

Reprinted 3/14

FILED MAR 1 1984

SENATE FILE 2262

BY COMMITTEE ON COMMERCE  
*Approved 2/1 (p. 608)*  
(FORMERLY SSB 77)

Passed Senate, Date 5-13-84 (p. 187) Passed House, Date 3-29-83 (P. 1503)  
Vote: Ayes 46 Nays 2 Vote: Ayes 98 Nays 2  
Approved May 16, 1984

### A BILL FOR

1 An Act relating to health insurance by requiring that coverage  
2 for educational programs for diabetes be offered.  
3 BE IT ENACTED BY THE GENERAL ASSEMBLY OF THE STATE OF IOWA:

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S. 2262.

1 Section 1. Section 509.3, Code Supplement 1983, is amended  
2 by adding the following new subsection:

3 NEW SUBSECTION. A provision shall be made available to  
4 policyholders, under group policies covering hospital, medical,  
5 or surgical expenses, for payment for diabetic outpatient  
6 self-management education programs, under terms and conditions  
7 agreed upon between the insurer and the policyholder, subject  
8 to utilization controls. This subsection applies to group  
9 policies delivered or issued for delivery after January 1,  
10 1985, and to existing group policies on their next anniversary  
11 or renewal date, or upon expiration of the applicable  
12 collective bargaining contract, if any, whichever is later.  
13 This subsection does not apply to blanket, short-term travel,  
14 accident only, limited or specified disease, or individual  
15 or group conversion policies, or policies designed only for  
16 issuance to persons for coverage under Title XVIII of the  
17 Social Security Act, or any other similar coverage under a  
18 state or federal government plan. Coverage shall apply only  
19 to programs directed and supervised by a physician licensed  
20 under chapter 148 or 150A. Covered diabetic outpatient self-  
21 management education programs shall be provided by health  
22 care professionals including, but not limited to, physicians,  
23 registered nurses, and licensed pharmacists who are  
24 knowledgeable about the disease process of diabetes and the  
25 treatment of diabetic patients. As used in this subsection,  
26 "diabetic outpatient self-management education programs" means  
27 instruction which will enable diabetic patients and their  
28 families to gain an understanding of the diabetic disease  
29 process and the daily management of diabetic therapy thereby  
30 avoiding frequent hospitalizations and complications. This  
31 subsection does not require the offering of programs whose  
32 sole or primary purpose is weight reduction.

33 Sec. 2. Section 514.7, Code Supplement 1983, is amended  
34 by adding the following new unnumbered paragraph:

35 NEW UNNUMBERED PARAGRAPH. A provision shall be available

1 in approved contracts with hospital and medical service  
2 corporate subscribers under group subscriber contracts or  
3 plans covering medical and surgical service, for payment for  
4 diabetic outpatient self-management education programs, under  
5 terms and conditions agreed upon between the corporation and  
6 subscriber group, subject to utilization controls. This  
7 paragraph applies to group subscriber contracts delivered  
8 after January 1, 1985, and to group subscriber contracts on  
9 their anniversary or renewal date, or upon the expiration  
10 of the applicable collective bargaining contract, if any,  
11 whichever is the later. This paragraph does not apply to  
12 contracts designed only for issuance to subscribers eligible  
13 for coverage under Title XVIII of the Social Security Act,  
14 or any other similar coverage under a state or federal  
15 government plan. Coverage shall apply only to programs  
16 directed and supervised by a physician licensed under chapter  
17 148 or 150A. Covered diabetic outpatient self-management  
18 education programs shall be provided by health care  
19 professionals including, but not limited to, physicians,  
20 registered nurses, and licensed pharmacists who are  
21 knowledgeable about the disease process of diabetes and the  
22 treatment of diabetic patients. As used in this paragraph,  
23 "diabetic outpatient self-management education programs" means  
24 instruction which will enable diabetic patients and their  
25 families to gain an understanding of the diabetic disease  
26 process and the daily management of diabetic therapy thereby  
27 avoiding frequent hospitalizations and complications. This  
28 paragraph does not require the offering of programs whose  
29 sole or primary purpose is weight reduction.

