## HOUSE RESOLUTION NO. 102

BY LUNDGREN, A. MEYER, BRADLEY, BEST, LEVIN, KURTH, WOOD, CAHILL, BUCK, WILSON, MOORE, GEHLBACH, INGELS, STOLTENBERG, BROWN-POWERS, JAMES, MATSON, JUDGE, WILBURN, KONFRST, FISHER, HENDERSON, HARRIS, COLLINS, WULF, NORDMAN, WILZ, BLOOMINGDALE, YOUNG, DUNWELL, JENEARY, VONDRAN, ISENHART, FRY, BOSSMAN, SIEGRIST, MOMMSEN, MADISON, HORA, M. THOMPSON, STAED, P. THOMPSON, and STECKMAN

A Resolution to address the stigma around the term
mental health by recognizing the term brain health.
WHEREAS, the brain is an organ susceptible to

4 disease and disorder; and

5 WHEREAS, maintaining a healthy brain is critical to 6 the well-being of every Iowan; and

7 WHEREAS, with preventative measures and early 8 treatment, Iowans with brain health issues are better 9 able to mitigate the impact of brain disease and brain 10 illness; and

WHEREAS, awareness and education are necessary to end the stigma surrounding mental illness and to ancourage Iowans to take more preventative measures and to seek early treatment for brain health issues; NOW THEREFORE,

16 BE IT RESOLVED BY THE HOUSE OF REPRESENTATIVES, 17 That the House of Representatives finds that the term 18 "brain health" means all aspects of the brain impacted 19 by biological and physical characteristics of the brain 20 which may impact mood and behavior; and 21 BE IT FURTHER RESOLVED, That the House of

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1 Representatives recognizes the term brain health as a 2 term mental health providers, caretakers, and every 3 Iowan may use synonymously with the terms mental 4 health, mental illness, and behavioral health in order 5 to encourage Iowans to seek brain health services in an 6 environment free of stigma; and 7 BE IT FURTHER RESOLVED, That the House of 8 Peprecentatives acknowledges that its recognition of

8 Representatives acknowledges that its recognition of 9 the term brain health does not replace the terms mental 10 health or mental illness.

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