

## Student Profile

- Average 15 years of age
- Average 10 out-of-home placements before coming to IJH
- 70% had previous mental health stays
- 72% require psychotropic medication to maintain in any setting
- 100% have a psychologically-or emotionally-impaired diagnosis
- 42% have had parental rights terminated
- 57% will never see their parents again

## Educational Profile

- Average youth functions at a 7<sup>th</sup> grade level
- 3.3 grades behind
- 63% have disabilities that warrant special education services
- The majority of the remaining population has not been identified for special education services due to the length of time necessary to complete the identification process and their frequent changes in placement
- 61% were not attending school

# IOWA JUVENILE HOME - STATE TRAINING SCHOOL FOR GIRLS



*Reclaiming Iowa's  
At-Risk Youth*

## National Recognition for Leadership in:

- Strength-Based Services
  - Positive Behavior Supports
  - Circle of Courage
- **Producing Results**
    - Admissions
      - Served 228 youth in FY05
    - Releases
      - 4% of IJH youth enter the adult prison system in Iowa
    - Education
      - 2.4 months of academic growth for every month students are in the program
    - Seclusion / Restraint
      - Downward trends in the use of restraint and seclusion
    - Medical
      - Low number of youth / staff injuries

*\*Statistics from the FY05  
Annual Report*

## Educational Department

The educational program at the Iowa Juvenile Home is committed to meeting the diverse social-emotional, behavioral, and academic needs of our students.

### Unique Program

- Year-round instruction (252 days)
- All teachers are dually certified in content and special education
- Two full-time behavior interventionists
- Licensed Therapy Dog

### Services

- 6–12 General Education Program
- GED
- Special Education
- Vocational Training
  - Culinary Arts
  - Photography
  - Merchandising
  - Horticulture

### Extra Curricular Activities

- Vocational Industrial Club of America
  - State and National place winners
- We The People
  - Citizenship & Policy Making
  - Mock Legislative Sessions
- 4-H
- Service Learning
- Community Partnerships

## The Iowa Juvenile Home / State Training School For Girls

### • Iowa Juvenile Home

- Serves male and female youth adjudicated as Child In Need of Assistance (CINA)
- 43% of admits are CINA females
- 20% of admits are CINA males

### • State Training School for Girls

- Serves female youth adjudicated as delinquent
- 29% of admits are delinquent females

### • Strength-Based Programming

- Skill Instruction
- Positive Reinforcement
- Circle of Courage
- Positive Behavior Supports

### • Gender-Specific Programming

- Relationship based
- Designed to meet the unique needs of our female population
- Continuum of services to meet the needs for skill development
- Counseling to address issues of emotional disturbance and trauma

## Clinical Department

The Clinical Department coordinates treatment services in 5 residential units:

- 4 female
- 1 male

A team of clinical staff works together to develop an Individual Care Plan for each youth. Progress is monitored weekly.

The clinical program is designed to meet daily living needs in a home-like environment. Youth are responsible for daily chores and laundry. Meals are eaten in the units, family style, with adult supervision. Daily groups provide healthy living experiences, support, counseling, and skill instruction in the following areas:

- Social Thinking Skills / Problem Solving
- Circle of Courage Group
- Male Dependency
- Women's Issues
- Survivors' Group (Abuse)
- Schema Group
- Law Related Education
- Independent Living Skills
- Leisure Activities

### Support Services

- Medical Services
- Psychological Services
- Counseling Services
- Recreation