SENATE FILE 2188 BY COMMITTEE ON HUMAN RESOURCES

(SUCCESSOR TO SF 2075)

A BILL FOR

- 1 An Act relating to prescription authority for certain
- 2 psychologists and making penalties applicable.
- 3 BE IT ENACTED BY THE GENERAL ASSEMBLY OF THE STATE OF IOWA:

1 Section 1. Section 123.3, subsection 35, Code 2016, is
2 amended to read as follows:

3 35. "*Pharmacy*" means a drug store in which drugs and 4 medicines are exposed for sale and sold at retail, or in which 5 prescriptions of licensed physicians and surgeons, dentists, 6 <u>prescribing psychologists</u>, or veterinarians are compounded and 7 sold by a registered pharmacist.

8 Sec. 2. Section 124.101, subsection 26, paragraph a, Code 9 2016, is amended to read as follows:

10 a. A physician, dentist, podiatric physician, prescribing 11 psychologist, veterinarian, scientific investigator or 12 other person licensed, registered, or otherwise permitted to 13 distribute, dispense, conduct research with respect to, or to 14 administer a controlled substance in the course of professional 15 practice or research in this state.

16 Sec. 3. Section 147.107, subsections 1 and 2, Code 2016, are 17 amended to read as follows:

1. A person, other than a pharmacist, physician,
 19 dentist, podiatric physician, prescribing psychologist, or
 20 veterinarian who dispenses as an incident to the practice of
 21 the practitioner's profession, shall not dispense prescription
 22 drugs or controlled substances.

2. a. A pharmacist, physician, dentist, or podiatric
 24 physician, or prescribing psychologist who dispenses
 25 prescription drugs, including but not limited to controlled
 26 substances, for human use, may delegate nonjudgmental
 27 dispensing functions to staff assistants only when verification
 28 of the accuracy and completeness of the dispensing is
 29 determined by the pharmacist or practitioner in the
 30 pharmacist's or practitioner's physical presence. However, the
 31 physical presence requirement does not apply when a pharmacist
 32 or practitioner is utilizing an automated dispensing system or
 33 when a pharmacist is utilizing a tech-check-tech program, as
 34 defined in section 155A.3. When using an automated dispensing

-1-

1 internal quality control assurance plan that ensures accuracy 2 for dispensing. When using a tech-check-tech program the 3 pharmacist shall utilize an internal quality control assurance 4 plan, in accordance with rules adopted by the board of 5 pharmacy, that ensures accuracy for dispensing. Verification 6 of automated dispensing and tech-check-tech accuracy and 7 completeness remains the responsibility of the pharmacist or 8 practitioner and shall be determined in accordance with rules 9 adopted by the board of pharmacy, the board of medicine, the 10 dental board, and the board of podiatry, and the board of 11 <u>psychology</u> for their respective licensees.

12 b. A dentist, physician, or podiatric physician, or 13 prescribing psychologist who dispenses prescription drugs, 14 other than drug samples, pursuant to this subsection, shall 15 report the fact that they dispense prescription drugs with the 16 practitioner's respective board at least biennially.

17 c. A physician, dentist, or podiatric physician, or 18 prescribing psychologist who dispenses prescription drugs, 19 other than drug samples, pursuant to this subsection, shall 20 offer to provide the patient with a written prescription that 21 may be dispensed from a pharmacy of the patient's choice or 22 offer to transmit the prescription orally, electronically, or 23 by facsimile in accordance with section 155A.27 to a pharmacy 24 of the patient's choice.

25 Sec. 4. <u>NEW SECTION</u>. 148.13A Board authority over 26 physicians supervising certain psychologists.

The board of medicine shall, in consultation with the board of psychology, establish by rule specific minimum standards for the appropriate supervision of a psychologist prescribing medication pursuant to a conditional prescription certificate under chapter 154B.

32 Sec. 5. Section 154B.1, Code 2016, is amended to read as 33 follows:

-2-

34 154B.1 Definition Definitions.

