Number of Recipients in the Food Assistance Program by County — July 2021

Notes:
1) To receive food assistance, an individual must be a resident of Iowa or a citizen or legally qualified noncitizen (such as a refugee) and have a household income that does not exceed 160.0% of the federal poverty level. For a family of three, this amount equals a gross annual income of approximately $35,100.

2) The Food Assistance Program provides Electronic Benefit Transfer (EBT) cards that can be used to buy groceries at supermarkets, grocery stores, and some farmers markets.

3) 92.5% of Food Assistance recipients also receive Medicaid and/or Family Investment Program (FIP) benefits, or Healthy and Well Kids in Iowa (Hawki) benefits.

Source: Department of Human Services
LSA Staff Contact: Jess Benson (515.281.4611) jess.benson@legis.iowa.gov