



Iowa Department of Human Services

Kim Reynolds
Governor

Adam Gregg
Lt. Governor

Jerry R. Foxhoven
Director

December 29, 2017

W. Charles Smithson
Secretary of Senate
State Capitol Building
LOCAL

Carmine Boal
Chief Clerk of the House
State Capitol Building
LOCAL

Dear Mr. Smithson and Ms. Boal:

Enclosed please find a copy of a report to the General Assembly relative to the Mental Health Services Annual Report, pursuant to the directive contained in Iowa Code 249N.8(2). Please feel free to contact me if you need additional information.

Sincerely,

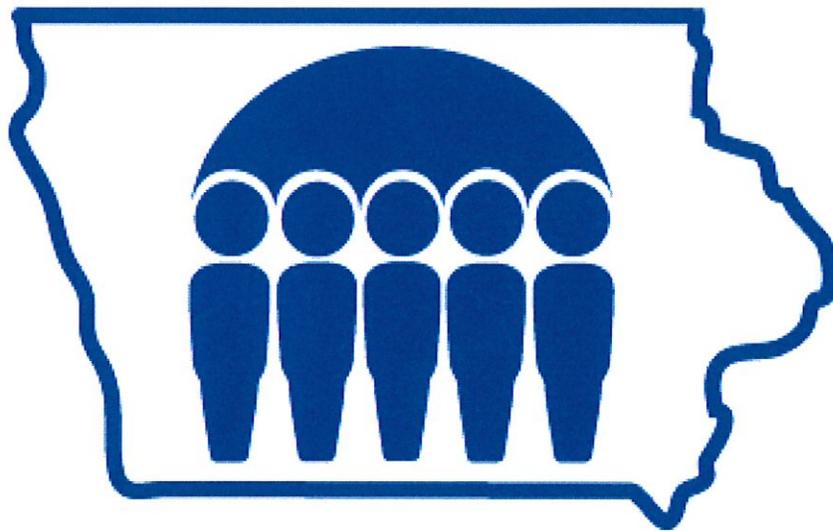
A handwritten signature in blue ink, appearing to read "Merea D. Bentrott".

Merea D. Bentrott
Policy Advisor

Enclosure

cc: Kim Reynolds, Governor
Legislative Service Agency
Kris Bell, Senate Democrat Caucus
Josh Bronsink, Senate Republican Caucus
Natalie Ginty, House Republican Caucus
Kelsey Thien, House Democrat Caucus

Iowa Department of Human Services



Review of the Outcomes and Effectiveness Of Mental Health Services Provided under the Iowa Health and Wellness Plan

2017

Mental Health Services provided under the Iowa Health and Wellness Plan

Introduction

This Annual report of the review of the outcomes and effectiveness of mental health services provided under the Iowa Health and Wellness Plan is submitted pursuant to Iowa Code 249N.8 which requires the department to annually submit a report of the results of a review of the outcomes and effectiveness of mental health services provided under the Iowa Health and Wellness Plan (IHAWP).

Overview

The IHAWP was enacted to provide comprehensive health care coverage for low income adults. On January 1, 2014, the IHAWP began covering all Iowans age 19-64 with income up to and including 133 percent of the Federal Poverty Level.

During state fiscal year (SFY)17, the IHAWP served an average of 150,895 individuals that were not previously covered by a full benefit Medicaid plan compared to 146,385 during SFY16. IHAWP enrollees made up 25% of the total Medicaid enrollment for SFY16.

There were three Managed Care Organizations that provided health and mental health services to IHAWP and Medicaid members. These include Amerigroup Iowa, Inc., AmeriHealth Caritas Iowa, Inc., and United Healthcare Plan of the River Valley, Inc.

IHAWP Mental Health Services

The IHAWP provides mental health services for many Iowans who were not previously eligible. Many of these individuals would be eligible for services funded by the Mental Health and Disability Service Regions. These services include:

- Mental Health Inpatient Treatment
- Mental Health Outpatient Treatment
- Home and Community Based Services for persons with Chronic Mental Illness

Provider Network

The IHAWP provider network is the same as the Iowa Medicaid. Mental health providers include psychiatrists, psychologists, nurse practitioners specializing in psychiatry and other credential providers (e.g. licensed social workers, mental health counselors). In 2015, Iowa Medicaid has 3,192 unique mental health providers in Iowa and surrounding states. Of this number 2,091 provided services in Iowa. There was an 18 percent increase in the number of mental health providers in Iowa over 2014 (1,765).

Mental Health Outcome Measures

Previous studies completed for IHAWP members with a Serious Mental Illness (SMI) or Serious Emotional Disturbance (SED) have reported that the relative sample size is small. Therefore, this report includes all Medicaid and IHAWP adults ages 18 and over who have a SMI or SED. Total number of Medicaid adult members with a SMI or SED was 57,981 for SFY17.

Note: The measures below are from third quarter SFY17, (March 2017 through June 2017) MCO reporting. This is to account for the 90 day time lag to receive claims. There were a total of 51,939 members with a diagnosed SMI or SED.

