

National Comparative Data — State Living Standards

| State | Cost of Living 2025* | | Percentage of Population Not Covered by Health Insurance in 2024** | | Best States 2025*** |
|----------------------|----------------------|----------|--|-----------|---------------------|
| | Index | Ranking | Percentage | Ranking | Ranking |
| Alabama | 87.9 | 3 | 8.2% | 33 | 45 |
| Alaska | 127.7 | 47 | 11.0% | 47 | 49 |
| Arizona | 108.8 | 35 | 10.3% | 44 | 30 |
| Arkansas | 89.3 | 7 | 9.4% | 40 | 44 |
| California | 136.7 | 49 | 5.9% | 17 | 37 |
| Colorado | 102.7 | 33 | 7.9% | 31 | 11 |
| Connecticut | 114.1 | 42 | 5.8% | 14 | 15 |
| Delaware | 102.8 | 34 | 6.9% | 23 | 18 |
| District of Columbia | 135.2 | 48 | 4.5% | 4 | N/A |
| Florida | 99.5 | 31 | 10.9% | 46 | 6 |
| Georgia | 91.8 | 14 | 12.0% | 50 | 21 |
| Hawaii | 179.7 | 51 | 3.5% | 2 | 28 |
| Idaho | 99.0 | 29 | 9.2% | 39 | 3 |
| Illinois | 95.9 | 24 | 6.9% | 23 | 36 |
| Indiana | 90.6 | 10 | 7.5% | 27 | 33 |
| IOWA | 90.3 | 8 | 5.4% | 12 | 14 |
| Kansas | 88.9 | 5 | 8.5% | 35 | 25 |
| Kentucky | 91.9 | 16 | 6.8% | 22 | 39 |
| Louisiana | 92.7 | 19 | 7.7% | 28 | 50 |
| Maine | 114.2 | 43 | 5.5% | 13 | 27 |
| Maryland | 118.9 | 45 | 6.3% | 19 | 20 |
| Massachusetts | 150.8 | 50 | 2.8% | 1 | 9 |
| Michigan | 94.7 | 22 | 5.1% | 8 | 43 |
| Minnesota | 94.2 | 21 | 5.1% | 8 | 4 |
| Mississippi | 85.5 | 2 | 9.7% | 41 | 48 |
| Missouri | 89.0 | 6 | 7.7% | 28 | 31 |
| Montana | 109.8 | 37 | 8.8% | 37 | 26 |
| Nebraska | 91.6 | 13 | 7.1% | 26 | 5 |
| Nevada | 98.6 | 28 | 11.4% | 48 | 34 |
| New Hampshire | 109.2 | 36 | 4.5% | 4 | 2 |
| New Jersey | 114.6 | 44 | 7.7% | 28 | 19 |
| New Mexico | 92.5 | 17 | 10.1% | 43 | 47 |
| New York | 126.6 | 46 | 5.0% | 7 | 22 |
| North Carolina | 97.4 | 26 | 8.6% | 36 | 13 |
| North Dakota | 91.3 | 12 | 6.1% | 18 | 12 |
| Ohio | 92.8 | 20 | 6.7% | 21 | 38 |
| Oklahoma | 84.4 | 1 | 11.5% | 49 | 42 |
| Oregon | 111.8 | 38 | 5.2% | 10 | 35 |
| Pennsylvania | 97.1 | 25 | 5.8% | 14 | 41 |
| Rhode Island | 113.4 | 39 | 4.6% | 6 | 24 |
| South Carolina | 92.5 | 17 | 9.0% | 38 | 40 |
| South Dakota | 91.8 | 14 | 8.1% | 32 | 8 |
| Tennessee | 90.3 | 8 | 9.7% | 41 | 32 |
| Texas | 90.8 | 11 | 16.7% | 51 | 29 |
| Utah | 99.1 | 30 | 8.3% | 34 | 1 |
| Vermont | 113.7 | 40 | 4.2% | 3 | 7 |
| Virginia | 100.1 | 32 | 6.9% | 23 | 16 |
| Washington | 113.9 | 41 | 6.5% | 20 | 10 |
| West Virginia | 88.1 | 4 | 5.8% | 14 | 46 |
| Wisconsin | 97.7 | 27 | 5.3% | 11 | 17 |
| Wyoming | 95.3 | 23 | 10.3% | 44 | 23 |

* [Missouri Department of Higher Education and Workforce Development, Missouri Economic Research and Information Center](#)

** [U.S. Census Bureau, American Community Survey](#)

*** [U.S. News and World Report](#)