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SENATE FILE 58

BY TINSMAN, LUNDBY, and HOLVECK

Passed Senate, Date _____ Passed House, Date _____ Vote: Ayes ____ Nays ____ Nays ____ Passed House, Date _____ Nays ____ Nays

A BILL FOR

1 An Act relating to third-party payment of health care coverage

2 costs for biologically based mental illness treatment

3 services.

4 BE IT ENACTED BY THE GENERAL ASSEMBLY OF THE STATE OF IOWA:

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TLSB 1595SS 80 jj/pj/5 SF 58 COMMERCE

- 1 Section 1. <u>NEW SECTION</u>. 514C.21 BIOLOGICALLY BASED
- 2 MENTAL ILLNESS.
- 3 l. Notwithstanding the uniformity of treatment
- 4 requirements of section 514C.6, a group policy or contract
- 5 providing for third-party payment or prepayment of health or
- 6 medical expenses issued by a carrier, as defined in section
- 7 513B.2, or by an organized delivery system authorized under
- 8 1993 Iowa Acts, chapter 158, shall provide coverage benefits
- 9 for treatment of a biologically based mental illness if either
- 10 of the following is satisfied:
- ll a. The policy or contract is issued to an employer who on
- 12 at least fifty percent of the employer's working days during
- 13 the preceding calendar year employed more than fifty full-time
- 14 equivalent employees. In determining the number of full-time
- 15 equivalent employees of an employer, employers who are
- 16 affiliated or who are able to file a consolidated tax return
- 17 for purposes of state taxation shall be considered one
- 18 employer.
- 19 b. The policy or contract is issued to a small employer as
- 20 defined in section 513B.2, and such policy or contract
- 21 provides coverage benefits for the treatment of mental
- 22 illness.
- 23 2. Notwithstanding the uniformity of treatment
- 24 requirements of section 514C.6, a plan established pursuant to
- 25 chapter 509A for public employees shall provide coverage
- 26 benefits for treatment of a biologically based mental illness.
- 27 3. For purposes of this section, "biologically based
- 28 mental illness" means the following psychiatric illnesses:
- 29 a. Schizophrenia.
- 30 b. Bipolar disorders.
- 31 c. Major depressive disorders.
- 32 d. Schizo-affective disorders.
- 33 e. Obsessive-compulsive disorders.
- 34 f. Pervasive developmental disorders.
- 35 g. Autistic disorders.

- 1 4. The commissioner, by rule, shall define the
 2 biologically based mental illnesses identified in subsection
 3 3. Definitions established by the commissioner shall be
 4 consistent with definitions provided in the most recent
 5 edition of the American psychiatric association's diagnostic
 6 and statistical manual of mental disorders, as such
 7 definitions may be amended from time to time. The
 8 commissioner may adopt the definitions provided in such manual
 9 by reference.
- 10 5. This section shall not apply to accident only,
 11 specified disease, short-term hospital or medical, hospital
 12 confinement indemnity, credit, dental, vision, Medicare
 13 supplement, long-term care, basic hospital and medical14 surgical expense coverage as defined by the commissioner,
 15 disability income insurance coverage, coverage issued as a
 16 supplement to liability insurance, workers' compensation or
 17 similar insurance, automobile medical payment insurance, or
 18 individual accident and sickness policies issued to
 19 individuals or to individual members of a member association.
- 20 6. A carrier, organized delivery system, or plan
 21 established pursuant to chapter 509A may manage the benefits
 22 provided through common methods including, but not limited to,
 23 providing payment of benefits or providing care and treatment
 24 under a capitated payment system, prospective reimbursement
 25 rate system, utilization control system, incentive system for
 26 the use of least restrictive and least costly levels of care,
 27 a preferred provider contract limiting choice of specific
 28 providers, or any other system, method, or organization
 29 designed to ensure that services provided are medically
 30 necessary and clinically appropriate.
- 7. a. A group policy, contract, or plan covered under
 32 this section shall not impose an aggregate annual or lifetime
 33 limit on biologically based mental illness coverage benefits
 34 unless the policy, contract, or plan imposes an aggregate
 35 annual or lifetime limit on substantially all medical and

1 surgical coverage benefits.

