The Iowa Health and Wellness Plan is a Medicaid program providing comprehensive health care coverage to low-income Iowans.

The Iowa Health and Wellness Plan covers adults ages 19 to 64 with income at or below 133 percent of the Federal Poverty Level (FPL). In 2019, the eligible income amount for individuals is $16,612 for a family of one or $22,490 for a family of two. Members have the option of choosing a plan from one of two managed care organizations: Amerigroup Iowa, Inc., or Iowa Total Care. Members also choose a dental plan provided by either Delta Dental of Iowa or MCNA Dental.

Number and Percentage of Total Population Age 18 to 64 Enrolled by County

By County

- 4.1% - 6.0%
- 6.1% - 8.0%
- 8.1% - 10.0%
- 10.1% - 12.0%
- 12.1% - 15.0%

Notes: Figures represent the number enrolled in the Iowa Health and Wellness Plan. Total enrolled in the Iowa Health and Wellness Plan is 173,894. Enrollment is as of September 30, 2019.

Sources: Department of Human Services; U.S. Census Bureau, 2018 Population Estimate; LSA calculations

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