



PRAIRIE VIEW MANAGEMENT, INC.

18569 Lane Road * Fayette, Iowa 52142 * (563)425-3291 or (563)422-5606 * FAX (563)422-5607
e-mail – pvmi@netins.net

*Residential Care *Community Living *Respite Care *Employment Related Services

October 2011

To: MHDS Redesign Work Group Members & Legislators

My family has been touched first hand by mental illness, Traumatic Brain Injury, Prader Willi Syndrome and Substance Abuse.

I am and have been a RCF administrator of Prairie View Management Inc., Fayette, a 90 bed facility, for 23 years. Our facility is at maximum capacity and has been for several years.

Prairie View clients are evolving through our program, as they gain skills in an average of 9 3/4 months from admission, and 65% are discharged to more independent living situations. Our population is primarily made up of persons with Chronic Mental Illness (CMI). Most Prairie View clients are under mental health commitment. Many are being treated for substance abuse problems, are under probation, some have intellectual disabilities, or (self-)abusive histories. All of them have been certified by a physician as needing 24 hour care and supervision. They are not the people who should become homeless or discharged prematurely to home.

Prairie View, like many other RCF's (besides providing 3 meals and a bed) provide individualized Program Planning which includes transition planning from the day of admission, where appropriate. RCFs provide an integral service in the continuum of care for people primarily with chronic mental illness. Pre-vocational or vocational issues are addressed and services provided at no additional cost to some clients who have those needs. Clients who are appropriate are receiving habilitation services or waiver services, to access federal \$ while in RCF.

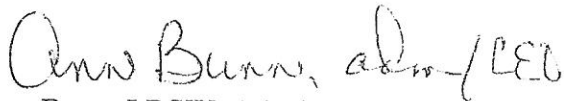
RCFs like Prairie View provide jail diversion programs, but we haven't used that term. We take the people the county and Department of Corrections refer who they determine would do better in our program than in a correctional facility.

90% of the clients who were admitted to Prairie View came from a higher level of care in 2010. (83% in 2009) Prairie View had 217 referrals in 2010 and only room to admit 80. (We were often full.) SEE ATTACHED CHARTS and notations made at the end of the years regarding the psychiatric hospitals, MHI, & Dept. of Corrections referrals.

RCF's are not the old county homes of yesteryear. We receive clients from throughout the state of Iowa. Most admissions are directly from psychiatric hospital and are certified as needing 24 hour care and supervision. Psychiatric hospitals are discharging patients at higher acuity levels. This may be occurring due to insurance payments. (Clients have been discharged to Prairie View when unstable.) Yes, the budgets have to be balanced, but at what human expense? These are "someones": a mother, son, granddaughter or great niece.

RCFs need to be included in core services available to all Iowans with disabilities. RCFs have become the safety net for many people throughout the state, when no other help was available. (Without Prairie View a lot of people would still be in MHI, because no one else would have given them a chance, after tons of admissions and long hospitalizations.) RCFs have been the only hope for some. Who is going to fill their shoes? Please plan carefully if RCFs are not included in core services. Do not abandon the variety of people served currently through RCFs who are certified by physicians as needing 24 hour care and supervision. I don't know anywhere that the quality of Prairie View's or any other RCFs treatment, nursing, activities, environmental services, business, dietary, and other services could be provided more cost effectively to clients with the level of needs we serve.

Thank you for considering my concerns. I can be reached at 563-380-6192.



Ann Bunn, LBSW, Adm/CEO
Prairie View Management, Inc.
18569 Lane Road,
Fayette, IA 52142

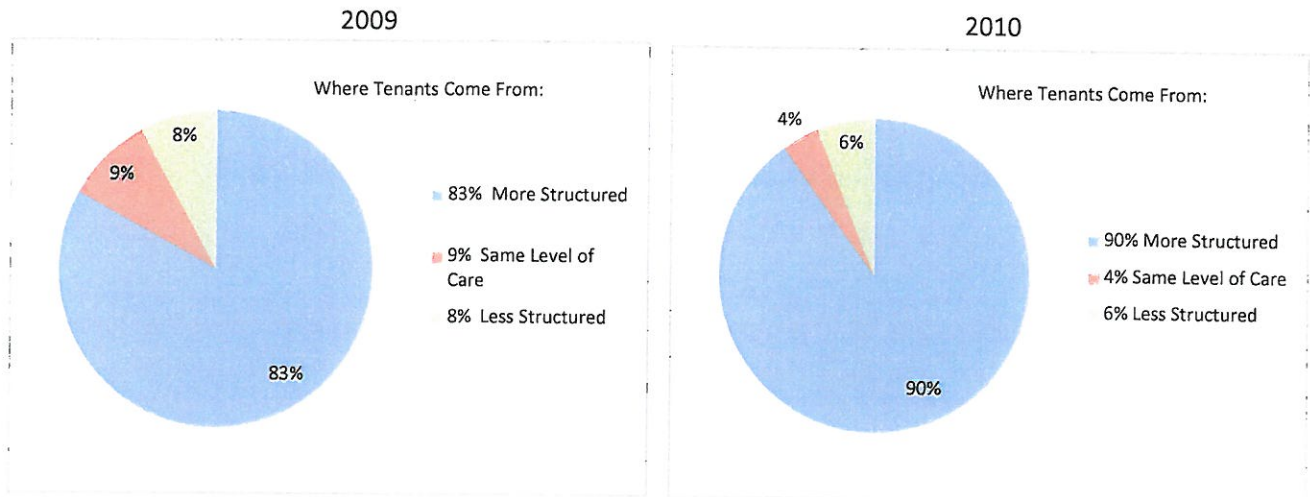
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fax 563-422-5607

