Iowa Mental Health and Disability Services (MHDS)

Mental Health and Disability Services (MHDS) Regions report expenditures and individuals served based on the following categories:

- Core Services – Includes a variety of evaluation, treatment, and support services defined by Iowa Code section 331.397.
- Mandated Services – Includes commitment-related services and mental health advocates.
- Core Plus (Additional Core) Services – Includes justice system-related services, coordination services, and other evidence-based services such as peer support.
- Community Living Support Services – Includes services that help individuals live in the community, such as rental assistance, transportation, and service management.
- Congregate Services – Includes residential care facilities, intermediate care facilities, sheltered workshops, and other services provided in a congregate setting.
- Administration and Other Informational Services.

Percentage of Persons Receiving MHDS Services to the Total Population by MHDS Region — FY 2020

Total Expenditures by MHDS Region — FY 2020

Figures by region indicate the total number of individuals served (unduplicated).

Sources: Iowa Department of Human Services, U.S. Census Bureau 2019 Population Estimates, LSA calculations
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