



Community Circle of Care

The System of Care Project for Children
and Youth with Emotional and
Behavioral Challenges in NE Iowa
January 2011

1

The Need....

- According to the Surgeon-General, **20% of children** have behavioral, developmental or mental health problems that require intervention.
- Behavioral, developmental and mental health services are the most costly services within the realm of child health. **Early intervention may reduce the cost of treatment.**



Soni, Anita. The Five Most Costly Children's Conditions, 2006: Estimates for the U.S. Civilian Noninstitutionalized Children, Ages 0-17. Statistical Brief # 242. April 2009. Agency for Healthcare Research and Quality, Rockville, MD.

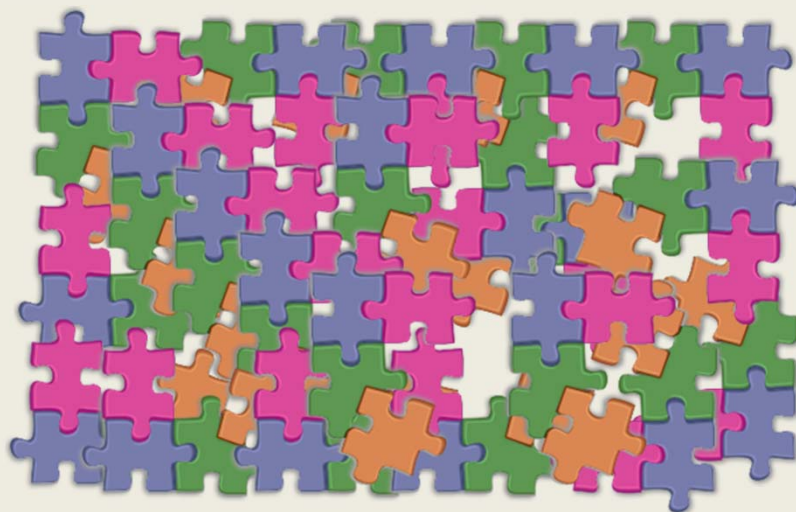
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What is a System of Care?

- A “System of Care” is an organizational philosophy and framework that involves collaboration across agencies, families, and youth for the purpose of improving access and expanding the array of coordinated community-based, culturally and linguistically competent services and supports for children and youth with special healthcare needs and their families. Systems of Care have specific values that must be adhered to in order to form an enduring and transforming system.

www.samhsa.gov 2009

Iowa with a SOC



Iowa's Vision for an Integrated System of Care for Children with Special Healthcare needs.

- **Children's Oversight Commission Model**
 - Lighthouse – no wrong door
 - Navigators
 - Coordinated care plan of services, supports, and resources
 - Governance structure
 - Family Driven
 - Youth Guided
- **Community Circle of Care Model**
 - Information and referral - No wrong door
 - Care coordinators
 - Individualized and coordinated Wrap Around plan for services and supports
 - Governance structure including local and regional advisory boards
 - Family Driven
 - Youth Guided

Community Circle of Care Who are we Serving?

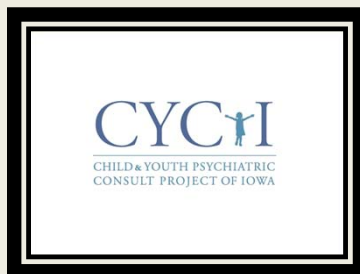


Community Circle of Care SFY 09 Service Statistics
Summary July 2008-June 2009

Number of Children/Youth	Types of Services
507	Intensive Care Coordination and/or Home and Community Based Wrap Around Services
347	Other Support Services
1614	Awareness/Prevention/Expression Activities
605	Information and Referral contacts: Calls made by families and concerned individuals to CCC to obtain information and referral in order to assist a child who is struggling with mental, emotional, or behavioral challenges.
3073	Total receiving services

Community Circle of Care SFY10 Service Statistics
Summary July 2009 – June 2010

Number of Children/Youth	Types of Services
509	Intensive Care Coordination and/or Home and Community Based Wrap Around Services
836	Other Support Services
1,412	Awareness/Prevention/Expression Activities
623	Information and Referral contacts: Calls made by families and concerned individuals to CCC to obtain information and referral in order to assist a child who is struggling with mental, emotional, or behavioral challenges.
3,380	Total receiving services



“While most children have access to primary care providers, child-trained behavioral health clinicians are scarce, particularly child psychiatrists. It will be difficult to meet the need for child behavioral health services without enlisting the assistance of primary care providers.”