5250 ✓  
30 Sec. 3. Section 514B.1, subsection 2, Code Supplement  
31 1983, is amended by adding the following new unnumbered  
32 paragraph:

33 NEW UNNUMBERED PARAGRAPH. The health care services  
34 available to enrollees under prepaid group plans covering  
35 hospital, medical, or surgical expenses, shall include a

1 provision for payment for diabetic outpatient self-management  
2 education programs, under terms and conditions agreed upon  
3 between the provider and the health maintenance organization,  
4 subject to utilization controls. This paragraph applies to  
5 services provided under plans made after January 1, 1985,  
6 and to existing group plans on their next anniversary or  
7 renewal date, or upon the expiration of the applicable  
8 collective bargaining contract, if any, whichever is the  
9 later. This paragraph does not apply to enrollees eligible  
10 for coverage under Title XVIII of the Social Security Act  
11 or any other similar coverage under a state or federal  
12 government plan. Coverage shall apply only to programs  
13 directed and supervised by a physician who is under contract  
14 with or employed by a health maintenance organization and  
15 is licensed under chapter 148 or 150A. Covered diabetic  
16 outpatient self-management education programs shall be provided  
17 by health care professionals including, but not limited to,  
18 physicians, registered nurses, and licensed pharmacists who  
19 are knowledgeable about the disease process of diabetes and  
20 the treatment of diabetic patients. As used in this paragraph,  
21 "diabetic outpatient self-management education programs" means  
22 instruction which will enable diabetic patients and their  
23 families to gain an understanding of the diabetic disease  
24 process and the daily management of diabetic therapy thereby  
25 avoiding frequent hospitalizations and complications. This  
26 paragraph does not require the offering of programs whose  
27 sole or primary purpose is weight reduction.

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EXPLANATION

29 The bill provides that beginning January 1, 1985, any group  
30 policy of accident or health insurance; any nonprofit hospital  
31 service plan or medical and surgical service plan, such as  
32 Blue Cross and Blue Shield; and any health care service  
33 contract or agreement with a health maintenance organization  
34 that is issued, delivered, or renewed that covers hospital,  
35 medical, or surgical expenses shall offer coverage for diabetic

1 outpatient self-management education programs.

2 The bill defines "diabetic outpatient self-management  
3 education programs" as instruction which will enable diabetic  
4 patients and their families to gain an understanding of the  
5 diabetic disease process and the daily management of diabetic  
6 therapy thereby avoiding frequent hospitalizations and  
7 complications.

8 The coverage would only apply to programs directed and  
9 supervised by a physician licensed under chapter 148 or 150A  
10 and in the case of a health maintenance organization, who  
11 is under contract with or employed by the organization.  
12 Covered diabetic outpatient self-management education programs  
13 shall be provided by health care professionals including,  
14 but not limited to, physicians, registered nurses, and licensed  
15 pharmacists who are knowledgeable about the disease process  
16 of diabetes and the treatment of diabetic patients.

17 These programs would be conducted mainly outside of  
18 hospitals. Programs whose sole or primary purpose is weight  
19 reduction would not be covered.

20 The bill takes effect July 1 following enactment.

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S-5280

1 Amend Senate File 2262 as follows:

2 1. Page 2, line 2, by inserting after the word  
3 "group" the words "and individual".

4 2. Page 2, line 6, by inserting after the word  
5 "group" the words "or individual".

6 3. Page 2, line 7, by inserting after the word  
7 "group" the words "and individual".

8 4. Page 2, line 8, by inserting after the word  
9 "group" the words "and individual".

10 5. Page 2, by inserting after line 29 the  
11 following:

12 "Sec. \_\_\_\_ Section 514A.2, subsection 1, Code  
13 1983, is amended by adding the following new lettered  
14 paragraph:

