HOUSE FILE 570

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A BILL FOR

- l An Act relating to family planning and abortion reduction in
- 2 the state and including effective date provisions.
- 3 BE IT ENACTED BY THE GENERAL ASSEMBLY OF THE STATE OF IOWA:

1 DIVISION I FAMILY PLANNING AND ABORTION REDUCTION POLICY 2 3 Section 1. FAMILY PLANNING AND ABORTION REDUCTION POLICY. 4 1. a. In 2011, nearly two million eight hundred thousand 5 pregnancies, or forty-five percent of pregnancies, were 6 unintended, meaning that the pregnancy occurred when a woman 7 wanted to become pregnant in the future but not at the time she 8 became pregnant, or the woman became pregnant when she did not 9 want to become pregnant then or at any time in the future. The rate of unintended pregnancies is higher among 10 b. 11 women with incomes below two hundred percent of the federal 12 poverty level (FPL), women eighteen to twenty-four years of 13 age, cohabiting women, and women of color, and is lowest among 14 higher-income women, white women, college graduates, and 15 married women. With respect to the outcome of an unintended 16 pregnancy, in 2011, women with incomes below one hundred 17 percent of the FPL had an unplanned birth rate nearly seven 18 times that of women at or above two hundred percent of the FPL. 19 a. Between 2008 and 2011, the unintended pregnancy 2. 20 rate in the United States declined by eighteen percent, the 21 lowest level in three decades. During this time, the rates 22 of both abortion and unplanned births fell substantially by 23 thirteen percent and eighteen percent, respectively. Abortion 24 rates have continued to decline and although states enacted new 25 restrictions on abortions between 2012 and 2014, these states 26 only accounted for thirty-eight percent of the total abortion 27 rate decline between 2011 and 2014. Conversely, sixty-two 28 percent of the decline in the abortion rate was attributable 29 to states and jurisdictions that did not pass restrictive 30 abortion laws during this same time period. This suggests that 31 the decline in the abortion rate during both periods was not 32 due to an increase in unplanned births or increased abortion 33 restrictions.

34 b. During these periods, however, there was improvement 35 in contraceptive use, including the use of highly effective

-1-

1 long-acting reversible contraceptives. Based on this data, 2 researchers have concluded that the decline in abortions was 3 driven by the steep decline in unintended pregnancy, which in 4 turn was most plausibly explained by improved contraceptive 5 use, not because fewer women decided to end an unwanted 6 pregnancy.

3. a. According to the centers for disease control and 8 prevention of the United States department of health and human 9 services (CDC), two million three hundred thousand cases of 10 chlamydia, gonorrhea, and syphilis were reported in the United 11 States in 2017, the highest number ever, and two hundred 12 thousand more than in 2016. Of these cases, the population 13 aged fifteen to twenty-four accounted for more than one-half 14 of all new sexually transmitted infections (STIs) each year, 15 even though that population makes up only one-quarter of the 16 sexually active population. Sexually transmitted infections 17 are disproportionately more common in young and marginalized 18 people.

b. If left undiagnosed and untreated, STIs can have serious health consequences, resulting in infertility, life-threatening ectopic pregnancies, stillbirths in infants, and miscarriages, and an increased risk for human immunodeficiency virus transmission. Additionally, STIs may result in adverse pregnancy outcomes including preterm birth, low-birth weight, and children with physical and mental developmental disabilities.

c. The CDC identifies budgetary cuts in STI prevention
efforts, societal stigma, insufficient awareness of the
importance of screening among some health care providers, lack
of comprehensive sex education, and barriers to health care
services as playing roles in the increase in STIs.
4. a. The CDC and the United States office of population
affairs recommend that family planning services include
providing contraception to help men and women plan and space
births, prevent unintended pregnancies, and reduce the number

-2-

1 of abortions; offer pregnancy testing and counseling; help
2 clients who want to conceive; provide basic infertility
3 services; provide preconception health service to improve
4 infant and maternal outcomes, and improve women's and men's
5 health; and provide STI screening and treatment services to
6 prevent tubal infertility and improve the health of women, men,
7 and infants.

