

JAN 12 1996  
COMMERCE - REGULATION

HOUSE FILE 2057  
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Passed House, Date \_\_\_\_\_ Passed Senate, Date \_\_\_\_\_  
Vote: Ayes \_\_\_\_\_ Nays \_\_\_\_\_ Vote: Ayes \_\_\_\_\_ Nays \_\_\_\_\_  
Approved \_\_\_\_\_

**A BILL FOR**

1 An Act relating to the postdelivery care requirements for mothers  
2 and newborns and providing for an exception of follow-up care  
3 outside of the hospital setting.

4 BE IT ENACTED BY THE GENERAL ASSEMBLY OF THE STATE OF IOWA:

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HF 2057

1 Section 1. NEW SECTION. 514C.11 MINIMUM POSTDELIVERY  
2 CARE REQUIREMENTS.

3 1. Notwithstanding section 514C.6, an individual or group  
4 policy of accident or health insurance or individual or group  
5 hospital or health care service contract issued pursuant to  
6 chapter 509, 514, or 514A or an individual or group health  
7 maintenance organization contract issued and regulated under  
8 chapter 514B, which is delivered, amended, or renewed on or  
9 after July 1, 1996, and which provides maternity benefits,  
10 shall provide coverage for a minimum of forty-eight hours of  
11 inpatient care following a vaginal delivery and a minimum of  
12 ninety-six hours of inpatient care following a cesarean  
13 section for the insured mother and newly born child in a  
14 hospital licensed pursuant to chapter 135B. However, if in-  
15 home services as described in subsections 2 and 3, are  
16 provided in lieu of the required inpatient care, coverage  
17 shall be provided for the in-home services.

18 2. Notwithstanding the requirement of the provision of  
19 inpatient care pursuant to subsection 1, if a licensed  
20 hospital provides for postdelivery care to a mother and the  
21 mother's newly born child in the home of the mother and newly  
22 born child, the licensed hospital may provide in-home services  
23 in lieu of the required inpatient care. However, if a  
24 licensed hospital provides in-home services but the attending  
25 provider determines that inpatient care is necessary or the  
26 mother requests the minimum hours of inpatient care, the  
27 inpatient care requirements of subsection 1 shall apply.

28 3. If in-home services are provided in lieu of inpatient  
29 care, the services shall include but are not limited to parent  
30 education, assistance and training in breast or bottle  
31 feeding, and the performance of any necessary and appropriate  
32 clinical tests. The services shall include at least three  
33 follow-up visits to be provided within the twenty-four-hour  
34 period, between the twenty-five and forty-eight-hour period  
35 for vaginal deliveries, and between the forty-nine and ninety-

1 six hour period for cesarean sections following discharge of  
2 the mother and the newly born child. The in-home services  
3 shall be provided by a registered nurse with a minimum of  
4 three years of experience in community maternal and child  
5 health nursing.

6 4. The commissioner of insurance shall adopt rules to  
7 implement this section and the department of inspections and  
8 appeals shall inform each licensed hospital of the  
9 requirements of this section, in writing.

10 5. For the purposes of this section, "attending provider"  
11 means a pediatrician or other licensed physician attending the  
12 newly born child, or an obstetrician, certified nurse-midwife,  
13 or other physician attending the mother.

14 EXPLANATION

15 This bill requires that an individual or group policy of  
16 accident or health insurance, an individual or group hospital  
17 or health care service contract, or an individual or group  
18 health maintenance organization contract, which is delivered,  
19 amended, or renewed on or after July 1, 1996, and which  
20 provides maternity benefits, is to provide a minimum of 48  
21 hours of inpatient care following a vaginal delivery and a  
22 minimum of 96 hours of inpatient care following a cesarean  
23 section for an insured mother and the newly born child, in a  
24 licensed hospital. The bill also provides that if in-home  
25 services as described in the bill are provided in lieu of the  
26 required postdelivery inpatient care, coverage is to be  
27 provided for those in-home services. The bill also provides  
28 that if the hospital provides for in-home services following  
29 delivery of a child, the in-home services may be provided in  
30 lieu of the inpatient care. However, if the attending  
31 provider determines or the mother requests inpatient care, the  
32 hospital is required to comply with at least the minimum care  
33 requirements. The bill specifies the type of in-home services  
34 which must be provided, the time frame requirements for  
35 provision of services, and specifies that the services must be

1 provided by a registered nurse with at least three years of  
2 experience in community maternal and child health nursing.  
3 The bill directs the commissioner of insurance to adopt rules  
4 to implement the bill and the department of inspections and  
5 appeals to inform licensed hospitals of the requirements of  
6 the bill.

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