

Invest in Iowa's Community-Based Corrections

PROVEN SAFETY POSITIVE CHANGE



As we look ahead to priorities in the upcoming legislative session, one thing we can all agree on is the importance of safety. Iowa's Community-Based Corrections (CBC) programs have been a force for positive change as well as an instrument of proven safety. CBCs are also a cost-effective investment that demonstrates an impressive return.

WE CANNOT SACRIFICE THE SAFETY OF IOWANS

Keys to continued CBC effectiveness:

- Smaller caseloads are critical to success — For higher risk offenders, specialized caseloads providing intensive supervision and treatment with 30 offenders per officer is more effective than 50 per officer. We cannot jeopardize this balance.
- Adequate staff and funding for treatment services — Staff are needed to safely manage and provide cognitive programming for high risk offenders, and many programs, including contracted drug treatment services, have already been cut below measured need levels.
- Funding for costs that are not discretionary — Examples include salary adjustment for approved increases, major maintenance, and training.
- Mental health services — Iowa's CBCs offer a humane and fiscally responsible solution that keeps people from entering the prison system. Resources need to be dedicated to acquire mental health professionals to provide services that are needed.

COMMUNITY-BASED CORRECTIONS ...

Saves Money — Iowa has the 2nd lowest corrections cost per capita in the nation.

Keeps Iowans Safer — Only 30.8% of offenders in Iowa return to prison compared with 52% nationally.

Is a Good Investment — Research clearly demonstrates that smaller caseload sizes result in fewer offenders committing new crimes by as much as 45%, which means fewer victims in the community and increased safety. These services also reduce total system cost over time.

PROTECT PROVEN SOLUTIONS FOR SAFER COMMUNITIES

In the new legislative session, we implore you to maintain or increase funding levels for Iowa's nation leading Community-Based Corrections programs. Proven safety. Positive change.

Invest in Iowa's Community-Based Corrections

Fifth Judicial District

- Largest Population (taken 2-17-13)
 - Total in Iowa: 28,663—turns over once each year
 - 5th District: **9,217**—turns over once each year
 - 260 employees
 - Total Budget: \$24,838,216
 - General Fund appropriations make up 78% of the budget (\$19,375,428)
 - Local fees (Supervision fees and client rent) —encompass the remainder of our budget
 - 86% of our budget covers salaries
 - No state allocation for maintenance issues (new roof, boiler, etc...) Must come from our local funds or holding positions open etc.)
- 2nd largest Geographical—**16 counties**
- Field Services
 - Pre Trial Release
 - **3166** pretrial interviews last year-start of mental health pre screening
 - Pre-Sentence Investigation
 - **1982** submitted to court last year, up more than **300** from year before
 - Interstate Compact Probation/Parole
 - Probation
 - Total in Iowa: 21,933
 - 5th District: **7526**
 - Average daily cost of probation/parole \$3.65/day
 - Outcomes
 - State: 8.4%
 - 5th District: 7.3%
 - Parole
 - Total in Iowa: **3380**
 - 5th District: **1083**
 - 2012 **902**
 - **Better** outcomes in Des Moines than other 15 outlying counties per preliminary ISU study
 - Prison: 30.8%
 - State: 17.7 %
 - 5th District: 18.6%
- Residential Services
 - State average cost per day: \$72.89
 - 5th cost per day: \$57.99
- 5th District: 280 beds
 - Fort Des Moines-240 beds
 - Licensed substance abuse treatment beds
 - Fresh Start Women's Resource Center-40 beds

Fifth Judicial District
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FUGITIVE UNIT

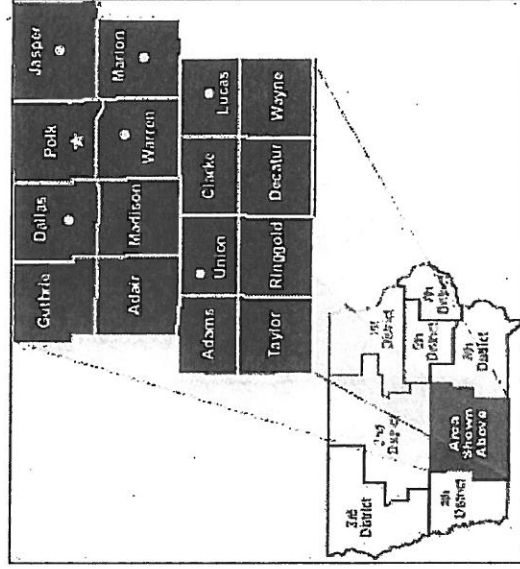
Initiated as part of the Department in 1993, all of this unit's officers are Certified Law Enforcement Officers. The units' duties include apprehension of fugitives, routine surveillance of sex offenders and other offenders on probation or parole, home placement inspections for parolees, training and instruction of fellow staff members, and assisting with the Sheriff's Work Alternative Program.