8 b. In 2014, of the sixty-seven million women of reproductive 9 age, ages thirteen to forty-four, thirty-eight million were in 10 need of contraceptive care, and twenty million were in need of 11 publicly funded services and supplies due to being low-income 12 or being younger than twenty years of age.

13 c. In 2015, public expenditures for family planning client 14 services totaled two billion one hundred million dollars 15 with Medicaid accounting for seventy-five percent, state 16 appropriations accounting for twelve percent, and funding 17 through Tit. X of the federal Public Health Services Act (Tit. 18 X) accounting for ten percent. Tit. X subsidizes services for 19 men and women who do not meet the eligibility requirements for 20 Medicaid, maintains the national network of family planning 21 centers, and sets the standards for provision of family 22 planning services.

d. Although total public funding for family planning in actual dollars increased by more than one billion seven hundred million dollars between 1980 and 2015, after adjusting for inflation, funding levels were essentially the same in 2015 as in 1980.

e. In 2010, every one dollar invested in publicly funded family planning services saved over seven dollars in Medicaid expenditures that would otherwise have been necessary to pay the medical costs of pregnancy, delivery, and early childhood care; and the nationwide public investment in family planning services resulted in over thirteen billion dollars in net savings, helping women avoid unintended pregnancies and a range of other negative reproductive health outcomes.

-3-

LSB 2399YH (6) 89 pf/rh

3/15

1 f. In 2014, publicly funded family planning services helped 2 women to avoid two million unintended pregnancies, which would 3 potentially have resulted in nearly nine hundred thousand 4 unplanned births and nearly seven hundred thousand abortions. Publicly funded family planning has well-documented 5 q. 6 health benefits for women, newborns, families, and communities. 7 The ability to delay and space out childbearing is crucial to 8 women's social and economic advancement. A woman's ability to 9 obtain and effectively use contraceptives has a positive impact 10 on their education and workforce participation, as well as on 11 subsequent outcomes related to income, family stability, mental 12 health and happiness, and children's well-being. Evidence 13 suggests that the most disadvantaged women in the United States 14 do not fully share in these benefits which is why unintended 15 pregnancy prevention efforts should be grounded in broader 16 anti-poverty and social justice efforts.

h. Publicly funded family planning services help women to avoid pregnancies they do not want and to plan pregnancies they do want. Supporting and expanding women's access to family planning services not only protects women's health, it also reduces abortion rates. The clear implication for policymakers who wish to see fewer abortions occur is to focus on making family planning services and contraceptive care more available and on increasing funding to these services.

DIVISION II

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26 27 MEDICAID — IOWA FAMILY PLANNING NETWORK Sec. 2. MEDICAID — IOWA FAMILY PLANNING NETWORK.

1. The Medicaid 1115 demonstration waiver provided family planning services, at various time periods, from February 2006 through June 2017, to men and women ages twelve to fifty-four with incomes not exceeding three hundred percent of the federal poverty level, through the Iowa family planning network. Services provided by the Iowa family planning network during this time did all of the following:

35 a. Resulted in an estimated midpoint number of averted

-4-

births, including by extension the reduction in unintended or
 unwanted pregnancies and repeat teen births, of thirty-six
 thousand one hundred sixty-nine.

b. Resulted in an estimated midpoint reduction in Medicaid
costs attributable to costs avoided for each averted birth
6 including costs for deliveries, births, and first years of life
7 of four hundred eighty-five million dollars, not including the
8 continuing costs for children who remain on Medicaid beyond
9 their first birthday. Approximately forty percent of children
10 who had a Medicaid-paid birth will remain on Medicaid for five
11 or more years.

12 c. Resulted in a total estimated net savings in Medicaid
13 costs of over four hundred seventy-six million dollars.
14 d. Provided a cost-effective mechanism to allow men and

15 women access to family planning services which resulted in 16 averted births and reduced costs to the state with the ninety 17 percent federal match for such services.

18 2. Conversely, the most recent available data reported 19 regarding the state family planning program established July 1, 20 2017, and funded exclusively with state general fund moneys, 21 indicates that from April through June of 2018, there was a 22 seventy-three percent decline in services compared with April 23 through June 2017, the last three months of the Iowa family 24 planning network, and patient enrollment in the new program 25 fell by more than half.

