IOWA CODE

124.414 Drug paraphernalia. 1. a. As used in this section, "drug paraphernalia" means all equipment, products, or materials of any kind used or attempted to be used in combination with a controlled substance, except those items used in combination with the lawful use of a controlled substance, to knowingly or intentionally and primarily do any of the following: (1) Manufacture a controlled substance. (2) Inject, ingest, inhale, or otherwise introduce into the human body a controlled substance. (3) Test the strength, effectiveness, or purity of a controlled substance. (4) Enhance the effect of a controlled substance. b. "Drug paraphernalia" does not include hypodermic needles or syringes if manufactured, delivered, sold, or possessed for a lawful purpose. 2. It is unlawful for any person to knowingly or intentionally manufacture, deliver, sell, or possess drug paraphernalia. 3. A person who violates this section commits a simple misdemeanor. 2000 Acts, ch 1144, §4

PROPOSED BILL LANGUAGE TO PROTECT LAW ENFORCEMENT AND PREVENT DISEASE:

"Section 1. Section 124.414, subsection 1, paragraph b, Code 2017, is amended to read as follows: b. 'drug paraphernalia' does not include hypodermic needles or syringes if manufactured, delivered, sold, or possessed for a lawful purpose. <u>'lawful purpose' includes hypodermic needles or syringes delivered, sold, or possessed through an approved needle exchange program established pursuant to rules adopted by the department of public health."</u>



GETTING TO THE POINT!

Syringe Exchange Programs & North Carolina

"After reviewing all of the research to date, the senior scientists of the Department and I have unanimously agreed that there is conclusive scientific evidence that syringe exchange programs, as part of a comprehensive HIV prevention strategy, are an effective public health intervention that reduces the transmission of HIV and does not encourage the use of illegal drugs."

Dr. David Satcher, U.S. Dept. of Health & Human Services

What are Syringe Exchange Programs (SEPs)?

SEPs collect used and potentially contaminated syringes from people who inject drugs and exchange them for sterile syringes and access to social services, including substance addiction treatment.

Why does North Carolina need SEPs?

North Carolina is experiencing a rapid rise in injection drug use, leading to increases in hepatitis C infections. Over the past four years acute hepatitis C cases have more than doubled¹, and the cost of treating North Carolina Medicaid patients with chronic hepatitis C rose from around 8 million dollars in 2013 to over 50 million in 2014². These costs will continue to rise, creating an additional burden on NC taxpayers unless we act now. Also, heroin deaths rose 565% between 2010 and 2014³ and programs are needed to help people who struggle with addiction to seek treatment.

How can SEPs help NC's problem with drugs, overdose, Hepatitis C and taxes?

Decades of research show that SEPs are effective at lowering rates of HIV and hepatitis C, connecting drug users to treatment, preventing deaths from drug overdose, and offering a range of health and supportive services, including referrals to programs for food, housing and employment.

Do SEPs encourage drug use?

NO. Decades of scientific evidence have concluded that SEPs DO NOT cause any increase in drug use⁴. In fact, many studies have

demonstrated that SEPs decrease drug use by connecting people who use drugs to treatment.

Do people who use drugs actually return syringes to Syringe Exchange Programs?

YES. Research indicates that over 90% of syringes distributed by SEPs are returned.

How do SEPs connect people to drug treatment?

People who use drugs are often marginalized and encounter numerous barriers when seeking drug treatment. SEPs act as a gateway to treatment by helping SEP clients connect to resources and navigate the complex application process. In fact, research indicates that SEP participants are five times more likely to enter drug treatment than non-participants⁶.

How do SEPs benefit law enforcement?

It is also estimated that one in three officers will be stuck by a syringe during their career and 28% will suffer more than one needle-stick injury. SEPs are proven to lower needle-stick injury to law enforcement by 66%.

How do SEPs decrease HIV, hepatitis C and hepatitis B among injection drug users?

SEPs decrease the transmission of bloodborne disease by decreasing the likelihood that people who inject drugs will share syringes and by collecting used syringes from the community and properly disposing of them. Studies show that SEPs decrease hepatitis C transmission among people who inject drugs by as much as 50%9. HIV infection rates have decreased among people who inject drugs by as much as 80% in areas with SEPs10.