RE-ENTRY PROGRAM

In February of 2009, a re-entry initiative was developed and has focused on the provision of culturally sensitive case management and programming. The two officers have increased contacts with the offenders and also encompass the holistic approach of involving family, significant others, employers... anyone that can have a significant impact on change in the offender. They also facilitate weekly groups that their offenders attend. Criteria established for inclusion in this re-entry initiative were those African American male offenders of moderate to high risk, both probationers and parolees in support of re-entry from the beginning of supervision. Caseload sizes for these officers are smaller, averaging approximately 60 active offenders. Initial results indicate this program is having a significant impact on the recidivism rate for this population.

SUPPORT SERVICE CENTER

The SSC Unit's mission is to use practices that have been empirically tested and are proven to reduce recidivism among offenders. The SSC Unit targets high risk offenders and based upon assessment results, provides services designed to reduce criminogenic risk factors and target need areas. SSC also considers an offender's individual characteristics such as temperament, learning style, stage of change and gender.



5TH DISTRICT REGION OFFICES

The Fifth District region offices cover fifteen counties. Offices are located in Adel, Chariton, Creston, Indianola, Knoxville, Newton, and Osceola. Probation/Parole Officers that provide supervision in our rural areas often cover more than one county. They are required to cover all areas including supervision of intensive to low risk offenders on Probation, Parole and Pre-Trial Release.



FIELD SERVICES

Probation
Parole
Pre-sentence Investigations
Pre-trial Release
Domestic Abuse Unit
Special Needs/Mental Health Unit
Re-entry Program
Youthful Offender Program
Sex Offender Treatment Program
Intensive Supervision Program
Support Services Unit
Women Offenders Case Management
Fugitive Unit

Region Offices serving:

Dallas Wayne
Guthrie Marion
Madison Jasper
Adair Decatur
Union Ringgold
Clarke Taylor
Lucas Warren
Adams

The mission of the Fifth Judicial District
Department of Correctional Services:

**We Protect the Public, Employees, and
Offenders from Victimization.**

PROBATION

Incorporated as part of the Department in 1971, the probation department provides supervision to offenders sentenced by the Court to probation. Approximately **18.3%** of the offenders are supervised on a low risk caseload. The type of offenses supervised range from simple misdemeanors to Class B Felonies.

PAROLE

Parole officers provide supervision of convicted offenders following the granting of parole by the State Board of Parole from a state institution, half-way house, or OWI prison. Approximately **11%** of our offender population is parolees.

PRESENTENCE INVESTIGATION

Added to the Department in 1971, this portion of the Department creates a full life history report of the offender and incorporates the LSI-R and Jesness results into the recommendations provided. The PSI is completed following the offender being found guilty or pleading guilty to an Aggravated Misdemeanor or Felony.

PRETRIAL RELEASE

The Pretrial Release program became part of the Department in 1970. The purpose of the PTR component is to release, without an actual bond, adult defendants whose stable ties to the community indicate that they will appear in Court when scheduled and are unlikely to re-offend. The type of PTR supervision is based on level of risk.

DOMESTIC ABUSE

Domestic Abuse unit officers each supervise about **60** high risk offenders convicted of domestic abuse related offenses. Such offenders require close monitoring because they often still pose a significant threat to their victim and children.

SPECIAL NEEDS/MENTAL HEALTH UNIT

Formalized as part of the Department in 1998, this unit deals with individuals who have been diagnosed with a major mental illness, dual diagnosis disorder (mental health and substance abuse problems), brain injury, or mental retardation.

