



Magellan Behavioral Care of Iowa

Report to the Health and Human Services Budget Subcommittee, 2/5/13



Children's Behavioral Health Care

Overview of Magellan Programs and Activities

Presented by Maria Montanaro, General Manager

February 5, 2013



Iowa Plan Service Array for children and youth

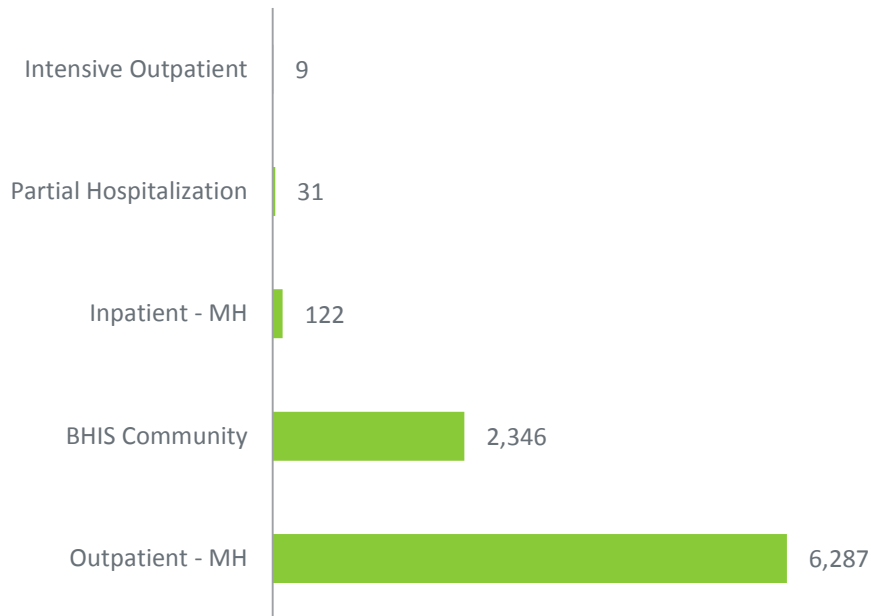


- Evaluation and assessment services
- Individual, family and group therapies
- School-based interventions
- Medication management
- Integrated mental health and primary care – through health homes initiative
- Skill-building support services
- Intensive evidenced-based interventions (IPR)
- Wrap around planning and services
- Crisis intervention services
- Intensive outpatient MH and SA services
- Home psych nursing
- Psychiatric Medical Institution for Children (PMIC)
- Hospital and residential care