5264 15 NEW LETTERED PARAGRAPH. The policy, if issued,  
16 amended, delivered, or renewed on or after January  
17 1, 1985, which covers hospital, medical, or surgical  
18 expenses, offers coverage for diabetic outpatient  
19 self-management education programs, under terms and  
20 conditions agreed upon between the insurer and the  
21 individual policyholder, subject to utilization  
22 controls. This paragraph does not apply to policies  
23 designed only for issuance to persons eligible for  
24 coverage under Title XVIII of the Social Security  
25 Act, or other similar coverage under a state or federal  
26 government plan. Coverage shall apply only to  
27 programs directed and supervised by a licensed  
28 physician under chapter 148 or 150A. Covered diabetic  
29 outpatient self-management education programs shall  
30 be provided by health care professionals including,  
31 but not limited to, physicians, registered nurses,  
32 and certified pharmacists who are knowledgeable about  
33 the disease process of diabetes and the treatment  
34 of diabetic patients. As used in this paragraph,  
35 "diabetic outpatient self-management education  
36 programs" means instruction which will enable diabetic  
37 patients and their families to gain an understanding  
38 of the diabetic disease process and the daily  
39 management of diabetic therapy thereby avoiding  
40 frequent hospitalizations and complications. This  
41 paragraph does not require the offering of programs  
42 whose sole or primary purpose is weight reduction."  
43 6. By numbering and renumbering as necessary.

S-5280 FILED  
MARCH 7, 1984

BY DOUGLAS RITSEMA

*Adopted as amended by S 284  
3/13 (p. 787)*

SENATE FILE 2262

S-5240

1 Amend Senate File 2262 as follows:  
2 1. Page 2, line 35, by striking the words "shall  
3 include" and inserting in lieu thereof the words "may  
4 include, at the option of the employer purchaser,".

S-5240 FILED

BY EDGAR H. HOLDEN

MARCH 5, 1984

*Adopted 3/13 (p. 787)*

SENATE FILE 2262

S-5284

1 Amend the Ritsema amendment, S- 5280, to Senate  
2 File 2262 as follows:  
3 1. Page 1, lines 16 and 17, by striking the word  
4 and figures "January 1, 1985" and inserting in lieu  
5 thereof the word and figures "July 1, 1984".  
6 2. Page 1, line 41, by striking the words "offering  
7 of" and inserting in lieu thereof the words "coverage  
8 for".

S-5284 FILED

BY JOHN N. NYSTROM

MARCH 7, 1984

*Adopted 3/13 (p. 786)*

SENATE FILE 2262

S-5286

1 Amend Senate File 2262 as follows:  
2 1. Page 1, lines 9 and 10, by striking the word  
3 and figures "January 1, 1985" and inserting in lieu  
4 thereof the word and figures "July 1, 1984".  
5 2. Page 1, line 31, by striking the words "offering  
6 of" and inserting in lieu thereof the words "coverage  
7 for".  
8 3. Page 2, line 8, by striking the word and figures  
9 "January 1, 1985" and inserting in lieu thereof the  
10 word and figures "July 1, 1984".  
11 4. Page 2, line 28, by striking the words "offering  
12 of" and inserting in lieu thereof the words "coverage  
13 for".  
14 5. Page 3, line 5, by striking the word and figures  
15 "January 1, 1985" and inserting in lieu thereof the  
16 word and figures "July 1, 1984".  
17 6. Page 3, line 26, by striking the words "offering  
18 of" and inserting in lieu thereof the words "coverage  
19 for".

S-5286 FILED

BY JOHN N. NYSTROM

MARCH 7, 1984

*Adopted 3/13 (p. 786)*

See Small Business 3/15

Senate File 2262

Small Business and Commerce: Halvorson of Clayton, Chair; Chiodo and Skow.

Amended per S.B. 2400's Pass 3/23 (p. 1251)

FILE **2262**

BY COMMITTEE ON COMMERCE

(AS AMENDED AND PASSED BY THE SENATE MARCH 13, 1984)

Passed Senate, Date See Below Passed House, Date 3-29-83 (p. 1503)  
 Vote: Ayes \_\_\_\_\_ Nays \_\_\_\_\_ Vote: Ayes 98 Nays 2  
 Approved May 16, 1984

## A BILL FOR

1 An Act relating to health insurance by requiring that coverage  
 2 for educational programs for diabetes be offered.  
 3 BE IT ENACTED BY THE GENERAL ASSEMBLY OF THE STATE OF IOWA:

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Appointed Conference Committee 4/13/84

6 Senators Gallagher (Chair), Tipton, Jones, Priebe & Tiedem (p. 1509)  
 7 Representatives Parker (Chair), Chiodo, Hanson, Halborn, Bright, Skow

