

Beyond ACEs:

BUILDING
HOPE & RESILIENCY
IN IOWA

FINDINGS ON ADVERSE CHILDHOOD
EXPERIENCES IN IOWA FROM 2012-2014
AND OPPORTUNITIES TO RESPOND





What are **Adverse Childhood Experiences?**

Abuse:

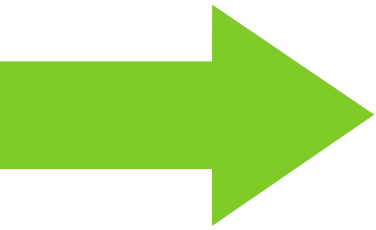
- physical, sexual, psychological

Neglect:

- emotional, physical

Exposure to other traumatic stressors/ household dysfunction:

- substance abuse, divorce, mental illness, domestic violence, criminal behavior



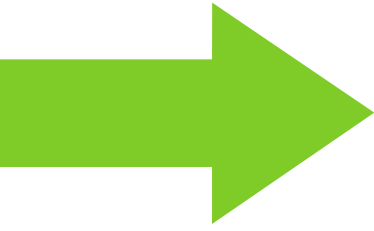
Prevalence of ACEs among Iowa adults

PERCENT OF IOWA ADULTS REPORTING EACH CATEGORY OF ACES

CHILD ABUSE	%
Emotional abuse	26.8
Physical abuse	15.9
Sexual abuse	9.7
HOUSEHOLD DYSFUNCTION	
Substance abuse in home	26.1
Separation/divorce	23.2
Family member with mental illness	18
Domestic violence	15.3
Incarcerated family member	6.8
Any ACE	56

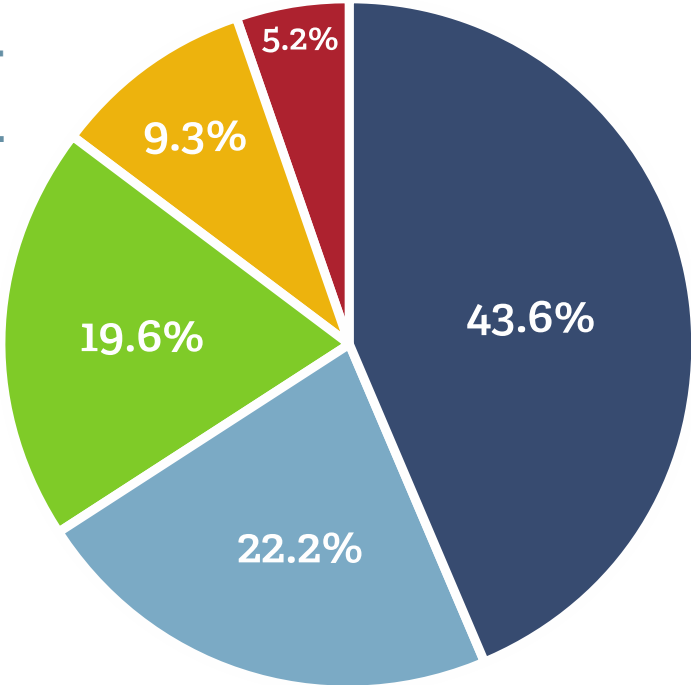
PREVALENCE OF ADDITIONAL ACES AMONG THOSE WHO EXPERIENCE EACH CATEGORY OF ACES

	% with 1+ additional ACE	% with 2+ additional ACEs
Emotional abuse	69	48
Physical abuse	84	69
Sexual abuse	73	56
Substance abuse in home	73	54
Incarcerated family member	85	74
Family member with mental illness	76	58
Domestic violence	86	73
Separation/divorce	71	51

