OFFICE OF THE STATE LONG-TERM CARE OMBUDSMAN IOWA DEPARTMENT ON AGING

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State Long-Term Care Ombudsman

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Section. 712. STATE LONG-TERM CARE OMBUDSMAN PROGRAM.

(a) ESTABLISHMENT.—

- (1) IN GENERAL.—In order to be eligible to receive an allotment under section 703 from funds appropriated under section 702 and made available to carry out this chapter, a State agency shall, in accordance with this section—
 - (A) establish and operate an Office of the State Long-Term Care Ombudsman; and
 - (B) carry out through the Office a State Long-Term Care Ombudsman program.
- (2) OMBUDSMAN.—The Office shall be headed by an individual, to be known as the State Long-Term Care Ombudsman, who shall be selected from among individuals with expertise and experience in the fields of long-term care and advocacy.
- (3) FUNCTIONS.—The Ombudsman shall serve on a fulltime basis, and shall, personally or through representatives of the Office—
 - (A) identify, investigate, and resolve complaints that—
 - (i) are made by, or on behalf of, residents; and
 - (ii) relate to action, inaction, or decisions, that may adversely affect the health, safety, welfare, or rights of the residents (including the welfare and rights of the residents with respect to the appointment and activities of guardians and representative payees), of—
 - (I) providers, or representatives of providers, of long-term care services;
 - (II) public agencies; or
 - (III) health and social service agencies;
 - (B) provide services to assist the residents in protecting the health, safety, welfare, and rights of the residents;
 - (C) inform the residents about means of obtaining services provided by providers or agencies described in subparagraph (A)(ii) or services described in subparagraph (B);
 - (D) ensure that the residents have regular and timely access to the services provided through the Office and that the residents and complainants receive timely responses from representatives of the Office to complaints;
 - (E) represent the interests of the residents before governmental agencies and seek administrative, legal, and other remedies to protect the health, safety, welfare, and rights of the residents;
 - (F) provide administrative and technical assistance to entities designated under paragraph (5) to assist the entities in participating in the program;

(G)

(i) analyze, comment on, and monitor the development and implementation of Federal, State, and local laws, regulations, and other governmental policies and actions, that pertain to the health, safety, welfare, and rights of the residents, with respect to the adequacy of long-term care facilities and services in the State;

- (ii) recommend any changes in such laws, regulations, policies, and actions as the Office determines to be appropriate; and
- (iii) facilitate public comment on the laws, regulations, policies, and actions; (H)
 - (i) provide for training representatives of the Office;
 - (ii) promote the development of citizen organizations, to participate in the program; and
 - (iii) provide technical support for the development of resident and family councils to protect the well-being and rights of residents; and
 - (I) carry out such other activities as the Assistant Secretary determines to be appropriate.

(4) CONTRACTS AND ARRANGEMENTS.—

- (A) IN GENERAL.—Except as provided in subparagraph (B) the State agency may establish and operate the Office, and carry out the program, directly, or by contract or other arrangement with any public agency or nonprofit private organization.
- (B) LICENSING AND CERTIFICATION ORGANIZATIONS; ASSOCIATIONS.—The State agency may not enter into the contract or other arrangement described in subparagraph (A) with—
 - (i) an agency or organization that is responsible for licensing or certifying long-term care services in the State; or
 - (ii) an association (or an affiliate of such an association) of long-term care facilities, or of any other residential facilities for older individuals.
- (5) DESIGNATION OF LOCAL OMBUDSMAN ENTITIES AND REPRESENTATIVES.—
 - (A) DESIGNATION.—In carrying out the duties of the Office, the Ombudsman may designate an entity as a local Ombudsman entity, and may designate an employee or volunteer to represent the entity.
 - (B) DUTIES.—An individual so designated shall, in accordance with the policies and procedures established by the Office and the State agency—
 - (i) provide services to protect the health, safety, welfare [14] and rights of residents:
 - (ii) ensure that residents in the service area of the entity have regular, timely access to representatives of the program and timely responses to complaints and requests for assistance;
 - (iii) identify, investigate, and resolve complaints made by or on behalf of residents that relate to action, inaction, or decisions, that may adversely affect the health, safety, welfare, or rights of the residents;
 - (iv) represent the interests of residents before government agencies and seek administrative, legal, and other remedies to protect the health, safety, welfare, and rights of the residents;