35 As used in this chapter, unless the context otherwise

1 requires:

1. "Board" means the board of psychology created under 2 3 chapter 147. 2. "Collaborative practice agreement" means a written 4 5 agreement between a prescribing psychologist and a licensed 6 physician that establishes clinical protocols, practice 7 guidelines, and care plans relevant to the scope of the 8 collaborative practice. "Collaborative relationship" means a cooperative 9 3. 10 working relationship between a prescribing psychologist or a 11 psychologist with a conditional prescription certificate and a 12 licensed physician in the provision of patient care, including 13 diagnosis and cooperation in the management and delivery of 14 physical and mental health care. "Conditional prescription certificate" means a document 15 4. 16 issued by the board to a licensed psychologist that permits 17 the holder to prescribe psychotropic medication under the 18 supervision of a licensed physician pursuant to this chapter. "Practice of psychology" means the application of 19 5. 20 established principles of learning, motivation, perception, 21 thinking, and emotional relations to problems of behavior 22 adjustment, group relations, and behavior modification, 23 by persons trained in psychology for compensation or other 24 personal gain. The application of principles includes τ but 25 is not limited to: Counseling and the use of psychological 26 remedial measures with persons, in groups or individually, 27 with adjustment or emotional problems in the areas of work, 28 family, school, and personal relationships; measuring and 29 testing personality, intelligence, aptitudes, public opinion, 30 attitudes, and skills; and the teaching of such subject matter, 31 and the conducting of research on the problems relating to 32 human behavior. 6. "Prescribing psychologist" means a licensed psychologist 33

34 who holds a valid prescription certificate.

35 <u>7. "Prescription certificate" means a document issued by the</u>

LSB 5086SV (4) 86

rh/nh

-3-

1 board to a licensed psychologist that permits the holder to 2 prescribe psychotropic medication pursuant to this chapter. "Psychotropic medication" means a controlled substance 3 8. 4 or dangerous drug that shall not be dispensed or administered 5 without a prescription and that has been approved by the 6 federal food and drug administration for the treatment of 7 mental disorders, as defined by the most current diagnostic 8 and statistical manual of mental disorders published by the 9 American psychiatric association or the most current version 10 of the international classification of diseases, and that is 11 listed as a psychotherapeutic agent in the American hospital 12 formulary service. "Psychotropic medication" does not include 13 narcotics. 14 Sec. 6. 154B.9 Drugs — medicine. NEW SECTION. 15 Except as provided in subsections 2 and 3, a psychologist 1. 16 shall not administer or prescribe drugs or medicine. 17 2. A licensed psychologist holding a conditional 18 prescription certificate may prescribe psychotropic medication 19 under the supervision of a licensed physician pursuant to this 20 chapter. 21 3. A prescribing psychologist may prescribe psychotropic 22 medication pursuant to this chapter. 23 Sec. 7. NEW SECTION. 154B.10 Conditional prescription 24 certificate. 25 1. An applicant for a conditional prescription certificate 26 shall be granted a certificate by the board if the applicant 27 satisfies all of the following requirements: 28 а. Holds a current license to practice psychology in this 29 state. b. Completed pharmacological training from an institution 30 31 approved by the board or from a provider of continuing 32 education approved by the board. 33 C. Passed a national certification examination approved by 34 the board that tested the applicant's knowledge of pharmacology 35 in the diagnosis, care, and treatment of mental disorders.

-4-

d. Within five years immediately preceding the date of
 application, successfully completed an organized program of
 education consisting of intensive didactic instruction of no
 fewer than four hundred fifty classroom hours in at least the
 following core areas of instruction:

6 (1) Neuroscience.

7 (2) Pharmacology.

8 (3) Psychopharmacology.

9 (4) Physiology.

10 (5) Appropriate and relevant physical and laboratory 11 assessment.

12 e. Within five years immediately preceding the date of 13 application, has been certified by the applicant's supervising 14 physician as having successfully completed a supervised and 15 relevant clinical experience of no less than an eighty-hour 16 practicum in clinical assessment and pathophysiology and an 17 additional supervised practicum of at least four hundred 18 hours treating no fewer than one hundred patients with mental 19 disorders. The practica shall have been supervised by a 20 trained physician. The board shall determine whether the 21 practica is sufficient to competently train the applicant in 22 the treatment of a diverse patient population.

23 f. Possesses malpractice insurance that will cover the 24 applicant during the period the conditional prescription 25 certificate is in effect.

26 g. Meets all other requirements, as determined by rules 27 adopted by the board, for obtaining a conditional prescription 28 certificate.

29 2. A conditional prescription certificate is valid for four 30 years, at the end of which the holder may apply again pursuant 31 to the provisions of subsection 1.

32 3. A psychologist with a conditional prescription 33 certificate may prescribe psychotropic medication under the 34 supervision of a licensed physician subject to all of the 35 following conditions:

-5-

LSB 5086SV (4) 86 rh/nh

5/11

a. The psychologist shall continue to hold a current license
 to practice psychology in this state and continue to maintain
 3 malpractice insurance.

b. The psychologist shall inform the board of the name of
the physician under whose supervision the psychologist will
prescribe psychotropic medication and promptly inform the board
of any change of the supervising physician.

