Mental Health & Disability Services Redesign

Rick Shults, MHDS Division Administrator

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MHDS Regions

• 15 Regions
• Size varies from 1 to 22 counties
• Population ranges from 30,110 to 576,737
• Counties joined operations & funds through the 28E process
The Array of Mental Health Services
Iowa Needs

Core Services
- Effective individual, group and family therapies
- Case management and care coordination (Integrated Health Home)
- Co-occurring mental health and substance abuse treatment
- Employment
- Supported Community Living
- Peer and Family Support

Core Plus Services
- Intensive outpatient services
- Assertive Community Treatment (ACT)
- Jail diversion and reentry services
- Intensive Crisis intervention and stabilization
- Sub-acute Services

Core Services
- Hospital

Moderate Conditions

Severe Conditions

Acute Conditions
# Core Plus Services

**Up-Dated Since 1/29/2015**

<table>
<thead>
<tr>
<th>Mental Health and Disability Services Regions</th>
<th>Residential Crisis Stabilization</th>
<th>Community Based Crisis Services*</th>
<th>Jail Diversion</th>
</tr>
</thead>
<tbody>
<tr>
<td>Central Iowa Community Services</td>
<td>6 beds</td>
<td>1 county</td>
<td>all counties</td>
</tr>
<tr>
<td>County Rural Offices of Social Services</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>County Social Services</td>
<td>19 beds</td>
<td>all counties</td>
<td>1 county</td>
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<tr>
<td>Eastern Iowa MHDS Region</td>
<td></td>
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<tr>
<td>Heart of Iowa Community Services</td>
<td>9 beds 7/1/15</td>
<td>1 county</td>
<td>1 county</td>
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<tr>
<td>MHDS of the East Central Region</td>
<td>3 beds 5/3/15</td>
<td>all counties</td>
<td>3 counties</td>
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<tr>
<td>Mid-Iowa Behavioral Health Region</td>
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<td></td>
<td></td>
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<tr>
<td>Polk County Health Services</td>
<td>12 beds</td>
<td>entire county</td>
<td>entire county</td>
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<tr>
<td>Rolling Hills Community Services</td>
<td>4 beds 7/1/15</td>
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<tr>
<td>Sioux Rivers MHDS</td>
<td>Fall 2015</td>
<td>all counties 7/1/2015</td>
<td>1 county</td>
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<tr>
<td>South Central Behavioral Health Region</td>
<td>5 beds</td>
<td>all counties</td>
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<tr>
<td>Southeast Iowa Link</td>
<td>5 beds 5/4/15</td>
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<td>2 counties</td>
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<td>Southern Hills Regional Mental Health</td>
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<tr>
<td>Southwest Iowa MHDS Region</td>
<td>1/1/2016</td>
<td>1 county</td>
<td>all counties</td>
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</tbody>
</table>

* Community Based Crisis Services includes: Mobile Response, Crisis Line, and or Warm Line

**Source of data:** MHDS Regions
MHDS Region Funding

• Governor’s Budget Recommendation:
  o $11,774,275 Social Services Block Grant
  o $2,200,000 Mental Health Block Grant
  o Spend Down Fund Balances
  o Keep MHDS Levies at SFY16 levels
  o Eliminate the Medicaid Off-set
MHDS Region Funding

• SFY14 County Funding
  o Received $152.3 M from MHDS levy, equalization and federal block grant
  o Spent $114.9 M
  o Saved $10.1 M from 6 months of the Iowa Health and Wellness Plan
  o Ended with $104.5 M in fund balances
MHDS Region Funding

• Iowa Health and Wellness Plan Savings
  o Enrollment up 37% in SFY15 compared to SFY14
  o Magellan is spending about $3.2 M per month on mental health services including:
    ▪ Inpatient Psychiatric $1.4 M per month
    ▪ Outpatient Therapy $784,000 per month
    ▪ Evaluation and Management $253,500 per month
    ▪ Emergency Room $215,500 per month
    ▪ Habilitation $165,000 per month
Funding Recommendation

• Funding Level Based on SFY15 Funding Minus Full Iowa Health and Wellness Savings
  $157.8 M  MHDS Max Levy, general fund, and SSBG
  - $ 27.7 M  $20.2 M Medicaid Offset X 1.37 IHWP Growth
  $130.1 M  Funding Level

• Available Funds
  $108.5 M  SFY16 MHDS Levy
  + $ 13.9 M  Pro Rata Distribution of Federal Block Grants*
  $122.4 M Total
* In proportion to each region’s share of the Funding Level

• The difference between the Funding Level and the Available Funds would be made up by fund balances