YOUTHFUL OFFENDER PROGRAM

The Intensive Youthful Offender Program began in 1995. This program is offered at the discretion of the Department of Correctional Services and the Polk County Attorney's Office to qualified juvenile offenders waived to adult court on felony charges and young adults under the age of twenty-two who are charged with a first time felony.

SEX OFFENDER TREATMENT PROGRAM

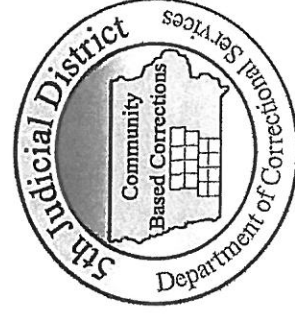
Since 1990, the Department has been providing sex offender supervision and treatment. Services include electronic monitoring, treatment groups, individual counseling, couples -counseling, psychological/psycho-sexual evaluations, and polygraph testing.

INTENSIVE SUPERVISION PROGRAM

ISP supervision began in 1984 as an alternative to traditional supervision in an effort to supervise the highest risk offenders in the Fifth District. The 5th Judicial District participated in ground breaking research which examined the effectiveness of lower caseloads. This nationally sponsored study found that higher risk offenders on specialized caseloads that provided **both** intensive supervision and treatment with **30** offenders per officer is more effective than caseload sizes of **50** offenders per officer.

WOMEN'S OFFENDER CASE MANAGEMENT MODEL (WOCMM)

WOCMM was implemented in the Fifth Judicial District in May 2009. The goal of WOCMM is to provide case management services that both reduces criminal behavior as well as increases the health and well being of women, their families and community. WOCMM utilizes a gender responsive approach with high risk women on supervision that includes team meetings, case planning and wrap around services.



Our Residential Guiding Principles

- 1. Use brains not brawn** Indeed the pen may be mightier than the sword yet sometimes best put away. When appropriate it can be more effective to correct behavior through interacting, teaching, coaching and role playing. Challenge clients' thoughts, beliefs and behaviors and teach alternatives.
- 2. Don't fight fire with fire when water will work better** Remember good fire fighters don't start/spread fires, they put them out. Attempt to de-escalate all situations. Be calm, collected and objective. Be proactive not reactive.
- 3. Leave things better than when you found them** First and foremost do no harm and then seek to help clients be better than when they arrived. This includes people, places and things. Take pride in your work area and your work product. Strive to have the "Midas Touch".
- 4. Model the way** You are a role model; be a good one. Demonstrate the change you want to see. Model integrity and professionalism in all you do.
- 5. Reward the positive correct the negative** Give reward where reward is due and do it often and immediately. At the same time do not turn a blind eye to negative or pro-criminal behavior. Be thoughtful, objective, impartial, strategic yet swift in how you choose to deal with unwanted behavior.
- 6. It takes a village** It takes a village to raise a child. Likewise, it takes an entire facility to help a client change. Each member of the facility plays a significant role in helping to impact change.
- 7. People will listen when they know you care** Relationships make all the difference. You will have the best impact on clients thinking/behavior when you earn their respect. You will earn their respect when they know you care. Empathy, warmth and respect go a long ways.
- 8. People can change anything inside job** We believe people can change but we know it is an inside job. Our job as an agent of change is to use our MI skills to help them recognize that change is possible. The answers and the motivation lie within them.
- 9. Good security doesn't end with locked doors** Good security practices keep us all safe. The best security is achieved through communication, interaction, observation and correction.
- 10. Teamwork wins** We each play a role in the function and success of the facility and together there is nothing we cannot accomplish. With a united force we are much stronger and more effective.
- 11. Be all you can be** Don't settle for average. Strive for excellence in all you do. Be resourceful, passionate and adaptable. If you aren't reaching and stretching you aren't growing.
- 12. Celebrate diversity** Be appreciative of individual and cultural differences. Educate yourself.
- 13. Roll with it baby** Expect resistance and roll with it. Do not take it personally.



Residential Services

Residential Facilities:

Fort Des Moines Men's
Residential Facility
68/70 Thayer St
Des Moines, Ia

and

Women's Residential
Correctional Facility
1917 Hickman Rd
Des Moines, Ia

Serving all 16 counties in the
5th Judicial District.

