

House File 533 - Introduced

HOUSE FILE 533

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A BILL FOR

1 An Act relating to care and choices at the end of life,
2 providing penalties, and including effective date
3 provisions.

4 BE IT ENACTED BY THE GENERAL ASSEMBLY OF THE STATE OF IOWA:

1 Section 1. NEW SECTION. 142E.1 Findings.

2 1. The state of Iowa has long recognized that mentally
3 capable adult individuals have a fundamental right to determine
4 their own medical treatment options in accordance with their
5 own values, beliefs, or personal preferences.

6 2. It is important that the state of Iowa upholds both the
7 highest standard of medical care and the full range of options
8 for each individual, particularly at the end of life.

9 3. Terminally ill individuals may undergo unremitting
10 pain, agonizing discomfort, and a sudden, continuing, and
11 irreversible reduction in their quality of life at the end of
12 life.

13 4. The availability of medical aid in dying provides
14 an additional palliative care option for terminally ill
15 individuals who seek to retain their autonomy and some level of
16 control over the progression of the terminal disease as they
17 near the end of life or to ease unnecessary pain and suffering.

18 5. Integration of medical aid in dying into standard
19 end-of-life care has demonstrably improved end-of-life care
20 by contributing to better conversations between providers
21 and their patients, earlier and more appropriate enrollment
22 in hospice care, and better palliative care training for
23 providers.

24 6. The state of Iowa seeks to affirm that a provider who
25 respects and honors the values and priorities of individuals
26 with a terminal disease for their last days of life and
27 prescribes or dispenses medication for any such qualified
28 terminally ill individual who makes a request pursuant
29 to this chapter is practicing lawful patient-centered and
30 patient-directed care.

31 7. Patient-directed care differs from patient-centered
32 care in that it is not only respectful of and responsive to
33 individual patient decisions, preferences, needs, and values,
34 but also ensures that patient values direct all clinical
35 decisions and that patients are fully informed of and able to

1 access legal options they desire.

2 Sec. 2. NEW SECTION. 142E.2 Short title.

3 This chapter shall be known and may be cited as the "*Iowa Our*
4 *Care, Our Options Act*".

5 Sec. 3. NEW SECTION. 142E.3 Definitions.

6 As used in this chapter, unless the context otherwise
7 requires:

8 1. "*Adult*" means an individual eighteen years of age or
9 older.

10 2. "*Attending provider*" means the provider who has primary
11 responsibility for the care of a patient and treatment of the
12 patient's terminal disease.

13 3. "*Coercion or undue influence*" means the willful attempt,
14 whether by deception, intimidation, or any other means, to do
15 any of the following:

16 a. Cause a patient to request, obtain, or self-administer
17 medication pursuant to this chapter with the intent to cause
18 the death of the patient.

19 b. Prevent a qualified patient from obtaining or
20 self-administration of medication pursuant to this chapter.

21 4. "*Consulting provider*" means a provider who is qualified
22 by specialty or experience to make a professional diagnosis and
23 prognosis regarding a patient's disease.

24 5. "*Department*" means the department of health and human
25 services.

26 6. "*Health care entity*" means a hospital licensed under
27 chapter 135B, a nursing facility licensed under chapter 135C,
28 an inpatient hospice program, a clinic, or any other facility
29 licensed by the state wherein medical care is provided. "*Health*
30 *care entity*" does not include a provider.

31 7. "*Informed decision*" means a decision by a medically
32 capable requesting patient to request and obtain a prescription
33 for medication pursuant to this chapter that the qualified
34 patient may self-administer to bring about a peaceful death
35 after being fully informed by the attending provider and

1 consulting provider of all of the following:

2 *a.* The requesting patient's diagnosis and prognosis.

3 *b.* The potential risk associated with taking the medication
4 to be prescribed.

5 *c.* The probable result of taking the medication to be
6 prescribed.

7 *d.* The feasible end-of-life care and treatment options for
8 the requesting patient's terminal disease, including but not
9 limited to comfort care, palliative care, hospice care, and
10 pain control, and the risks and benefits of each.

11 *e.* The requesting patient's right to withdraw a request
12 pursuant to this chapter or consent for any other treatment,
13 at any time.

14 8. "*Licensed mental health provider*" means the same as a
15 "*mental health professional*" as defined in section 228.1.

16 9. "*Medical aid in dying*" means the practice of evaluating
17 a patient's request for medication, determining if a patient
18 is qualified, performing the duties specified, and providing a
19 prescription to a qualified patient, pursuant to this chapter.

20 10. "*Medical-aid-in-dying medication*" or "*medication*" means
21 the medication prescribed and dispensed under this chapter to a
22 qualified patient to bring about a peaceful death.

23 11. "*Medically confirmed*" means the attending provider's
24 medical opinion that the patient is eligible to receive
25 medication pursuant to this chapter has been confirmed by the
26 consulting provider after performing a medical evaluation.

27 12. "*Mentally capable*" means that in the opinion of the
28 provider or licensed mental health provider, if an opinion is
29 required under this chapter, the requesting patient has the
30 ability to make and communicate an informed decision.

31 13. "*Oral request*" means an affirmative statement that
32 demonstrates a contemporaneous affirmatively stated desire by
33 the requesting patient seeking medical aid in dying.