How do SEPs save taxpayer money?

The lifetime cost of treating an HIV-positive person is estimated to be between \$385,200 and \$618,90011, while hepatitis C costs \$100,000-\$500,00012 to treat. Since most people who inject drugs are uninsured or reliant on programs such as Medicaid, taxpayers bear most of this cost. With individual needles and syringes costing less than 50 cents, it is far cheaper to prevent a new case of HIV than to assume many years of treatment costs. According to a



recent analysis, every dollar spent on SEPs would save at least an estimated three dollars in treatment costs averted 13.

How do SEPs decrease crime?

SEPs decrease crime by connecting participants to drug treatment, housing, food pantries and other social services. In one study, Baltimore neighborhoods with syringe exchange programs experienced an 11% decrease in crime compared to those without syringe exchange, which saw an 8% increase in criminal activity¹⁴.

How many states have SEPs?

Twenty states in the U.S. explicitly authorize SEPs, including Kentucky, Indiana and Nebraska. Georgia and West Virginia also have SEPs in some major cities.

North Carolina Law Enforcement Who Support Syringe Exchange Programs

"I'm in favor of syringe exchange programs to reduce the number of HIV and hepatitis C cases in the community. This is a public health issue. These programs would help the citizens of our state [who struggle with addiction] and protect others from injuries with dirty needles."

Chief Marty Sumner, High Point Police Department

"Law enforcement has been at the front lines of the drug problem and has witnessed the devastating effects of drug use and abuse. Although the enforcement of drug laws is and always will be an integral part of police work, we also realize that we will not solely arrest our way out of this problem. I support syringe exchange programs because they are shown to lower the rates of disease and help connect drug users to the treatment that they need to combat this epidemic."

Chief Bill Hollingsed, Waynesville Police Department

"Over the past few years, we have seen a tragic surge in deaths due to opioid overdose. Along with the escalation of injectable drugs comes the increased opportunity for needle sticks. With preventative measures such as improving syringe access, we are protecting the health and safety of law enforcement officers. Of course, I support any measures to keep our officers safe."

Sheriff Neil Elks, Pitt County Sheriff's Office

"I can't see how anyone could be against syringe exchange programs. Syringes are a public safety issue and exchange programs would cut down on the number of cases of HIV and hepatitis C. They would also reduce first responder's exposure to needle-stick injury and connect subjects to treatment resources during contact with the exchange."

Chief Kevin Brinkley, Nags Head Police Department

"Anyone who supports naloxone as a tool to save lives should support syringe exchange programs as well. They both give people a second chance. I would support having a syringe exchange program in my county, especially if people get treatment information along with clean syringes."

Sheriff Doug Doughtie, Dare County Sheriff's Office

"I used to be an officer in a city in Connecticut that ran an active, successful syringe exchange program. I saw first hand that the program reduced the number of dirty syringes in circulation and the number of accidental needle-sticks suffered by first responders. Syringe exchange programs are a good way for those dealing with addiction to avoid diseases and to get information on treatment options."

Chief John Cueto, Town of Duck Police Department

- 1 NC Department of Health and Human Services surveillance data
- 2 NC Department of Health and Human Services surveillance data
- 3 NC Injury Prevention Branch.
- 4 Institute of Medicine. Preventing HIV Infection Among Injecting Drug Users in High-Risk Countries. An Assessment of the Evidence. Washington, D.C.: National Academies Press; 2006.
- 5 Ksobiech, K, 2004, Harm Reduction Journal. Return Rates for Needle Exchange Programs: A common criticism answered. http://www.harmreductionjournal.com/ content/1/1/2
- 6 Hagan H, McGough JP, Thiede H, Hopkins S, Duchin J, Alexander ER., "Reduced injection frequency and increased entry and retention in drug treatment associated with needle-exchange participation in Seattle drug injectors," Journal of Substance Abuse Treatment, vol. 19, 2000, p. 247–252.
- 7 Lorenz, J., Hill,. J & Samini, B. (2000). Occupational Needle-stick Injury in a Metropolitan Police Force. American Journal of Preventative Medicine, 18, 146-150.
- 8 Groseclose, S.L. et al., "Impact of increased legal access to needles and syringes on practices of injecting-drug users and police officers—Connecticut, 1992-1993," Journal of Acquired Immune Deficiency Syndromes & Human Retrovirology, vol. 10. no. 1, 1995, p. 82–89.

