

Update

Psychiatry Residency Expansion

1/25/2023

Jodi Tate, MD

Jodi-tate@uiowa.edu

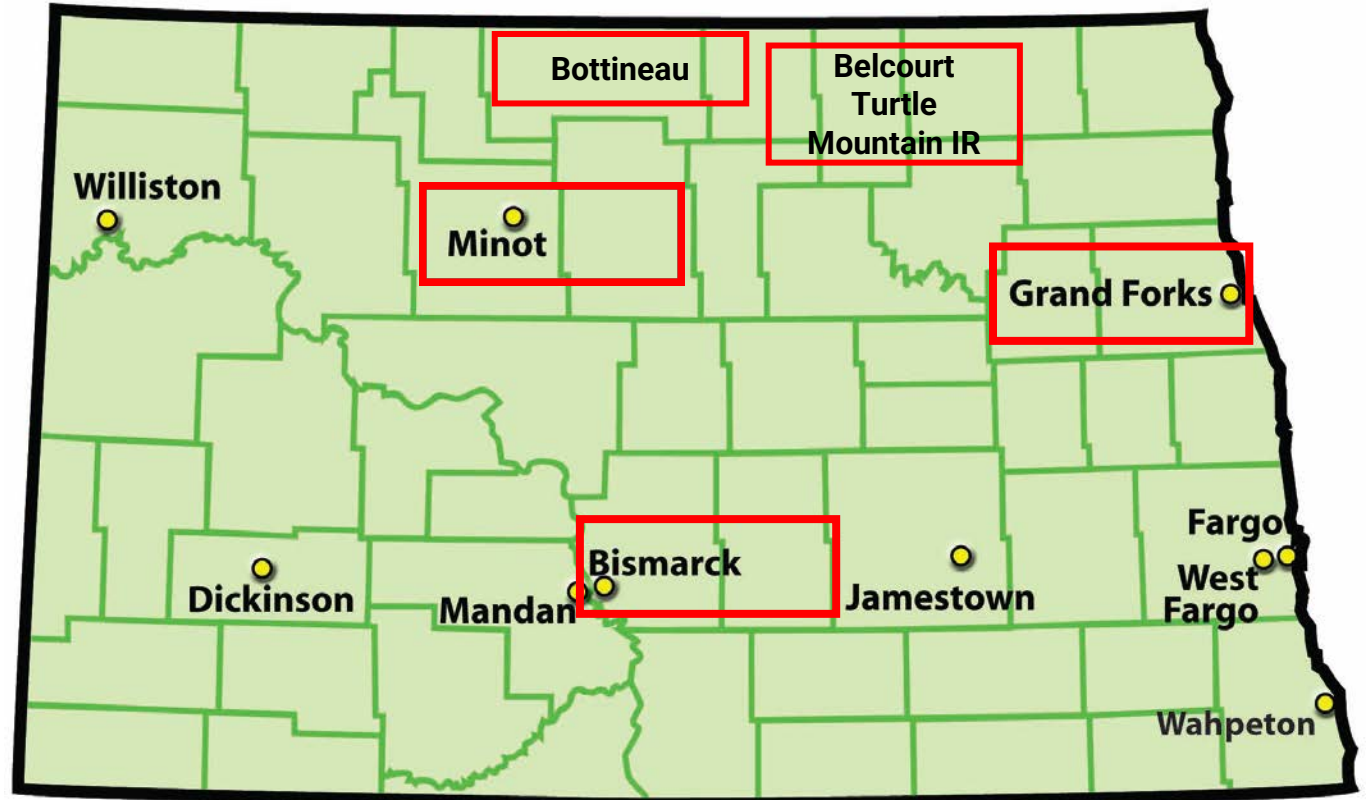
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Thank you!

A little about me...

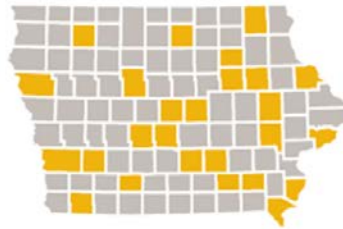
- Training
 - Medical School
 - University of North Dakota
 - 5 locations
 - Residency
 - UIHC
- Career
 - Clinician
 - Education and Clinical Leadership
- Passion
 - Person Centered Care
 - Improve care to underserved areas/populations