Mission:

We Protect the Public, Employees, and
Offenders from Victimization and, we
Transform Offenders into Productive
and Responsible Citizens

Vision:

An Iowa with no more victims

Mission:

We protect the public, employees and
offenders from victimization and, we seek to
help transform offenders into productive and
responsible Iowa citizens.

Beliefs:

- People can change
- Offenders can become stable, productive citizens and employees
- Every person should be treated with dignity and respect
- Our work efforts need to make people safer
- Everyone must work as a team if we are to succeed

Residential Services:

Residential Services is designed to offer offenders more structure than can be given through traditional probation or parole supervision but at a much more reasonable cost compared to prison. The average cost is \$86/day to incarcerate an offender in an Iowa prison. It costs on average \$71/day to house an offender in an Iowa residential facility. The 5th Judicial District houses offenders in residential at the cost of \$51/day. That is a \$35/day savings/offender as compared to prison. Residential Services provides a cost effective opportunity for offenders to transition for re-entry into the community.

Our Residential facilities offer a phase/level system designed to measure and reward behavior change and progress towards goals. Offenders may earn privileges such as furloughs and pastime as they work their way up the level system. For offenders to successfully complete our program they must obtain and maintain full-time employment, work towards becoming financially responsible, complete program objectives and all recommended treatment programs and work on their reentry release plan. Upon successful completion, offenders are released to field supervision.

The facilities house offenders with many different legal statuses to include: probation, parole, work release, OWI continuum, special sentence and federal offenders.

Each newly admitted offender is assigned a counselor upon intake. The counselor assesses the offenders risk and needs with formal assessment tools. From these assessments the counselor develops an individualized reentry case plan tailored for each individual offender.

A typical offender will receive intervention services for criminal thinking/criminal behavior, substance abuse, motivational enhancement, emotional management, employment, housing/accommodations, and friends/associates.

Women's Residential Facility

Women's residential services have been offered in Fifth Judicial District since 1972. Our women's residential program at Hickman has been in operation since June 1993. Our Women's residential correctional facility is a 40 bed facility housing female offenders.

Unique to residential operations, our women's facility has a children's wing where we allow women to reside with their dependent children up to the age of five years old. This program allows the mother and children a safe environment to live together while the mother works on parenting skills and her own behavioral change. This innovative program is unique to Iowa and has been in place since May 1994.

The women's residential program includes one-on-one sessions with a counselor, small groups, and referrals to our internal programming as well as community programs and other resources appropriate to meet the offenders' needs.

Men's Residential Facility

Fort Des Moines

Men's residential services have been offered in the Fifth Judicial District since 1971.

The current facility is made up of three separate units: Substance Abuse Treatment Program, The General Population Unit and the Honor Unit.

The **General Population** unit consists of 120 beds for probation, parole, work release and federal offenders.

The **Substance Abuse Treatment Unit** offers intensive outpatient substance abuse treatment services, treating 80 offenders including those sentenced for repeat drunk driving. Interventions include individual group and family counseling as well as aftercare services. Recent data from DOC shows it is one of the most successful programs in the state of Iowa. Also on grounds we house the Bridges of Iowa Program which has 60 beds to serve substance abuse offenders throughout our district.

The **Honor Unit** has 40 beds and houses offenders who had advanced privilege level based on positive behavior as well as Halfway-In Program participants. The **Halfway-In Program** is an intermediate sanctions program designed for short-term residential stays for field status offenders who need a higher level of accountability and stability for a short period time.

Pregnant women who will deliver their baby during the term of incarceration are eligible for this program. The newborn can then return to the facility with the mother after deliver. The program expectations are the same for mothers with children as they are for the general population. Particular attention is focused on parenting skills as well as stability, and consistency for the child (ren).

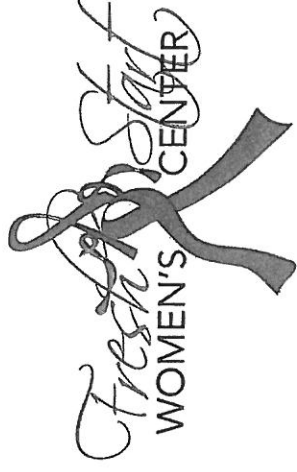
GENERAL INFORMATION:

Residents in all programs are required to pay weekly rent, obtain employment and participate in treatment programming. Each resident is assigned a PPO II or a Community Treatment Counselor upon entering the facility. The counselor handles the resident's employment, legal aspects, budgeting needs, specific treatment requirements, community referrals and interfaces with probation/parole officers and the Judicial system. The counselor does an assessment and is responsible for addressing many of the resident's treatment needs. The program requires residents to address criminal thinking/criminal behavior, substance addictions as well as other addictive behaviors.