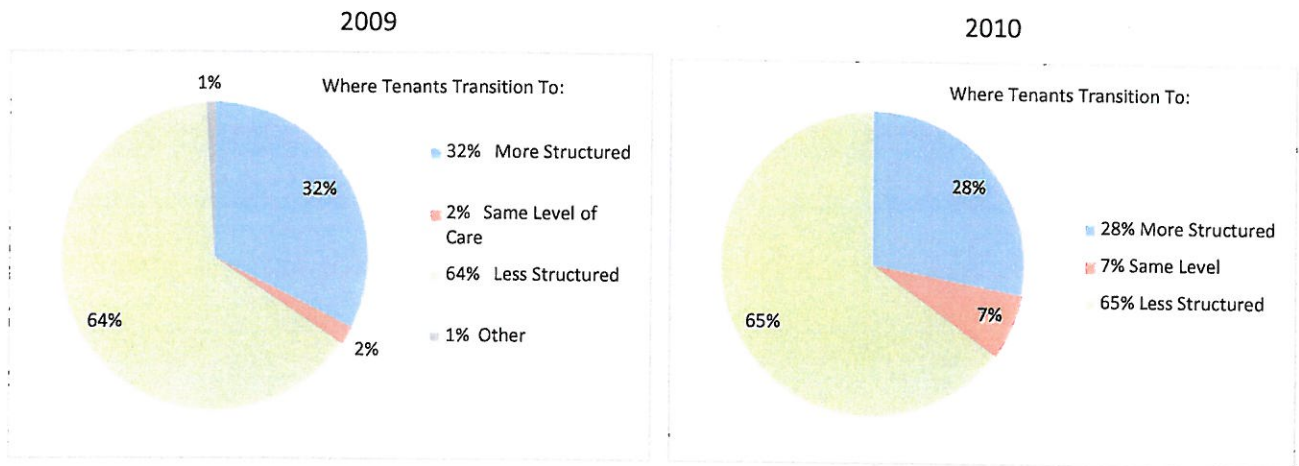
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PRAIRIE VIEW MANAGEMENT, INC.

Most clients Are Admitted From More Structured (and More Expensive) Living Arrangements.



Most Clients Are Discharged to Less Structured (& Less Expensive) Living Arrangements.



2009 Admission and Discharge Information

Month	Referrals	Admissions	Discharges
January	22	6	6
February	26	9	8
March	12	7	4
April	20	7	7
May	18	6	7
June	22	6	5
July	35	7	5
August	23	5 (1 respite)	7
September	23	9	8
October	24	7	7
November	26	7	6
December	21	8	6
Totals			

Beginning census 82
 March detail as of 3/31/09, Census 86
 June detail as of 6/30/09, Census 85
 September detail as of 8/30/09, census 86
 December detail as of 12/31/09, census 90
 Average daily census for 2009 was 85

General notes: Our referrals continue to remain strong, despite our limited bed availability and the fact that we have to tell our referral sources, at times, that we have “no male openings” or “no female openings” anticipated for “X” amount of time. We continue to review and assess referrals so that we remain visible to our referral sources. Our most frequent referral source for 2009 was St. Luke's Hospital psychiatric unit in Cedar Rapids. MHI Independence was a close second. Other regular referral sources include: Mercy psychiatric unit in Cedar Rapids, the Blackhawk County CPC office, Allen Hospital Mental Health Unit, and the Iowa Department of Corrections. We continue to draw occasional referrals from throughout the State.

2010 Admission and Discharge Information

Month	Referrals	Admissions	Discharges
January	19	4	6
February	11	3	4
March	20	6	8
April	16	4	9
May	22	13	11
June	26	8	5
July	38	10	9
August	18	7	6
September	18	7	10
October	18	13	10
November	11	5	4
December			
Totals	217	80	82

Beginning census 89
 March detail as of 3/31/10 Census 85
 June detail as of 6/29/10, Census 85

St. Luke's in Cedar Rapids and Black Hawk County CPC office appear to be our strongest referral sources at present. Referrals have slowed as the word is out that we have been relatively full. We have put people on a waiting list to be assessed when we have openings.