Shortage of Psychiatrists in Iowa



66%
of Iowa psychiatrists
work in Johnson, Linn
and Polk counties



73
Iowa counties are currently
without a psychiatrist

Psychiatrist Attrition - Iowa		
2012-2021		
Year	Net Gain/Loss	Total
2012	-1	236
2013	-11	225
2014	11	236
2015	-8	228
2016	0	228
2017	-4	224
2018	5	229
2019	-12	217
2020	-5	212
2021	0	212
Total Loss	-25	
Average Loss/Year	-2.5	
Percent Change	-10.55%	

Retention rate of
UIHC Trained
Psychiatrist is 60%

HIGHEST of all UIHC
Specialties

Source: Iowa Health Professions Tracking Center, Office of Statewide Clinical Education Programs. UI Carver College of Medicine, October 2022

State Response: Funding for Residency Expansion in Underserved Areas

2019

- Governor Reynolds called on legislators to increase number of psychiatry resident spots to **improve rural and public mental health care**
- Funds moved to Iowa Department of Public Health for a competitive grant. UIHC Department of Psychiatry received grant.
- UIHC Adult psychiatry residency program increased from 7 to 9 residents a year in 2020.
- The 2 additional adult residents per year form the **Public and Rural Track**

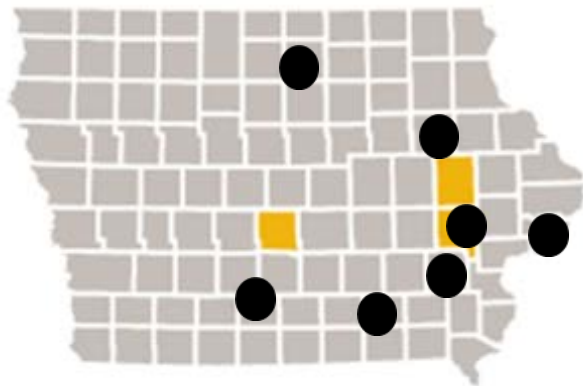
2022/2023

- House File 2578: UIHC shall administer a state funded residency program for up to 12 residents per year.
- House File 274: 9 residents and 2 Fellows
- ACGME accreditation required
- Residents required to spend time at least one of the following facilities
 - Mental Health Institute (MHI) in Independence
 - Mental Health Institute (MHI) in Cherokee
 - State Resource Center in Woodward
 - State Training School in Eldora
 - Iowa Medical and Classification Center (IMCC) at Oakdale in Coralville

2019 Funding: Public and Rural Track (PRT)



Shea Jorgenson, MD Director of PRT



- Started July 2020
- 1st class to graduate in 2024
- Clinical rotations
 - Mason City (Cerro Gordo)
 - Independence (Buchanan)
 - Davenport (Scott)
 - Riverside (Washington)
 - Ottumwa (Wapello)
 - Osceola (Clarke)



Katie Meidl, MD



Nan Zhao, MD, MPH

Class of 2024!!