34 14. "*Patient*" means an adult who is under the care of a
35 provider.

1 15. *"Prognosis of six months or less"* means the terminal
2 disease of a patient will, within reasonable medical judgment,
3 result in the patient's death within six months.

4 16. a. *"Provider"* means a person licensed, certified, or
5 otherwise authorized or permitted by the law of this state
6 to diagnose and treat medical conditions, and prescribe
7 and dispense medication, including controlled substances.

8 *"Provider"* includes all of the following:

9 (1) A physician licensed to practice medicine pursuant to
10 chapter 148.

11 (2) An advanced registered nurse practitioner licensed
12 under chapter 152 or an advanced practice registered nurse
13 under chapter 152E.

14 (3) A physician assistant licensed under chapter 148C.

15 b. *"Provider"* does not include a health care entity.

16 17. *"Qualified patient"* means a mentally capable patient
17 who has satisfied the requirements of this chapter in order
18 to obtain a prescription for medication to bring about a
19 peaceful death. A person shall not be considered a *"qualified*
20 *patient"* under this chapter solely because of advanced age or
21 disability.

22 18. *"Requesting patient"* means a patient with a terminal
23 disease.

24 19. *"Self-administer"* or *"self-administration"* means a
25 qualified patient's performance of an affirmative, conscious,
26 voluntary act to ingest medication prescribed pursuant to
27 this chapter to bring about the qualified patient's peaceful
28 death. *"Self-administration"* does not include administration by
29 parenteral injection or infusion.

30 20. *"Terminal disease"* means an incurable and irreversible
31 disease that has been medically confirmed and will, within
32 reasonable medical judgment, produce death within six months.

33 Sec. 4. NEW SECTION. 142E.4 Informed consent.

34 1. This chapter shall not be construed to limit the amount
35 of information provided to a patient to ensure the patient can

1 make an informed decision.

2 2. An attending provider shall provide sufficient
3 information to a patient regarding all appropriate end-of-life
4 care options, including hospice and palliative care, and the
5 foreseeable risks and benefits of each, so that the patient
6 can make a voluntary and affirmative decision regarding the
7 patient's end-of-life care.

8 3. An attending provider is deemed to fail to obtain
9 informed consent for subsequent medical treatment if a
10 requesting patient requests information about medical aid in
11 dying and, within a reasonable time, the provider has failed,
12 at a minimum, to do either of the following:

13 a. Provide information to the requesting patient about
14 medical aid in dying and other legal end-of-life options.

15 b. Document the date of the requesting patient's request
16 in the patient's medical record and upon request transfer the
17 requesting patient's medical records to an alternative provider
18 consistent with federal and state law.

19 4. If a requesting patient requests that the requesting
20 patient's medical records be transferred to an alternative
21 provider, the requesting patient's medical records shall be
22 transferred within two business days.

23 Sec. 5. NEW SECTION. 142E.5 Standard of care.

24 1. Care that complies with this chapter shall be deemed to
25 meet the medical standard of care.

26 2. This chapter shall not be construed to exempt a provider
27 or other medical personnel from meeting medical standards of
28 care for a patient's treatment.

29 Sec. 6. NEW SECTION. 142E.6 Request for medical aid in
30 dying.

31 1. A mentally capable patient with a terminal disease may
32 request a prescription for medication under this chapter. The
33 requesting patient shall make an oral request and a written
34 request and shall reiterate the oral request to the requesting
35 patient's attending provider no less than forty-eight hours

1 after making the initial oral request. An oral request charted
2 in the requesting patient's medical record by a provider other
3 than the requesting patient's attending provider satisfies the
4 oral request requirement under this section.

5 2. The attending and consulting providers of a qualified
6 patient shall meet all requirements of sections 142E.8 and
7 142E.9.

8 3. Notwithstanding any provision to the contrary under
9 subsection 1, if the requesting patient's attending provider
10 has determined that the requesting patient will, based on
11 reasonable medical judgment, die within forty-eight hours
12 after making the initial oral request under this section,
13 the requesting patient may satisfy the requirements under
14 this section by reiterating the oral request to the attending
15 provider at any time after making the initial oral request.

16 4. At the time the requesting patient makes the second oral
17 request, the attending provider shall offer the requesting
18 patient an opportunity to rescind the request.

19 5. Oral and written requests for the requesting patient must
20 be made only by the requesting patient and shall not be made
21 by the requesting patient's surrogate decision-maker, health
22 care proxy, attorney-in-fact for health care, or via an advance
23 health care directive.

24 6. If a requesting patient decides to transfer the
25 requesting patient's care to an alternative provider, the
26 custodian of the requesting patient's medical records shall
27 transfer all relevant medical records including written
28 documentation of the dates of any of the requesting patient's
29 oral or written requests concerning medical aid in dying within
30 two business days.

31 7. The transfer of care or medical records of a requesting
32 patient does not toll or restart any waiting period under this
33 section.

34 **Sec. 7. NEW SECTION. 142E.7 Form of written request —**
35 **requirements.**

1 1. A written request for medication under this chapter shall
2 be in substantially the following form, signed and dated by
3 the requesting patient, and witnessed by at least one person
4 who, in the presence of the requesting patient, attests that to
5 the best of the witness's knowledge and belief the requesting
6 patient is mentally capable, acting voluntarily, and is not
7 being coerced nor unduly influenced to sign the request.