- 9 Turner, K. et al. "The impact of needle and syringe provision and opiate substitution therapy on the incidence of hepatitis C virus in injecting drug users: pooling of UK evidence," Addiction, E-publication ahead of print, 2011.
- 10 Des Jarlais, D.C., Arasteh, K., & Friedman, S. R. (2011). HIV among drug users at Beth Israel Medical Center, New York City, the first 25 years. Substance Use & Misuse, 46(2-3), 131-139.
- 11 Schackman, B.R., Gebo, K.A., & Walensky, R.P. et al. (November 2006). The lifetime cost of current Human Immunodeficiency Virus care in the United States. Medical Care, 44(11), 990-997.
- 12 Mizuno, Y. et al. (2006). Correlates of health care utilization among HIV-seropositive injection drug users. AIDS Care,18(5):417-25.
- 13 Nguyen, T.Q., Weir, B.W., Pinkerton, S.D., Des Jarlais, D.C., & Holtgrave, D. (July 23, 2012). Increasing investment in syringe exchange is cost-saving HIV prevention: modeling hypothetical syringe coverage levels in the United States (MOAE0204). Presented at the XIX International AIDS Conference, Washington D.C. Session available online at http://pag.aids2012.org/session.aspx?s=198. (date last accessed: December 11, 2012)
- 14 Center for Innovative Public Policies. Needle Exchange Programs: Is Baltimore a Bust? Tamarac, Fl.: CIPP; April 2001.





GETTING TO THE POINT!

Syringe Exchange Program Myths & The Facts

Between 1991 and 1997, the US Government funded seven reports on clean needle programs for persons who inject drugs. The reports are unanimous in their conclusions that clean needle programs reduce HIV transmission, and none found that clean needle programs caused rates of drug use to increase. The federal Department of Health and Human Services currently maintains a webpage on the effectiveness of syringe exchange programs: http://www.samhsa.gov/ssp/

MYTH: Syringe Exchange Programs (SEPs) encourage, enable, and increase drug use

FACT: Decades of scientific evidence, including from health organizations such as the World Health Organization and the American Medical Association, have concluded that SEPs DO NOT cause any increase in drug use. In fact, many studies have demonstrated that SEPs decrease drug use by connecting otherwise marginalized people to treatment. It is estimated that SEP participants are five times more likely to enter drug treatment than non-participants.

MYTH: SEPs increase crime

FACT: Crime actually decreases in SEP areas because participants are connected to drug treatment, housing, food pantries and other social services. In one study, Baltimore neighborhoods with syringe exchange programs experienced an 11% decrease in crime compared to those without syringe exchange, which saw an 8% increase in criminal activity.

MYTH: Persons who use drugs will not return used syringes to a SEP

FACT: Research indicates that over 90% of syringes distributed by SEPs are returned. In Baltimore, SEPs helped reduce the number of improperly discarded syringes in

the community by almost 50 percent. In Portland, Oregon, the number of improperly discarded syringes dropped by almost two-thirds after the implementation of an SEP.

MYTH: SEPs do not have public support

FACT: Numerous national medical and public health organizations support SEPs, including the American Medical Association, the American Public Health Association, the National Academy of Sciences, and the American Academy of Pediatrics. So too do leading global bodies such as the World Health Organization (WHO), the World Bank, and the International Red Cross-Red Crescent Society. The American Bar Association strongly supports SSPs, as does the U.S. Conference of Mayors.

MYTH: Only "blue" states have SEPs

FACT: With the current crisis around rising rates of injection drug use, HIV and hepatitis C, several "red" states have explicitly authorized SEPs, including Kentucky, West Virginia, Indiana, and Nebraska.

