 case managers, Drug Court provides intensive supervision and accountability. Drug Court participants meet weekly with Juvenile Judge Colin Witt and move through a level system. State Juvenile Drug Court funds.
- 4. Substance Abuse Treatment.** MECCA provides substance abuse treatment groups at the Polk County Juvenile Court Services office for young people involved in Drug Court. Funded by the Department of Health, private insurance and client fees. A number of other agencies throughout the 5<sup>th</sup> District also provide substance abuse treatment which is funded through Title 19, private insurance and client fees.

**Sex Offender Treatment.** Woodward Youth Corporation provides outpatient sex offender treatment that includes an individualized treatment plan for each offender. Medium and high risk youth are served in separate programs and not mixed together. Individual education and treatment is available for low risk offenders, who are never mixed with higher risk youth. Cases are staffed monthly with JCOs. Available to any 5<sup>th</sup> District youth. Funded by DCAT with Graduated Sanctions dollars and private insurance.

### **Counseling and Therapy**

- 1. Mental Health Evaluations.** Through a contract with Innovative Learning Professionals, a full time psychologist is available at the Polk County Juvenile Court Services office and the Polk County Detention Center to do psychological evaluations. These include competency evaluations and sex offender evaluations. The psychologist is also available to consult with Juvenile Court Officers about cases. Available for any youth in the 5<sup>th</sup> Judicial District. Funded by JCS, with Court Ordered Services dollars; Polk County Youth Services and private insurance.

2. **Trauma Informed Services for Youth in Polk County Detention.** Through a contract with Lutheran Services in Iowa. Provide short-term trauma-informed programming, such as therapy, assessment, somatic therapies, to youth in Polk County Detention in order to improve self-regulation, especially at court, and to address trauma(s) experienced by the youth. Funded with DCAT dollars.
3. **Family Team Meetings.** Facilitated meetings with a child's family to design a workable plan that meets the child's and family's needs are available throughout the 5<sup>th</sup> District with DCAT funds.
4. **Functional Family Therapy.** Functional Family Therapy (FFT) is a short term family therapy intervention that strengthens what is good about a family and decreases the chances that the child will continue to get into trouble with law. Families learn new skills for communication, parenting, and problem solving and conflict resolution. This service is provided by Orchard Place-Child Guidance Center in Clarke, Dallas, Guthrie, Lucas, Madison, Marion, Polk and Warren Counties. Funding is from federal CJPJ and state Graduated Sanctions dollars. In Jasper County, FFT is provided by Quakerdale through DCAT with Graduated Sanctions funds.
5. **Mental Health Counseling.** Through a contract with Orchard Place – Child Guidance, a therapist located in the Juvenile Court Services office provides counseling services. Funded with Court Ordered Services dollars, Title 19 and private insurance. A number of community agencies throughout the District also provide counseling services.
6. **Multidimensional Family Therapy.** Multidimensional Family Therapy (MDFT) is an integrated, comprehensive, family-centered treatment for youth problems and disorders. MDFT prevents out-of-home placement. MDFT focuses on key areas of the adolescent's life and provides an effective and cost-efficient treatment. MDFT addresses a range of youth problem behaviors – substance abuse, delinquency, antisocial and aggressive behaviors, school and family problems, and emotional difficulties. It can be implemented in substance abuse and mental health treatment, child welfare, and juvenile justice systems, including detention centers and juvenile drug courts. In addition to its strong research outcomes, MDFT has high satisfaction ratings from teens and young adults, parents, therapists, and community collaborators. MDFT is provided to youth in Polk and surrounding counties and funded through Graduated Sanctions.

## **Sixth Judicial District of Iowa**

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### **Safety**

**Detention.** Detention is available throughout the state for youth who, if released, would be a significant risk to cause serious bodily harm to themselves or others, a significant risk to commit serious damage to the property of others or for whom there is a substantial probability they would be unavailable for their court hearing. (Iowa Code section 232.22.) The cost of detention is borne by the county.