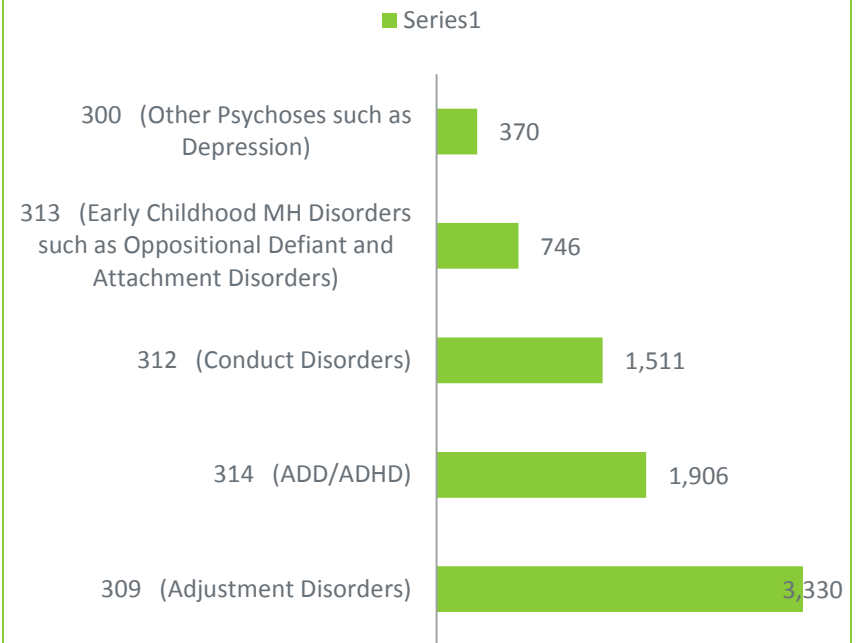
Iowa Plan Data for Children

Children 0-5 years Old

Top 5 Services

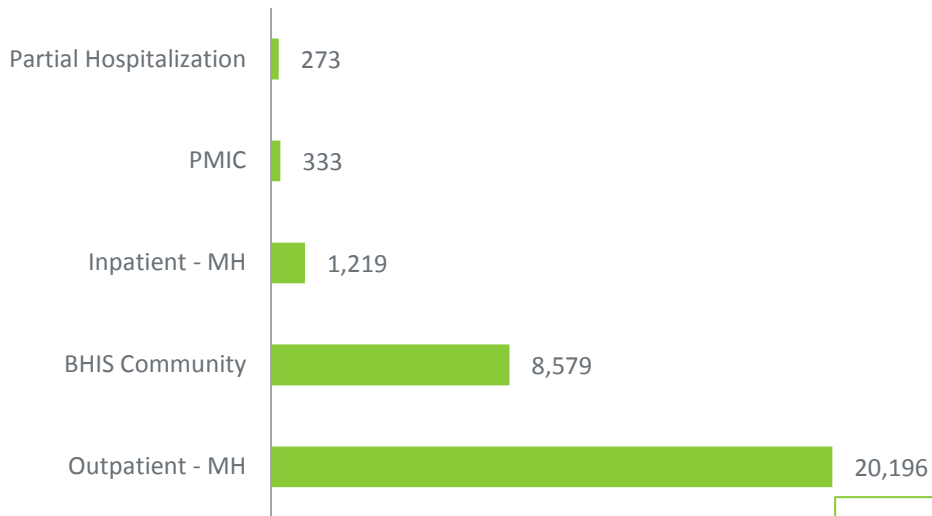


Top 5 Diagnosis

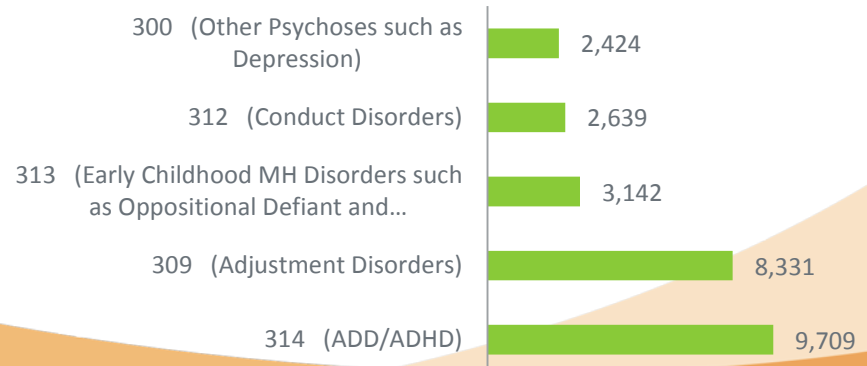


Children 6-12 years Old