(v)

- (I) review, and if necessary, comment on any existing and proposed laws, regulations, and other government policies and actions, that pertain to the rights and well-being of residents; and
- (II) facilitate the ability of the public to comment on the laws, regulations, policies, and actions;
- (vi) support the development of resident and family councils; and
- (vii) carry out other activities that the Ombudsman determines to be appropriate.
- (C) ELIGIBILITY FOR DESIGNATION.—Entities eligible to be designated as local Ombudsman entities, and individuals eligible to be designated as representatives of such entities, shall—
 - (i) have demonstrated capability to carry out the responsibilities of the Office;
 - (ii) be free of conflicts of interest and not stand to gain financially through an action or potential action brought on behalf of individuals the Ombudsman serves;
 - (iii) in the case of the entities, be public or nonprofit private entities; and
 - (iv) meet such additional requirements as the Ombudsman may specify.

(D) POLICIES AND PROCEDURES.—

- (i) IN GENERAL.—The State agency shall establish, in accordance with the Office, policies and procedures for monitoring local Ombudsman entities designated to carry out the duties of the Office.
- (ii) POLICIES.—In a case in which the entities are grantees, or the representatives are employees, of area agencies on aging, the State agency shall develop the policies in consultation with the area agencies on aging. The policies shall provide for participation and comment by the agencies and for resolution of concerns with respect to case activity.
- (iii) CONFIDENTIALITY AND DISCLOSURE.—The State agency shall develop the policies and procedures in accordance with all provisions of this subtitle regarding confidentiality and conflict of interest.

(b) PROCEDURES FOR ACCESS.—

- (1) IN GENERAL.—The State shall ensure that representatives of the Office shall have—
 - (A) access to long-term care facilities and residents;
 - (B)(i) appropriate access to review the medical and social records of a resident, if—
 - (I) the representative has the permission of the resident, or the legal representative of the resident; or
 - (II) the resident is unable to consent to the review and has no legal representative; or
 - (ii) access to the records as is necessary to investigate a complaint if-
 - (I) a legal guardian of the resident refuses to give the permission;

- (II) a representative of the Office has reasonable cause to believe that the guardian is not acting in the best interests of the resident; and
- (III) the representative obtains the approval of the Ombudsman;
- (C) access to the administrative records, policies, and documents, to which the residents have, or the general public has access, of long-term care facilities; and
- (D) access to and, on request, copies of all licensing and certification records maintained by the State with respect to long-term care facilities.
- (2) PROCEDURES.—The State agency shall establish procedures to ensure the access described in paragraph (1).
- (c) REPORTING SYSTEM.—The State agency shall establish a statewide uniform reporting system to—
 - (1) collect and analyze data relating to complaints and conditions in long-term care facilities and to residents for the purpose of identifying and resolving significant problems; and
 - (2) submit the data, on a regular basis, to—
 - (A) the agency of the State responsible for licensing or certifying long-term care facilities in the State;
 - (B) other State and Federal entities that the Ombudsman determines to be appropriate;
 - (C) the Assistant Secretary; and
 - (D) the National Ombudsman Resource Center established in section 202(a)(21).

