The Iowa Health and Wellness Plan is a Medicaid program created to provide comprehensive health care coverage to low-income, uninsured Iowans ages 19 to 64. Enrollment for the Iowa Health and Wellness Plan began on October 1, 2013, and coverage started January 1, 2014. Within the Iowa Health and Wellness Plan there are two coverage groups:

- **Iowa Wellness Plan**: Covers adults ages 19 to 64 with income at or below 100 percent of the Federal Poverty Level (in 2015, $11,771 to $15,930 for individuals or $15,931 to $21,187 for a family of two). The Iowa Wellness Plan is administered by Iowa Medicaid. Members have the option of choosing a plan from one of three managed care organizations: Amerigroup Iowa, Inc.; AmeriHealth Caritas Iowa, Inc.; and UnitedHealthcare Plan of the River Valley, Inc. and a dental plan provided by Delta Dental of Iowa or MCNA Dental.

- **Iowa Marketplace Choice Plan**: Covers adults ages 19 to 64 with income from 101 percent through 133 percent of the Federal Poverty Level (in 2015, between $11,771 to $15,654 for individuals or $15,931 to $21,187 for a family of two). The Marketplace Choice Plan allows members to select from participating commercial health care coverage plans available through the Health Insurance Marketplace. Medicaid pays the premiums to the commercial health plan on behalf of the member. Members have the option of choosing a plan from one of three managed care organizations: Amerigroup Iowa, Inc.; AmeriHealth Caritas Iowa, Inc.; and UnitedHealthcare Plan of the River Valley, Inc. and a dental plan provided by Delta Dental of Iowa or MCNA Dental.

Sources: Department of Human Services, U.S. Census Bureau, 2015 Population Estimates, LSA Calculations

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