Brooke Olson, MD



Shannon Thoele, MD

Class of 2025



Kayla Holthaus, MD



Dakota Sudbeck, DO

Class of 2026



Kaitlin Geisenhof, MD



Brandon Maples, DO

Class of 2027

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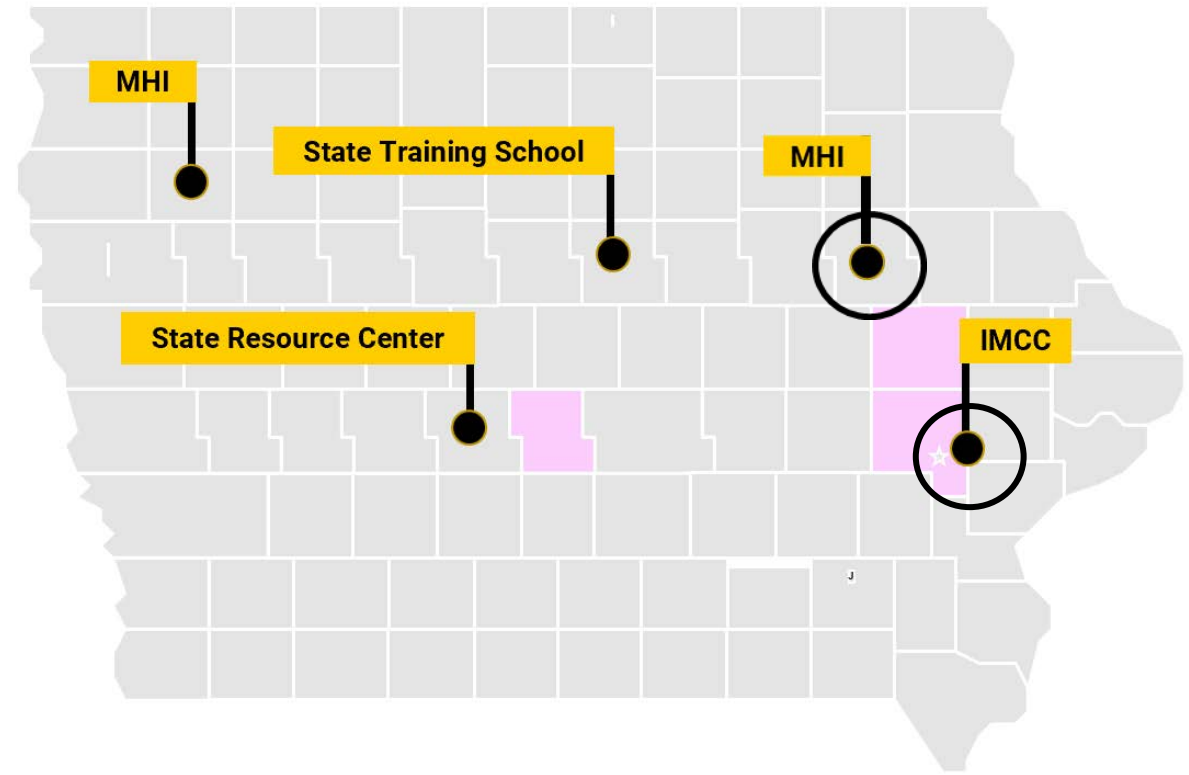
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2022 House File 2578

Challenge: ACGME requirements

- American College of Graduate Medical Education (ACGME) accreditation **requires board certified physicians** at each participating site to have time to provide supervision, training, and evaluation of residents.
- 2/5 sites have Board Certified Psychiatrists
- Psychiatrists at the required sites have heavy clinical loads



Solution: Multipronged Approach



Develop electives at required sites

Identify and address barriers to ACGME accreditation at required sites.



Expand Telepsychiatry

Increase access to care and create additional outpatient clinical experience for residents.



Expand Child Residency Program

Collaboration with HHS and healthcare organizations in Central Iowa/Des Moines.

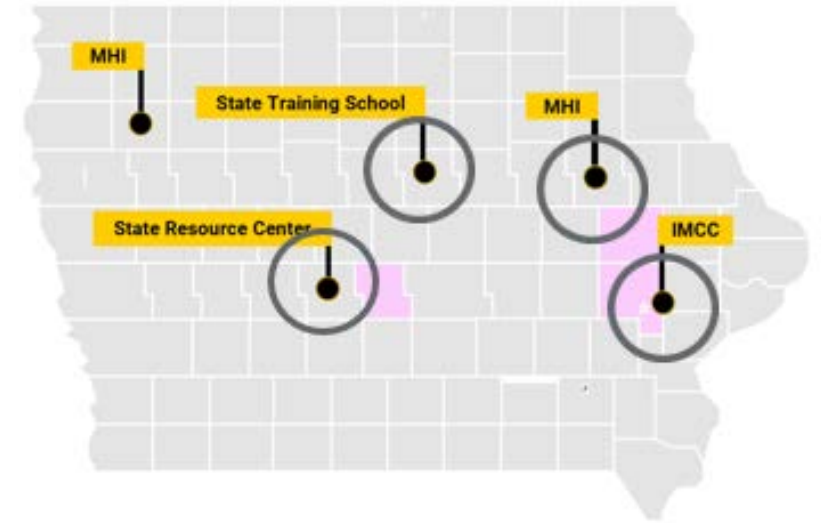


Develop Public Psychiatry Fellowship

Expand physician capacity at required sites to meet ACGME requirements.

1. Developed Elective Rotations

- Created 4 new electives
- Started: July 2023
- Goal: Identify and address barriers for ACGME accreditation
- Residents rotating at 3 of the sites this academic year
- Added Board Certified Physician at State Training School



