The Iowa Health and Wellness Plan is a Medicaid program providing comprehensive health care coverage to low-income Iowans.

The Iowa Health and Wellness Plan covers adults ages 19 to 64 with income at or below 133 percent of the Federal Poverty Level (FPL). In 2022, the eligible income amount for individuals is $18,075 for a family of one or $24,352 for a family of two. Members have the option of choosing a plan from one of two managed care organizations: Amerigroup Iowa, Inc., or Iowa Total Care. Members also choose a dental plan provided by either Delta Dental of Iowa or MCNA Dental.

Notes: Figures represent the number enrolled in the Iowa Health and Wellness Plan. Total enrolled in the Iowa Health and Wellness Plan is 255,123. Enrollment is as of September 30, 2022.

Sources: Department of Human Services, U.S. Census Bureau 2021 Population Estimate, LSA calculations
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