Thomas CR, Holzer CE III. The continuing shortage of child and adolescent psychiatrists. *J Am Acad Child Adolesc Psychiatry*. 2006;45(9):1023-1031
W. Holt, The Massachusetts Child Psychiatry Access Project: Supporting Mental Health Treatment in Primary Care, The Commonwealth Fund, March 2010.

9

Upon taking a new referral this week (a CCC staff member) heard this from a mom, *“I feel so much better and hopeful just after talking to you for this little bit.”*

She was excited about a family team meeting, the parent support group, and the opportunity to have her child evaluated.



Mom who called a CCC clinic looking for help for her family.

10

"If it were not for you caring enough about Mary, she would be dead. She had a plan and we were in denial. Your kindness and encouragement gave us the ability to see what we needed to do and the support to be able to do it".



Mom of a Depressed Teen

"I feel like your team has a great understanding of how to help teachers and parents work together in the best interest of the students. One teen girl has done so well due to your support that she recently moved from an IEP to a 504 plan because her grades and behavior improved so much, she no longer qualifies for an IEP!" **7th grade teacher**



What does the program pay for?

Clinical Services

- 2 FTE - ARNP's
- 4 FTE - Social Work Care Coordinators
- 4 FTE – R.N. Care Coordinators
- 4 FTE - Parent Navigators
- 20 hour week Psychologist
- 16 hours a week Child Psychiatry
- 4 FTE Secretary
- 1 – 15 hours weekly Elevate Coordinator
- 20 hours a week child care

Systems Building

- 1 FTE Youth Coordinator
- 1 FTE Family Coordinator
- 1 - .5 FTE Social Marketer
- 1 - .5 FTE Cultural Competency Coordinator
- 1 FTE Project Director
- 1 FTE secretary
- 1 - .25FTE Medical Director
- 1 - .25FTE PhD Evaluator
- 1 FTE Evaluation Manager
- 1 FTE Data Collector

13

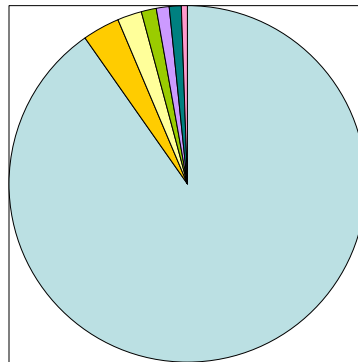
Public/Private Partnership

- Since January, 2008, over \$961,372 has been spent in communities throughout the ten counties served by Community Circle of Care to offer flexible services for families.
- This investment is in partnership with local area DECAT's.
- CCC has Agreements with over 21 agencies to provide services in the local area.
- These services such as in home skill building, respite, therapy and group therapies help families to keep children at home and in their communities.

