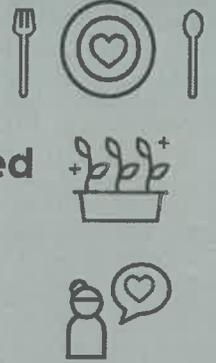


WesleyLife Meals on Wheels

More than a Meal

2024 was a record-breaking year, including:

- ✓ The Most Meals Served in a Year: 428,116 Meals
- ✓ Launch of our Hydroponic Farm: 6,400 Pounds Harvested
- ✓ Volunteer Hours Logged: 9,582
- ✓ Eight Lives Saved
- ✓ Hundreds of Meals Delivered on Thanksgiving Day



OUR IMPACT IN 2024:

FOOD INSECURITY

428,116 meals delivered for older adults – the most ever for our program and a **20%** increase over 2023

1,116 meals and **3,235** greens bags provided to local food pantries or community fridges

190 veterans served

WELL-BEING

6,400 pounds of greens grown and harvested on-site and included in **52,000** meals

8 lives saved through well-being and safety checks

Hundreds of blizzard bags, holiday cards and birthday gifts

SOCIAL ISOLATION

178 Meals Delivered on Thanksgiving day to isolated individuals

95% of clients say Meals on Wheels allowed them to maintain their independence at home

12,425 pounds of pet food delivered to support furry friends



Making all this possible:

9,582
volunteer hours

1,032
unique volunteers

207,000
estimated miles driven
to deliver meals

161
unique donors





WesleyLife
PURSUE YOUR JOY

Meals on Wheels



Serving Our Community

Our Mission

Guided by Christian compassion, we enhance the independence, health, and well-being of older adults wherever they call home.

Our Vision

We will be the most dynamic and inclusive champion to revolutionize the experience of aging.

Our Purpose

We believe everyone should have the opportunity to live a life of continued growth, experience, and meaning – and to pursue joy regardless of physical, social, or economic circumstances. The experience of aging is shaped by each person – as they see it, define it, and experience it.



WesleyLife
PURSUE YOUR JOY

Meals on Wheels



- Largest non-profit provider of home-delivered meals in the state of Iowa.
- 428,116 Meals delivered in 2024 serving nearly 5,000 individuals.
- Estimated 2,000 hot, nutritious meals a day delivered to older adults and veterans in Polk & Dallas counties with accessibility barriers.
- Clients have choice in what they received, 85% do not pay for their meal.
- Meals on Wheels is a lifeline to food-insecure, vulnerable older adults and veterans.
- Moved to new campus to expand impact, triple capacity in October 2023.



Addressing Community Need



- 80% of clients live at 185% of fed. pov. (~\$27,000).
- Client average income of \$1,821/month (\$21,852/yr)*
- 46% of older adults in Iowa live at/below the ALICE income threshold in 2022– up from 41% (United Way)
- Drake Study showed 21,702 older adults in Polk County worried food would run out before they had money to get more.

- MOW Programs reduce hospitalizations by average of 39% due to nutritional content and wellness aspects.
- Change of condition process and connection to clients and families keeps people healthy at home.
- Our program saved Eight lives in 2024. We are often the first to find gas leaks, a client who has fallen, etc.