### **Detention Alternatives**

- 1. Alternatives to Detention Program (ADI) and Detention Alternative Program (DAP)** are programs that enable youth to be released from detention prior to their dispositional hearing in Juvenile Court. Programs include electronic monitoring and tracking services. The detention court order remains in force so they can be returned to detention without a hearing if the program is unable to manage them in the community. Available in and funded by Linn and Johnson Counties.
- 2. LINK** is a program designed to reduce the number of low to medium risk offenders held in detention. Staff provides mentoring, guidance and assists in the development of a support system for the child and family and depending on the needs, will “Link” the families to a variety of community services. Funded with Graduated Sanction dollars.

### **Accountability**

**Tracking and Monitoring and Outreach** services are provided throughout the district through contracts with Linn County Detention, North Iowa Detention and Tama County Decat. The program provides intensive structure, electronic monitoring when requested, transportation, supervision of community service activities and life skills activities for delinquent youth. Available throughout the 6<sup>th</sup> District and funded through Graduated Sanctions and Decat. Tama County has electronic monitoring through a contract held by the 2<sup>nd</sup> District.

**Accountability Program** provides an alternative intervention to delinquent youth 12 to 17 years old. The program is comprised of two parts: A cognitive restructuring component and supervised community service. It is held on up to 3 Saturdays a month.

**Subsidized Restitution** provides 6<sup>th</sup> District youth the opportunity for community service for restitution. Some youth who owe restitution are either too young to be employed or are unable to obtain jobs. These youth can reimburse their victims by completing community service hours. Funded with federal CJJP money.

**Urinalysis Testing** is used for monitoring drug use by court-involved youth. It is available for all counties in the district and is funded by court ordered services funding.

### **Skill Building**

#### **Juvenile Court School Liaisons**

1. **Juvenile Court School Liaisons** work with delinquent and at risk youth in the Cedar Rapids, Anamosa and South Tama Community School Districts. In addition to supervising students, they conduct regular Aggression Replacement Training (ART) and/or Check & Connect programming at their schools.
2. **Enhanced School Liaison** in Cedar Rapids for transitional delinquents' education programming between placement facilities and the home school. This position was developed to ensure the child's educational programming is not lost or put on hold due to out of home placement by Juvenile Court and to ensure that the youth moves quickly through the placement system. The position is funded by the school district and Graduated Sanctions.
3. **Life Skill Coaches** are in the Cedar Rapids Middle school and Iowa City Junior High and High Schools. They hold regular ART sessions/Check & Connect programming and mentor to youth on probation as well as at risk youth. Both positions are funded through graduated sanctions.

#### **Diversion Programs**

1. **Alcohol Offenses** – First offenders charged with underage possession of alcohol are referred to area substance abuse agencies for evaluation and treatment. Youth are not seen for a JCS intake, but a JCO monitors completion of the program. This program is available throughout the district. Substance abuse services are funded by private pay, private insurance, Title 19, and school districts.
2. **Third Millennium** - Online educational sanction services for alcohol, marijuana and shoplifting diversions. The program consists of short interactive lesson modules that impact behavior. The program can be done in the home and the class takes about 3 to 4 hours to complete. Available to all counties in the District.
3. **Shoplifter Programs** –A one hour class for first offender shoplifters. The class is a values clarification diversion program that is designed for first offense shoplifters. In Iowa City it is run by U.A.Y. and held at the Courthouse. It includes both a child and parent

component. An Iowa City Police officer, a JCO and a local merchant take part in the program as well. Funded by Decat and volunteers.