(d) DISCLOSURE.—

- (1) IN GENERAL.—The State agency shall establish procedures for the disclosure by the Ombudsman or local Ombudsman entities of files maintained by the program, including records described in subsection (b)(1) or (c).
- (2) IDENTITY OF COMPLAINANT OR RESIDENT.—The procedures described in paragraph (1) shall—
 - (A) provide that, subject to subparagraph (B), the files and records described in paragraph (1) may be disclosed only at the discretion of the Ombudsman (or the person designated by the Ombudsman to disclose the files and records); and
 - (B) prohibit the disclosure of the identity of any complainant or resident with respect to whom the Office maintains such files or records unless—
 - (i) the complainant or resident, or the legal representative of the complainant or resident, consents to the disclosure and the consent is given in writing;
 - (ii) (I) the complainant or resident gives consent orally; and
 - (II) the consent is documented contemporaneously in a writing made by a representative of the Office in accordance with such requirements as the State agency shall establish; or
 - (iii) the disclosure is required by court order.
- (e) CONSULTATION.—In planning and operating the program, the State agency shall consider the views of area agencies on aging, older individuals, and providers of long-term care.

(f) CONFLICT OF INTEREST.—The State agency shall—

- (1) ensure that no individual, or member of the immediate family of an individual, involved in the designation of the Ombudsman (whether by appointment or otherwise) or the designation of an entity designated under subsection (a)(5), is subject to a conflict of interest;
- (2) ensure that no officer or employee of the Office, representative of a local Ombudsman entity, or member of the immediate family of the officer, employee, or representative, is subject to a conflict of interest;
- (3) ensure that the Ombudsman-
 - (A) does not have a direct involvement in the licensing or certification of a long-term care facility or of a provider of a long-term care service;
 - (B) does not have an ownership or investment interest (represented by equity, debt, or other financial relationship) in a long-term care facility or a long-term care service;
 - (C) is not employed by, or participating in the management of, a long-term care facility; and
 - (D) does not receive, or have the right to receive, directly or indirectly, remuneration (in cash or in kind) under a compensation arrangement with an owner or operator of a long-term care facility; and
- (4) establish, and specify in writing, mechanisms to identify and remove conflicts of interest referred to in paragraphs (1) and (2), and to identify and eliminate the relationships described in subparagraphs (A) through (D) of paragraph (3), including such mechanisms as—
 - (A) the methods by which the State agency will examine individuals, and immediate family members, to identify the conflicts; and
 - (B) the actions that the State agency will require the individuals and such family members to take to remove such conflicts.

(g) LEGAL COUNSEL.—The State agency shall ensure that—

- (1)(A) adequate legal counsel is available, and is able, without conflict of interest, to—
 - (i) provide advice and consultation needed to protect the health, safety, welfare, and rights of residents; and
 - (ii) assist the Ombudsman and representatives of the Office in the performance of the official duties of the Ombudsman and representatives; and
 - (B) legal representation is provided to any representative of the Office against whom suit or other legal action is brought or threatened to be brought in connection with the performance of the official duties of the Ombudsman or such a representative; and
- (2) the Office pursues administrative, legal, and other appropriate remedies on behalf of residents.
- (h) ADMINISTRATION.—The State agency shall require the Office to—
 - (1) prepare an annual report—

- (A) describing the activities carried out by the Office in the year for which the report is prepared;
- (B) containing and analyzing the data collected under subsection (c);
- (C) evaluating the problems experienced by, and the complaints made by or on behalf of, residents;
- (D) containing recommendations for-
 - (i) improving quality of the care and life of the residents; and
 - (ii) protecting the health, safety, welfare, and rights of the residents;
- (E)(i) analyzing the success of the program including success in providing services to residents of board and care facilities and other similar adult care facilities; and
 - (ii) identifying barriers that prevent the optimal operation of the program; and
- (F) providing policy, regulatory, and legislative recommendations to solve identified problems, to resolve the complaints, to improve the quality of care and life of residents, to protect the health, safety, welfare, and rights of residents, and to remove the barriers;
- (2) analyze, comment on, and monitor the development and implementation of Federal, State, and local laws, regulations, and other government policies and actions that pertain to long-term care facilities and services, and to the health, safety, welfare, and rights of residents, in the State, and recommend any changes in such laws, regulations, and policies as the Office determines to be appropriate;
- (3)(A) provide such information as the Office determines to be necessary to public and private agencies, legislators, and other persons, regarding—
 - (i) the problems and concerns of older individuals residing in long-term care facilities; and
 - (ii) recommendations related to the problems and concerns; and
 - (B) make available to the public, and submit to the Assistant Secretary, the chief executive officer of the State, the State legislature, the State agency responsible for licensing or certifying long-term care facilities, and other appropriate governmental entities, each report prepared under paragraph (1);
- (4)(A) not later than 1 year after the date of the enactment of this title, establish^[15] procedures for the training of the representatives of the Office, including unpaid volunteers, based on model standards established by the Director of the Office of Long-Term Care Ombudsman Programs, in consultation with representatives of citizen groups, long-term care providers, and the Office, that—
 - (A) specify a minimum number of hours of initial training;
 - (B) specify the content of the training, including training relating to—
 - (i) Federal, State, and local laws, regulations, and policies, with respect to long-term care facilities in the State;
 - (ii) investigative techniques; and
 - (iii) such other matters as the State determines to be appropriate; and