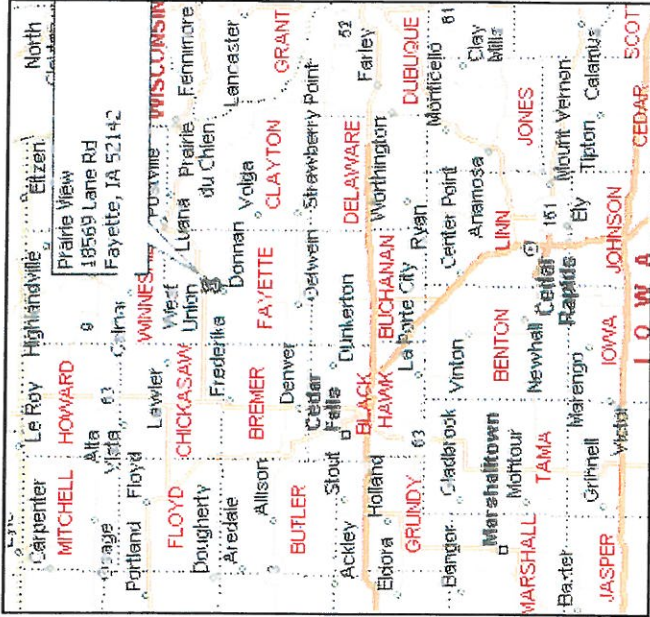


LEISURE

AND

RECREATION:

- ◆ Stimulating environment encourages special interests, hobbies & talents
- ◆ Variety of activities each day
- ◆ Travel to community events
- ◆ Parties, bingo, exercising, sing-a-longs, picnics, dances, Bible study, ball games, church/mass, fishing, bowling, library, arts, gardening, crafts, current events
- ◆ Self-advocacy and leisure activities
- ◆ Large outside area to walk



Serving all areas of Iowa

Approx. 5 minutes South of West Union

Approx. 5 minutes North of Fayette

Approx. 1.5 hours North of Cedar Rapids

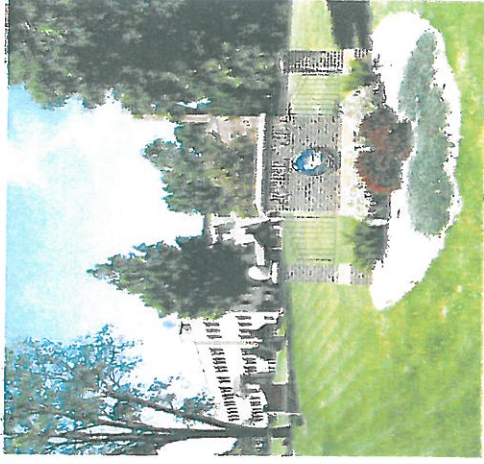
Approx. 1 hour Northeast of Waterloo

Approx. 2 hours Northwest of Dubuque

Prairie View Mission:

To provide quality services to preserve and improve the safety, health, welfare, and comfort of its clients in the least restrictive environment and in the most cost effective manner.

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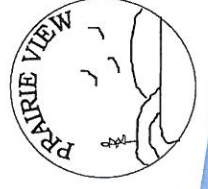
Phone: 563-425-3291

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SERVICES

- ◆ 24-hour services and supervision for adults
- ◆ Help people maintain abilities and develop skills to reach their maximum potential
- ◆ Treatment for persons with mental health and substance abuse problems
- ◆ Skill-building Groups in the areas of:
 - Healthy Relationships
 - Coping Skills
 - Self-Esteem
 - Anger Management
 - Wellness
 - Token Task Therapy
- ◆ STEPPS: Intense emotion treatment
- ◆ Schizophrenia Support Group
- ◆ On-site Substance Abuse Treatment
- ◆ Habilitation
- ◆ MR, MI, BI Waivers
- ◆ SCL and CDAC
- ◆ Respite Care: Temporary supportive care during the day, overnight or longer
- ◆ Community Support Services
- ◆ SCL & Home-Based Habilitation
- ◆ Adult Basic Education classes
- ◆ Simulated Apartment Program
- ◆ Outpatient counseling and medical services available in the area

HEALTH CARE :

- ◆ Licensed Registered Nurses
- ◆ LPN's
- ◆ Nursing Assistants
- ◆ Certified Medication Aides
- ◆ Direct Care Providers
- ◆ On-site physician consultations
- ◆ Registered dietician plans special menus



Caring Staff providing quality care, assistance, and supervision.

SOCIAL SERVICES :

- ◆ Licensed Social Workers
- ◆ Master's level counselor
- ◆ Professionally trained Group Facilitators
- ◆ Program Planners along with each client's interdisciplinary team develop individualized plans
- ◆ On-site consultation with psychiatrist
- ◆ On-site substance abuse counselor
- ◆ Primary Staff system: in house case worker



ACCOMMODATIONS:

- ◆ Private and semi-private rooms
 - twin size bed, lounge chair, dresser, night stand, closet
- ◆ Efficiency apartments
- ◆ 3 meals and 3 snacks each day
- ◆ Canteen Room
- ◆ Breezeway where smoking is allowed
- ◆ Central air conditioning
- ◆ Satellite Television
- ◆ Basketball hoop
- ◆ Sports and exercise equipment available
- ◆ Transportation to medical appointments
- ◆ Wii Game System, movies and books
- ◆ Lounge area w/ television on separate wings