Top 5 Services

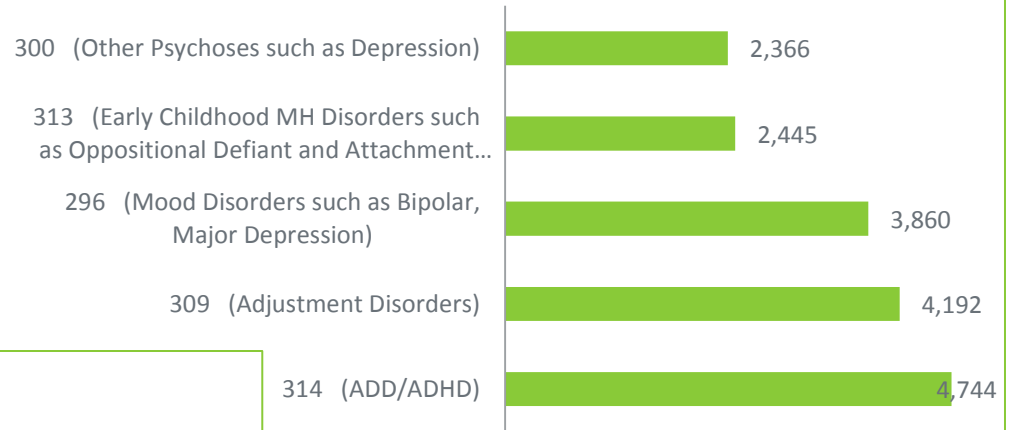


Top 5 Diagnosis

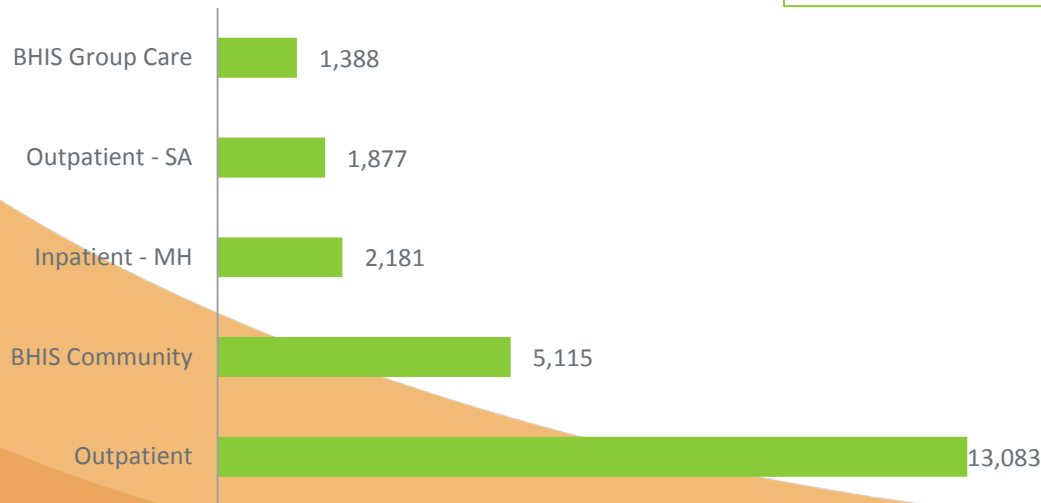


Children 13-17 years Old

Top 5 Diagnosis



Top 5 Services



Psychiatric Medical Institutions for Children (PMIC)