MYTH: SEPs lead to more discarded syringes in the community

Fact: SEPs actually decrease the number of syringes discarded in public areas because over 90% of program participants turn in syringes to the SEP. Also, if people do not fear being charged for possession of a syringe by law enforcement, they are more likely to carry sharps containers for syringe disposal, instead of discarding used syringes in trash cans, flushing them down the toilet, or throwing them out the window of a car.

MYTH: Law Enforcement Don't Support SEPs

Fact: Many NC Chiefs and Sheriffs have come out on record in support of syringe exchange programs, including Sheriff Elks of Pitt County, Sheriff Doughtie of Dare County, Chief Sumner of High Point, Chief Brinkley of Nags Head, Chief Hollingsed of Waynesville, Chief Cueto of Duck, Chief Barone of Statesville, and Chief Rountree of Winston Salem.



NORTH CAROLINA LAW ENFORCEMENT GUIDE TO SYRINGE EXCHANGE PROGRAMS

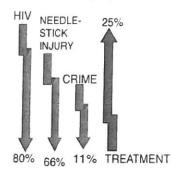
What are Syringe Exchange Programs (SEPs)?



SEPs offer a range of social services to people who struggle with addiction, including access to drug treatment, housing, employment opportunities, and sterile syringes. These programs protect users and the public from the spread of disease such as HIV and hepatitis C and also collect used syringes from the community to dispose of them safely. SEPs do NOT increase or encourage drug use. In fact, people who participate in SEPs are five times more likely to enter an addiction treatment program than non-participants.

How do SEPs Benefit Law Enforcement?

SEPs are shown to lower needle-stick injuries to LEOs by 66%, decrease hepatitis C and HIV transmission rates by 50-80%, and lower crime rates by 11% by connecting people caught up in the criminal justice system to social services programs. They are also extremely effective at connecting hard-to-reach populations to drug treatment.



"Statistic show that syringe exchange programs greatly reduce the number of persons contracting HIV and Hepatitis and increase the safety of the officers on the street by reducing the number of them who are exposed to 'dirty' needles. I would also hope that the exchange programs would lead to more people to seek treatment and result in fewer persons overdosing. This epidemic of IV drug abuse has reached such dangerous levels that we should consider all options in an attempt to help the communities we serve."

-Donnie Varnell, Special Agent in Charge, North Carolina State Bureau of Investigation

FAST FACTS ON SYRINGE EXCHANGE PROGRAMS



NC taxpayers paid \$50 million for Hep C treatment and \$117 million for HIV treatment in 2014 alone



SEPs prevent the spread of HIV, HCV and HBV, reducing the taxpayer burden for these diseases. A sterile syringe could prevent these diseases for 7 cents



Crime decreases in areas with a SEP because participants are connected to housing, food pantries and other social services



SEPs collect discarded needles and dispose of them safely, thereby reducing the number of syringes in public areas



There is available funding from private foundations to cover the costs of a SEP. NC taxpayers won't have to foot the bill.



SEPs reduce needle-stick injury to law enforcement by 66%



SEPs are a gateway to drug treatment. SEP participants are 5 times more likely to enter treatment than non-participants



SEPs decrease hepatitis C transmission among people who inject drugs by as much as 50%. HIV injection rates have decreased by as much as 80% in areas with SEPs

For more information, visit www.nchrc.org

LAW ENFORCEMENT CONCERNS

RESEARCH

Not Enough Drug Users Enter Treatment

Increases in Drug-Related Crime

Increases in HIV, HCV and HBV among

populations in frequent contact with

Taxpayers foot the bill for HIV and HCV treatment. In 2014 alone NC taxpayers paid

\$50 million for HCV treatment and \$117

Taxpayers should not have to pay for syringes for injection drug users

million for HIV treatment for the uninsured.

