



EFR EMPLOYEE & FAMILY RESOURCES

## **Employee & Family Resources Culturally Competent Substance Abuse Treatment Pilot Project**

Employee & Family Resources' (EFR) Culturally Competent Treatment Project, in collaboration with Urban Dreams, is providing substance abuse assessment, wrap-around services assessment, Level I outpatient substance abuse treatment (including individual and group sessions), weekly case-management telephone contact, and additional supportive services as indicated. The target population is African Americans living in Polk County, and the majority of clients are expected to be residents of the Des Moines Enterprise Community.

The services are delivered by staff with demonstrated efficacy in working with African American clients, providing the benefit of culturally competent treatment and Motivational Enhancement practices and thereby increasing the likelihood of successful treatment completion and maintenance of a chemical-free lifestyle thereafter.

From project inception November 1, 2007 to date, 24 clients have been assessed. Eighteen were referred to UD for level I treatment, two were referred to a more intensive level of treatment, and one declined the opportunity to participate in the project. Of the 18 clients referred to UD, 15 are actively involved in treatment, two are incarcerated, and one has not followed through with scheduled treatment despite telephone case management contacts or attempted contacts.

Approximately 2 – 3 clients are referred for assessment each week, and it is anticipated that 75 clients will be served through during the project period November 1, 2007 through June 30, 2008.

*Our full attention. Your full potential.*