8 Request for Medication
9 to End My Life in
10 a Peaceful Manner

11 I, _____ am an adult of sound
12 mind. I have been diagnosed with
13 _____, and given a
14 prognosis of six months or less to live.

15 I have been fully informed of the feasible alternatives,
16 and the concurrent or additional treatment opportunities for
17 my terminal disease, including but not limited to comfort
18 care, palliative care, hospice care, or pain control, and the
19 potential risks and benefits of each. I have been offered or
20 received resources or referrals to pursue these alternative,
21 or concurrent or additional treatment opportunities for my
22 terminal disease.

23 I have been fully informed of the nature of the medication to
24 be prescribed, including the risks and benefits, and understand
25 that the likely outcome of self-administration of medication
26 is death. I understand that I can rescind this request at any
27 time, that I am under no obligation to fill the prescription
28 once written nor to self-administer the medication if I obtain
29 the medication.

30 I request that my attending provider furnish a prescription
31 for medication that will end my life if I choose to
32 self-administer it, and I authorize my attending provider to
33 contact a pharmacist to dispense the prescription at a time of
34 my choosing.

35 I make this request voluntarily, free from coercion or undue

1 influence.

2 _____

3 Requesting Patient Signature Date

4 _____

5 Witness Signature Date

6 2. The witness required under this section shall not be any
7 of the following:

8 a. A relative of the requesting patient by blood, marriage,
9 or adoption.

10 b. A person who at the time the request is signed would be
11 entitled to any portion of the estate of the requesting patient
12 upon death, under any will or by operation of law.

13 c. An owner, operator, or employee of a health care entity
14 where the requesting patient is receiving medical treatment or
15 is a resident.

16 d. The requesting patient's attending provider at the time
17 the request is signed.

18 e. An interpreter for the requesting patient, if the
19 requesting patient uses an interpreter.

20 Sec. 8. NEW SECTION. 142E.8 **Attending provider**
21 **responsibilities.**

22 The attending provider shall do all of the following:

23 1. Determine whether a requesting patient has a terminal
24 disease with a prognosis of six months or less and is mentally
25 capable.

26 2. Confirm that the requesting patient's request does not
27 arise from coercion or undue influence.

28 3. Inform the requesting patient of all of the following:

29 a. The requesting patient's diagnosis and prognosis.

30 b. The potential risks, benefits, and probable result of
31 self-administration of the prescribed medication to bring about
32 a peaceful death.

33 c. The potential benefits and risks of feasible alternatives
34 including but not limited to concurrent or additional treatment
35 options for the requesting patient's terminal disease,

1 palliative care, comfort care, hospice care, and pain control.

2 *d.* The requesting patient's right to rescind the request for
3 medication pursuant to this chapter at any time.

4 *e.* That there is no obligation to fill the prescription
5 nor an obligation to self-administer the medication, if the
6 medication is obtained.

7 4. Provide the requesting patient with a referral for
8 comfort care, palliative care, hospice care, pain control, or
9 other end-of-life treatment options as requested by the patient
10 and as clinically indicated.

11 5. Refer the requesting patient to a consulting provider for
12 medical confirmation that the requesting patient has a terminal
13 disease with a prognosis of six months or less to live and is
14 mentally capable.

15 6. Include the consulting provider's written determination
16 in the requesting patient's medical record.

17 7. Refer the requesting patient to a licensed mental health
18 provider if the attending provider observes signs that the
19 requesting patient may not be capable of making an informed
20 decision.

21 8. Include the licensed mental health provider's written
22 determination in the requesting patient's medical record, if
23 such determination was requested.

24 9. Inform the requesting patient of the benefits of
25 notifying the next of kin of the requesting patient's decision
26 to request medication pursuant to this chapter.

27 10. Fulfill the medical record documentation requirements
28 under this chapter.

29 11. Ensure that all steps are carried out in accordance with
30 this chapter before providing a prescription to a requesting
31 patient for medication pursuant to this chapter including all
32 of the following:

33 *a.* Confirming that the requesting patient has made an
34 informed decision to obtain a prescription for medication
35 pursuant to this chapter.

1 *b.* Offering the requesting patient an opportunity to rescind
2 the request for medication pursuant to this chapter.

3 *c.* Educating the requesting patient on all of the following:

4 (1) The recommended procedure for self-administration of
5 the medication to be prescribed.

6 (2) The safe-keeping and proper disposal of unused
7 medication in accordance with state and federal law.

8 (3) The importance of having another individual present
9 when the requesting patient self-administers the medication to
10 be prescribed.

11 (4) Not taking the medication in a public place.

12 12. Once the requesting patient is determined to be a
13 qualified patient, in accordance with state and federal law,
14 do one of the following:

15 *a.* Deliver the prescription personally, by mail, or through
16 an authorized electronic transmission to a licensed pharmacist
17 who will dispense the medication including any ancillary
18 medications to the attending provider, to the qualified
19 patient, or to an individual expressly designated by the
20 qualified patient in person or with a signature required on
21 delivery, by mail service, or by messenger service.

