

**House File 2533 - Introduced**

HOUSE FILE 2533  
BY COMMITTEE ON HUMAN  
RESOURCES

(SUCCESSOR TO HF 2310)

**A BILL FOR**

1 An Act relating to adding functional family therapy and  
2 multisystemic therapy for youth as covered services under  
3 the Medicaid program.

4 BE IT ENACTED BY THE GENERAL ASSEMBLY OF THE STATE OF IOWA:

1 Section 1. MEDICAID REIMBURSEMENT — FUNCTIONAL FAMILY  
2 THERAPY AND MULTISYSTEMIC THERAPY FOR YOUTH.

3 1. The department of human services shall submit a Medicaid  
4 state plan amendment to the centers for Medicare and Medicaid  
5 services to request the addition of functional family therapy  
6 and multisystemic therapy for youth as covered services under  
7 the Medicaid program. The department shall include functional  
8 family therapy and multisystemic therapy under the Medicaid  
9 program as covered services upon receipt of federal approval.

10 2. For the purposes of this section:

11 a. "Functional family therapy" means an evidence-based  
12 practice using a short-term, phased, family-focused prevention  
13 and intervention clinical model targeting at-risk youth and  
14 designed to improve family dynamics, communications, and  
15 support while decreasing negativity and dysfunctional patterns  
16 of behavior.

17 b. "Multisystemic therapy" means an evidence-based practice  
18 using an intensive community-based, family-involved treatment  
19 process targeting high-risk youth that focuses on and addresses  
20 the multiple environmental systems that contribute to or  
21 influence a youth's involvement or potential involvement in the  
22 juvenile justice system.

23 EXPLANATION

24 The inclusion of this explanation does not constitute agreement with  
25 the explanation's substance by the members of the general assembly.

26 This bill requires the department of human services to  
27 submit a Medicaid state plan amendment to include functional  
28 family therapy (FFT) and multisystemic therapy (MST) for youth  
29 as covered services under the Medicaid program. Both FFT and  
30 MST are evidence-based treatments for youth that address a  
31 youth's home and environment to reduce problematic behavior and  
32 divert the youth from the juvenile justice system.