4. **Fire Education Programs** operate in conjunction with local fire departments. The fire department evaluates the youth and provides education about fires and fire setting. Offered in Johnson and Linn Counties. Funded by fire departments.
5. **LINK Diversion** – After reviewing the youth’s identified risk factors, the intervention counselor works with the moderate and high risk youth and family on skill building, crisis intervention and linking the youth to community based supports and services. Funded by Decat with Graduated Sanctions dollars.
6. **LADDERS** - Addresses at risk behavior of first time youth offenders in Johnson County and prevents their involvement in the juvenile justice system. The program addresses the youth’s behavior in an informal setting in the community and successful completion of the program results in no formal charges being filed by law enforcement. Funded with graduated sanctions dollars.

### **Life Skills**

1. **The SOLO program** offers in home life skill services to youth in Benton, Iowa, Johnson and Tama Counties who are identified as high risk to reoffend by the IDA tool. It offers cognitive restructuring in one-to-one client sessions as well as skill building intervention. Staff meets with the youth 3 to 4 times a week for 12 weeks. It is funded with graduated sanctions dollars.
2. **Wrap Around** - Some delinquent youth and families have special needs which need to be addressed in order for the youth to remain in the home. Federal CJJP funds support this service
3. **Enhanced Foster Family Care** is offered to licensed foster families who have delinquent foster youth in the home. Foster parents are trained to be life skills coaches to provide a family like setting and to provide individualized services to youth to successfully increase the desired outcomes of maintaining the youth in a less restrictive environment and keeping them from entering deeper into the juvenile justice system. This service is shared with the 1<sup>st</sup> and 7<sup>th</sup> Districts and is paid for with graduated sanctions dollars.
4. **Functional Family Therapy (FFT)** is a family based prevention and intervention program for youth ages 11 to 18. FFT ranges from 8 to 12 one hour sessions for lower risk cases and incorporates up to 30 sessions of direct services for families in more difficult situations. Sessions are generally spread over a 3 month period. The service is available to all six counties as well as the Cedar Rapids and Iowa City schools and is funded through Graduated Sanctions.

5. **Transition Facilitator Plus** is a life skills service available to youth transitioning out of residential placement or foster care. The Facilitator assesses the youth's needs before discharge and develops an action plan. The plan may include a Youth Transition Decision Making (YTDM) team and offers the youth links to available services for substance abuse and mental health counseling, vocational and employment opportunities, educational and GED planning. The youth will be assisted with reentry back into the school setting and parental support at home. Those youth transitioning to independence or adulthood will be introduced to services available to them as adults. This is available to all six counties in the district and is paid for with Graduated Sanction dollars.

### **Supervised Community Treatment**

1. **Supervised Community Treatment Program** is a multi-level supervised community treatment program for delinquent youth who are identified as moderate to high risk for committing further delinquent acts by the IDA. The program utilizes a team approach with each team consisting of an in home counselor and a family advocate. A success plan is developed at an initial family team meeting which addresses up to 3 identified risk factors. Evidence based cognitive behavioral programming is offered to the client in the home 4 days a week and one of those days includes parent contact. Curriculum addresses one identified risk factor at a time. UA testing, electronic monitoring and house arrest may be used during this unit. A violator's program is offered one day a week in the form of meaningful community service. A crisis plan development unit addresses community and school issues and aftercare connects the client to community supports for continued success.
2. **Preparation for Adventures in Learning (PAL)** is designed for children ages 8 to 12 who are under DHS and JCS supervision and who display behavior that puts themselves or others at risk. This is an after school program that meets 5 days a week in Johnson County. Funded by DHS and Decat.
3. **After School Programming** at the South Tama High School is funded through Decat and the school district. The Midland Soaring Eagle after school Program at Midland Middle School in Jones County is funded by Decat.
4. **Summer Programming** is available through the Neighborhood Empowerment Summer Project (NESP) in Linn County and is designed to address the needs of elementary youth ages 9 to 11 residing in the Wellington Heights and West Side neighborhoods of Cedar Rapids. It is offered in the afternoons from July to August and during the school year on days when school is not in session.

### **Special Populations**

1. **Limited English Proficiency Program.** Program offers culturally specific programming students at Cedar Rapids Community School District who are disproportionately affected by long-term poverty, trauma, limited neighborhood resources, cultural and language barriers. Funded by Decat.



