"Core" Iowa Mental Health and Disability Services (MHDS)

MHDS Regions became operational in 2014 after a legislative redesign of the mental health and disability system from county-based services to regional. The 14 MHDS regions are required by Iowa Code section 331.397 to provide core services to adults (age 18 and above) with a mental illness or intellectual disability whose income is at or below 150.0% of the federal poverty level (some regions extend eligibility to 200.0%) and who are not eligible for or not covered by Medicaid or other third-party insurance. Core services include access centers, assertive community treatment, an array of mental health crisis response and subacute services, and intensive residential service homes. Mandated services include commitment-related services and mental health advocates.

Individuals Receiving Core and Mandated Services by MHDS Region — FY 2020

- **29,038** Number of Individuals Served Statewide (Unduplicated)
- **51.9%** Of Population Served by MHDS Regions Receive Core or Mandated Services
- **$54.3 M** Total Expenditures for Core and Mandated Services
- **$1,869** Average Expenditure per Individual
- **50.0%** Total Expenditures Used for Core and Mandated Services

Sources: Iowa Department of Human Services, LSA calculations
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