# FEB 8 2006

# Place On Calendar

HOUSE FILE 2321

BY COMMITTEE ON HUMAN RESOURCES

(SUCCESSOR TO HSB 583)

	Passed House, Date Passed Senate	, Date
	Vote: Ayes Nays Vote: Ayes	Nays
	Approved	·
	A BILL FOR	
1	1 An Act providing for the establishment of a nu	trition and
2	2 physical activity community obesity prevent	ion grant program,
3	3 and providing a contingent effective date.	
4	4 BE IT ENACTED BY THE GENERAL ASSEMBLY OF THE S	TATE OF IOWA:
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TLSB 5320HV 81 rn/sh/8

- 1 Section 1. <u>NEW SECTION</u>. 135.27 NUTRITION AND PHYSICAL
- 2 ACTIVITY COMMUNITY OBESITY PREVENTION GRANT -- PROGRAM
- 3 ESTABLISHED.
- 4 1. PROGRAM GOALS. The department shall establish and
- 5 implement a grant program that expands an existing community
- 6 intervention plan for preventing obesity with nutrition and
- 7 physical activity approved by the centers for disease control
- 8 and prevention of the United States department of health and
- 9 human services. The purpose of the program shall be to
- 10 increase the physical activity and fruit and vegetable
- 11 consumption of targeted youth of elementary school age, with a
- 12 long-term objective of developing a model program that will
- 13 support and sustain such healthy behavior and incorporate
- 14 sixty minutes of physical activity per day, which can be
- 15 replicated in other communities.
- 16 2. DISTRIBUTION OF GRANTS. The department shall
- 17 distribute the grants on a competitive basis to six
- 18 communities located in each of six public health regions
- 19 identified by the department, and shall provide technical
- 20 assistance regarding program administration to successful
- 21 applicants. Communities currently participating in the
- 22 existing intervention plan shall not be eligible to apply.
- 23 3. QUALIFICATIONS. A local board of health, community
- 24 organization, or city that has an elementary building that
- 25 meets grant criteria may submit an application to the
- 26 department for review. A coalition of local boards of health,
- 27 health care providers, and community and private organizations
- 28 that meet grant criteria may also submit an application.
- 29 Grant criteria may include the following:
- 30 a. Participation in the free fruit and vegetable pilot
- 31 program sponsored by the United States department of
- 32 agriculture in designated schools.
- 33 b. Establishment of a community coalition to support and
- 34 advance the program.
- 35 c. Participation in the pick a better snack and act social

- 1 marketing campaign, support of local community groceries in
- 2 the campaign, and utilization of community billboards to
- 3 advertise the campaign.
- 4 d. Use of the fitness gram and activity gram interactive
- 5 computer programs to track children's daily physical activity.
- e. Participation in the five a day fruit and vegetable7 campaign.
- 8 f. Measurement, reporting, and tracking of the height and 9 weight of students in elementary schools.
- 10 Sec. 2. CONTINGENT EFFECTIVE DATE.
- 11 1. This Act shall take effect upon receipt by the Iowa
- 12 department of public health of funding in an amount sufficient
- 13 to establish the grant program.
- 14 2. The department shall notify the Code editor if the
- 15 contingency in subsection 1 occurs.
- 16 EXPLANATION
- 17 This bill establishes a nutrition and physical activity
- 18 community obesity prevention grant program, in the event that
- 19 a sufficient amount of funding for the program is received by
- 20 the Iowa department of public health.
- 21 The bill specifies that the goal of the program shall be to
- 22 expand an existing community intervention plan for preventing
- 23 obesity with nutrition and physical activity approved by the
- 24 centers for disease control and prevention of the United
- 25 States department of health and human services. The bill
- 26 states that the program's purpose shall be to increase the
- 27 physical activity and fruit and vegetable consumption of
- 28 targeted youth of elementary school age, with a long-term
- 29 objective of developing a model program that will support and
- 30 sustain such healthy behavior and incorporate 60 minutes of
- 31 physical activity per day for replication by other
- 32 communities.
- 33 The bill provides that the department shall distribute the
- 34 grants on a competitive basis to six communities on a regional
- 35 basis, who are not currently participating in the existing

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1 intervention plan, and shall provide technical assistance
 2 regarding program administration to successful applicants.
 3 The bill states that applicants may include a local board of
 4 health, community organization, or city that has an elementary
 5 building, or a coalition of local boards of health, health
 6 care providers, and community and private organizations.
 7 bill provides a list of possible grant criteria involving
 8 community and school involvement in specified health-oriented
 9 programs, campaigns, or endeavors.
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      The bill provides a contingent effective date relating to
11 the receipt by the department of funding.
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## **Fiscal Services Division**