3. If family planning services were once again provided under the Medicaid program through a Medicaid state plan amendment, with the same benefits, eligibility requirements, and other provisions included in the former Iowa family planning network demonstration waiver, the state would be able to do all of the following:

a. Utilize the additional state funds available to
expand efforts to continue to reduce abortions and improve
reproductive and overall health for men and women in the state
through broad-based family planning services, age-appropriate

-5-

1 sexual health education efforts such as the personal

2 responsibility and education program, programs for pregnant and 3 parenting teens, increased access to family planning services 4 including contraceptives to men and women, Medicaid-enhanced 5 prenatal services for members determined to be at high risk, 6 and the Tit. X family planning program.

b. Utilize the entire family planning services provider 7 8 network to expand access to reach those in need of publicly 9 funded services, including those women for whom rates of 10 unintended pregnancies are higher including low-income, 11 younger, and less-formally educated women, and women of color. 12 c. Continue to provide necessary family planning services 13 that have resulted in declining unintended pregnancies and 14 fewer abortions, and that would result in additional resources 15 being available to enhance the quality of life for children 16 after they are born including through the head start program, 17 prekindergarten programs, child care assistance, properly 18 funded schools, foster and adoptive programs, hawk-i, and other 19 programs that support and enrich the lives of children and 20 families in the state.

Sec. 3. IOWA FAMILY PLANNING NETWORK — MEDICAID STATE PLAN AMENDMENT. The department of human services shall submit a Medicaid state plan amendment to the centers for Medicare and Medicaid services of the United States department of health and human services for approval to establish the Iowa family planning network with the same benefits, eligibility requirements, and other provisions included in the Medicaid lowa family planning network waiver as approved by the centers for Medicare and Medicaid services of the United States department of health and human services in effect on June 30, 12017.

32 Sec. 4. EFFECTIVE DATE. This division of this Act, being 33 deemed of immediate importance, takes effect upon enactment. 34 DIVISION III 35 REPEAL OF STATE FAMILY PLANNING SERVICES PROGRAM

-6-

H.F. 570

1 Sec. 5. REPEAL. Section 217.41B, Code 2021, is repealed. 2 Sec. 6. CONTINGENT EFFECTIVE DATE. The following takes 3 effect upon receipt of approval by the department of human 4 services from the centers for Medicare and Medicaid services 5 of the United States department of health and human services 6 of the Medicaid state plan amendment submitted pursuant to 7 division II of this Act to establish the Iowa family planning 8 network: 9 The section of this division of this Act repealing section 10 217.41B, Code 2021. DIVISION IV 11 12 SELF-ADMINISTERED HORMONAL CONTRACEPTIVES 13 Section 155A.3, Code 2021, is amended by adding the Sec. 7. 14 following new subsections: 10A. "Department" means the department of 15 NEW SUBSECTION. 16 public health. 44A. "Self-administered hormonal 17 NEW SUBSECTION. 18 contraceptive" means a self-administered hormonal contraceptive 19 that is approved by the United States food and drug 20 administration to prevent pregnancy. *Self-administered* 21 hormonal contraceptive" includes an oral hormonal contraceptive, 22 a hormonal vaginal ring, and a hormonal contraceptive patch, 23 but does not include any drug intended to induce an abortion as 24 defined in section 146.1. 44B. "Standing order" means a preauthorized 25 NEW SUBSECTION. 26 medication order with specific instructions from the medical 27 director of the department to dispense a medication under 28 clearly defined circumstances. 29 Sec. 8. NEW SECTION. 155A.47 Pharmacist dispensing of 30 self-administered hormonal contraceptives — standing order — 31 requirements — limitations of liability. 32 1. Notwithstanding any provision of law to the contrary, a 33 pharmacist may dispense, at one time, up to a one-year supply 34 of a self-administered hormonal contraceptive to a patient, 35 pursuant to a standing order established by the medical

-7-

LSB 2399YH (6) 89 pf/rh

7/15

1 director of the department in accordance with this section.

2 A pharmacist who dispenses a self-administered hormonal
 3 contraceptive in accordance with this section shall not
 4 require any other prescription drug order authorized by a
 5 practitioner prior to dispensing the self-administered hormonal
 6 contraceptive to a patient.