- Meskwaki Family Services** is a tribal child welfare service for the Sac and Fox tribes. Native American youth have access to those services. Funded with tribal monies.

**Employment Program.** The Mayor's Youth Employment Program (MYEP) is designed to provide employment and employment training for low to moderate risk delinquent youth and at-risk youth. Young people are placed at work sites on an individual basis. This service is in Johnson County and the family must be Title 19 eligible to participate. Funded by Decat.

**Psychosocial Assessment** – Psychological assessment by a psychologist who is experienced in evaluating delinquent youth. Assists JCO in case planning. Funded with Graduated Sanctions dollars.

**Psychosocial evaluation/groups/individual for juvenile sex offenders** – Psychosocial evaluations, sex offender groups and individual treatment for juvenile sex offenders are provided through Court Orders Services funds. This is also available for non-court involved youth through a contract funded by graduated sanction dollars.

**Crisis Intervention Program.** A mobile outreach team assists families where youth are experiencing a mental health or substance abuse crisis by providing immediate response and access to an evaluation within 24 hours. Funded by Decat.

**Gender Specific Program.** A multi-age/multi-level girl's group for youth woman of color. It provides individual and group skill building activities to enhance personal development and academic growth to these young women as they transition through their teenage years. It is offered to students in the Iowa City School District and is funded by Decat and a federal grant.

**Transportation Program.** A program to assist families In Iowa and Benton Counties with transportation to behavioral health services.

## **Seventh Judicial District of Iowa**

Chief Juvenile Court Officer: Scott Hobart  
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**Juvenile Court Services has one primary purpose with two major objectives:**

The Supervision of Juvenile Offenders

- a. To assist the court in assuring public safety
- b. To rehabilitate or habilitate the offender

### **Safety**

**Detention.** Detention is available throughout the state for youth who, if released, would be a significant risk to cause serious bodily harm to themselves or others, a significant risk to commit serious damage to the property of others or for whom there is a substantial probability they would be unavailable for their court hearing.

### **Accountability**

1. **STAR Program.** STAR program was developed due to JCS recognizing a need to train licensed foster parents to provide delinquent teenagers a family-like setting where they can develop emotionally, educationally, and socially to their fullest potential. This will provide moderate to high risk youth the ability to learn life skills in a family-like setting to prepare them for the transition to adulthood. The service array will wrap the youth in individualized, supportive, and therapeutic interventions, which will enable them to make positive choices that are demonstrated through their actions. As a result of the intervention, youth will be maintained in a safe and stable home environment. Older youth in foster care need additional supports and early preparation to learn and practice life skills, successfully integrate into the community, and otherwise become ready for adult life. Most youth who have accessed this program have been touched by both the child welfare and juvenile justice system.
2. **Day Treatment (Impact Program).** In Scott County, the Impact Program provides daily programming to adolescent boys with moderate to high risk for re-offending. The Safer Foundation provides programming. Counseling and therapeutic activities are individualized to target dynamic risk factors.