Discarded Needles in the Street

Increases in Drug Use

Needle-stick Injury

law enforcement

SEPs are a gateway to drug treatment. SEP participants are 5 times more likely to enter treatment than non-participants 1

Crime decreases in SEP areas because participants are connected to drug treatment, housing, food pantries and other social services. In Baltimore neighborhoods with syringe exchange have experienced an 11% decrease in crime compared to those without syringe exchange, who saw an 8% increase in criminal activity

SEPs DO NOT cause any increase in drug use. In fact, they decrease drug use by connecting people to treatment²

SEPs lower needle-stick injury to law enforcement by 66% 3

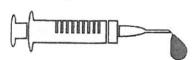
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SEPs prevent the spread of HIV, HCV and HBV, reducing the taxpayer burden for these diseases. The lifetime cost of treating HIV is \$385,000-619,000, while HCV costs \$100,000 - 300,000. A sterile syringe could prevent these diseases for 7 cents

There is available funding from private foundations to cover the costs of a SEP. NC taxpayers won't have to foot the bill.

ONE in THREE officers will be stuck by a SYRINGE during their career



"Law enforcement has been at the front lines of the drug problem and has witnessed the devastating effects of drug use and abuse. We are seeing more people use heroin, more people inject prescription drugs, and more people get sick from diseases like HIV and hepatitis C. Although the enforcement of drug laws is and always will be an integral part of police work, we also realize that we will not solely arrest our way out of this problem. I support syringe exchange programs because they are shown to lower the rates of disease and help connect drug users to the treatment that they need to combat this epidemic."

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2 Institute of Medicine. Preventing HIV Infection Among Injecting Drug Users in High-Risk Countries. An Assessment of the Evidence. Washington, D.C.: National Academies Press; 2006

3 Groseclose, S.L. et al., "Impact of increased legal access to needles and syringes on practices of injecting-drug users and police officers—Connecticut, 1992-1993," Journal of Acquired Immune

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5 Doherty MC, Junge B, Rathouz P, Garfein RS, Riley E, Vlahov D. The effect of a needle exchange program on numbers of discarded needles: A 2-year follow-up. American Journal of Public Health, 2000;90(6):936–939. Schackman, B.R., Gebo, K.A., & Walensky, R.P. et al. (November 2006). The lifetime cost of current Human Immunodeficiency Virus care in the United States. Medical Care, 44(11), 990-997

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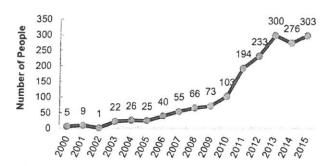
Hepatitis C Virus ON THE RISE: YOUNG ADULTS



WHAT IS HEPATITIS C?

Hepatitis C is a liver disease caused by the Hepatitis C Virus (HCV). HCV is the most common blood-borne illness in the United States, and new cases are on the rise. Hepatitis C can cause serious health problems including liver damage, cirrhosis, liver cancer, and even death.¹

HCV IN YOUNG ADULTS AGES 30 AND YOUNGER IS ON THE RISE IN IOWA



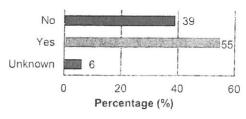
WHY ARE YOUNG ADULTS GETTING HEPATITIS C?

Injection drug use is a primary driver for increases in new, young hepatitis C cases. Particularly, the recent increase in abuse of prescription and non-prescription opioids is fueling an outbreak of hepatitis C among people 30 and under.

HEPATITIS C AND INJECTION DRUG USE

HCV can spread easily through surfaces, equipment, or objects contaminated with infected blood. People who inject drugs can acquire and spread hepatitis C through contaminated needles, syringes, water, cotton, and other equipment.² Of the youth and young adults ages 30 and under reported diagnosed in 2015, data on injection drug use was collected for 69% (208). Among those, 55% of people reported injection drug use.

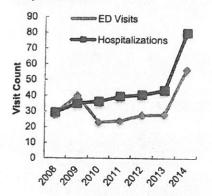
Injection drug use among adults living with HCV who are 30 years of age or younger



HEROIN AND OPIOIDS

In lowa, rates of heroin and opioid-related overdoses have increased greatly over the last 10 years. Emergency department (ED) visits related to opioid overdoses have increased by roughly 253%, and ED visits from heroin have increased 2,500% from 2003 through 2014 for people less than 35 years of age.