14

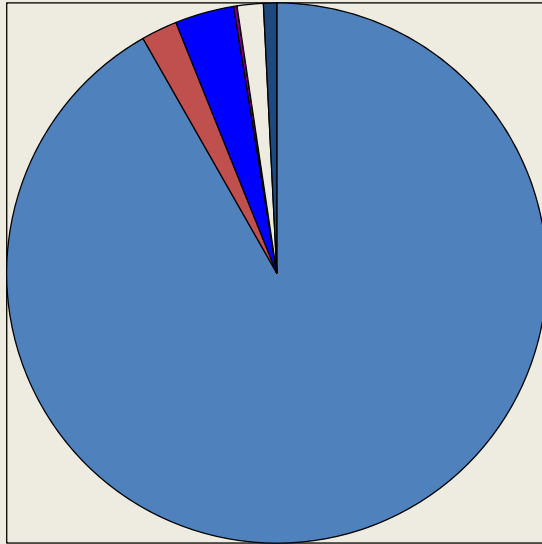
	<p>Shellsburg, WI Creamery Sodexo, Inc Luther College Dining Services Luther College Decorah Viking State Bank and Trust Decorah Chamber of Commerce Winneshiek County Convention and Tourism Winneshiek County 4-H Clubs Winneshiek County Extension Decorah Girl Scout Troop Decorah High School National Honor Society Luther College Football Team Fareway Decorah Newspaper Randy Uhl Photography Portrait of a Hero Photography Winneshiek County American Legion Auxiliary KDEC Radio Decorah Greenhouse KeyStone AEA Affairs Building Direction for Families Main Street Market</p>	<p>The Family Circle Decorah Community School District Decorah Rental American Legion Post 45 University of Iowa ISU Extension A-Z snacks West Delaware Community Schools Maquoketa Community Schools Manchester Chamber of Commerce Manchester Press KMCH Radio KDSC Radio Families Inc Delaware County Ministerial Association Delaware County Veteran's</p> 
<p>Diamond Jo Casino Kwik Trip/ Dairy Queen Operation Military Kids American Legion Post 6 Rainbo Oil Company Iowa State University Sons of the American Legion American Legion Auxiliary UAW 94 Vet's Committee LT Amusements True Value Cherry Lanes Children at Home The Family Circle Country Garden Lady Bug Landscape Hauser's Water Parents as Teachers</p>		

Home vs. Out of Home Placement July 2008 – June 2009



- 462 children remained at home or in a family foster home **91%**
- 17 children received voluntary psychiatric inpatient treatment in an acute care hospital **3%**
- 11 children received treatment in an in-state psychiatric medical institution for children (PMIC) **2%**
- 7 children received psychiatric inpatient treatment in an acute care hospital setting (involuntary/229) **1%**
- 6 children were placed in an in-state ~~congregate foster care setting~~ **1%**
- 5 children were placed in foster care due **to mental or behavioral health issues** **1%**
- 3 children received substance abuse treatment **.06%**

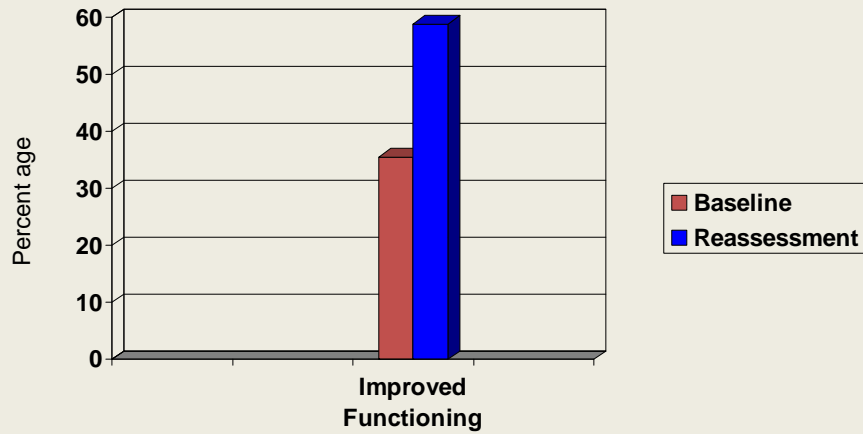
Home Vs. Out of Home Placement July 2009 - June 2010