7 3. The medical director of the department may establish a 8 standing order authorizing the dispensing of self-administered 9 hormonal contraceptives by a pharmacist who does all of the 10 following:

11 a. Complies with the standing order established pursuant to
12 this section.

b. Retains a record of each patient to whom a
14 self-administered hormonal contraceptive is dispensed under
15 this section and submits the record to the department.

4. The standing order shall require a pharmacist who
17 dispenses self-administered hormonal contraceptives under this
18 section to do all of the following:

19 a. Complete a standardized training program and continuing 20 education requirements approved by the board in consultation 21 with the department that are related to prescribing 22 self-administered hormonal contraceptives and include education 23 regarding all contraceptive methods approved by the United 24 States food and drug administration.

b. Obtain a completed self-screening risk assessment,
approved by the department in collaboration with the board and
the board of medicine, from each patient prior to dispensing
the self-administered hormonal contraceptive to the patient.

29 c. Provide the patient with all of the following:

30 (1) Written information regarding all of the following: 31 (a) The importance of completing an appointment with the 32 patient's primary care or women's health care practitioner 33 to obtain preventative care, including but not limited to 34 recommended tests and screenings.

35 (b) The effectiveness and availability of long-acting

-8-

1 reversible contraceptives as an alternative to 2 self-administered hormonal contraceptives. (2) A copy of the record of the pharmacist's encounter with 3 4 the patient that includes all of the following: The patient's completed self-screening risk assessment. 5 (a) 6 (b) A description of the contraceptive dispensed, or the 7 basis for not dispensing a contraceptive. 8 Patient counseling regarding all of the following: (3) 9 (a) The appropriate administration and storage of the 10 self-administered hormonal contraceptive. (b) Potential side effects and risks of the 11 12 self-administered hormonal contraceptive. 13 (c) The need for backup contraception. 14 (d) When to seek emergency medical attention. 15 (e) The risk of contracting a sexually transmitted 16 infection or disease, and ways to reduce such a risk. The standing order established pursuant to this section 17 5. 18 shall prohibit a pharmacist who dispenses a self-administered 19 hormonal contraceptive under this section from doing any of the 20 following: Requiring a patient to schedule an appointment with 21 a. 22 the pharmacist for the prescribing or dispensing of a 23 self-administered hormonal contraceptive. 24 Dispensing self-administered hormonal contraceptives to *b*. 25 a patient for more than twenty-four months after the date a 26 self-administered hormonal contraceptive is initially dispensed 27 to the patient without the patient's attestation that the 28 patient has consulted with a primary care or women's health 29 care practitioner during the preceding twenty-four months. Dispensing a self-administered hormonal contraceptive to 30 C. 31 a patient if the results of the self-screening risk assessment 32 completed by a patient pursuant to subsection 4, paragraph 33 "b", indicate it is unsafe for the pharmacist to dispense the 34 self-administered hormonal contraceptive to the patient, in 35 which case the pharmacist shall refer the patient to a primary

-9-

1 care or women's health care practitioner.

6. A pharmacist who dispenses a self-administered hormonal contraceptive and the medical director of the department who establishes a standing order in compliance with this section shall be immune from criminal and civil liability arising from any damages caused by the dispensing, administering, or use of a self-administered hormonal contraceptive or the setablishment of the standing order. The medical director of the department shall be considered to be acting within the scope of the medical director's office and employment for purposes of chapter 669 in the establishment of a standing order in compliance with this section.

13 7. The department, in collaboration with the board and 14 the board of medicine, and in consideration of the guidelines 15 established by the American congress of obstetricians and 16 gynecologists, shall adopt rules pursuant to chapter 17A to 17 administer this chapter.

18 Sec. 9. Section 514C.19, Code 2021, is amended to read as 19 follows:

20 514C.19 Prescription contraceptive coverage.