Opioid-Related Emergency Dept. Visits and Hospitalizations



Youth and young adults who report ever having injected drugs should be tested for Hepatitis C.

For more information on hepatitis C virus and to view the recently released Hepatitis C Iowa Profile please visit:

http://idph.iowa.gov/hivstdhep/hep/hep-c

Bureau of HIV, STD, and Hepatitis lowa Department of Public Health 321 E 12th St. Des Moines, IA, 50319-0075

NORTH CAROLINA LAW ENFORCEMENT GUIDE TO SYRINGE EXCHANGE PROGRAMS

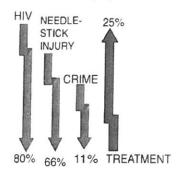
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How do SEPs Benefit Law Enforcement?

SEPs are shown to lower needle-stick injuries to LEOs by 66%, decrease hepatitis C and HIV transmission rates by 50-80%, and lower crime rates by 11% by connecting people caught up in the criminal justice system to social services programs. They are also extremely effective at connecting hard-to-reach populations to drug treatment.



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Crime decreases in areas with a SEP because participants are connected to housing, food pantries and other social services



SEPs collect discarded needles and dispose of them safely, thereby reducing the number of syringes in public areas



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SEP's reduce needle-stick injury to law enforcement by 66%



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LAW ENFORCEMENT CONCERNS

Increases in Drug Use

RESEARCH

Not Enough Drug Users Enter Treatment

SEPs are a gateway to drug treatment. SEP participants are 5 times more likely to enter treatment than non-participants ¹

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Discarded Needles in the Street

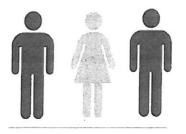
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Taxpayers foot the bill for HIV and HCV treatment. In 2014 alone NC taxpayers paid \$50 million for HIV treatment and \$117 million for HIV treatment for the uninsured.

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² Institute of Medicine. Preventing HIV Infection Among Injecting Drug Users in High-Risk Countries. An Assessment of the Evidence. Washington, D.C.: National Academies Press; 2006.

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FACT

Public Safety, Law Enforcement, and Syringe Exchange

Numerous scientific studies demonstrate that syringe exchange programs (SEPs) can play an important role in reducing HIV and viral hepatitis infection and advancing public safety, including the safety of law enforcement officials. For 21 years, federal law prohibited the use of federal funds for SEPs. While the ban was lifted in 2009, several state and local health authorities sought and used federal funds for SEPs as part of a broader approach to preventing HIV infections.

Background

More than 1.1 million people are living with HIV in the U.S., according to estimates from the Centers for Disease Control and Prevention (CDC). Injection drug users (IDUs) account for approximately 19 percent of all infections (209,000 cases) and 12 percent of all new HIV infections in 2006.1 When implemented as part of a comprehensive HIV/AIDS prevention strategy, SEPs are an effective public health approach to reducing the spread of HIV/AIDS and other blood-borne diseases in communities across the U.S.2,3,4 Research shows that SEPs promote public health and safety by taking syringes off the streets and protecting law enforcement personnel from needle stick injuries, which can result in the transmission of diseases such as HIV/AIDS and hepatitis C. These programs also importantly link IDUs to substance abuse treatment programs and serve as an entry point into other health services, including HIV and STD testing and entry into care and treatment programs.5

Studies have also established that SEPs do not increase crime or drug use and provide a gateway to drug treatment and HIV prevention services.⁵

SEPs Protect Law Enforcement Personnel from Needle Stick Injuries

"In the cities that have adopted needle exchange programs, there is a dramatic reduction in needle sticks to firefighters who crawl on their hands and knees through smoke filled rooms to search for victims."

—Charles Aughenbaugh, Jr., President, New Jersey Deputy Fire Chiefs Association, Retired Deputy Fire Chief, March 2011

- A study of police officers in San Diego found that nearly 30 percent had been stuck by a needle at one point in their careers, with more than 27 percent of those injured experiencing two or more needle stick injuries.⁷
- A study of Connecticut police officers found that needle stick injuries were reduced by two-thirds after implementing SEPs.¹⁰

SEPs Promote Public Health and Safety by Taking Syringes off the Streets

"SEPs take dirty needles off the streets and increase the safety of our police officers."