- (C) specify an annual number of hours of in-service training for all designated representatives;
- (5) prohibit any representative of the Office (other than the Ombudsman) from carrying out any activity described in subparagraphs (A) through (G) of subsection (a)(3) unless the representative—
 - (A) has received the training required under paragraph (4); and
 - (B) has been approved by the Ombudsman as qualified to carry out the activity on behalf of the Office;
- (6) coordinate ombudsman services with the protection and advocacy systems for individuals with developmental disabilities and mental illnesses established under—
 - (A) subtitle C of the Developmental Disabilities Assistance and Bill of Rights Act of 2000^[16]; and
 - (B) the Protection and Advocacy for Mentally III Individuals Act of 1986 (42 U.S.C. 10801 et seq.);
- (7) coordinate, to the greatest extent possible, ombudsman services with legal assistance provided under section 306(a)(2)(C), through adoption of memoranda of understanding and other means;
- (8) coordinate services with State and local law enforcement agencies and courts of competent jurisdiction; and
- (9) permit any local Ombudsman entity to carry out the responsibilities described in paragraph (1), (2), (3), (6), or (7).
- (i) LIABILITY.—The State shall ensure that no representative of the Office will be liable under State law for the good faith performance of official duties.
- (i) NONINTERFERENCE.—The State shall—
 - (1) ensure that willful interference with representatives of the Office in the performance of the official duties of the representatives (as defined by the Assistant Secretary) shall be unlawful;
 - (2) prohibit retaliation and reprisals by a long-term care facility or other entity with respect to any resident, employee, or other person for filing a complaint with, providing information to, or otherwise cooperating with any representative of, the Office; and
 - (3) provide for appropriate sanctions with respect to the interference, retaliation, and reprisals.

(42 U.S.C. 3058g)

Section. 713. REGULATIONS.

The Assistant Secretary shall issue and periodically update regulations respecting—

- (1) conflicts of interest by persons described in paragraphs (1) and (2) of section 712(f); and
- (2) the relationships described in subparagraphs (A) through (D) of section 712(f)(3). (42 U.S.C. 3058h)

FACILITY AND BED NUMBERS

1999

428 nursing facilities (74%)33710 beds151 residential care facilities (26%)5696 beds

Total 579 facilities

39406 beds

1 long-term care ombudsman, 1 local ombudsman; ratio 1:39406

2004

420 nursing facilities (57%) 32065 315 "board and care" homes (43%) 9338

Total 735 facilities

41403 beds

1 state long-term care ombudsman, 3 local ombudsmen, ratio 1:13801

2010

445 nursing facilities (53%)	31757
103 residential care facilities (12%)	298
298 assisted living facilities (35%)	17237

Total 846 facilities 52603 beds

1 state long-term care ombudsman, 8 local ombudsmen, 1:6575

Recommendation from the Administration on Aging is 1 local ombudsman to each 2,000 residents. Iowa would currently need 26 people.