3. **Intensive supervision** of high risk clients in the community. Tracking and Monitoring. This is an in-home service for juveniles who need more attention than the JCO can provide. In addition to monitoring community and school behavior and conditions of probation, these programs provide individual and family counseling as needed.
4. **Placement Diversion Program.** In all 7<sup>th</sup> District Counties this program is used to provide in-home day treatment level supervision and therapy to adolescent females and males who are either too young or otherwise not a good fit for congregate programming.
5. **In-Home Detention.** Client is restricted to home, school or work and frequent calls and in-person checks are made by the agency providing the service.
6. **Enhanced In-Home Detention.** Utilizing electronic monitoring: Real time tracking and monitoring as violations of In Home Detention rules can be reported as they occur.
7. **School Liaisons.** In Scott County there are fifteen school liaisons in as many schools. Liaisons are employees of their respective school district and their salaries are equally funded through Juvenile Court Services and their school district. Liaisons provide close supervision of delinquent and at-risk students, while assisting with academic success and de-escalation of disruptive behavior.
8. **Restitution.** A juvenile who owes restitution performs community service work and is paid minimum wage for his/her work. Any money earned goes directly to victims. The juvenile's work may be supervised by a JCO, a service provider, a juvenile court school liaison or a non-profit agency. Juveniles are not allowed to access this program unless they have almost no hope of obtaining employment.
9. **Community Service.** Nearly all juveniles under supervision are assigned community service. The preference is that they locate their own service opportunity and provide documentation from the agency that the work has been completed. Juvenile Court School Liaisons and Trackers frequently assist by locating and supervising work.
10. **Functional Family Therapy.** FFT is an empirically grounded, well-documented and highly successful family intervention program for dysfunctional youth. Targeted population includes youth 11-18 under JCS supervision who have been identified through the Iowa Delinquency Assessment as needing this service.
11. **Education-Youth Empowerment Program.** This is a six week program in Scott County. Older juveniles receive tutoring and class work enabling them to pass their HiSet test. They also receive life skills training, and they complete community service projects. The Safer Foundation provides a Career Coach to further assist with HiSet attainment and job skills.

## **Diversions Programs.**

1. **Shoplifting Diversion Program.** Staffed by Juvenile Court Services and the Davenport Police Department, this monthly program is offered to all first time shoplifters and their parents. Emphasis is on providing information about the legal system and costs and consequences for future offending behavior. Parents receive information about community resources.
2. **Scott County Juvenile Court Diversion Program.** This is a collaborative effort between the Judicial Branch, Juvenile Court Services, Davenport Police Department, Davenport School District, Scott County Attorney's Office, Department of Human Services, the Davenport Department of Civil Rights and the Scott County Decategorization Program. The overall goal is to decrease disproportionate minority contact.
3. **Young Women's Leadership Group.** This is an off shoot of the Scott County Diversion Program. This program is staffed by JCS personnel and community stakeholders and utilizes socialization, Corrective Thinking and Aggression Replacement Therapy. This program has had great success in engaging these young women and reducing their risk of recidivism. At the present time planning is underway to offer this program throughout the district.
4. **Substance Abuse Diversion.** First time offenders for PULA, Possession of Marijuana or Possession Drug Paraphernalia. Youth and parent attend a class offered by Eastern Iowa Community College for Substance Abuse Prevention.

## **Eighth Judicial District of Iowa**

Chief Juvenile Court Officer: Michael Rempe  
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Burlington, Iowa 52601  
Phone 319-753-8281  
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### **Safety**

**Detention.** Detention is available throughout the state for youth who, if released, would be a significant risk to cause serious bodily harm to themselves or others, a significant risk to commit serious danger to the property of others or for whom there is a substantial probability they would be unavailable for their court hearing. (Iowa Code section 232.22) The cost of detention is paid by the county.

**Electronic Monitoring Program.** Tracks the whereabouts of juveniles through use of electronic ankle bracelets. Used to insure compliance with orders of the Court or directives from the supervising Juvenile Court Officer. Offers an alternative for Court consideration when detention placement being reviewed. Program funded through Graduated Sanctions Program.

### **Accountability**

- 1. Tracking, Monitoring and Outreach.** Undertaken to provide individualized and intensive one to one intervention to child to help the child establish positive behavior patterns and to help the child maintain accountability in a community based setting. The service may include observing and following a child's actions, monitoring child's activities, and providing guidance and advocacy. The program is funded with Graduated Sanctions dollars.
- 2. Victim Restitution Program.** Participating juveniles owe restitution to victims for their actions and have no means to other means to pay the amount due. The juveniles, age 12-17, works community service hours and receives a set hourly stipend for the time worked. All wages earned in this program are paid to the victims. Funded through DCAT.
- 3. Community Service Program.** Participating juveniles, ages 12-17, assigned unpaid community service hours to work in projects benefiting the community as a consequence for their actions. Funded through DCAT.
- 4. Drug Testing.** Juvenile submits to consistent drug testing, when needed, to verify compliance with probationary rules. Tests offers immediate test results for twelve different drugs. Tests performed by assigned Juvenile Court Officer or private provider. Funded with Court Ordered Services dollars.