Passed per Conference Committee Report

Senate 4-19-84 (p. 1686)  
46-0

House 4-20-84 (p. 2486)  
95-0

\_\_\_\_\_ = New Language

by the Senate

1 Section 1. Section 509.3, Code Supplement 1983, is amended  
2 by adding the following new subsection:

3 NEW SUBSECTION. A provision shall be made available to  
4 policyholders, under group policies covering hospital, medical,  
5 or surgical expenses, for payment for diabetic outpatient  
6 self-management education programs, under terms and conditions  
7 agreed upon between the insurer and the policyholder, subject  
8 to utilization controls. This subsection applies to group  
9 policies delivered or issued for delivery after July 1, 1984,  
10 and to existing group policies on their next anniversary or  
11 renewal date, or upon expiration of the applicable collective  
12 bargaining contract, if any, whichever is later. This  
13 subsection does not apply to blanket, short-term travel,  
14 accident only, limited or specified disease, or individual  
15 or group conversion policies, or policies designed only for  
16 issuance to persons for coverage under Title XVIII of the  
17 Social Security Act, or any other similar coverage under a  
18 state or federal government plan. Coverage shall apply only  
19 to programs directed and supervised by a physician licensed  
20 under chapter 148 or 150A. Covered diabetic outpatient self-  
21 management education programs shall be provided by health  
22 care professionals including, but not limited to, physicians,  
23 registered nurses, and licensed pharmacists who are  
24 knowledgeable about the disease process of diabetes and the  
25 treatment of diabetic patients. As used in this subsection,  
26 "diabetic outpatient self-management education programs" means  
27 instruction which will enable diabetic patients and their  
28 families to gain an understanding of the diabetic disease  
29 process and the daily management of diabetic therapy thereby  
30 avoiding frequent hospitalizations and complications. This  
31 subsection does not require the coverage for programs whose  
32 sole or primary purpose is weight reduction.

33 Sec. 2. Section 514.7, Code Supplement 1983, is amended  
34 by adding the following new unnumbered paragraph:

35 NEW UNNUMBERED PARAGRAPH. A provision shall be available

1 in approved contracts with hospital and medical service  
2 corporate subscribers under group and individual subscriber  
3 contracts or plans covering medical and surgical service,  
4 for payment for diabetic outpatient self-management education  
5 programs, under terms and conditions agreed upon between the  
6 corporation and subscriber group or individual, subject to  
7 utilization controls. This paragraph applies to group and  
8 individual subscriber contracts delivered after July 1, 1984,  
9 and to group and individual subscriber contracts on their  
10 anniversary or renewal date, or upon the expiration of the  
11 applicable collective bargaining contract, if any, whichever  
12 is the later. This paragraph does not apply to contracts  
13 designed only for issuance to subscribers eligible for coverage  
14 under Title XVIII of the Social Security Act, or any other  
15 similar coverage under a state or federal government plan.  
16 Coverage shall apply only to programs directed and supervised  
17 by a physician licensed under chapter 148 or 150A. Covered  
18 diabetic outpatient self-management education programs shall  
19 be provided by health care professionals including, but not  
20 limited to, physicians, registered nurses, and licensed  
21 pharmacists who are knowledgeable about the disease process  
22 of diabetes and the treatment of diabetic patients. As used  
23 in this paragraph, "diabetic outpatient self-management  
24 education programs" means instruction which will enable  
25 diabetic patients and their families to gain an understanding  
26 of the diabetic disease process and the daily management of  
27 diabetic therapy thereby avoiding frequent hospitalizations  
28 and complications. This paragraph does not require the  
29 coverage for programs whose sole or primary purpose is weight  
30 reduction.