1. Notwithstanding the uniformity of treatment requirements section 514C.6, a group policy, or contract, or plan providing for third-party payment or prepayment of health or medical expenses shall not do either of the following comply s as follows:

a. Exclude Such policy, contract, or plan shall not
<u>exclude</u> or restrict benefits for prescription contraceptive
drugs or prescription contraceptive devices which prevent
conception and which are approved by the United States
food and drug administration, or generic equivalents
approved as substitutable by the United States food and drug
administration, if such policy, or contract, or plan provides
benefits for other outpatient prescription drugs or devices.
However, such policy, contract, or plan shall specifically
provide for payment of a one-year supply of self-administered

-10-

1 hormonal contraceptives, as prescribed by a practitioner as

2 defined in section 155A.3, or as prescribed by standing order

3 and dispensed by a pharmacist pursuant to section 155A.47,

4 including self-administered hormonal contraceptives dispensed

5 at one time.

b. Exclude Such policy, contract, or plan shall not exclude
or restrict benefits for outpatient contraceptive services
which are provided for the purpose of preventing conception if
such policy, or contract, or plan provides benefits for other
outpatient services provided by a health care professional.

11 2. A person who provides a group policy, or contract, or 12 plan providing for third-party payment or prepayment of health 13 or medical expenses which is subject to subsection 1 shall not 14 do any of the following:

15 a. Deny to an individual eligibility, or continued 16 eligibility, to enroll in or to renew coverage under the terms 17 of the policy, or contract, or plan because of the individual's 18 use or potential use of such prescription contraceptive drugs 19 or devices, or use or potential use of outpatient contraceptive 20 services.

b. Provide a monetary payment or rebate to a covered
individual to encourage such individual to accept less than the
minimum benefits provided for under subsection 1.

c. Penalize or otherwise reduce or limit the reimbursement
of a health care professional because such professional
prescribes contraceptive drugs or devices, or provides
contraceptive services.

d. Provide incentives, monetary or otherwise, to a health range care professional to induce such professional to withhold from a covered individual contraceptive drugs or devices, or contraceptive services.

32 3. This section shall not be construed to prevent a
33 third-party payor from including deductibles, coinsurance, or
34 copayments under the policy, or contract, or plan as follows:
35 a. A deductible, coinsurance, or copayment for benefits

-11-

1 for prescription contraceptive drugs shall not be greater than 2 such deductible, coinsurance, or copayment for any outpatient 3 prescription drug for which coverage under the policy, or 4 contract, or plan is provided.

b. A deductible, coinsurance, or copayment for benefits for
prescription contraceptive devices shall not be greater than
such deductible, coinsurance, or copayment for any outpatient
prescription device for which coverage under the policy, or
contract, or plan is provided.

10 c. A deductible, coinsurance, or copayment for benefits for 11 outpatient contraceptive services shall not be greater than 12 such deductible, coinsurance, or copayment for any outpatient 13 health care services for which coverage under the policy, or 14 contract, or plan is provided.

4. This section shall not be construed to require a third-party payor under a policy, or contract, or plan to provide benefits for experimental or investigational contraceptive drugs or devices, or experimental or investigational contraceptive services, except to the extent that such policy, or contract, or plan provides coverage for ther experimental or investigational outpatient prescription drugs or devices, or experimental or investigational outpatient health care services.

5. This section shall not be construed to limit or otherwise discourage the use of generic equivalent drugs approved by the United States food and drug administration, whenever available and appropriate. This section, when a brand name drug is requested by a covered individual and a suitable generic equivalent is available and appropriate, shall not be construed to prohibit a third-party payor from requiring the covered individual to pay a deductible, coinsurance, or copayment consistent with subsection 3, in addition to the difference of the cost of the brand name drug less the maximum covered amount afor a generic equivalent.

35 6. A person who provides an individual policy<u>, or</u> contract<u>,</u>

-12-

LSB 2399YH (6) 89 pf/rh

12/15

H.F. 570

1 or plan providing for third-party payment or prepayment of 2 health or medical expenses shall make available a coverage 3 provision that satisfies the requirements in subsections 4 1 through 5 in the same manner as such requirements are 5 applicable to a group policy, or contract, or plan under those 6 subsections. The policy, or contract, or plan shall provide 7 that the individual policyholder may reject the coverage 8 provision at the option of the policyholder.

9 7. *a.* This section applies to the following classes of 10 third-party payment provider contracts, or policies, or plans 11 delivered, issued for delivery, continued, or renewed in this 12 state on or after July 1, 2000 January 1, 2022:

13 (1) Individual or group accident and sickness insurance 14 providing coverage on an expense-incurred basis.