### *Skill Building and Treatment*

1. **Juvenile Court School Liaisons.** School Based Supervision provides for salaried staff, known as Juvenile Court School Liaisons, to be hired by providers. The Juvenile Court School Liaisons provide onsite services in middle and high schools to children experiencing truancy or other behavior problems. Services provided may include, but are not limited to, dealing with misbehavior and truancy on an immediate basis, providing family support services such as outreach and education, and promoting resource development to meet most effectively the needs of at risk youth. The school based programs may be set up as either 28-E agreements with the school being the employer of the Liaison or be contracted to a private provider with the provider being the employer. The program is funded through Graduated Sanctions and school district funds.
2. **Enhanced Tracking.** Expanded tracking and monitoring to include options of referral to community organizations, referral to health services, education, employment seeking skills, referral for legal assistance, family meetings, case conferences and services planning, diagnostic assessments services, social skills development, restorative living skills, and family competency building services. The program is funded through Graduated Sanctions.
3. **Supervised Community Treatment** is a program that provides supervised educational support and treatment to children who are experiencing social, behavioral, or emotional problems that place them at risk of group care or state institutional placement. Supervised community treatment programs provide treatment and educational programming. Supportive therapy or counseling and skill development services may be provided through this program to the child's family. Components include skill-building services focusing on social skills, recreational activities, employment readiness, independent living, restorative living skills, and other areas related to their treatment needs each day they attend the program. The program provides individual, group, and family therapy and counseling as determined appropriate by the program director and referral source. The program is funded with Graduated Sanction dollars.
4. **Gender Specific Life Skills.** Strives to enhance interpersonal adjustment, reduce law violations and prevent out of home placement for teenage girls. Referrals come from Juvenile Court Services and schools. Each client receives a risk and needs assessment. Individual and family services are available. This program is funded with DCAT dollars.
5. **Substance Abuse Treatment: Drug Court** works with juveniles who have substance abuse issues as related to criminal activity in the community. The program includes group, individual, and family counseling sessions, and maintains accountability through frequent random drug testing. The program is funded with state Juvenile Drug Court dollars.
6. **Functional Family Therapy Program.** Provides intensive individual and family counseling in the community setting. Funded through DCAT.

7. **Theft Diversion.** Utilized for low risk, first time offenders who have been referred to Juvenile Court Services for being involved in theft offense. In person group sessions. Funded through Graduated Sanctions dollars.
8. **Conduct Diversion.** Utilized for low risk, first time offenders who have been referred to Juvenile Court Services for being charged with an offense involving assaultive, or disruptive behavior. In person group sessions. Funded through Graduated Sanctions dollars.
9. **On-Line Courses.** Computer courses covering substance abuse, marijuana, alcohol, other drugs, petty theft, relationships and other topics. Juvenile completes the course and then reviews it with the assigned Juvenile Court Officer. Frequently used in rural areas where other resources may not be readily available concerning these issues. Paid for by the family resources or Graduated Sanctions funding if family unable to pay for it.
10. **Wrap Around Services.** Provides assistance for juveniles and their families for miscellaneous expenses that assists with successful completion of client's probation period. Examples include providing gas card for family so parents can visit their child in placement and participate in therapy; or paying for test fee for educational testing for clients. Paid through DCAT.
11. **Evaluations.** Juveniles participate in Court ordered evaluations to determine possible concerns with psychiatric, psychological, sexual abuse, substance abuse, or other areas. Provides the Court and the assigned Juvenile Court Officer with information that allows for more focused case planning and directed services. Funded through Court Ordered Services dollars.