31 Sec. 3. Section 514A.2, subsection 1, Code 1983, is amended  
32 by adding the following new lettered paragraph:

33 NEW LETTERED PARAGRAPH. The policy, if issued, amended,  
34 delivered, or renewed on or after July 1, 1984, which covers  
35 hospital, medical, or surgical expenses, offers coverage for

1 diabetic outpatient self-management education programs, under  
2 terms and conditions agreed upon between the insurer and the  
3 individual policyholder, subject to utilization controls.  
4 This paragraph does not apply to policies designed only for  
5 issuance to persons eligible for coverage under Title XVIII  
6 of the Social Security Act, or other similar coverage under  
7 a state or federal government plan. Coverage shall apply  
8 only to programs directed and supervised by a licensed  
9 physician under chapter 148 or 150A. Covered diabetic  
10 outpatient self-management education programs shall be provided  
11 by health care professionals including, but not limited to,  
12 physicians, registered nurses, and certified pharmacists who  
13 are knowledgeable about the disease process of diabetes and  
14 the treatment of diabetic patients. As used in this paragraph,  
15 "diabetic outpatient self-management education programs" means  
16 instruction which will enable diabetic patients and their  
17 families to gain an understanding of the diabetic disease  
18 process and the daily management of diabetic therapy thereby  
19 avoiding frequent hospitalizations and complications. This  
20 paragraph does not require the coverage for programs whose  
21 sole or primary purpose is weight reduction.

22     Sec. 4. Section 514B.1, subsection 2, Code Supplement  
23 1983, is amended by adding the following new unnumbered  
24 paragraph:

25     NEW UNNUMBERED PARAGRAPH. The health care services  
26 available to enrollees under prepaid group plans covering  
27 hospital, medical, or surgical expenses, may include, at the  
28 option of the employer purchaser, a provision for payment  
29 for diabetic outpatient self-management education programs,  
30 under terms and conditions agreed upon between the provider  
31 and the health maintenance organization, subject to utilization  
32 controls. This paragraph applies to services provided under  
33 plans made after July 1, 1984, and to existing group plans  
34 on their next anniversary or renewal date, or upon the  
35 expiration of the applicable collective bargaining contract,

1 if any, whichever is the later. This paragraph does not apply  
2 to enrollees eligible for coverage under Title XVIII of the  
3 Social Security Act or any other similar coverage under a  
4 state or federal government plan. Coverage shall apply only  
5 to programs directed and supervised by a physician who is  
6 under contract with or employed by a health maintenance  
7 organization and is licensed under chapter 148 or 150A.  
8 Covered diabetic outpatient self-management education programs  
9 shall be provided by health care professionals including,  
10 but not limited to, physicians, registered nurses, and licensed  
11 pharmacists who are knowledgeable about the disease process  
12 of diabetes and the treatment of diabetic patients. As used  
13 in this paragraph, "diabetic outpatient self-management  
14 education programs" means instruction which will enable  
15 diabetic patients and their families to gain an understanding  
16 of the diabetic disease process and the daily management of  
17 diabetic therapy thereby avoiding frequent hospitalizations  
18 and complications. This paragraph does not require the  
19 coverage for programs whose sole or primary purpose is weight  
20 reduction.

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SF 2262  
mg/slc/26c

SENATE FILE 2262

H-5824

- 1 Amend Senate File 2262 as amended, passed and  
2 reprinted by the Senate, as follows:  
3 1. Page 2, line 2, by striking the words "and  
4 individual".  
5 2. Page 2, line 6, by striking the words "or  
6 individual".  
7 3. Page 2, lines 7 and 8, by striking the words  
8 "and individual".  
9 4. Page 2, line 9, by striking the words "and  
10 individual".  
11 5. By striking page 2, line 31 through page 3,  
12 line 21.  
13 6. By numbering and renumbering as necessary.

H-5824 FILED MARCH 23, 1984 BY COMMITTEE ON SMALL  
*Adopted 3/29 (p. 1502)* BUSINESS AND COMMERCE

SENATE FILE 2262

H-5938

- 1 Amend Senate File 2262 as amended, passed and  
2 reprinted by the Senate as follows:  
3 1. Page 1, line 30, by inserting after the word  
4 "complications." the following: "Such programs shall  
5 meet standards developed by the state department of  
6 health in consultation with American diabetes associa-  
7 tion, Iowa affiliate, for certification of outpatient  
8 diabetes education programs."  
9 2. Page 2, line 28, by inserting after the word  
10 "complications." the following: "Such programs shall  
11 meet standards developed by the state department of  
12 health in consultation with American diabetes associa-  
13 tion, Iowa affiliate, for certification of outpatient  
14 diabetes education programs."  
15 3. Page 4, line 18, by inserting after the word  
16 "complications." the following: "Such programs shall  
17 meet standards developed by the state department of  
18 health in consultation with American diabetes associa-  
19 tion, Iowa affiliate, for certification of outpatient  
20 diabetes education programs."

