

House Resolution 116 - Introduced

HOUSE RESOLUTION NO. 116

BY JONES, MOORE, WESTRICH, STONE, BERGAN, INGELS,
WHEELER, KAUFMANN, BRINK, KLEIN, PAUSTIAN,
LUNDGREN, LOHSE, WORTHAN, KERR, BLOOMINGDALE,
ANDREWS, FISHER, WILLS, GRASSLEY, SORENSEN,
JACOBSEN, BACON, THORUP, BODEN, NORDMAN, BUSH, and
LATHAM

1 A Resolution urging the United States Food and Drug
2 Administration to take action necessary to improve
3 labeling of imitation eggs and egg products.

4 WHEREAS, Iowa leads the nation in egg production,
5 accounting for 17 percent of table egg production and
6 one in six eggs consumed in the United States each
7 year; and

8 WHEREAS, the Iowa egg industry contributes \$2.62
9 billion in total industrial output, 7,400 jobs, and
10 more than \$502 million in personal wages; and

11 WHEREAS, eggs produced and marketed in Iowa have a
12 value of over \$1.30 billion, including hatchery eggs
13 for export, eggs for the shell market, and liquid
14 eggs; and

15 WHEREAS, egg products are shipped across the country
16 and around the world for use in food service menus and
17 as ingredients in countless other packaged foods; and

18 WHEREAS, eggs are one of the most economical foods
19 available to consumers, having a perfect balance of
20 diversity and nutrients; being naturally low in fat;
21 containing the highest biological value for protein; a
22 good or excellent source of eight essential vitamins
23 and nutrients; containing almost every mineral required

24 by the human body including calcium, iron, potassium,
25 zinc, and manganese; and having only 72 calories per
26 large egg; and

27 WHEREAS, the high-quality protein in eggs supports
28 healthy muscles, the choline in eggs supports
1 lifelong brain health and the carotenoids, lutein, and
2 zeaxanthin in eggs support eye health and cognitive
3 function; and

4 WHEREAS, eggs are economical and consistently
5 recognized by the United States Department of
6 Agriculture as the lowest cost per serving of
7 high-quality protein costing approximately 16 cents per
8 serving and providing 40 grams of protein per dollar
9 spent; and

10 WHEREAS, according to the 2020-2025 Dietary
11 Guidelines for Americans published by the Department
12 of Agriculture and the Department of Health and Human
13 Services, eggs are an important part of a healthy diet
14 for both children and adults; and

15 WHEREAS, the 2020-2025 Dietary Guidelines for
16 Americans recommend eggs as an important first food for
17 infants and toddlers, as well as for pregnant women and
18 lactating mothers; and

19 WHEREAS, according to the 2020-2025 Dietary
20 Guidelines for Americans, most Americans are
21 not meeting recommended intake for vitamin D and
22 choline; and

23 WHEREAS, the 2020-2025 Dietary Guidelines for
24 Americans affirm that eggs, as a nutrient-dense
25 food, can contribute to the health and well-being of

26 Americans of all ages in several ways; and

27 WHEREAS, the 2020-2025 Dietary Guidelines for
28 Americans encourage the consumption of eggs by preteens
29 and adolescents, especially girls, including by
30 providing sources of protein and choline; and

1 WHEREAS, the 2020-2025 Dietary Guidelines for
2 Americans emphasize that eggs are a rich source of
3 critical nutrients for human health, including the
4 health of older adults who are at nutritional risk due
5 to not consuming enough protein and vitamin B12; and

6 WHEREAS, imitation egg products, such as plant-based
7 products derived from beans, and other foods that
8 imitate eggs and egg products, often do not provide
9 the same nutritional content as genuine eggs and egg
10 products derived from layer hens; and

11 WHEREAS, plant-based products labeled as eggs and
12 egg products are misleading to consumers regarding
13 their nutritional profile; and

14 WHEREAS, in recent years, a proliferation of
15 imitation egg products have entered into the
16 marketplace which are misleading to consumers regarding
17 their nutritional profile; and

18 WHEREAS, recent survey data indicates that many
19 consumers believe that imitation egg products have
20 as much or more nutritional value than genuine egg
21 products, when they actually have less; and

22 WHEREAS, the United States Food and Drug
23 Administration regulates genuine eggs and egg products,
24 including under 21 C.F.R. pt. 160; NOW THEREFORE,

25 BE IT RESOLVED BY THE HOUSE OF REPRESENTATIVES, That

26 the Iowa House of Representatives urges the United
27 States Food and Drug Administration to take action
28 necessary to enforce its regulations and better inform
29 consumers regarding the proliferation of imitation eggs
30 and egg products currently mislabeled as eggs or egg
1 products; and

2 BE IT FURTHER RESOLVED, That copies of this
3 resolution be sent to the United States Commissioner
4 of Food and Drugs, the President and Secretary of the
5 United States Senate, the Speaker and Clerk of the
6 United States House of Representatives, and to the
7 members of Iowa's congressional delegation.