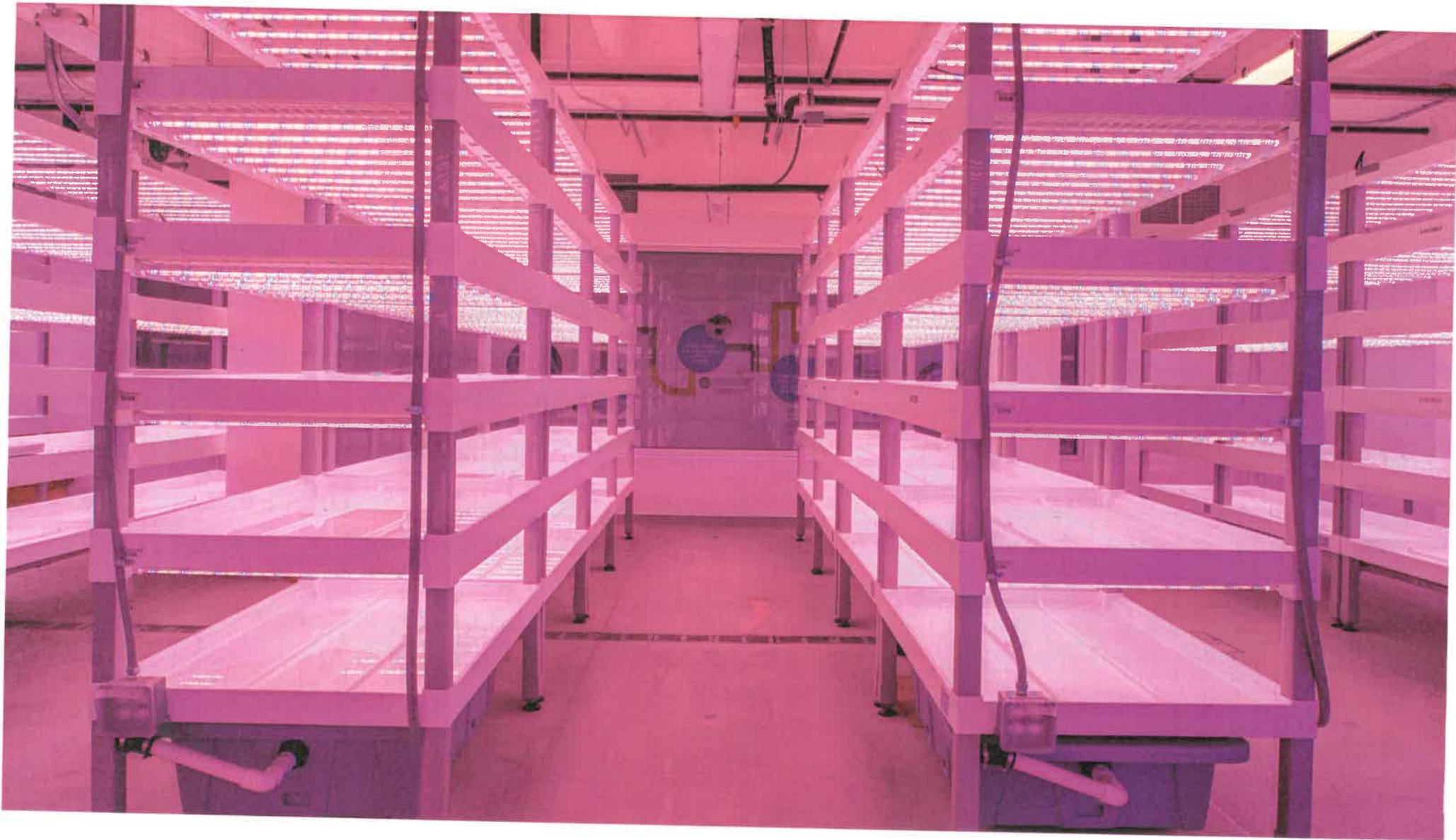
- While 44% of Iowans live alone, 70% of those we serve live alone; 60% are women.
- Average client is 76 with multiple health issues.
- 13% are military veterans.
- Our **More than a Meal** mission includes referrals, wraparound support, Friendly calls, Birthday cards, Veteran recognition, Pet Food and more.

Food Insecurity,
Nutrition

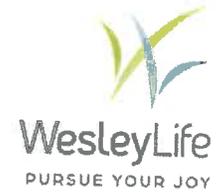
Well-Being &
Safety

Social
Engagement

WesleyLife Meals on Wheels



About our Farm



- 3,000+-square-foot indoor farm growing leafy greens to support WesleyLife's meals
- Operates year-round to provide fresh produce including leafy greens and herbs
- The Farm can produce up to 20,000 pounds of produce each year
- Greens provided to Meals on Wheels and WesleyLife communities; retail sales to support our mission

Why Hydroponics?



- Faster Growth
- Less Land Usage
- Reduced Pest Pressures
- Control over Temps/Humidity
- Precise Timing/Wavelengths of Light
- Exact nutrients
- More Unique Varieties
- Consistency and bulk quantity

Choose Iowa Partnership



- 1,011 lbs of greens representing 3,235 bags of greens distributed to food pantries through Food Bank of Iowa.
- Funded through State of Iowa (Dept. of Agriculture), Food Bank of Iowa through Choose Iowa.
- Supported 9% of our small farm's annual revenue in 2024.



