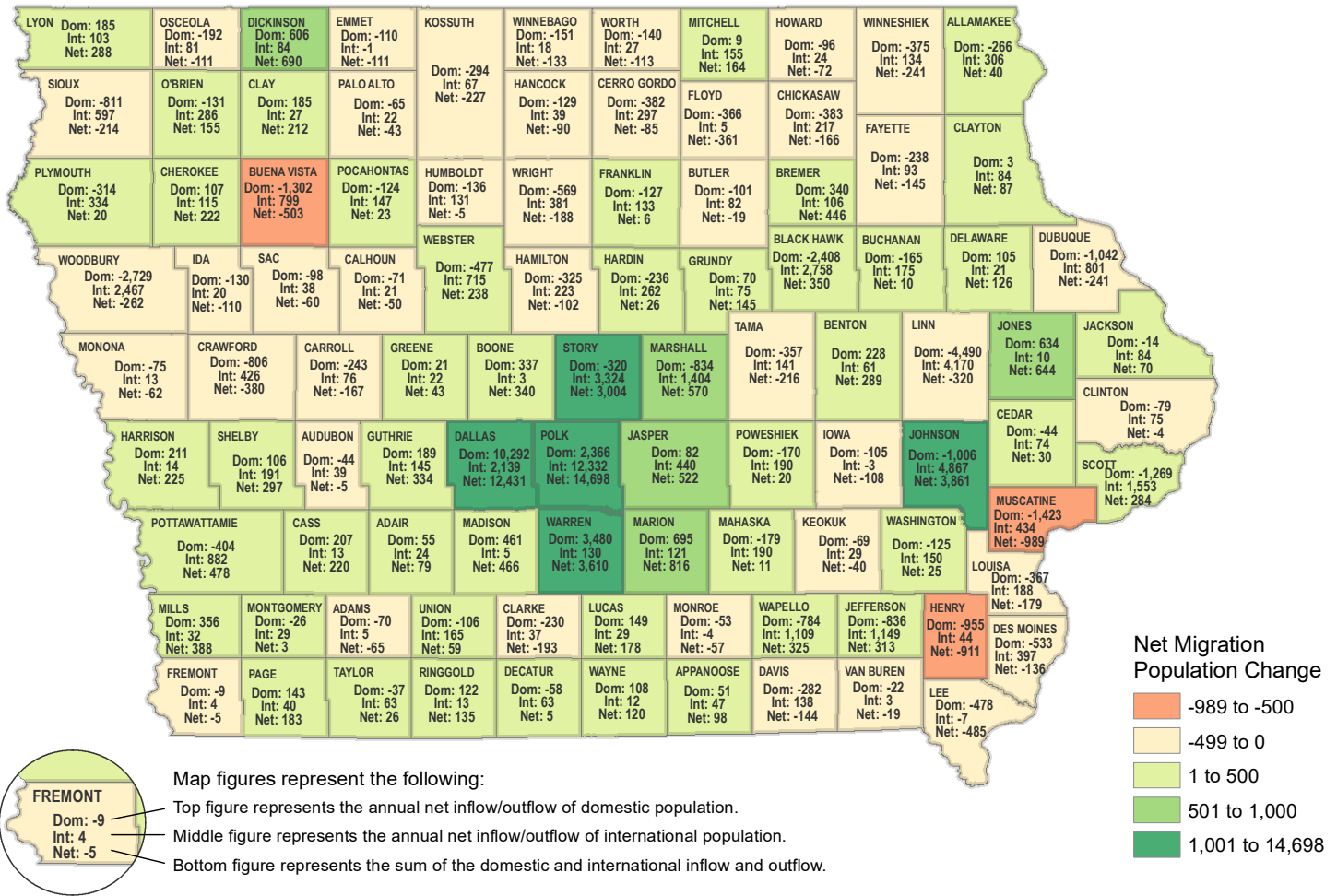


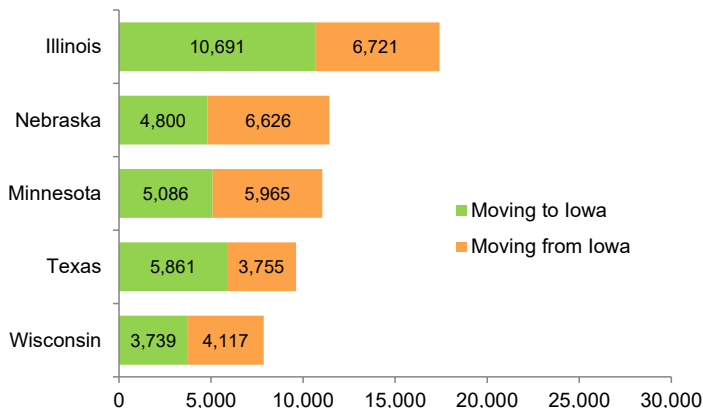
# Estimated Population Migration — April 1, 2020, to July 1, 2024



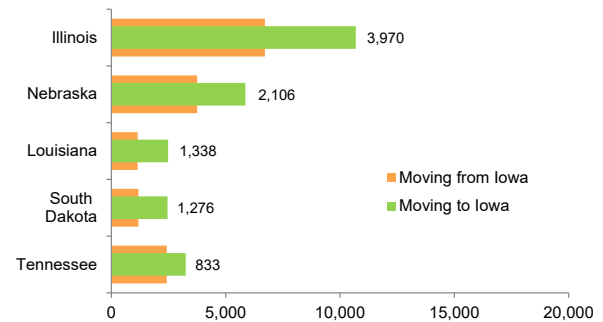
## Statewide Estimated Population Change — 2020-2024:

Domestic Change: -9,482  
 International Change: +49,793  
 Net Migration Change: +40,311

## Top Five States of Total Population Moving to and from Iowa — 2023-2024



## Highest Domestic Net Migration Gain — 2023-2024



## Highest Domestic Net Migration Loss — 2023-2024



Sources: U.S. Census Bureau, 2024 Estimates of the Components of Resident Population Change; State-to-State Migration Flows 2024, LSA calculations  
 LSA Staff Contact: Michael Peters (515.281.6934) [michael.peters@legis.iowa.gov](mailto:michael.peters@legis.iowa.gov)