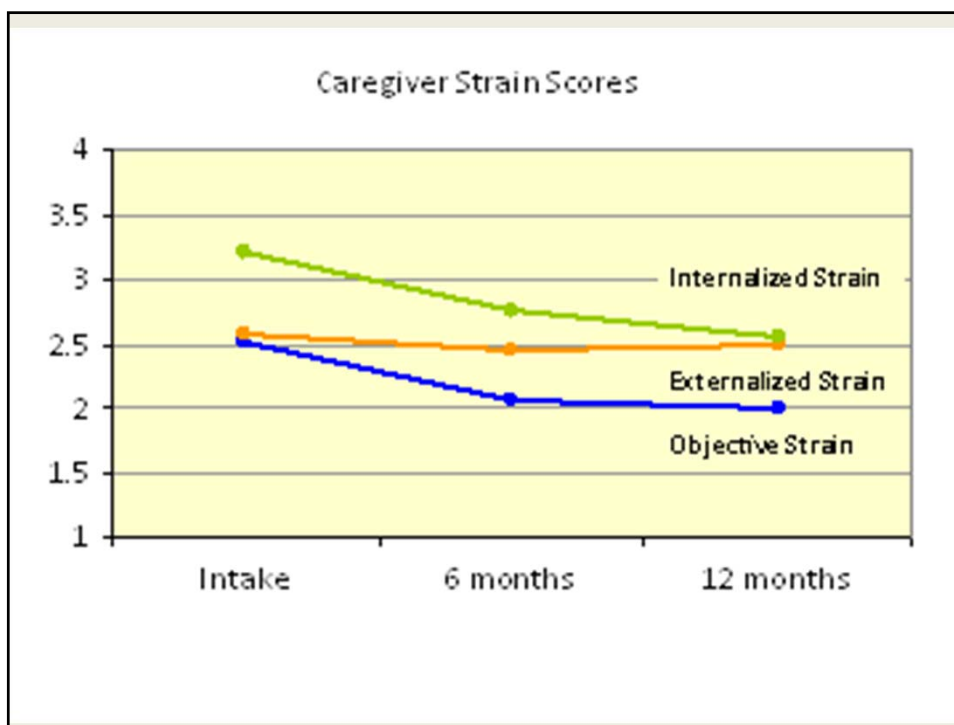
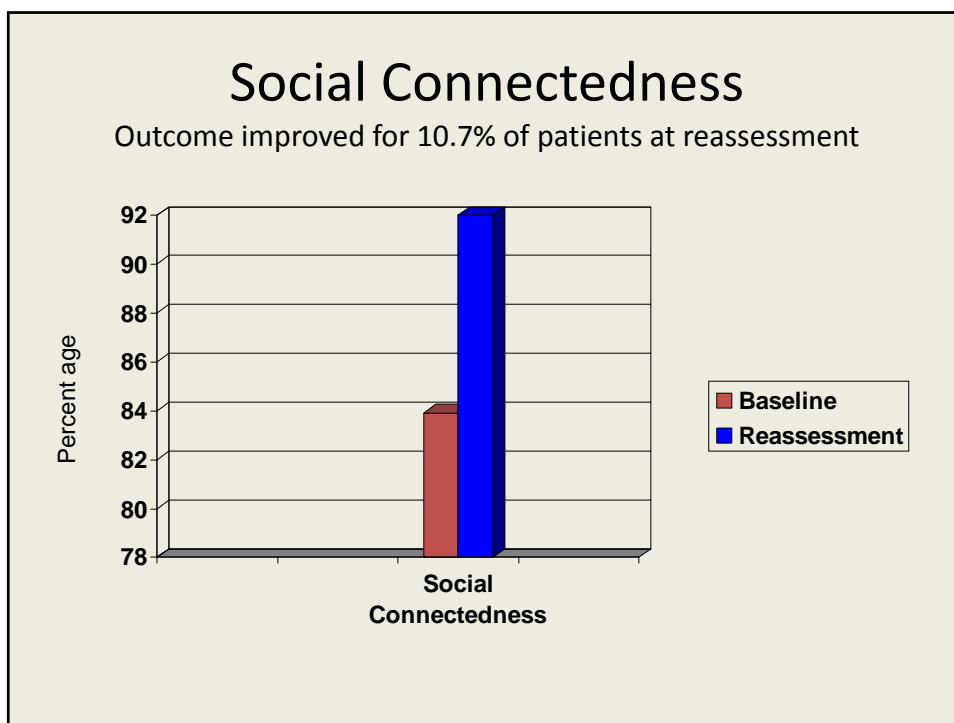