H-5938 FILED MARCH 28, 1984 BY ZIMMERMAN of Dallas  
*Adopted 3/29 (p. 1503)*

HOUSE AMENDMENT TO SENATE FILE 2262

S-5731

1 Amend Senate File 2262 as amended, passed and  
2 reprinted by the Senate as follows:

- 3 1. Page 1, line 30, by inserting after the word  
4 "complications." the following: "Such programs shall  
5 meet standards developed by the state department of  
6 health in consultation with American diabetes  
7 association, Iowa affiliate, for certification of  
8 outpatient diabetes education programs."  
9 2. Page 2, line 2, by striking the words "and  
10 individual".  
11 3. Page 2, line 6, by striking the words "or  
12 individual".  
13 4. Page 2, lines 7 and 8, by striking the words  
14 "and individual".  
15 5. Page 2, line 9, by striking the words "and  
16 individual".  
17 6. Page 2, line 28, by inserting after the word  
18 "complications." the following: "Such programs shall  
19 meet standards developed by the state department of  
20 health in consultation with American diabetes  
21 association, Iowa affiliate, for certification of  
22 outpatient diabetes education programs."  
23 7. By striking page 2, line 31 through page 3,  
24 line 21.  
25 8. Page 4, line 18, by inserting after the word  
26 "complications." the following: "Such programs shall  
27 meet standards developed by the state department of  
28 health in consultation with American diabetes  
29 association, Iowa affiliate, for certification of  
30 outpatient diabetes education programs."  
31 9. Renumbering as necessary.

S-5731 FILED  
APRIL 2, 1984

RECEIVED FROM THE HOUSE

*Senate refused to concur 4/3 (p. 1254)  
House insisted 4/12 (1949)*

To the President of the Senate and the Speaker of the House of Representatives:

We, the undersigned members of the Conference Committee appointed to resolve the differences between the Senate and the House of Representatives on Senate File 2262, a bill for an Act relating to health insurance by requiring that coverage for educational programs for diabetes be offered, respectfully make the following report:

1. That the Senate concur in the House amendment, S-5731, to Senate File 2262, as amended, passed, and reprinted by the Senate.

ON THE PART OF THE HOUSE:

ON THE PART OF THE SENATE:

EDWARD G. PARKER, CHAIRPERSON  
NED F. CHIDO  
DARRELL R. HANSON  
BETTY HOFFMANN-BRIGHT  
BOB SKOW

JAMES GALLAGHER, CHAIRPERSON  
JOHN W. JENSEN  
JOHN N. NYSTROM  
BERL E. PRIEBE  
DALE L. TIEDEN

Filed:  
April 19, 1984

*Senate adopted 4/19 (p. 1686)*  
*House adopted 4/20 (p. 2486)*

SENATE FILE 2262

AN ACT

RELATING TO HEALTH INSURANCE BY REQUIRING THAT COVERAGE FOR EDUCATIONAL PROGRAMS FOR DIABETES BE OFFERED.

BE IT ENACTED BY THE GENERAL ASSEMBLY OF THE STATE OF IOWA:

Section 1. Section 509.3, Code Supplement 1983, is amended by adding the following new subsection:

NEW SUBSECTION. A provision shall be made available to policyholders, under group policies covering hospital, medical, or surgical expenses, for payment for diabetic outpatient self-management education programs, under terms and conditions agreed upon between the insurer and the policyholder, subject to utilization controls. This subsection applies to group policies delivered or issued for delivery after July 1, 1984, and to existing group policies on their next anniversary or renewal date, or upon expiration of the applicable collective bargaining contract, if any, whichever is later. This subsection does not apply to blanket, short-term travel, accident only, limited or specified disease, or individual or group conversion policies, or policies designed only for issuance to persons for coverage under Title XVIII of the Social Security Act, or any other similar coverage under a state or federal government plan. Coverage shall apply only to programs directed and supervised by a physician licensed under chapter 148 or 150A. Covered diabetic outpatient self-management education programs shall be provided by health care professionals including, but not limited to, physicians, registered nurses, and licensed pharmacists who are knowledgeable about the disease process of diabetes and the treatment of diabetic patients. As used in this subsection, "diabetic outpatient self-management education programs" means instruction which will enable diabetic patients and their families to gain an understanding of the diabetic disease