15 (2) An individual or group hospital or medical service16 contract issued pursuant to chapter 509, 514, or 514A.

17 (3) An individual or group health maintenance organization18 contract regulated under chapter 514B.

19 (4) Any other entity engaged in the business of insurance,
20 risk transfer, or risk retention, which is subject to the
21 jurisdiction of the commissioner.

22 (5) A plan established pursuant to chapter 509A for public23 employees.

b. This section shall not apply to accident-only,
specified disease, short-term hospital or medical, hospital
confinement indemnity, credit, dental, vision, Medicare
supplement, long-term care, basic hospital and medical-surgical
expense coverage as defined by the commissioner, disability
income insurance coverage, coverage issued as a supplement
to liability insurance, workers' compensation or similar
insurance, or automobile medical payment insurance.
<u>8. This section shall not be construed to require a</u>
third-party payor to provide payment to a practitioner for the
dispensing of a self-administered hormonal contraceptive to

35 replace a self-administered hormonal contraceptive that has

LSB 2399YH (6) 89

pf/rh

-13-

1 been dispensed to a covered person and that has been misplaced, 2 stolen, or destroyed. This section shall not be construed to 3 require a third-party payor to replace covered prescriptions 4 that are misplaced, stolen, or destroyed. 5 9. For the purposes of this section: 6 *"Self-administered hormonal contraceptive"* means a a. 7 self-administered hormonal contraceptive that is approved 8 by the United Sates food and drug administration to prevent 9 pregnancy. "Self-administered hormonal contraceptive" includes 10 an oral hormonal contraceptive, a hormonal vaginal ring, and 11 a hormonal contraceptive patch, but does not include any drug 12 intended to induce an abortion as defined in section 146.1. 13 b. "Standing order" means a preauthorized medication order 14 with specific instructions from the medical director of the 15 department of public health to dispense a medication under 16 clearly defined circumstances. 17 EXPLANATION 18 The inclusion of this explanation does not constitute agreement with 19 the explanation's substance by the members of the general assembly. 20 This bill relates to state family planning services. 21 Division I of the bill provides a basis for a family planning 22 and abortion reduction policy. Division II of the bill requires the department of human 23 24 services (DHS) to submit a Medicaid state plan amendment to 25 the centers for Medicare and Medicaid services of the United 26 States department of health and human services (CMS) for 27 approval to establish the Iowa family planning network with the 28 same benefits, eligibility requirements, and other provisions 29 included in the Medicaid Iowa family planning network waiver 30 as approved by CMS in effect on June 30, 2017. The section of 31 division II of the bill requiring submission of the state plan 32 amendment takes effect upon enactment. 33

33 Division III of the bill repeals the state family planning 34 services program. The repeal of the program takes effect upon 35 receipt of approval by DHS from CMS of the Medicaid state plan

-14-

1 amendment establishing the Iowa family planning network.

2 Division IV of the bill relates to the dispensing of3 self-administered hormonal contraceptives by a pharmacist.

The division provides that notwithstanding any provision of law to the contrary, a pharmacist may dispense at one time, up to a one-year supply of a self-administered hormonal contraceptive to a patient pursuant to a standing order sestablished by the medical director of the department of public health (medical director).

10 The division authorizes the medical director to establish a 11 standing order authorizing the dispensing of self-administered 12 hormonal contraceptives by any pharmacist who complies with the 13 standing order and retains and submits the patient's record to 14 the department of public health (DPH).

15 The division requires DPH, in collaboration with the 16 boards of pharmacy and medicine, and in consideration of 17 the guidelines established by the American congress of 18 obstetricians and gynecologists, to adopt administrative rules 19 to administer the division.

The division amends prescription contraceptive coverage provisions to require that a group policy, contract, or plan delivered, issued for delivery, continued, or renewed in the state on or after January 1, 2022, providing for third-party payment or prepayment of health or medical expenses, shall specifically provide for payment of a one-year supply of self-administered hormonal contraceptives, as prescribed and dispensed as specified in the division, including those dispensed at one time.

-15-