22 *b.* If authorized by the federal drug enforcement agency,
23 dispense the prescribed medication including any ancillary
24 medications to the qualified patient or an individual
25 designated in person by the qualified patient.

26 13. Document in the qualified patient's medical record the
27 qualified patient's diagnosis and prognosis, determination
28 of mental capability, the date of any oral request, a copy
29 of the written request, a notation that the requirements
30 under this chapter have been completed, and identification of
31 the medication and ancillary medications prescribed to the
32 qualified patient pursuant to this chapter.

33 Sec. 9. NEW SECTION. 142E.9 Consulting provider
34 responsibilities.

35 A consulting provider shall do all of the following:

1 1. Evaluate the requesting patient and the requesting
2 patient's relevant medical records.

3 2. Confirm all of the following to the attending provider
4 regarding the requesting patient:

5 a. That the requesting patient has requested a prescription
6 for medical-aid-in-dying medication.

7 b. That the requesting patient has a terminal disease with a
8 prognosis of six months or less to live.

9 c. That the requesting patient is mentally capable, or
10 provide documentation that the consulting provider has referred
11 the requesting patient for further evaluation in accordance
12 with section 142E.10.

13 d. That the requesting patient is acting voluntarily, free
14 from coercion or undue influence.

15 Sec. 10. NEW SECTION. 142E.10 Referral — determination
16 that requesting patient is mentally capable.

17 1. If either the attending provider or the consulting
18 provider doubts whether the requesting patient is mentally
19 capable and is unable to confirm that the requesting patient is
20 capable of making an informed decision, the attending provider
21 or consulting provider shall refer the patient to a licensed
22 mental health provider for a determination regarding the
23 requesting patient's mental capability.

24 2. The licensed mental health provider who evaluates the
25 requesting patient under this section shall submit to the
26 attending provider or consulting provider who made the referral
27 a written determination of whether the requesting patient is
28 mentally capable.

29 3. If the licensed mental health provider determines the
30 requesting patient is not mentally capable, the requesting
31 patient shall not be deemed a qualified patient and the
32 attending provider shall not prescribe medication to the
33 requesting patient under this chapter.

34 Sec. 11. NEW SECTION. 142E.11 Death certificate.

35 1. Unless otherwise prohibited by law, the attending

1 provider may sign the death certificate of a qualified
2 patient who obtained and self-administered a prescription for
3 medication pursuant to this chapter.

4 2. When a death has occurred in accordance with this
5 chapter, the death shall be attributed to the underlying
6 terminal disease, and all of the following shall apply:

7 a. A death following self-administration of medication under
8 this chapter does not alone constitute a person's death that
9 affects the public interest as described pursuant to section
10 331.802. If a death that occurs in accordance with this
11 chapter is referred to the state medical examiner or a county
12 medical examiner, the state medical examiner or county medical
13 examiner may conduct a preliminary investigation to determine
14 whether an individual received a prescription for medication
15 under this chapter.

16 b. A death in accordance with this chapter shall not be
17 designated a suicide or homicide.

18 c. A qualified patient's act of self-administration of
19 medication prescribed pursuant to this chapter shall not be
20 indicated on the death certificate.

21 Sec. 12. NEW SECTION. 142E.12 **Reporting requirements —**
22 **willful failure or refusal.**

23 1. The department shall create and make available to all
24 attending providers a prescribing provider checklist form
25 and prescribing provider follow-up form for the purposes of
26 reporting the information as specified under this section to
27 the department.

28 2. Within thirty calendar days of providing a prescription
29 for medication pursuant to this chapter, the attending provider
30 shall submit to the department an attending provider checklist
31 form with all of the following information:

32 a. The qualifying patient's name and date of birth.

33 b. The qualifying patient's terminal diagnosis and
34 prognosis.

35 c. Notice that the requirements under this chapter were

1 completed.

2 *d.* Notice that medication has been prescribed pursuant to
3 this chapter.

4 3. Within sixty calendar days of notification of a qualified
5 patient's death from self-administration of medication
6 prescribed pursuant to this chapter, the attending provider
7 shall submit to the department an attending provider follow-up
8 form with all of the following information:

9 *a.* The qualified patient's name and date of birth.

10 *b.* The qualified patient's date of death.

11 *c.* A notation of whether or not the qualified patient was
12 enrolled in hospice services at the time of the qualified
13 patient's death.

14 4. The department shall annually review a sample of records
15 pursuant to this chapter to ensure compliance and issue a
16 public statistical report of nonidentifying information. The
17 report shall be limited to all of the following:

18 *a.* The number of prescriptions for medication written
19 pursuant to this chapter.

20 *b.* The number of attending providers who wrote prescriptions
21 for medication pursuant to this chapter.

22 *c.* The number of qualified patients who died following
23 self-administration of medication prescribed and dispensed
24 pursuant to this chapter.

25 5. Except as otherwise required by law, the information
26 collected by the department is not a public record and is not
27 available for public inspection.

28 6. Willful failure or refusal by an attending provider to
29 timely submit reports required under this section nullifies the
30 protections provided under section 142E.16.

31 **Sec. 13. NEW SECTION. 142E.13 Safe disposal of unused**
32 **medications.**

33 A person who has custody or control of medication prescribed
34 pursuant to this chapter after the qualified patient's death
35 shall dispose of the medication by lawful means in accordance

1 with applicable state and federal guidelines.