-Bob Scott, former Captain, Sheriff's Office, Macon County, N.C., February 2011

 SEPs reduce the circulation of contaminated syringes among IDUs, educating and informing participants about the safe disposal of used syringes.^{11,12}

- In many states, SEPs actively encourage participants to return as many used syringes as possible.¹³ As a result, the majority of syringes distributed by SEPs are returned.¹⁷ A Baltimore study demonstrated that SEPs helped to reduce the number of improperly discarded syringes by almost 50 percent.¹⁸
- Studies demonstrate that the availability of SEPs in communities results in increased safe disposal of used syringes. For instance, in Portland. Oregon, the number of improperly discarded syringes dropped by almost two-thirds after the implementation of a SEP.¹⁶ In 2000, approximately 3.5 million syringes were recovered in San Francisco and safely disposed of as infectious waste.¹²

SEPs Do Not Increase Crime or Drug Use

"Based upon the literature that's been presented to me, SEPs do not appear to increase crime and/or drug abuse but rather greatly enhance officer and public safety."

- Cpl/Deputy Sheriff D. A. Jackson,
 Background Investigator, Guildford
 County Sheriff's Office, Greensboro, N.C.,
 March 2011

- SEPs do not encourage the initiation of drug use nor do they increase the frequency of drug use among current users,¹⁸ according to an assessment by the Institute of Medicine.
- The presence of SEPs in communities does not expand drug-related networks or increase crime rates. ¹⁸ On the contrary, research has found that neighborhoods in Baltimore with SEPs experienced an 11 percent decrease in break-ins and burglaries, whereas areas of the city without SEPs experienced an 8 percent increase in crime.²⁶ Another study conducted in Baltimore demonstrated that the number of arrests did not increase after the establishment of SEPs.²¹
- One study found that new SEP participants are five times more likely to enter a drug treatment program than nonparticipants.³² Researchers also found that IDUs who had participated in the exchange were more likely than IDUs who had not participated to reduce or stop injecting.²³

Conclusion

SEPs are a cornerstone of prevention efforts to protect the health and safety of police officers, fire fighters, other civil servants, and the public by helping to reduce the transmission of blood-borne diseases, including HIV/AIDS. They are also a critical component of a comprehensive approach to preventing HIV infection, as highlighted in the U.S. National HIV/AIDS Strategy.²⁴ Since the implementation of SEPs in the late 1980s, new HIV infections among IDUs have declined overall by 80 percent.²⁵ Effectively addressing injection drug use and HIV/AIDS requires a coordinated partnership between health providers, law enforcement, and communities.

About Syringe Exchange Programs

"SSPs [syringe services programs] are widely considered to be an effective way of reducing HIV transmission among individuals who inject illicit drugs and there is ample evidence that SSPs also promote entry and retention into treatment."

Office of U.S. Surgeon General
 Dr. Regina Benjamin, Federal Register,
 February 2011

IDUs represent a significant percentage of new HIV infections and nearly 20 percent of all persons living with HIV in the U.S. SEPs are one important component of a comprehensive HIV prevention effort for IDUs that includes education on risk reduction, HIV testing, referral to drug addiction treatment, and referral to other medical and social services.

SEPs provide a safe and accessible method for IDUs to exchange used syringes for sterile ones, lowering the risk of HIV transmission and increasing public safety. Similar to hospitals and other healthcare settings, SEPs collect used syringes in special puncture-proof containers. These containers are safely disposed of according to special hazardous waste disposal procedures. There are currently approximately 211 exchange programs operating one or more exchange sites in 32 states, the District of Columbia. The Commonwealth of Puerto Rico, and the Indian Nations. For more information and a summary of SEP research, please visit, www.samhsa.gov/ssp.

SYRINGE EXCHANGE PROGRAM STUDIES

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