

HOUSE RESOLUTION NO.

136

BY SANDS

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2
3 A Resolution recognizing March 2004 as National
4 Nutrition Month.

5 WHEREAS, food is the substance by which life is
6 sustained; and

7 WHEREAS, the type, quality, and amount of food that
8 individuals consume each day plays a vital role in
9 their overall health and physical fitness; and

10 WHEREAS, there is a need for continuing nutrition
11 education and a wide-scale effort to enhance good
12 eating practices; and

13 WHEREAS, the American Dietetic Association's
14 nutrition education and information campaign annually
15 designates March as National Nutrition Month; and

16 WHEREAS, Gretchen Davison, Miss Louisa County 2003,
17 and a dietetic intern at Genesis Medical Center in
18 Davenport, Iowa, has adopted "E.A.T. Your Heart Out"
19 as her platform as a contender in the Miss Iowa
20 Scholarship Program; NOW THEREFORE,

21 BE IT RESOLVED BY THE HOUSE OF REPRESENTATIVES,
22 That the House of Representatives recognizes the month
23 of March 2004 as National Nutrition Month as sponsored
24 by the American Dietetic Association, and encourages
25 all citizens to join the campaign for good nutrition
26 and to become concerned about their nutrition and the
27 nutrition of others in the hope of achieving optimum
28 health for both today and tomorrow; and

29 BE IT FURTHER RESOLVED, That the House of
30 Representatives urges Governor Thomas J. Vilsack to

1 proclaim March 2004 as National Nutrition Month to
2 further promote the goals of the American Dietetic
3 Association to focus attention on the importance of
4 making informed food choices and developing sound
5 eating and physical activity habits.

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