process and the daily management of diabetic therapy thereby avoiding frequent hospitalizations and complications. Such programs shall meet standards developed by the state department of health in consultation with American diabetes association, Iowa affiliate, for certification of outpatient diabetes education programs. This subsection does not require the coverage for programs whose sole or primary purpose is weight reduction.

Sec. 2. Section 514.7, Code Supplement 1983, is amended by adding the following new unnumbered paragraph:

NEW UNNUMBERED PARAGRAPH. A provision shall be available in approved contracts with hospital and medical service corporate subscribers under group subscriber contracts or plans covering medical and surgical service, for payment for diabetic outpatient self-management education programs, under terms and conditions agreed upon between the corporation and subscriber group, subject to utilization controls. This paragraph applies to group subscriber contracts delivered after July 1, 1984, and to group subscriber contracts on their anniversary or renewal date, or upon the expiration of the applicable collective bargaining contract, if any, whichever is the later. This paragraph does not apply to contracts designed only for issuance to subscribers eligible for coverage under Title XVIII of the Social Security Act, or any other similar coverage under a state or federal government plan. Coverage shall apply only to programs directed and supervised by a physician licensed under chapter 148 or 150A. Covered diabetic outpatient self-management education programs shall be provided by health care professionals including, but not limited to, physicians, registered nurses, and licensed pharmacists who are knowledgeable about the disease process of diabetes and the treatment of diabetic patients. As used in this paragraph, "diabetic outpatient self-management education programs" means instruction which will enable diabetic patients and their families to gain an understanding of the diabetic disease process and the daily management of

diabetic therapy thereby avoiding frequent hospitalizations and complications. Such programs shall meet standards developed by the state department of health in consultation with American diabetes association, Iowa affiliate, for certification of outpatient diabetes education programs. This paragraph does not require the coverage for programs whose sole or primary purpose is weight reduction.

Sec. 3 Section 514B.1, subsection 2, Code Supplement 1983, is amended by adding the following new unnumbered paragraph:

NEW UNNUMBERED PARAGRAPH. The health care services available to enrollees under prepaid group plans covering hospital, medical, or surgical expenses, may include, at the option of the employer purchaser, a provision for payment for diabetic outpatient self-management education programs, under terms and conditions agreed upon between the provider and the health maintenance organization, subject to utilization controls. This paragraph applies to services provided under plans made after July 1, 1984, and to existing group plans on their next anniversary or renewal date, or upon the expiration of the applicable collective bargaining contract, if any, whichever is the later. This paragraph does not apply to enrollees eligible for coverage under Title XVIII of the Social Security Act or any other similar coverage under a state or federal government plan. Coverage shall apply only to programs directed and supervised by a physician who is under contract with or employed by a health maintenance organization and is licensed under chapter 148 or 150A. Covered diabetic outpatient self-management education programs shall be provided by health care professionals including, but not limited to, physicians, registered nurses, and licensed pharmacists who are knowledgeable about the disease process of diabetes and the treatment of diabetic patients. As used in this paragraph, "diabetic outpatient self-management education programs" means instruction which will enable diabetic patients and their families to gain an understanding

of the diabetic disease process and the daily management of diabetic therapy thereby avoiding frequent hospitalizations and complications. Such programs shall meet standards developed by the state department of health in consultation with American diabetes association, Iowa affiliate, for certification of outpatient diabetes education programs. This paragraph does not require the coverage for programs whose sole or primary purpose is weight reduction.

CHARLES F. MILLER  
President Pro Tempore of the  
Senate

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DONALD D. AVENSON  
Speaker of the House

I hereby certify that this bill originated in the Senate and is known as Senate File 2262, Seventieth General Assembly.

-----  
K. MARIE THAYER  
Secretary of the Senate

Approved *May 16* 1984

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TERRY E. BRANSTAD  
Governor