2 Sec. 14. NEW SECTION. 142E.14 **No duty to provide medical**
3 **aid in dying — licensee discipline.**

4 1. A provider shall provide sufficient information to a
5 patient with a terminal disease regarding available options,
6 alternatives, and the foreseeable risks and benefits of each,
7 so that the patient with a terminal disease is able to make
8 informed decisions regarding the patient's end-of-life health
9 care.

10 2. A provider may choose whether or not to practice medical
11 aid in dying pursuant to this chapter.

12 3. If an attending provider is unable or unwilling to
13 fulfill a requesting patient's request pursuant to this
14 chapter, the attending provider shall do all of the following:

15 a. Document in the requesting patient's medical record the
16 date of the requesting patient's oral or written request and
17 the attending provider's notice to the requesting patient of
18 the attending provider's inability or unwillingness to provide
19 medical aid in dying.

20 b. Upon the requesting patient's request, transfer the
21 requesting patient's medical records to an alternative
22 provider, consistent with federal and state law.

23 4. An attending provider shall not engage in false,
24 misleading, or deceptive practices relating to a willingness
25 to qualify a requesting patient or to provide medical aid in
26 dying. A provider who engages in such false, misleading, or
27 deceptive practices is subject to licensee discipline by the
28 applicable licensing board or entity.

29 Sec. 15. NEW SECTION. 142E.15 **Health care entity —**
30 **permissible prohibitions and duties — penalties — licensee**
31 **discipline.**

32 1. A health care entity may prohibit providers from
33 practicing medical aid in dying in the course of performing
34 duties for the entity. A health care entity that prohibits
35 the practice of medical aid in dying shall provide advance

1 notice in writing to providers and staff at the initial time
2 of hiring, contracting, or privileging a provider, and on a
3 yearly basis thereafter. A health care entity that fails to
4 provide explicit, advance notice in writing to providers and
5 staff that the health care entity prohibits providers from
6 practicing medical aid in dying waives the right to enforce the
7 prohibition.

8 2. If a requesting patient wishes to transfer care from a
9 health care entity that prohibits the practice of medical aid
10 in dying to another health care entity, the prohibiting entity
11 shall coordinate a timely transfer of care including transfer
12 of the requesting patient's medical records that includes a
13 notation of the date the requesting patient first made an oral
14 request or a written request concerning medical aid in dying
15 within two business days of the request for transfer by the
16 requesting patient.

17 3. A health care entity shall not prohibit a provider from
18 fulfilling the requirements of informed consent and meeting the
19 standard of medical care under this chapter by prohibiting the
20 provider from doing any of the following:

21 a. Providing information to a patient regarding the
22 patient's health status including but not limited to a
23 diagnosis and prognosis, recommended treatment and treatment
24 alternatives, and the risks and benefits of each.

25 b. Providing information regarding health care services
26 available pursuant to this chapter, information about relevant
27 community resources, and how to access those resources to
28 obtain care of the patient's choice.

29 c. Practicing medical aid in dying outside the scope of the
30 provider's employment or contract with the prohibiting entity
31 and off the premises of the prohibiting entity.

32 d. Being present, if outside the scope of the provider's
33 employment or contractual duties, when a qualified patient
34 self-administers medication prescribed pursuant to this
35 chapter or at the time of death of the qualified patient, if

1 requested by the qualified patient or the qualified patient's
2 representative.

3 4. A prohibiting health care entity shall provide notice
4 to the public by posting on the health care entity's internet
5 site that the health care entity prohibits attending providers
6 from qualifying patients for medical aid in dying and from
7 prescribing and dispensing medication pursuant to this chapter
8 while the provider is performing duties in the course of
9 performing duties for the health care entity.

10 5. A health care entity shall not engage in false,
11 misleading, or deceptive practices relating to the health care
12 entity's policy regarding end-of-life care services, including
13 whether the health care entity has a policy which prohibits
14 affiliated providers from practicing medical aid in dying, or
15 intentionally denying a requesting patient access to medication
16 pursuant to this chapter by failing to transfer a requesting
17 patient and the requesting patient's medical records to another
18 provider in a timely manner. The intentional misleading of
19 a patient or deploying of misinformation to obstruct access
20 to services pursuant to this chapter by a health care entity
21 constitutes coercion and undue influence which is an aggravated
22 misdemeanor and also subjects the health care entity to
23 licensee discipline.

24 6. If any portion of this section is found to be in conflict
25 with federal requirements which are a prescribed condition to
26 the receipt of federal funds, the conflicting part of this
27 section is inoperative solely to the extent of the conflict
28 with respect to the health care entity directly affected, and
29 such finding or determination shall not affect the operation of
30 the remainder of this section or this chapter.

31 **Sec. 16. NEW SECTION. 142E.16 Immunities for actions in**
32 **good faith — prohibition against reprisals.**

33 1. A provider or health care entity shall not be subject to
34 criminal liability, licensing sanctions, or other professional
35 disciplinary action for actions taken in good-faith compliance

1 with this chapter.

2 2. A provider, health care entity, or professional
3 organization or association shall not subject a provider or
4 health care entity to censure, discipline, suspension, loss of
5 license, loss of privileges, loss of membership, or any other
6 penalty for engaging in good-faith compliance with this chapter
7 or for refusing to participate in accordance with this chapter.

