Iowa Department of Elder Affairs
Case Management Program for the Frail Elderly (CMPFE)
Background

Description of case management:

Case management is operationally defined as "Activities undertaken by a qualified case manager to help an older adult gain assess to needed medical, social, and other appropriate services."

Case management activities include: initial screening to determine if the client would benefit from case management, identification of the client's needs and supports, development of a service plan to address those needs, contacting providers and setting up services, and on-going monitoring of the services.

History of AAA involvement as case management providers:

- The first area agency on aging case management program for frail elders began in 1988 with 156 clients.
- The program was finally available in all 99 counties in 1999.
- The Area Agencies on Aging (AAAs) provide case management services under the CMPFE program to clients enrolled in the Medicaid Elderly Waiver program and also clients who need case management services but are not eligible for Medicaid.

Profile of clients served by AAA case management:

- Avg. age: 79
- 62% have cognitive impairments that limit their functional abilities
- 91% need assistance with bathing
- 83% need assistance with walking
- 69% need assistance with dressing
- 59% live alone

DEA/AAA activities:

- Increased standardization of forms and processes through utilization of the Seamless technology.
- Promulgation of updated administrative rules.
- Training in components of service delivery in managing the complexities of merging US. Administration on Aging reporting requirements with DHS/CMS implied requirements.
- Effective October 1, 2006, case management became a service reimbursed under the Medicaid elderly waiver, thereby allowing the state to draw-down matching federal dollars.
    - o Twelve of the 13 AAAs have enrolled as Elderly Waiver case management providers.
- While we can't say the changes were problem free, we can say that for most clients, the transition was transparent.

- **CMPFE Client Trends**

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Legend: Active CMPFE Clients, Active Elderly Waiver, Active Non-Waiver