Number of Recipients in the Food Assistance Program by County — July 2020

Notes:
1) To receive food assistance, an individual must be a resident of Iowa or a citizen or legally qualified noncitizen (such as a refugee) and have a household income that does not exceed 160.0% of the federal poverty level. For a family of three, this amount equals a gross annual income of approximately $34,900.

2) The Food Assistance Program provides Electronic Benefit Transfer (EBT) cards that can be used to buy groceries at supermarkets, grocery stores, and some farmers markets.

3) 90.0% of Food Assistance recipients also receive Medicaid and/or Family Investment Program (FIP) benefits, or Healthy and Well Kids in Iowa (Hawki) benefits.

Source: Department of Human Services
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