- 2 b. A group policy, contract, or plan covered under this
- 3 section that imposes an aggregate annual or lifetime limit on
- 4 substantially all medical and surgical coverage benefits shall
- 5 not impose an aggregate annual or lifetime limit on
- 6 biologically based mental illness coverage benefits which is
- 7 less than the aggregate annual or lifetime limit imposed on
- 8 substantially all medical and surgical coverage benefits.
- 9 8. A group policy, contract, or plan covered under this
- 10 section shall at a minimum allow for thirty inpatient days and
- 11 fifty-two outpatient visits annually for each person covered
- 12 under the policy, contract, or plan. The policy, contract, or
- 13 plan may also include deductibles, coinsurance, or copayments,
- 14 provided the amounts and extent of such deductibles,
- 15 coinsurance, or copayments applicable to other medical or
- 16 surgical services coverage under the policy, contract, or plan
- 17 are the same. It is not a violation of this section if the
- 18 policy, contract, or plan excludes entirely from coverage
- 19 benefits for the cost of providing the following:
- 20 a. Marital, family, educational, developmental, or
- 21 training services.
- 22 b. Care that is substantially custodial in nature.
- 23 c. Services and supplies that are not medically necessary
- 24 or clinically appropriate.
- 25 d. Experimental treatments.
- 26 9. This section applies to third-party payment provider
- 27 policies, contracts, and plans as described in this section
- 28 that are delivered, issued for delivery, continued, or renewed
- 29 in this state on or after January 1, 2004.
- 30 EXPLANATION
- 31 This bill creates a new Code section 514C.21, providing
- 32 that a group policy or contract for third-party payment or
- 33 prepayment of health or medical expenses issued by a carrier,
- 34 as defined in Code section 513B.2, or by an organized delivery
- 35 system authorized under 1993 Iowa Acts, chapter 158, shall

l provide coverage benefits for treatment of a biologically 2 based mental illness if the policy or contract is issued to an 3 employer who on at least 50 percent of the employer's working 4 days during the preceding calendar year employed more than 50 5 full-time equivalent employees; if the policy or contract is 6 issued to a small employer as defined in Code section 513B.2, 7 and such policy or contract provides coverage benefits for the 8 treatment of mental illness; or if the plan is established 9 pursuant to Code chapter 509A for public employees. The bill defines "biologically based mental illness" as 10 11 psychiatric illnesses including schizophrenia, bipolar 12 disorders, major depressive disorders, schizo-affective 13 disorders, obsessive-compulsive disorders, pervasive 14 developmental disorders, and autistic disorders. 15 commissioner is directed to establish by rule the definition 16 of the biologically based mental illnesses identified. 17 definitions established by the commissioner are to be 18 consistent with definitions provided in the most recent 19 edition of the American psychiatric association's diagnostic 20 and statistical manual of mental disorders, as such 21 definitions may be amended from time to time. 22 commissioner may adopt the definitions provided in such manual 23 by reference. The bill provides that a carrier, organized delivery 24 25 system, or plan established pursuant to Code chapter 509A may 26 manage the benefits provided through common methods including, 27 but not limited to, providing payment of benefits or providing 28 care and treatment under a capitated payment system, 29 prospective reimbursement rate system, utilization control 30 system, incentive system for the use of least restrictive and 31 least costly levels of care, a preferred provider contract 32 limiting choice of specific providers, or any other system, 33 method, or organization designed to assure services are 34 medically necessary and clinically appropriate. 35 The bill provides that a group policy, contract, or plan

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s.f. <u>5</u>7 H.f.
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1 shall not impose an aggregate annual or lifetime limit on
2 biologically based mental illness coverage benefits unless the
3 policy, contract, or plan imposes an aggregate limit on
4 substantially all medical and surgical coverage benefits, and
5 that a group policy, contract, or plan that imposes an
6 aggregate limit on substantially all medical and surgical
7 coverage benefits shall not impose an aggregate annual or
8 lifetime limit on biologically based mental illness coverage
9 benefits that is less than that imposed on the medical and
10 surgical coverage benefits.
      The bill requires a group policy, contract, or plan covered
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12 under this contract to allow for a minimum of 30 inpatient and
13 52 outpatient days annually for each person covered under the
14 policy, contract, or plan. Any deductibles, coinsurance, or
15 copayments under the policy, contract, or plan must be the
16 same as the deductibles, coinsurance, or copayments applicable
17 to other medical or surgical services covered under the
18 policy, contract, or plan. The policy, contract, or plan may
19 exclude all of the following: (1) marital, family,
20 educational, developmental, or training services; (2)
21 substantially custodial care; (3) services and supplies that
22 are not medically necessary or clinically appropriate; and (4)
23 experimental treatments.
      The bill provides that the new Code section created applies
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25 to third-party payment provider contracts or policies and
26 public employer plans delivered, issued for delivery,
27 continued, or renewed in this state on or after January 1,
28 2004.
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