## Legislative Services Agency Fiscal Note

HF 2321 - Childhood Obesity Prevention Grants (LSB 5320 HV)

Analyst: Lisa Burk (Phone: (515) 281-7942) (lisa.burk@legis.state.ia.us)

Fiscal Note Version - New

### **Description**

House File 2321 establishes a Nutrition and Physical Activity Community Obesity Prevention Grant Program under the Department of Public Health contingent upon the receipt of funding that would allow for the distribution of six competitive grants to communities not currently participating in an existing community intervention plan. The Program is intended to increase the physical activity and fruit and vegetable consumption of elementary school children.

#### **Assumptions**

- 1. Six communities will receive a grant totaling \$28,700 each that will be distributed to a local school to purchase fruits and vegetables from local retailers that will be provided to students at no charge.
- The six communities that receive grants will have a school with an average of 350 elementary students. The cost of purchasing the fruits and vegetables will be \$82 per student.
- 3. The Department will utilize approximately \$20,000 (10.0%) to administer the Program.

## **Fiscal Impact**

The estimated cost of HF 2321 is an increase in General Fund expenditures of \$192,200 and 0.25 FTE position for the Department of Public Health.

### **Source**

Department of Public Health	
	/s/ Holly M. Lyons
	February 9, 2006

The fiscal note and correctional impact statement for this bill was prepared pursuant to Joint Rule 17 and pursuant to Section 2.56, <u>Code of Iowa</u>. Data used in developing this fiscal note and correctional impact statement are available from the Fiscal Services Division, Legislative Services Agency to members of the Legislature upon request.

apmeyer Roberts Ford

Succ ed By SF 2321

HSB 583 HUMAN RESOURCES

SENATE/HOUSE FILE

BY (PROPOSED DEPARTMENT OF

PUBLIC HEALTH BILL)

Passed	Senate,	Date		Passed	House,	Date		
Vote:	Ayes	Nays		Vote:	Ayes	Nays	s	
	Ar	oproved	<del></del>					
			BILL FOR					

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Thomas J. Vilsack Governor

Sally J. Pederson Lt. Governor Mary Mincer Hansen, R.N., Ph.D. Director

TO:

Iowa General Assembly

FROM:

Mary Mincer Hansen, Director

RE:

2006 IDPH Childhood Obesity Prevention Grant Prefile

DATE:

November 18, 2005

The Iowa Department of Public Health is committed to making every community in Iowa a Healthy Community. As part of this effort, the department is collaborating with the Centers for Disease Control and Prevention (CDC) on a statewide obesity prevention plan. The comprehensive state plan called "Iowans Fit for Life" has been developed by many stakeholders including other state agencies, local public health, local government, hospitals, health associations, business and others. The plan outlines goals and objectives for implementing community-based approaches that will ultimately improve the health of all Iowans.

In particular, childhood obesity has been declared "the most pressing health concern in the country" (American Heart Association, American Stroke Association, Robert Wood Johnson Foundation, 2005). In Iowa, children ages 2 to 5 participating in the Supplemental Nutrition Program for Women, Infants, and Children (WIC Program) showed a steady increase of overweight from 7.6 percent in 1985 to 13.9 percent in 2003. Last year 44 percent of all babies born in Iowa were on the WIC Program.

As part of the partnership with the CDC in regard to childhood obesity, the department developed a proposal, or intervention, to increase the fruit and vegetable consumption and physical activity levels of elementary school-age youth. The program will be evaluated over a period of four years. The proposal is being implemented in six Iowa communities with an additional six communities participating as a control group. The six communities held forums to discuss health promotion needs in their communities, receive free fruits and vegetables for students, track heights and weights, fruit and vegetable consumption, and physical activity of elementary students, and incorporate nutrition and physical activity into the classroom. The control communities will become part of the program once the evaluation period ends.

With this legislation IDPH proposes to expand this intervention to six more communities statewide. Funding for the grant will be sought from federal and state sources. Overweight and obesity are proven risk factors for a host of chronic diseases that ultimately increase healthcare costs. The more information the state has on the needs of communities to deal with wellness issues and on the rate of overweight and obesity in communities the better the concerns can be dealt with. This legislation is another step forward in improving the health of Iowans.