8 3. A provider, health care entity, or professional
9 organization or association shall not subject a provider
10 to discharge, demotion, censure, discipline, suspension,
11 loss of license, loss of privileges, loss of membership,
12 discrimination, or any other penalty for providing medical
13 aid in dying in accordance with the standard of care and
14 in good faith under this chapter when the provider is
15 engaged in the outside practice of medicine and not on the
16 objecting provider's, health care entity's, or professional
17 organization's or association's premises, or when the provider
18 is providing scientific and accurate information about medical
19 aid in dying to a patient when discussing end-of-life care
20 options.

21 4. A provider is not subject to civil or criminal liability
22 or professional discipline if, at the request of a qualified
23 patient, the provider is present outside the scope of the
24 provider's employment and not located on the health care
25 entity's premises when the qualified patient self-administers
26 medication pursuant to this chapter or at the time of the
27 qualified patient's death.

28 5. A person who is present at the time of
29 self-administration of medication pursuant to this chapter
30 may, without civil or criminal liability, assist the qualified
31 patient by preparing the medication prescribed pursuant to this
32 chapter.

33 6. The request alone by a patient for medical aid in dying
34 does not constitute grounds for neglect or elder abuse for any
35 purpose of law, nor shall it be the sole basis for appointment

1 of a guardian or conservator for the requesting patient.

2 7. This section does not limit civil liability of a provider
3 or a health care entity for an intentional or negligent
4 violation of this chapter.

5 Sec. 17. NEW SECTION. 142E.17 **Effect on construction of**
6 **wills, contracts, or other agreements.**

7 1. A provision in a contract, will, or other agreement,
8 whether written or oral, that would determine whether a
9 patient may make or rescind a request for medical-aid-in-dying
10 medication pursuant to this chapter is not valid.

11 2. An obligation owing under any currently existing
12 contract shall not be conditioned or affected by a patient's
13 act of making or rescinding a request for medical-aid-in-dying
14 medication pursuant to this chapter.

15 3. It is unlawful for an insurer to deny or alter a health
16 care benefit otherwise available to a patient with a terminal
17 disease based on the availability of medical aid in dying or to
18 otherwise attempt to coerce a patient with a terminal disease
19 to make a request for medical-aid-in-dying medication.

20 Sec. 18. NEW SECTION. 142E.18 **Insurance or annuity**
21 **policies, plans, contracts, or other agreements.**

22 1. The sale, procurement, or issuance of a life, health, or
23 accident insurance policy, plan, contract, or other agreement,
24 or an annuity policy, plan, contract, or other agreement,
25 or the rate charged for such policy, plan, contract, or
26 other agreement shall not be conditioned upon or affected
27 by a patient's act of making or rescinding a request for
28 medical-aid-in-dying medication pursuant to this chapter.

29 2. A qualified patient's act of self-administration of
30 medical-aid-in-dying medication pursuant to this chapter
31 does not invalidate any part of a life, health, or accident
32 insurance policy, plan, contract, or other agreement, or an
33 annuity policy, plan, contract, or other agreement.

34 3. A carrier as defined in section 514C.13 shall not
35 deny or alter benefits to a patient with a terminal disease

1 who is a covered beneficiary of the health benefit plan as
2 defined in section 514C.13, based on the availability of
3 medical-aid-in-dying medication, the patient's request for
4 medical-aid-in-dying medication pursuant to this chapter, or
5 the absence of a request by a patient for medical-aid-in-dying
6 medication pursuant to this chapter. A person who violates
7 this subsection is subject to regulation by the commissioner of
8 insurance under Title XIII, subtitle 1.

9 Sec. 19. NEW SECTION. **142E.19 Liabilities and penalties.**

10 1. A person who intentionally or knowingly alters or
11 forges a patient's request for medical-aid-in-dying medication
12 pursuant to this chapter or who conceals or destroys a
13 rescission of a patient's request for medical-aid-in-dying
14 medication pursuant to this chapter is guilty of a class "A"
15 felony.

16 2. A person who intentionally or knowingly coerces or exerts
17 undue influence on a patient with a terminal disease to request
18 medical-aid-in-dying medication pursuant to this chapter or to
19 request or utilize medical-aid-in-dying medication pursuant to
20 this chapter is guilty of a class "A" felony.

21 3. Nothing in this section shall limit civil liability
22 or damages arising from negligent conduct or intentional
23 misconduct by a provider or health care entity.

24 4. The penalties specified in this chapter shall not
25 preclude application of criminal penalties applicable under
26 other laws for conduct inconsistent with this chapter.

27 Sec. 20. NEW SECTION. **142E.20 Claims by governmental entity**
28 **for costs incurred.**

29 A governmental entity that incurs costs resulting from
30 a qualified patient's self-administration of medication
31 prescribed under this chapter in a public place shall have a
32 claim against the estate of the qualified patient to recover
33 such costs and reasonable attorney fees related to enforcing
34 the claim.

35 Sec. 21. NEW SECTION. **142E.21 Construction.**

1 1. Nothing in this chapter authorizes a provider or any
2 other person, including a qualified patient, to end the
3 qualified patient's life by lethal injection, lethal infusion,
4 mercy killing, homicide, murder, manslaughter, euthanasia, or
5 any other criminal act.