8 c. A physician supervising a psychologist prescribing 9 psychotropic medication pursuant to a conditional prescription 10 certificate shall be subject to disciplinary action pursuant to 11 section 148.13A for the acts and omissions of the psychologist 12 while under the physician's supervision. This provision 13 does not relieve the psychologist from liability for the 14 psychologist's acts and omissions.

15 Sec. 8. <u>NEW SECTION</u>. **154B.11** Prescription certificate.
16 1. An applicant for a prescription certificate shall be
17 granted a certificate by the board if the applicant satisfies
18 all of the following requirements:

19 a. Possesses a conditional prescription certificate and has 20 successfully completed two years of prescribing psychotropic 21 medication as certified by the supervising licensed physician. 22 An applicant for a prescription certificate who specializes 23 in the psychological care of children, elderly persons, or 24 persons with comorbid psychological conditions shall complete 25 at least one year prescribing psychotropic medications to such 26 populations as certified by the supervising licensed physician. 27 b. Holds a current license to practice psychology in this 28 state.

29 c. Possesses malpractice insurance that will cover the 30 applicant as a prescribing psychologist.

31 d. Meets all other requirements, as determined by rules 32 adopted by the board, for obtaining a prescription certificate. 33 2. A psychologist with a prescription certificate may 34 prescribe psychotropic medication pursuant to the provisions of 35 this chapter subject to the following conditions:

-6-

a. The psychologist continues to hold a current license to
 practice psychology in this state and maintains malpractice
 insurance.

b. The psychologist annually satisfies the continuing
ducation requirements for prescribing psychologists, as
determined by the board, which shall be no fewer than twenty
hours each year.

8 c. The psychologist has entered into a collaborative9 practice agreement with a licensed physician.

10 Sec. 9. <u>NEW SECTION</u>. **154B.12** Prescribing practices. 11 1. A prescribing psychologist or a psychologist with 12 a conditional prescription certificate may administer and 13 prescribe psychotropic medication within the scope of the 14 psychologist's profession, including the ordering and review of 15 laboratory tests in conjunction with the prescription, for the 16 treatment of mental disorders.

When prescribing psychotropic medication for a
 patient, the prescribing psychologist or the psychologist
 with a conditional prescription certificate shall maintain
 an ongoing collaborative relationship with the licensed
 physician who oversees the patient's general medical care to
 ensure that necessary medical examinations are conducted,
 the psychotropic medication is appropriate for the patient's
 medical condition, and significant changes in the patient's
 medical or psychological condition are discussed.

3. A prescription written by a prescribing psychologist or a
psychologist with a conditional prescription certificate shall
meet all of the following requirements:

a. Comply with applicable state and federal laws. *b.* Be identified as issued by the psychologist as
"psychologist certified to prescribe".

32 c. Include the psychologist's board-assigned identification 33 number.

34 4. A prescribing psychologist or a psychologist with35 a conditional prescription certificate shall not delegate

-7-

1 prescriptive authority to any other person. Records of all
2 prescriptions shall be maintained in patient records.

5. When authorized to prescribe controlled substances, a 4 prescribing psychologist or a psychologist with a conditional 5 prescription certificate shall file with the board in a 6 timely manner all individual federal drug enforcement agency 7 registration and numbers. The board shall maintain current 8 records on every psychologist, including federal registration 9 and numbers.

10 Sec. 10. <u>NEW SECTION</u>. 154B.13 Board duties regarding 11 prescription certificates and conditional prescription 12 certificates.

13 1. The board shall adopt rules providing for the
 14 procedures to obtain a conditional prescription certificate,
 15 a prescription certificate, and a renewal of a prescription
 16 certificate. The board may set reasonable application and
 17 renewal fees.

The board shall adopt rules establishing the grounds for
 denial, suspension, or revocation of conditional prescription
 certificates and prescription certificates, including a
 provision for suspension or revocation of a license to practice
 psychology upon the suspension or revocation of a certificate.
 The board shall provide to the board of pharmacy an
 annual list of prescribing psychologists and psychologists
 with conditional prescription certificates that contains

26 the information agreed upon between the board and the board 27 of pharmacy. The board shall promptly notify the board of 28 pharmacy of psychologists who are added to or removed from the 29 list.

30 4. The board shall adopt other rules as necessary to31 administer this chapter.

32 5. The board shall consult with the board of medicine in33 developing rules to carry out this chapter.

-8-

34 Sec. 11. Section 155A.3, subsection 35, Code 2016, is 35 amended to read as follows:

> LSB 5086SV (4) 86 rh/nh

8/11

1 35. "Practitioner" means a physician, dentist, podiatric 2 physician, prescribing psychologist, veterinarian, or other 3 person licensed or registered to distribute or dispense a 4 prescription drug or device in the course of professional 5 practice in this state or a person licensed by another state 6 in a health field in which, under Iowa law, licensees in this 7 state may legally prescribe drugs.

