

# Iowa Veterans Home

## FY07 Budget Offer



## Behavioral Health Unit (BHU)

The increase in the number of residents at the Iowa Veterans Home (IVH) who need special mental health services is one of the challenges IVH faces today. Between January and July of 2005, sixteen residents needed a higher level of mental health care/services than IVH was able to provide. Those residents had to be transferred out for care. IVH is requesting funding to establish its own in-house Behavioral Health Unit (BHU).

- A. The BHU will provide a safe area for residents to live during the short periods of time when they struggle with exacerbations of their mental illness.
- B. Residents on the BHU may include:
  - Those at risk of harming themselves or others, but who do not meet the hospitalization criteria.
  - Those who show disruptive/intrusive behaviors including:
    - Affecting the quality of life of other residents
    - Preventing staff from providing care to other residents
    - Coercing or exploiting other residents
    - Displaying behaviors that could provoke other residents to threaten or attack the offending resident.
  - Those who show resistance to or refusal of care which can lead to deterioration of the resident's health.
  - Those who have addictive/compulsive behaviors detrimental to the resident's health.
  - Those returning from a substance abuse rehabilitation or mental health outplacement facility to continue with the follow-up care and prepare for re-integration into the IVH community.
  - New admits who have a mental health diagnosis until an assessment can be made for their appropriate placement within the facility.
- C. The BHU will be a highly structured 12-bed unit maintained 24 hours a day, 7 days a week. Programming on the unit will include: reality orientation, resident education, group therapy, social skills training, medication management, individual psychotherapy, exercise, and therapeutic recreation activities.
- D. Specially trained staff will develop a plan of care within 24 hours of the resident's admission to the unit. The plan will be designed to meet the resident's needs and will include a time period to implement the plan.
- E. Staff from the BHU will also have the opportunity to work with the staff on a resident's home unit and prepare for the successful return of the resident.
- F. The funding request of \$491,505 is for increased staffing costs of 9.25 FTE's for this unit.

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## Community Re-entry and Day Program:

The Iowa Veterans Home (IVH) is currently serving three groups of residents in the domiciliary:

- **The well-elderly residents**, aged 62-90+, who require more assistance than is currently available in their community.
  - **The younger veterans** with substance abuse and/or mental health needs in addition to their medical needs. Many have the abilities to return to their home communities and become self-sufficient but require services that are not currently available at IVH.
  - **The younger veterans** with the above noted problems and who are also in need of additional assistance and programming prior to being ready for community re-entry. Skills such as time management, daily living skills, social skills and job retention skills for example would be developed.
- A. The new IVH Community Re-entry program would provide job skills assessment, daily living skills, education, housing and job placement to enable these residents to return to their home communities as self-supporting. This program would be designed to accommodate 20 residents annually.
- B. The IVH Day program would provide relapse prevention for long term abstinence or managed living with chronic mental illness. The program would offer assistance with self-help skills, social skills, behavior adjustment and interpersonal skills. This program would be able to accommodate 20 residents per year.
- C. IVH is requesting additional appropriation funding of \$200,212 for these two programs, which includes 3 FTE's and supporting expenses.
- D. The residents that successfully complete this programming become not only self-supporting, but become a state taxpayer as well, which proves to show a dual positive impact on the state's budget.
- E. This program will include active partnerships with Iowa Workforce Development and Iowa Valley Community College district campuses in Marshalltown and Iowa Falls.

# IOWA VETERANS HOME

	Revised FY2006 HF2080 signed	FY07 Budget Request	FY07 Governor's Recommendation
Appropriation Requested by IVH	\$ 18,446,049	\$ 18,446,049	18,446,049
De-appropriation to fund Veterans Home Buyers Program	\$ (2,000,000)		
De-appropriation to fund Severely wounded bonus for veterans serving in combat zone since Sept. 11, 2001	\$ (1,000,000)		
De-appropriation to substitute additional Medicaid funds			(5,568,265)
Increased Request			
Behavioral Health Unit (BHU)		\$ 491,505	491,505
Community Re-entry and Day Programs		\$ 200,212	200,212
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<b>TOTAL APPROP.</b>	<u>\$ 15,446,049</u>	<u>\$ 19,137,766</u>	<u>13,569,501</u>
Carryforward from prior fiscal year	\$ 1,000,000		****
Self-generated Revenues			
Additional Medicaid federal share @ 63% (ongoing)	\$ 3,508,007		
Additional Medicaid state share @ 37% (ongoing)	<u>\$ 2,060,258</u>	\$ 5,568,265	\$ 5,568,265
FY05 Add'l Medicaid federal share @ 63% (1 time)	\$ 2,046,338		
FY05 Add'l Medicaid state share @ 37% (1 time)	<u>\$ 1,201,817</u>	\$ 3,248,155	
<b>TOTAL RESOURCES</b>	<u><u>\$ 68,207,534</u></u>	<u><u>\$ 67,651,096</u></u>	<u><u>62,082,831</u></u>
IVH requests a non-reverting construction fund established to start accumulating match for VA construction projects (65% fed/35% state)		\$ 4,568,265	
Gov'n Rec includes Capital Project funding (5year fund)			6,200,000
Carryforward to next fiscal year (allowed under net budgeting)	****		

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Notwithstanding section 8.33, moneys appropriated in this subsection that remain unencumbered or unobligated at the close of the fiscal year shall not revert but shall remain available for expenditure for the purposes designated until the close of the succeeding fiscal year.