Iowa Population Trends in Age

**Median age** is the age at the midpoint of the population. Half of the population is older than the median age and half of the population is younger.

- From 1970 to 2010 the median age in Iowa grew older, increasing an average of 2.3 years each decade. Population estimates since 2010 have shown little change in the median age.

- 46 Iowa counties have grown younger since 2010, while 51 counties have grown older. Floyd and Butler are the only counties showing no change.

### Change in Median Age by County — 2010 to 2018

*Note: Top figures in bold represent the change in median age since 2010. Bottom figures represent the median age in 2018.*

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### Iowa Population by Age and Gender — 2010 and 2018

- The number of children under age 5 has decreased by 1.9% from 2010 to 2018.

- Iowans age 65 and over has increased 19.2% from 2010 to 2018.

- Despite the population increases in the older age categories since 2010, median age has dropped in the many Iowa counties largely due to the increasing portion of the population under the age of 40 and the decline in 40-54 age range.

Visit the State Data Center to explore age demographics: By County: [www.iowadatacenter.org/county-quick-facts](http://www.iowadatacenter.org/county-quick-facts)

By City: [www.iowadatacenter.org/city-quick](http://www.iowadatacenter.org/city-quick)

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Sources: U.S. Census Bureau, 2018 Population Estimate, 2010 Decennial Census, 2000 Decennial Census, Iowa State Data Center

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