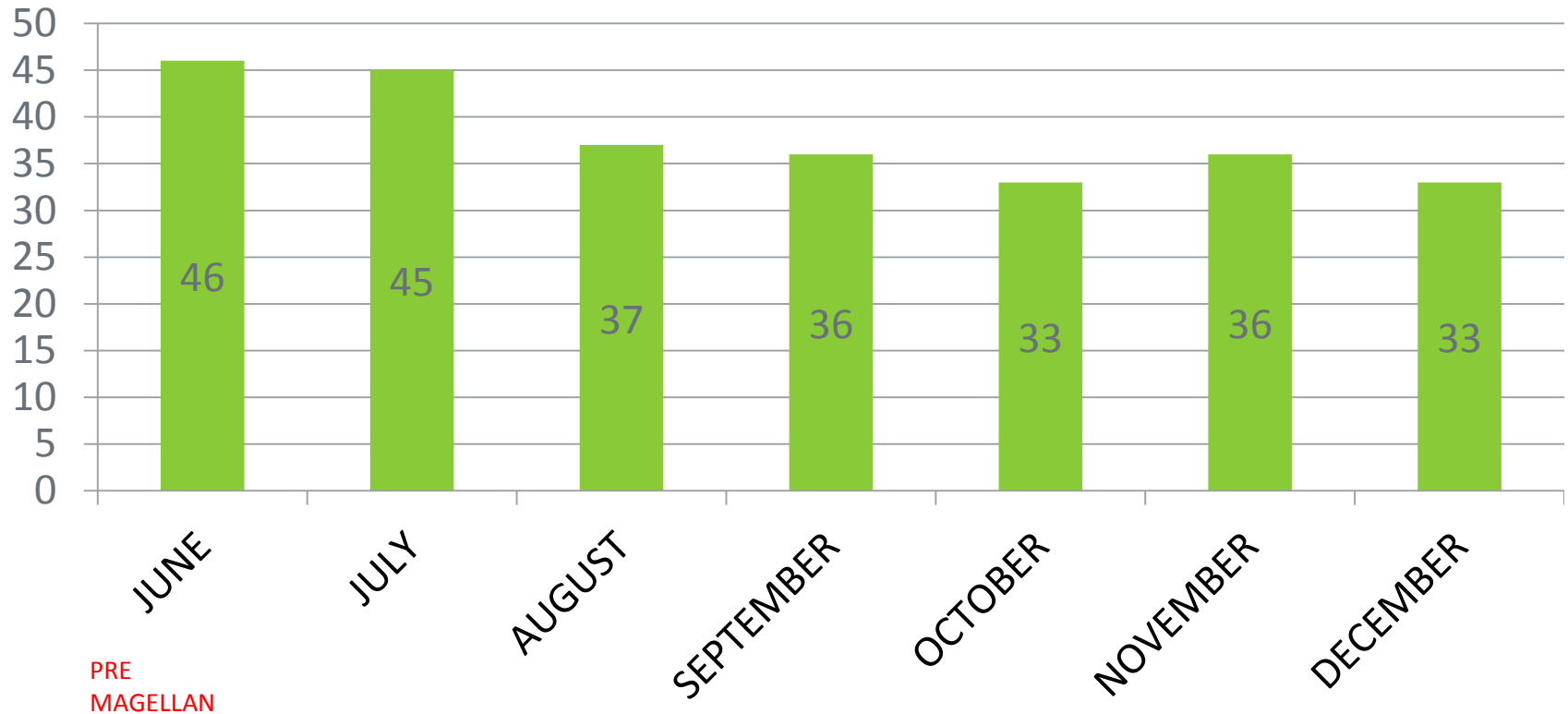


- PMIC service moved to Iowa Plan July 2012
- Collaborative transition team of PMIC providers, DHS leadership, juvenile court leaders, DIA and Magellan staff met regularly to plan for transition
- Focus is providing right services for child's unique needs
- Treatment team works to keep children in state, near families/community whenever possible
- PMIC Clinical Leadership Team meetings – Magellan and PMIC clinical leaders meet bi-monthly to discuss treatment needs of children entering PMIC, transitioning from out of state
- Select PMICs have stepped up to admit children with severe behavioral issues
- PMICs are funded to offer “outside of the box” care for children with unique treatment needs

MAGELLAN PMIC CENSUS

Out of State Children

2012



Behavioral Health Intervention Services (BHIS)



- Remedial Services moved to Iowa Plan as of July 2011
- Name changed to Behavioral Health Intervention Services
- Collaborative transition team of providers, parents, DHS and Dept. of Ed. leadership developed new service standards in year prior
- Skill-building services for children with a mental health disorder that has contributed to functional impairment in areas of daily living
- Flexible service provided in community, at home
- Family participation is essential to child's success
- SFY '12 – 18,281 children received BHIS; Total paid \$53.7M
- SFY '12 – Avg. service units/client = 122 units (30.5 hours)

- Magellan developed Iowa-specific clinical guidelines for Applied Behavioral Analysis
- Customized clinical authorization process
- Focus on needs of member and intensity of interventions
- Outcomes focused using standardized functional measures

ICM Process



- Magellan uses mental health professionals on staff to perform intensive care management to high need Medicaid members
- Joint treatment planning used with member/parent at center of process to formulate single treatment plan
- Focus on PMIC and reducing out of state placement when appropriate

Telehealth Services



- Started with U of Iowa Child Health Specialty Clinics in SE Iowa to meet child psychiatry needs in state
- Children and youth adapt easily to telehealth due to regular use to technology, 'screen time'
- Kids get needed evaluations and medication management without f2f necessity, travel

Today, telehealth has grown to...

- 51 counties with active sites
- 77 total sites
- 1,465 hours provided per month (on average)
- 21 provider/agencies involved (consumer behavioral health "homes")
- 33 psychiatric service providers

Community Reinvestment funding supports children's mental health



- NAMI Family Educational Programming is funded to provide education classes and support groups for parents of children with SED
- Family Peer Support programming, supports the workforce growth of parents of kids with SED trained to support other parents cope, find resources etc
- Walk in crisis services in NE Iowa to allow adults and children be assessed immediately in a supportive setting other than hospital ER with ongoing provision of crisis support services to achieve stability
- Adolescent Intensive Psychiatric Rehabilitation services funded to support the rehabilitation of adolescents with serious mental illness, promoting skills for successful independence

Focused on integrating services especially for those children interacting with and being served by multiple agencies.

System of Care

- Builds on existing model from the University of Iowa and consistent with the State's mental health redesign
- Children's Integrated Health Home
 - Uses child health teams
 - Multi-disciplinary
 - Uses care coordinators and family navigators (trained by the University)
- Uses a broad service delivery model combining a medical model with social support
- Uses "wrap around" intensive individualized care planning for children involved with multiple child serving agencies

Health Homes and Variable Contracting: What is the overall aim?



Optional Text Slide

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