6 2. Actions taken in accordance with this chapter do not for
7 any purpose constitute suicide, assisted suicide, euthanasia,
8 mercy killing, homicide, murder, manslaughter, elder abuse or
9 neglect, or any other civil or criminal violation under the
10 law.

11 Sec. 22. NEW SECTION. 142E.22 Severability.

12 If any provision of this chapter or its application to any
13 person or circumstance is held invalid, the invalidity does
14 not affect other provisions or applications of this chapter
15 which can be given effect without the invalid provision or
16 application, and to this end the provisions of this chapter are
17 severable.

18 Sec. 23. FORMS. Within forty-five days of enactment of
19 this Act, the department of health and human services shall
20 create an attending provider checklist form and an attending
21 provider follow-up form to facilitate collection of the
22 information described in this Act and shall post the forms on
23 the department's internet site.

24 Sec. 24. EFFECTIVE DATE.

25 1. The following, being deemed of immediate importance,
26 takes effect upon enactment:

27 The portion of the section of this Act enacting section
28 142E.12, relating to the department of health and human
29 services creating and making available to all attending
30 providers a prescribing provider checklist form and prescribing
31 provider follow-up form for the purposes of reporting the
32 information as specified under this Act to the department of
33 health and human services. The department of health and human
34 services shall comply with this section within forty-five days
35 of the effective date of this subsection.

1 2. The remainder of this Act, not including the portion
2 of section 142E.12 that is effective upon enactment under
3 subsection 1, is effective forty-five days after the effective
4 date of subsection 1.

5

EXPLANATION

6

The inclusion of this explanation does not constitute agreement with
7 the explanation's substance by the members of the general assembly.

7

8 This bill creates a new Code chapter, the "Iowa Our Care, Our
9 Options Act".

10 The bill provides findings and definitions used in the new
11 Code chapter.

12 The bill includes provisions relating to informed consent
13 relative to an adult patient making a decision about
14 end-of-life care and in particular medical aid in dying
15 which is defined as the practice of evaluating a patient's
16 request for medication, determining if a patient is qualified,
17 performing the duties specified, and providing a prescription
18 to a qualified patient, pursuant to the new Code chapter.

19 The bill provides that care that complies with the new
20 Code chapter meets the medical standard of care and shall not
21 be construed to exempt a provider or other medical personnel
22 from meeting the medical standards of care for a patient's
23 treatment.

24 The bill provides the process for a mentally capable
25 patient with a terminal disease to request a prescription for
26 medical-aid-in-dying medication. A requesting patient shall
27 make an oral request and a written request and shall reiterate
28 the oral request to the requesting patient's attending provider
29 no less than 48 hours after making the initial oral request.
30 However, if the attending provider has determined that the
31 requesting patient will, based on reasonable medical judgment,
32 die within 48 hours after making the initial oral request,
33 the requesting patient may reiterate the oral request to the
34 attending provider at any time after making the initial oral
35 request.

1 The bill specifies the form of the request for
2 medical-aid-in-dying medication and the requirements for
3 witnesses of the form under the new Code section.

4 The bill specifies the responsibilities of the attending
5 provider including determining whether a requesting patient
6 has a terminal disease with a prognosis of six months or
7 less and is mentally capable, confirming that the requesting
8 patient's request does not arise from coercion or undue
9 influence, informing the requesting patient of certain
10 information, providing the requesting patient with a referral
11 for alternative end-of-life treatment options, referring
12 the requesting patient to a consulting provider for medical
13 confirmation that the requesting patient has a terminal disease
14 with a prognosis of six months or less to live and is mentally
15 capable, referring the requesting patient to a licensed mental
16 health provider if the attending provider observes signs that
17 the requesting patient may not be capable of making an informed
18 decision, informing the requesting patient of the benefits
19 of notifying the next of kin of the requesting patient's
20 decision to request medication, following all other required
21 steps before providing the medication including confirming
22 that the requesting patient has made an informed decision, and
23 educating the requesting patient on the recommended procedure
24 and other details relating to administering the medication.
25 Additionally, once the attending provider has determined
26 that the requesting patient is a qualified patient, either
27 deliver the prescription to a licensed pharmacist to dispense
28 the medication to the qualified patient, or to an individual
29 expressly designated by the qualified patient; or if authorized
30 by the federal drug enforcement agency, dispense the prescribed
31 medication to the qualified patient or an individual designated
32 in person by the qualified patient.

33 The bill includes responsibilities of a consulting
34 provider including evaluating the requesting patient and the
35 requesting patient's relevant medical records, confirming

1 certain information about the requesting patient including
2 that the requesting patient has a terminal disease, is acting
3 voluntarily, is free from coercion or undue influence, and
4 is mentally capable or if not mentally capable then provide
5 documentation that the consulting provider has referred
6 the requesting patient for further evaluation by a licensed
7 mental health provider. The bill provides that if either
8 the attending provider or the consulting provider doubts
9 whether the requesting patient is mentally capable and is
10 unable to confirm that the requesting patient is capable
11 of making an informed decision, the attending provider or
12 consulting provider shall refer the requesting patient to a
13 licensed mental health provider for a determination regarding
14 the requesting patient's mental capability. If the licensed
15 mental health provider determines the requesting patient is
16 not mentally capable, the requesting patient shall not be
17 deemed a qualified patient and the attending provider shall not
18 prescribe medication to the requesting patient under the new
19 Code chapter.