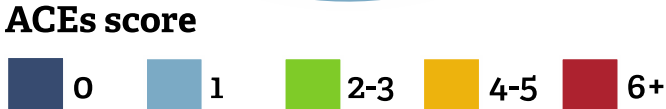


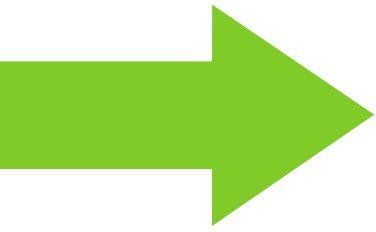
Prevalence of ACEs among Iowa adults

SHARE OF IOWA ADULT POPULATION BY TOTAL NUMBER OF ACES REPORTED



14.5%
of Iowa adults
report experiencing
four or more ACEs.

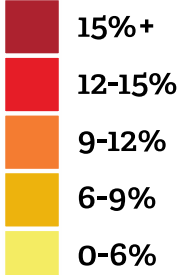
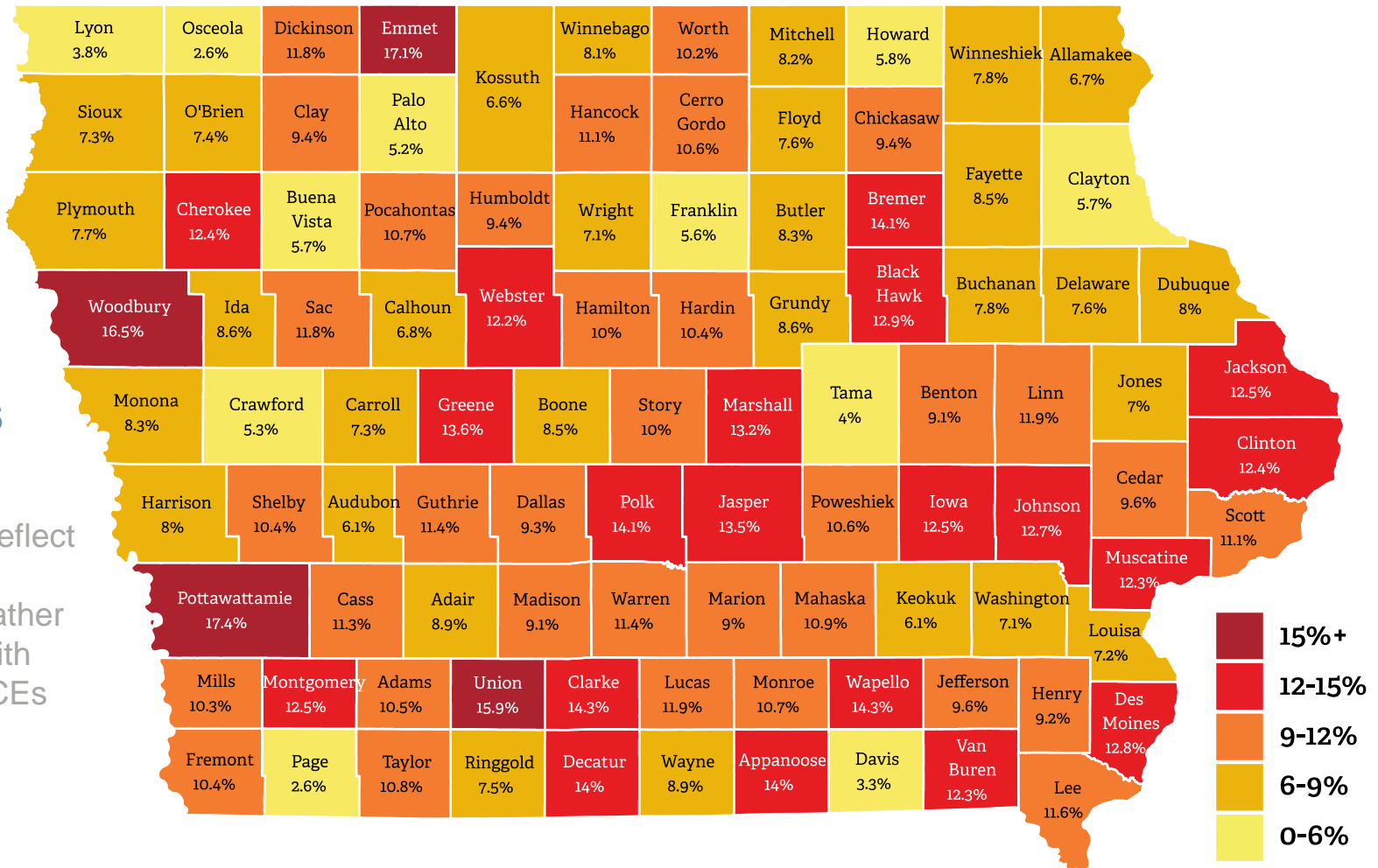