CASES AND PROGRAM ACTIVITIES

Number of new cases Number of new complaints	2006 749 1310		(43% increase) (70% increase)
Training for facility staff Consultations to facilities Consultations to individuals	28 362 908	28 698 1075	(93% increase) (18% increase)
Complaint related visits Non-complaint related visits	571 146	1140 738	(100% increase) (500% increase)



EXECUTIVE ORDER NUMBER TWENTY-FOUR

WHEREAS, the Federal Older Americans Act requires each state to establish an Office of the State Long-Term Care Ombudsman with a level of independence and autonomy; and

WHEREAS, the Commission on Aging has the statutory responsibility to adopt and administer all policies related to the Older Americans Act; and

WHEREAS, the Federal Older Americans Act requires the State Long-Term Care Ombudsman and the Office of the State Long-Term Care Ombudsman to provide independent analysis and input on Federal, State, and local laws, regulations, and other governmental policies related to the health, safety, welfare, and rights of the residents, with respect to the adequacy of long-term care facilities and services in the State; and

WHEREAS, the State of Iowa receives over seventeen million dollars of Federal funds annually to assist Iowans through the Federal Older Americans Act programs; and

WHEREAS, the Department on Aging was advised on April 26, 2010 by the United States Administration on Aging that the Office of the State Long-Term Care Ombudsman shall be allowed to independently advocate on public policy to meet Federal requirements; and

WHEREAS, given the reasonableness of the public's expectations, Federal requirements, and substantial benefit to older lowans of an independent Office of the State Long-Term Care Ombudsman:

NOW, THEREFORE, I, Chester J Culver, Governor of the State of Iowa, by virtue of the power and authority vested in me by the Constitution and statutes of the State of Iowa, do hereby ORDER and DIRECT:

- The Director of the Department of Administrative Services shall assist the Office of the State Long-Term Care Ombudsman in the following:
 - A. Obtain office space separate from the Department on Aging and relocate the Office of the State Long-Term Care Ombudsman to such space; and
 - B. Coordinat e a search and appointment process, under the leadership of the Commission on Aging, for a new State Long-Term Care Ombudsman, which process shall allow for the input of stakeholders, shall establish a selection committee whose membership shall include the Chairperson of the Commission on Aging and experts outside of the lowa Department on Aging, shall develop an accurate job description and determine an applicable classification for salary purposes, shall provide notice to and search for potential candidates for the position, shall create interviewing processes for qualifying applicants, and shall make a hiring recommendation.
- The Director of the Department of Management shall immediately assist the Department on Aging and the Office of the State Long-Term Care Ombudsman in the following:

- A. Separ ate the Office of the State Long-Term Care Ombudsman's budgets and funds from those of the Department on Aging to the extent possible and allow for maximum independence of the two entities beginning on July 1, 2010; and
- B. Make any intradepartmental or interdepartmental transfers, pursuant to statute, as may be necessary to implement this Order.
- 3. The Director of the Department on Aging and the Commission on Aging shall negotiate and execute an agreement, pursuant to Iowa Code Chapter 28E, effective no later than July 1, 2010, to provide for the independence of the Office of the State Long-Term Care Ombudsman in such a manner that fully complies with the Federal Older Americans Act and that ensures its autonomy.
- 4. The Office of the State Long-Term Care Ombudsman shall develop, in coordination with the Commission on Aging, a legislative proposal to ensure the independence of the Office, as required under the Older Americans Act; the Department on Aging shall pre-file the proposal for the 2011 Session of the Iowa General Assembly.
- The Department on Aging shall provide necessary support services, including, but not limited to, human resources and fiscal services, to the Office of the State Long-Term Care Ombudsman.
- The Director of the Department on Aging shall immediately designate the State Long-Term Care Ombudsman as a lobbyist before both the Executive and Legislative Branches of Iowa government.



IN TESTIMONY WHEREOF, I have hereunto subscribed my name and caused the Great Seal of lowa to be affixed. Done at Des Moines this ZX day of May, in the year of our Lord two thousand ten.

CHESTER J. CULVER

GOVERNOR

ATTEST:

SECRETARY OF STATE

MICHAEL A. MAURO

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Katie Mulford Assistant