20 The bill includes provisions relating to the death
21 certificate of a qualified patient who obtained and
22 self-administered a prescription for medication under the new
23 Code chapter. The bill requires the department of health
24 and human services (HHS) to create and make available to all
25 attending providers a prescribing provider checklist form
26 and prescribing provider follow-up form for the purposes of
27 reporting specified information about a qualifying patient
28 within specified time periods. Willful failure or refusal by
29 an attending provider to timely submit the reports nullifies
30 the immunity protections provided under the new Code chapter.

31 The bill provides that a person who has custody or control
32 of medication prescribed under the new Code chapter after the
33 qualified patient's death shall dispose of the medication by
34 lawful means in accordance with applicable state and federal
35 guidelines.

1 The bill provides that a provider or health care entity
2 may choose whether or not to provide medical aid in dying,
3 but requires those that prohibit or refuse to provide medical
4 aid in dying to comply with certain notifications to patients
5 and providers. Under the new Code chapter, the intentional
6 misleading of a patient or deploying of misinformation to
7 obstruct access to medical-aid-in-dying services by a health
8 care entity constitutes coercion and undue influence which is
9 an aggravated misdemeanor and subjects the health care entity
10 to licensee discipline. The bill provides that a provider or
11 health care entity shall not be subject to criminal liability,
12 licensing sanctions, or other professional disciplinary action
13 for actions taken in good-faith compliance with the new Code
14 chapter. Additionally, a provider, health care entity, or
15 professional organization or association is prohibited from
16 certain actions against a provider or health care entity for
17 engaging in good-faith compliance with or for refusing to
18 participate in accordance with the new Code chapter.

19 A provider, health care entity, or professional
20 organization or association is prohibited from subjecting
21 a provider to certain penalties for providing medical aid
22 in dying in accordance with the standard of care and in
23 good faith under the new Code chapter when the provider is
24 engaged in the outside practice of medicine and not on the
25 objecting provider's, health care entity's, or professional
26 organization's or association's premises, or when the provider
27 is providing scientific and accurate information about medical
28 aid in dying to a patient when discussing end-of-life care
29 options. A provider is not subject to civil or criminal
30 liability or professional discipline if at the request of a
31 qualified patient the provider is present outside the scope of
32 the provider's employment and not located on the health care
33 entity's premises when the qualified patient self-administers
34 medication pursuant to the new Code chapter or at the time of
35 the qualified patient's death.

1 A person who is present at the time of self-administration
2 of medication may, without civil or criminal liability, assist
3 the qualified patient by preparing the medication prescribed
4 pursuant to the new Code chapter.

5 The request alone by a patient for medical aid in dying
6 does not constitute grounds for neglect or elder abuse for any
7 purpose of law, nor shall it be the sole basis for appointment
8 of a guardian or conservator for the requesting patient.
9 However, the immunity provisions do not limit civil liability
10 of a provider or a health care entity for an intentional or
11 negligent violation of the new Code chapter.

12 The bill includes provisions relating to the effect of the
13 new Code chapter on the construction of wills, contracts, or
14 other agreements and on insurance and annuity policies, plans,
15 contracts, and other agreements.

16 The bill provides that a person who intentionally
17 or knowingly alters or forges a patient's request for
18 medical-aid-in-dying medication or who conceals or destroys
19 a rescission of a patient's request for medical-aid-in-dying
20 medication pursuant to the new Code chapter is guilty
21 of a class "A" felony. A class "A" felony is punishable
22 by confinement for life without possibility of parole.
23 Additionally, a person who intentionally or knowingly coerces
24 or exerts undue influence on a patient with a terminal disease
25 to request medical-aid-in-dying medication or to request or
26 utilize medical-aid-in-dying medication is guilty of a class
27 "A" felony.

28 The bill provides that a governmental entity that incurs
29 costs resulting from a qualified patient self-administering
30 medication prescribed under the new Code chapter in a public
31 place shall have a claim against the estate of the qualified
32 individual to recover such costs and reasonable attorney fees
33 related to enforcing the claim.

34 The construction provisions of the new Code chapter provide
35 that nothing in the Code chapter authorizes a provider or

1 any other person, including the qualified patient, to end
2 the qualified patient's life by lethal injection, lethal
3 infusion, mercy killing, homicide, murder, manslaughter,
4 euthanasia, or any other criminal act. Additionally, actions
5 taken in accordance with the new Code chapter do not for any
6 purpose constitute suicide, assisted suicide, euthanasia,
7 mercy killing, homicide, murder, manslaughter, elder abuse or
8 neglect, or any other civil or criminal violation under the
9 law.

10 The bill includes a severability provision. The bill
11 provides that the provision requiring HHS to create and make
12 available the attending provider checklist form and follow-up
13 form takes effect upon enactment and requires the completion of
14 this requirement within 45 days of the effective date of the
15 bill.

16 The remainder of the bill takes effect 45 days after the
17 effective date of the form requirement.