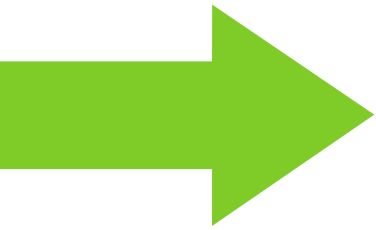


Where do Iowa adults with ACEs live now?

PERCENT OF ADULTS REPORTING FOUR OR MORE ACES

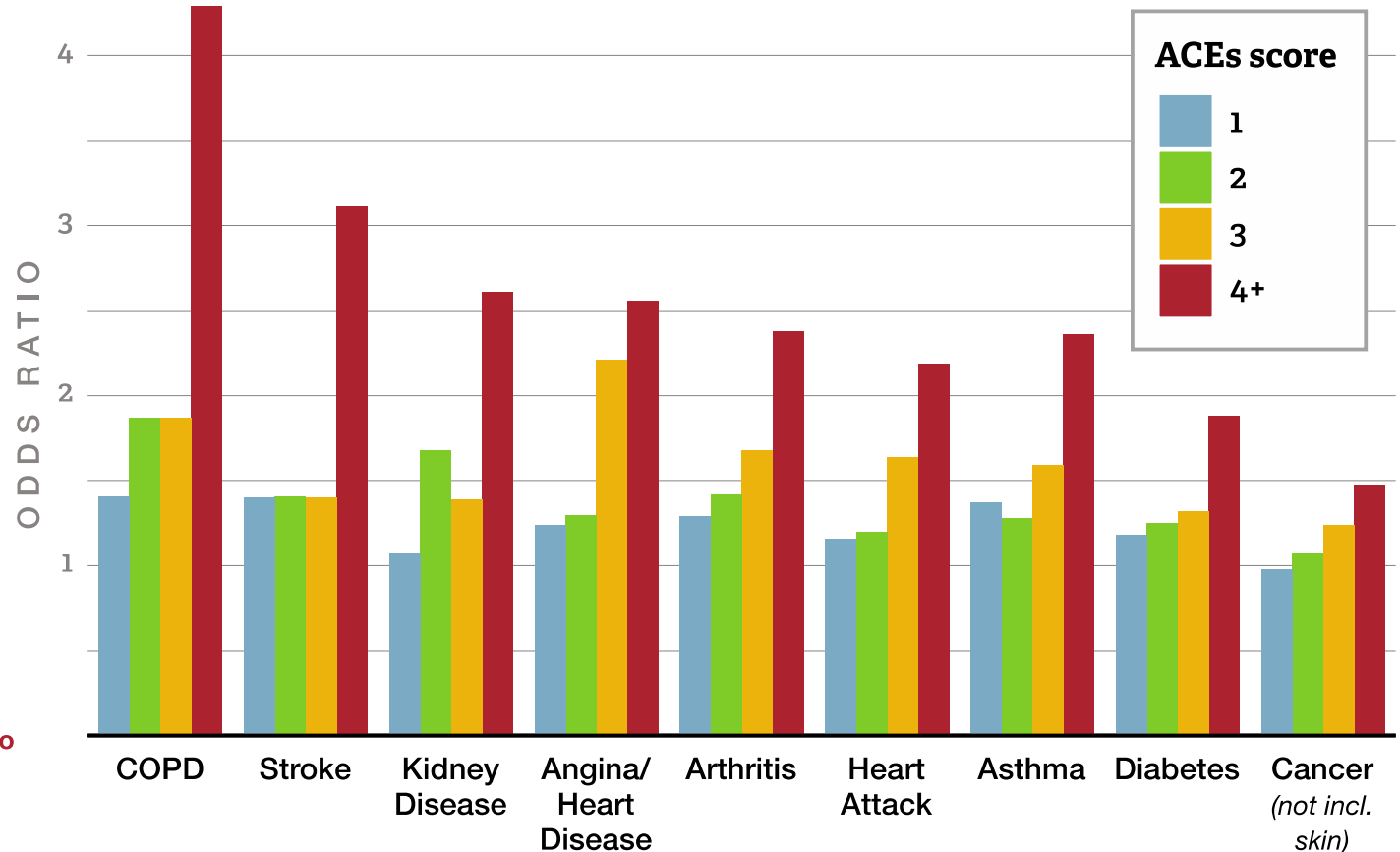
Map does not reflect where trauma occurred, but rather where adults with four or more ACEs currently live.



