

Need help... *fast*? Call J-FAST!

Access to Juvenile & Family Assistance & Stabilization Track (J-FAST) is provided through a single point of contact.

Call 362-2174. Available 24/7.

Are you considering *hospitalization* or *committal* for your *child* due to substance abuse or mental health concerns but feel like you don't know what your options are? *Call J-FAST!*

J-FAST is a joint effort of Foundation 2, Horizons, ASAC, Abbe Center, Tanager Place and St. Luke's with the common goal of serving youth with immediate mental health or substance abuse needs quickly.

If you are concerned about a youth in crisis, J-FAST can meet with you to discuss options. Issues we can help with include: depression, cutting, violent behavior, substance abuse and thoughts of suicide. We can be at your Linn County location within an hour of your call. Additional services include:

- Assessment & Referrals
- Case Management



Foundation 2



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