The resident attends treatment groups weekly, as well as AA/NA/ACOA or other twelve-step meetings and other one-on-one sessions with her counselor. The programming includes a series of lectures on such topics as job seeking, stress management, AIDS education, nutrition, parenting, and domestic violence. The women also journal, watch treatment films,

and learn cognitive skills while at the facility. The facility staff also makes referrals to outside agencies for aftercare or to address specific issues. The facility staff collaborates with numerous out-side agencies.

Fifth Judicial District Department of Correctional Services



*Our Mission is to Protect the Public,
The Employees and the Offenders.*

FOR MORE INFORMATION
ABOUT THIS FACILITY
CONTACT US AT:
(515) 242-6325

Women's Residential Correctional Facility
1917 Hickman Road
Des Moines, IA 50314
(515)242-6325

WOMEN'S RESIDENTIAL CORRECTIONAL FACILITY OVERVIEW:

The Women's Residential Correctional Facility has been in operation since June, 1993. The Women's Residential Correctional Facility is a forty-eight bed facility housing female offenders. The facility accepts residents with varied legal status. Residents may be admitted to this facility as a condition of probation or parole, as a state work release resident, as an Operating While Intoxicated (OWI) offender, as a Federal resident or a resident on pretrial or jail transfer status. A wing of the facility houses women with their children. This innovative program is unique to Iowa. It allows eight women a maximum of two children under the age of five, to be with them while they do their residential correctional facility time. This wing of the facility opened in May, 1994.

RESIDENTIAL STATUS:

Probation and Parole residents may be referred to this facility at their initial sentencing, at a probation revocation hearing or on a voluntary commitment basis. This facility offers residents more structure than can be given through traditional probation. Residents must adhere to the requirements of a phase system designed to measure their progress in the program. Residents may earn privileges, such as furloughs, as they move through the phase system. The average length of stay is about three months. Prior to release, residents pay their facility

rent in full or sign a promissory note and pay their supervision fee in full, complete program objectives, obtain and maintain full-time employment, and develop a release plan. Upon successful completion, residents are released to probation or parole.

State Work Release residents typically arrive at the facility from the Iowa Correctional Institution for Women at Mitchellville. They adhere to a level system whereby they gradually earn privileges. Residents earn progressively longer furloughs based on their progress in the level system. A resident on State Work Release status must be approved for parole by the parole board prior to her release. A resident's name is submitted for parole after she completes the level system and is based on her status. Prior to parole, the resident must have a job, an approved place to live, and attempt to have her facility rent and supervision fee paid in full. It is encouraged that residents also develop a facility savings account with money to take with them upon discharge. The resident needs to have satisfactorily completed her treatment requirements in order to be eligible for parole. She needs to have no major disciplinary reports within the last thirty days before she will be recommended for parole.

OWI status residents have been sentenced under the Iowa Code, section 321J. These residents typically have three or more OWI offenses. They are state inmates ordered to the residential facility for substance abuse treatment while they are serving time on

their sentence. Their program follows a structured substance abuse treatment curriculum. They, too, follow a phase system and earn progressively longer furlough privileges based on their progress. They are recommended for parole after they have completed their phases in treatment, developed an after-care plan, maintained employment and addressed their financial obligations.

Federal residents can be sentenced here directly from Federal Court, the United States Probation Office or from the Federal Bureau of Prisons. Federal residents have varied statuses with the court. Their length of time spent at the facility can range from several weeks to a year. They usually leave this facility to go to home confinement and a United States Probation Officer's Supervision.

Women with Children Program residents may be on probation, parole, state work release or OWI status. The criteria for admission to the Women with Children Program may include: The mother must be an adult offender who is Court-ordered to the program. Children should be under age five; two children per resident allowed; must have custody of Child; must agree to sign necessary releases of information for the facility to coordinate services with outside agencies; and appropriate childhood immunizations, as well as a birth certificate, are needed as part of the intake process. We currently have one mother/child room.