Measure 1

The number of members with SMI or SED receiving preventive health care visits.

Results

The total number of members receiving preventive health care visits through the three MCOs was 47,004 or 90 percent.

Measure 2

Number of members with SMI or SED screened for diabetes.

Results

There were 13,200 members with SMI or SED screened for diabetes. This represents 25 percent of the adult behavioral health population in Medicaid. .

Measure 3

The number of members on an antipsychotic medication who received an assessment of Body Mass Index (BMI).

Results

Three percent or 1,325 members received an assessment of BMI. This is based on claims activity. BMI is not also present on a claim, but written in the member's medical chart. The number may be higher if a medical review was done.

Measure 4

The number of members with a SMI or SED prescribed two or more psychotropic medications.

Results

The result of this measure were 16,556 members or 32 percent of the total number of Medicaid members with a SMI or SED.

Mental Health Expenditures

Figure 1 provides the total (federal and state dollars) expenditures for mental health services claims paid for IHAWP enrollees for dates of service during state fiscal years 2014-2017. There was a nine percent increase in expenditures from SFY16 to SFY 17.

Figure 1. Total IHAWP Mental Health Service Expenditures

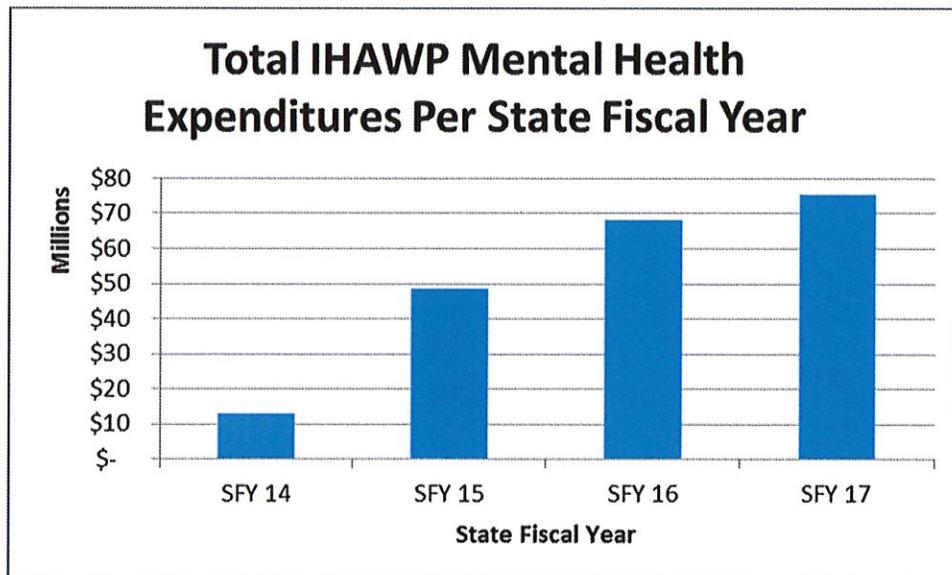
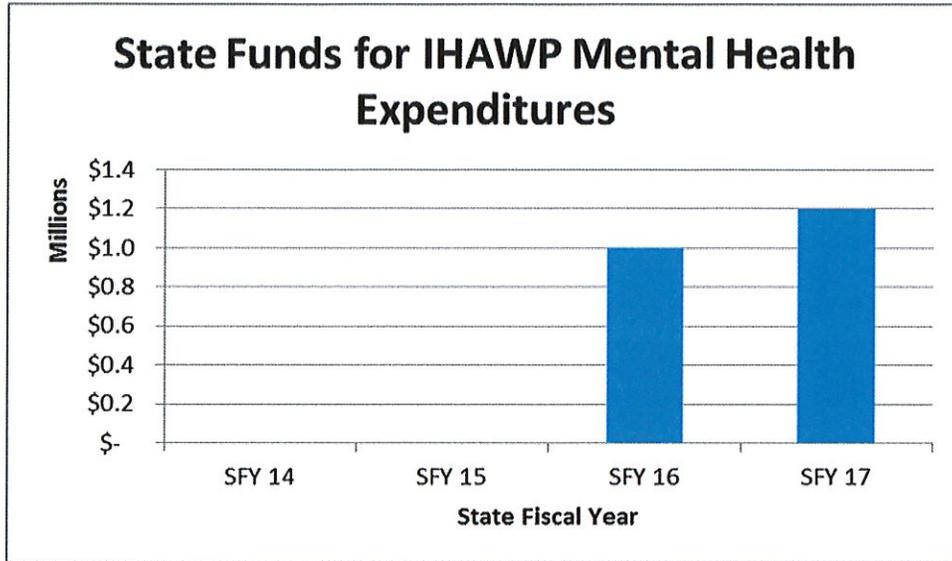


Figure 2 shows the state funds spent for state fiscal years 2014-2017.

Figure 2. State IHAWP Mental Health Service Expenditures



Recommendation

Mental health services are being provided to both IHAWP and Medicaid members mostly through managed care. All of these measures can also be found in the quarterly MCO report. The Department recommends discontinuing this report since the MCO reports are readily available.