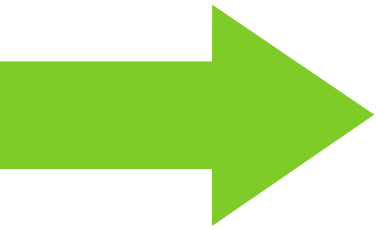


ACEs impact on physical health

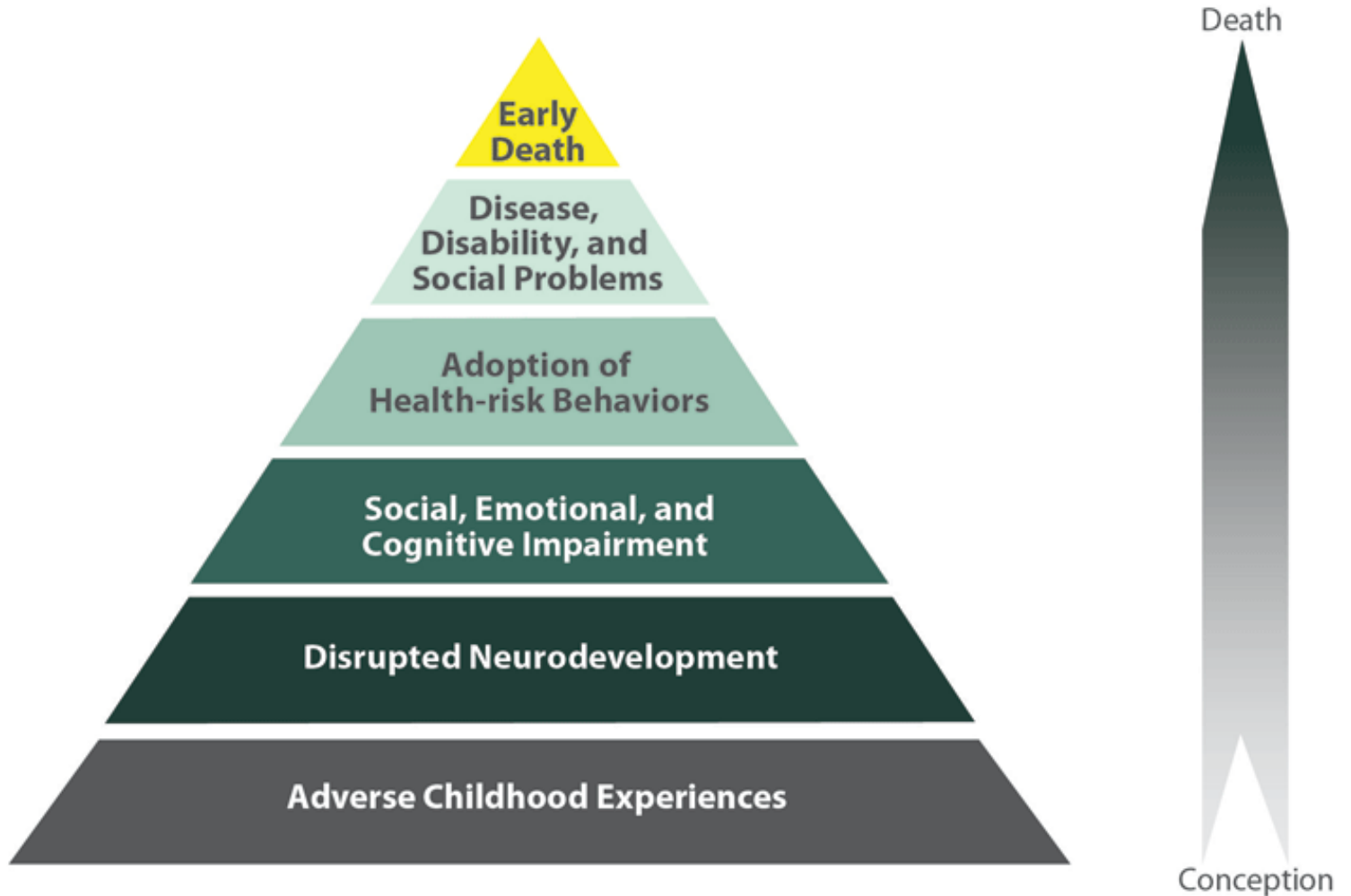
LIKELIHOOD TO DEVELOP HEALTH CONDITIONS BASED ON ACES



