

# IFAPA'S IMPACT ON FAMILIES

## HOW OUR PEER LIAISONS CAN HELP

IFAPA's Peer Liaisons work across Iowa providing peer-to-peer support to all foster families. Peer Liaisons are established foster/adoptive parents who have experience dealing with many of the same issues facing other resource families. Our Peer Liaisons assist Iowa's foster families by responding to questions or concerns throughout the foster/adoptive parenting journey.

### *Peer Liaisons can answer questions regarding:*

- Foster parent licensing/training requirements
- Understanding the DHS chain of command
- Upcoming training opportunities
- Foster care reimbursement
- Medicaid/Title XIX
- Foster parent rights and responsibilities
- Availability of support groups
- Medical and mental health providers
- Confidentiality issues
- Respite care
- Working with birth families
- Parenting transracially
- Changes within the foster care system
- Behavior challenges
- Parenting traumatized children
- Safety plans for children in the home
- Educational advocacy
- Talking to children about birth family/issues
- Sexual abuse prevention
- Birth parent visitation issues
- Transitioning children to a new placement or to return home



800.277.8145  
www.ifapa.org

## HOW OUR TRAININGS CAN HELP

*"This class really helped me understand how to communicate well with the kids in my home." –*

Up, Down and All Around: ADHD, ODD & Pediatric Bipolar Disorder

*"This class was very helpful especially learning to identify possible dangers in any room, recognizing different traumas and how to handle certain behaviors." –*

Preventative Practices II: Updated Strategies for Minimizing Risk of Child Abuse Allegations in Your Home

*"I learned so many simple and easy to implement activities that I'm excited to try at home." – Allakazam! Does it Take Magic To Create a Healthy, Positive Attachment with Foster & Adoptive Children?*

*"You need to be proactive and knowledgeable about technology in order to help your children make good decisions and to cope with the pressures in their life." – "Where's the Map?" – Helping Your Child/Teen Navigate the Social World*

*"I thought this class was excellent and helps me understand my teens more and how to re-word things so my kids will open up and talk with me." – Mentoring Teenage Men into Adulthood*

*"Gives you a better understanding of attachment and tools to use to gain trust and to understand what kids need." – Supporting Healthy Attachment Across the Developmental Spectrum*