8 Sec. 12. Section 155A.23, subsection 1, paragraph c, Code 9 2016, is amended to read as follows:

10 c. For the purpose of obtaining a prescription drug or 11 device, falsely assuming the title of or claiming to be 12 a manufacturer, wholesaler, pharmacist, pharmacy owner, 13 physician, dentist, podiatric physician, prescribing 14 psychologist, veterinarian, or other authorized person. 15 Sec. 13. Section 155A.24, subsection 14, Code 2016, is 16 amended to read as follows:

17 14. This section does not prevent a licensed practitioner of 18 medicine, dentistry, podiatry, nursing, <u>psychology</u>, veterinary 19 medicine, optometry, or pharmacy from acts necessary in the 20 ethical and legal performance of the practitioner's profession. 21 EXPLANATION

22 The inclusion of this explanation does not constitute agreement with 23 the explanation's substance by the members of the general assembly.

This bill grants prescription authority to certain licensed psychologists under Code chapter 154B.

The bill adds definitions of "board", "collaborative practice agreement", "collaborative relationship", "conditional prescription certificate", "prescribing psychologist", prescription certificate", and "psychotropic medication" to the Code chapter.

The bill allows a licensed psychologist holding a conditional prescription certificate and a prescribing psychologist, defined as a licensed psychologist who holds a valid prescription certificate, to prescribe psychotropic medication. However, the psychologist holding a conditional

-9-

1 prescription certificate may only prescribe psychotropic 2 medication under the supervision of a licensed physician. The bill sets the requirements for a psychologist to obtain 3 4 a conditional prescription certificate or a prescription 5 certificate. A conditional prescription certificate is 6 valid for four years and a psychologist may reapply for 7 the certificate. To receive a prescription certificate, 8 a psychologist must complete two years of prescribing 9 psychotropic medication as supervised by a licensed physician 10 and an applicant who specializes in the psychological care 11 of children, elderly persons, or persons with comorbid 12 psychological conditions shall have at least one year 13 prescribing psychotropic medications to such populations. Α 14 psychologist with a prescription certificate may prescribe 15 psychotropic medication under the provisions of the bill 16 subject to certain conditions including that the psychologist 17 has entered into a collaborative practice agreement with a 18 licensed physician. The licensed physician may be subject 19 to disciplinary action for the acts and omissions of the 20 psychologist under the physician's supervision. A psychologist 21 must maintain licensure as a psychologist and malpractice 22 insurance to retain the prescription certificate or the 23 conditional prescription certificate.

The bill provides that a prescribing psychologist or psychologist with a conditional prescription certificate may administer and prescribe psychotropic medication within the scope of the person's profession. The prescribing psychologist or psychologist with a conditional prescription certificate must maintain a relationship with the patient's licensed physician when prescribing psychotropic medication for the all patient.

32 The bill states that a prescription written by a 33 prescribing psychologist or a psychologist with a conditional 34 prescription certificate must comply with state and federal 35 law, be identified as issued by a "psychologist certified to

-10-

1 prescribe", and include the psychologist's board-assigned 2 identification number. A prescribing psychologist or 3 psychologist with a conditional prescription certificate 4 may not delegate the prescriptive authority to any other 5 person, and records of the prescriptions must be maintained 6 in the patient's records. The prescribing psychologist or 7 psychologist with a conditional prescription certificate must 8 also file federal drug enforcement agency registrations and 9 numbers with the board.

10 The bill instructs the board of medicine, in consultation 11 with the board of psychology, to establish by rule minimum 12 standards for the appropriate supervision of a psychologist 13 prescribing medication pursuant to a conditional prescription 14 certificate.

The bill instructs the board of psychology in consultation with the board of medicine to adopt rules providing for the procedures for obtaining a conditional prescription ertificate, a prescription certificate, and a renewal of a prescription certificate; setting reasonable application and renewal fees; and regarding the denial, suspension, or revocation of conditional prescription certificates and prescription certificates. The board must provide the board of pharmacy with an annual list of prescribing psychologists and psychologists with conditional prescription certificates and promptly notify the board of pharmacy of psychologists who are added to or removed from the list.

A prescribing psychologist may be subject to criminal and 28 civil penalties and licensing sanctions under Code chapters 29 124, 147, 154B, and 155A.

-11-

The bill makes conforming changes in Code chapters 123, 124, 31 147, and 155A.