Iowa Medical and Classification Center



Jake Erickson, MD



Brooke Olson, MD



Katie Meidl, MD



Sarah Little, MD

MHI -Independence



Sabina Imanbekova, MD



Katie Meidl, MD



Magdalena Maginot

State Training School

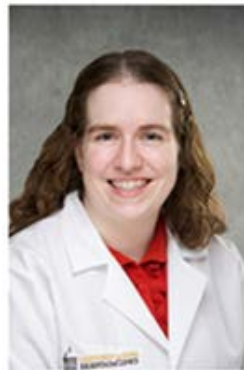
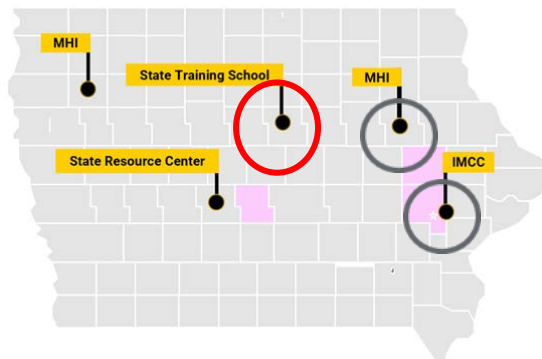


Marisa Ascencio, MD

2. Expand Telepsychiatry

Telepsych Clinic at State Training School

- Through collaboration between HHS and UIHC, Amanda Elliot, DO, provides psychiatric care and supervision of residents. Dr. Elliot is a board-certified child and adolescent psychiatrist.
- Start Date: October 2023
- Currently an elective site for 1 resident
- Starting July 2024 will be a required site for our new Central Iowa CAP Track



Amanda Elliot, DO

Develop Rural Telepsychiatry Program

- Outpatient care is required component for psychiatry residency training programs
- Collaborate with Iowa's existing rural clinic infrastructure to deliver psychiatric care to underserved areas
- Serve as outpatient rotation for resident expansion
- Start Date: July 2024
- Led by William Welsh, MD, Physician Informatics Officer



William Welsh, MD

3. Expand Child and Adolescent Psychiatry Residency

- **STATEWIDE Collaboration!**
- Created new track: **UIHC Central Iowa CAP Track**
 - 2-year program to become a Child and Adolescent Psychiatrist
 - ACGME approval for 2 positions
 - Start Date: July 2025
 - Matched: 1 resident – Joseph Van Hulle, DO
 - Sites
 - HHS: State Training School, State Resource Center
 - DSM: Broadlawns, Unity Point, Blank, Iowa Lutheran, Clive Behavioral Health
 - UIHC: Virtual lectures/academic activities



**Rebecca Lundquist,
MD**
Broadlawns
Program Director



Joseph Van Hulle, DO
Adult Psychiatry Resident
Broadlawns/UnityPoint Residency Program



4. Develop a Public Psychiatry Fellowship (PPF)

What is it?

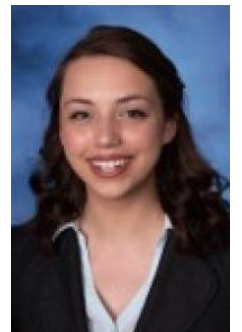
- Developed in 1981 to recruit and retain physicians in the public sector
- 1- or 2-year fellowship for graduates of ACGME accredited residency
- Fellows can practice independently and supervise
- Addresses ACGME accreditation challenges

Unexpected Challenge

- Start date: July 2024
- Applicants: 1 but declined offer
- Unexpected interest from residents to do this fellowship in their 4th year of residency.
- This is great but WON'T address challenges meeting ACGME accreditation



Alexandra Tamura, MD



Magdalena Maginot, MD

Challenge and possible solution

- Challenge
 - Supervising Board-Certified Psychiatrists at required HHS Facilities
 - Recruitment

- Proposal
 - Rural Iowa Primary Care Loan requires applicants to attend osteopathic/medical school (DO/MD) in Iowa
 - Expand location requirement to include osteopathic/medical school **AND/OR** residency in Iowa

- Winning combination
 - High retention rate of Iowa trained psychiatrists
 - State funding to increase number of psychiatry residents
 - Loan Repayment

Rural Iowa Primary Care Loan Repayment Program

[Rural Iowa Primary Care Loan Repayment Program | Department of Education](#)

	Current State	Proposal
Medical School Location Requirement	Iowa (MD/DO)	Medical School AND/OR Residency in Iowa
Residency Location Requirement	none	
Time Commitment	5 years	5 years
Max Amount	\$200,000	\$200,000

Summary of **NEW** Residency Training Positions

	Number of residency positions per year as of July 1st					
	2018	*2019	2020	2021	*2022-23	2024
Adult Psychiatry Residency	7	7 + 2	9	9	9	9
Child Psychiatry Residency	3	3	3	3	3	3 + 2
Public Psychiatry Fellowship	0	0	0	0	0	2
					2024 NEW Positions	4
					Positions Filled	1
					Unfilled	3

Thank you!