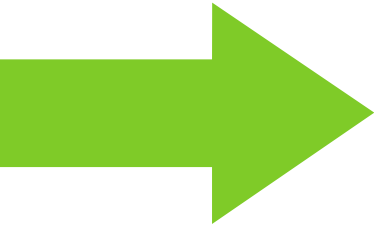
CDC research has found that trauma in childhood could reduce life expectancy by up to **20 years.**



ACE Pyramid

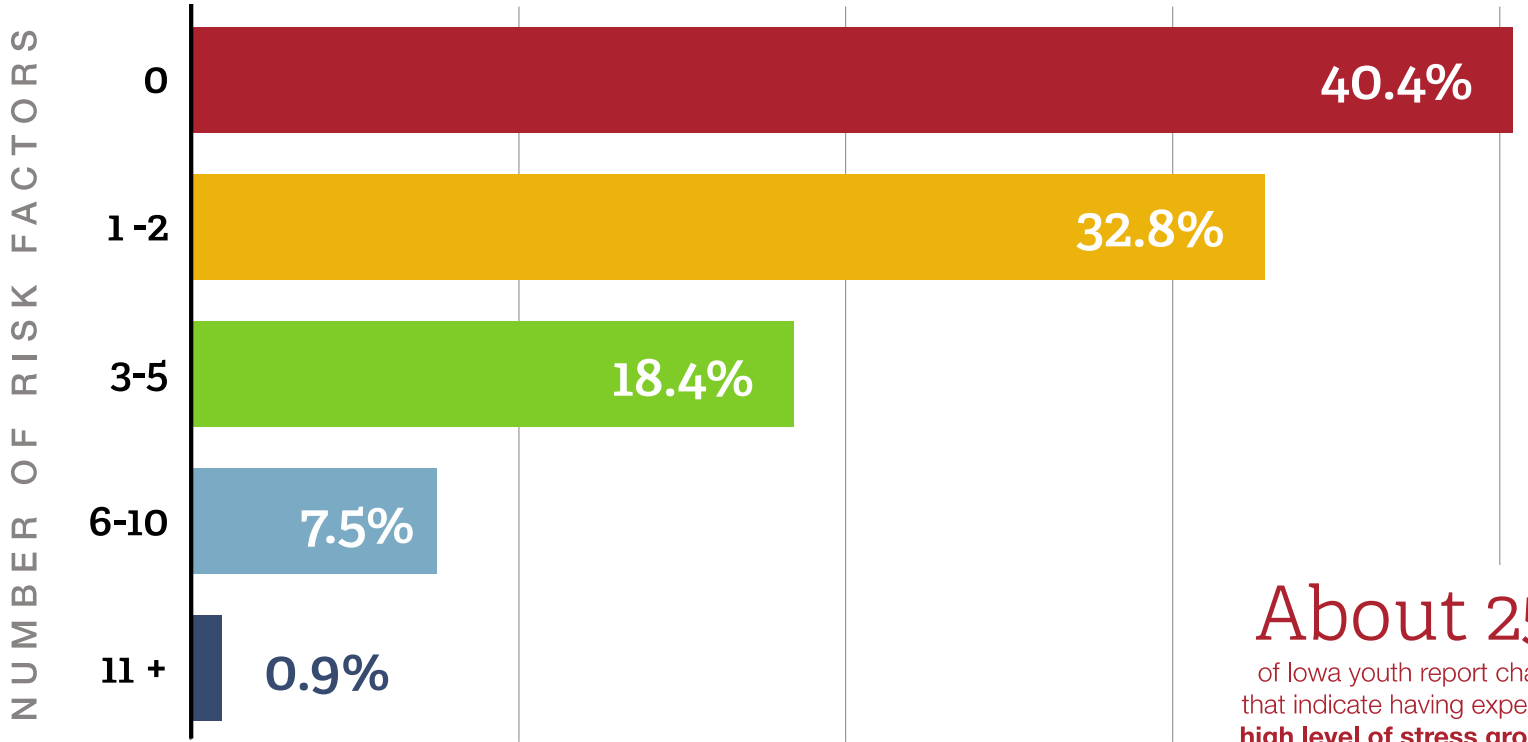


Mechanism by Which Adverse Childhood Experiences Influence Health and Well-being Throughout the Lifespan



Intervention needed now to **Build a resilient Iowa**

RISK FACTORS IN IOWA YOUTH



About 25%
of Iowa youth report challenges
that indicate having experienced a
high level of stress growing up.



Trauma-informed **Public policy**

Expand the 1st Five Healthy Mental Development Initiative statewide to increase access to developmental health and family resources.

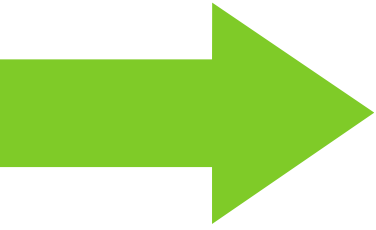
- *Counties currently without 1st Five: Cherokee, Clinton, Ida, Iowa, Jackson, Johnson, Lyon, Plymouth, Scott, Sioux, and Woodbury.*



Trauma-informed **Public policy**

Children's Mental Health System

- *Support the Development of a Statewide Children's Mental Health System*
- *Enhance school-based mental health services*
- *Protect and Expand Funding for Children's Mental Health*



Trauma-informed **Public policy**

Invest in the Development of a Trauma
Informed Child Welfare System in Iowa



Trauma-informed **Public policy**

Medicaid and hawk-I are children's health insurance programs.

- *Restore 90-day retroactive eligibility*
- *Maintain the Early and Periodic Screening, Diagnostic and Treatment (EPSDT) benefit*
- *Ensure children with complex healthcare needs have access to the full array of services and supports necessary to treat and/or ameliorate their conditions.*