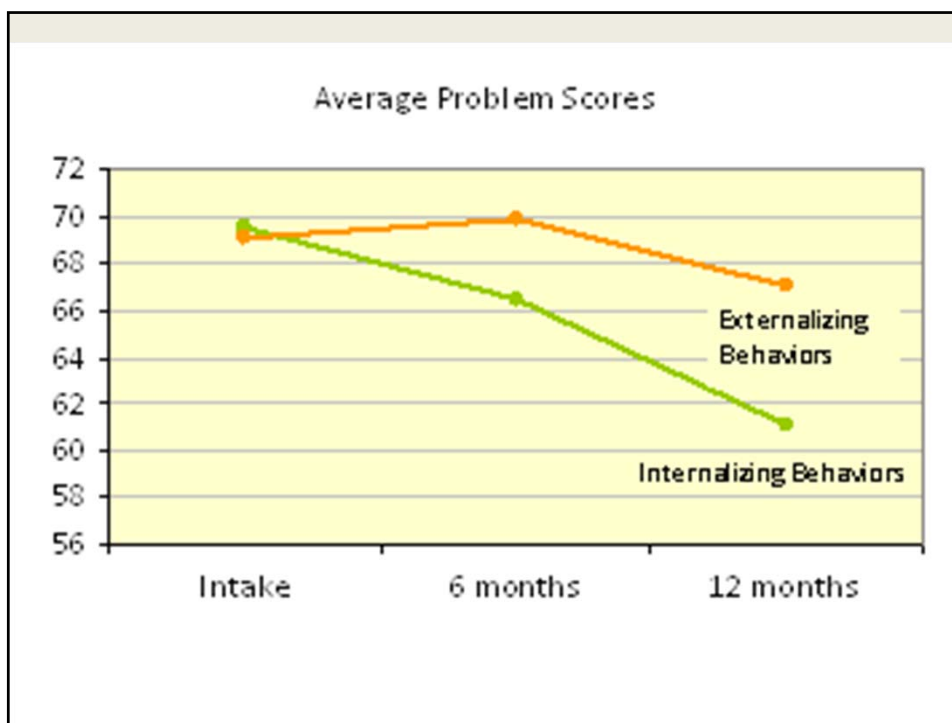
- 467 children remained at home or in a family foster home. Only one of those was placed in foster care due to the child's mental health issues. 8 of these were in foster care before they entered CCC as a result of neglect or abuse. **92%**
- 11 children received involuntary psychiatric inpatient treatment in an acute care hospital (229) **2%**
- 18 children received treatment in an in-state psychiatric medical institution for children (PMIC). 6 of those children were placed in a PMIC prior to enrollment in CCC. CCC is transitioning those youth back to home communities. **3.5%**
- 1 child received voluntary psychiatric inpatient treatment in an acute care hospital setting **.01%**
- 8 children were placed in an in-state congregate foster care setting (residential treatment facility). **1.5%**
- 4 children received in patient substance abuse services **1%**

Client Functioning

Outcome improved for 33% of patients at first reassessment







Among families receiving CCC services for at least 12 months:

- “ 41% of youth showed improvement in school performance.
- “ 37% of youth showed improvement in school attendance.
- “ More caregivers reported positively about their child’s ability to complete school-related tasks such as completing homework regularly and reading at or above grade level.
- “ Fewer caregivers reported missing days from work due to their child’s behavioral or emotional problems.
- “ There was a 21% increase in the number of caregivers with a positive perception of their own self-functioning as parents of children with behavioral or emotional problems.

22

www.communitycircleofcare.org

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23