

FAMILY DEVELOPMENT AND SELF-SUFFICIENCY PROGRAM

2013 ANNUAL SUMMARY



Mission: Improve the lives of families at risk of long-term welfare dependency or family instability by creating opportunities for self-sufficiency.

Prepared by:
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MISSION: *Improve the lives of families at risk of long-term welfare dependency or family instability by creating opportunities for self-sufficiency.*

Iowa's Family Development and Self-Sufficiency (FaDSS) Grant Program was created by the 1988 Iowa General Assembly to assist Family Investment Program (FIP) families with significant or multiple barriers reach self-sufficiency. FaDSS provides services that promote, empower, and nurture families toward stability and economic self-sufficiency.

The FaDSS program is administered by the Iowa Department of Human Rights, Division of Community Action Agencies. The FaDSS Council serves as an advisory body and awards grants for the FaDSS program. The Council consists of fourteen members and two members from each chamber of the general assembly serving as ex officio members. The Council meets at least four times per year.

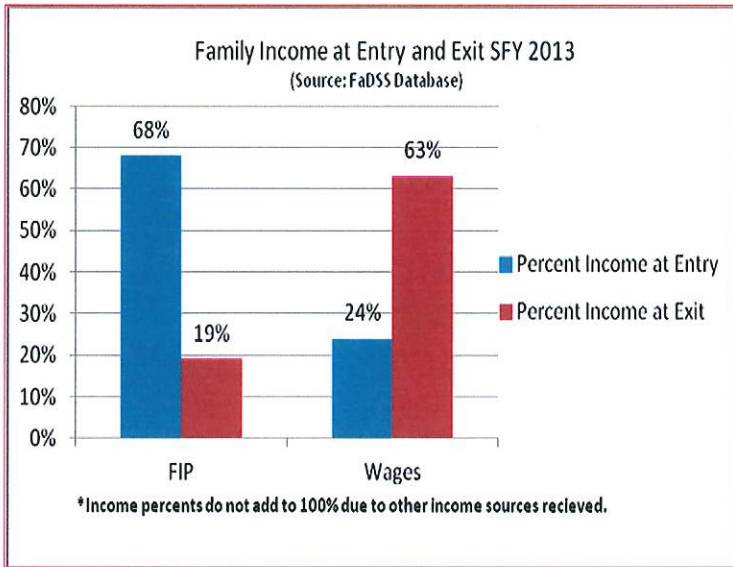
FaDSS is provided in all of Iowa's 99 counties through a network of seventeen agencies (community action agencies and other public and private non-profit organizations) with approximately 86 Certified Family Development Specialists. Specialists are mandatory child abuse reporters, and subject to criminal and child abuse background checks. Over 90% of Specialist and supervisors have a post secondary degree and are required to complete ten hours of additional training each year.

FaDSS is an evidenced based, holistic, strength based, home visiting program that focuses on **preventive services** and facilitates **long-term family change** for families receiving Family Investment Program (FIP) benefits. In FY2013, FaDSS served **3199 families**, with **5,455 children**, of which **3,482** were between the ages 0-5.

FaDSS provides:

- Activities to increase work preparedness
- Goal setting and goal attainment skills
- Parenting skill development
- Protection for children
- Families with links to informal and formal connections within their community
- Thorough assessment of strengths
- Budgeting skills
- Role modeling of healthy behaviors
- Self-advocacy skills
- Assistance to communities throughout Iowa to respond to low income families facing multiple issues in a strength based manner

PERFORMANCE OUTCOMES



Work Preparedness and Employment

(Source: FY 2013 FaDSS Annual Activity Report)

In FY2013, 51% of families were involved in activities offered by FaDSS, designed to increase work preparedness skills, including resume writing, mock interviews, and assistance with completing job applications.

1618 families had at least one person employed during the year.

Income

(Source: FaDSS Database)

In FY13, for all families exiting the FaDSS program, the average monthly income from wages increased by 360%, from \$134 to \$484. For families employed at time of exit, average monthly income from wages increased from \$217 to \$1,054.

Education Goals Achieved

(Source: FY 2013 FaDSS Annual Activity Report)

164	GED/HS Diploma
107	Certification Program
60	Associate Degree
11	Bachelor Degree

Progress to Family Stability

(Source: FY 2013 FaDSS Annual Activity Report)

Adults with substantiated substance abuse issues	363
❖ Percent of adults above accessing treatment for substance abuse issues	82%
Families experienced domestic violence this past year	418
❖ Percent of the families above accessing assistance for domestic violence	72%
Adults with substantiated mental health issues	1255
❖ Percent of adults above accessing treatment for mental health issues	86%
Head of household involved in HS diploma/GED courses	466
❖ Percent of Individuals achieving a HS diploma/GED	35%

FaDSS FY2013 Funding

Grantee	Capacity	FaDSS Funding	Local Funds	In-kind Funds	total FY13 funding
Community Action Agency of Siouxland	40	\$149,572	\$8,870	\$1,500	\$159,942
Community Action of Eastern Iowa	98	\$329,442	\$0	\$0	\$329,442
Community Action of SE Iowa	90	\$302,906	\$0	\$500	\$303,406
Four Oaks	222	\$771,909	\$43,300	\$0	\$815,209
LSI	39	\$149,572	\$5,075	\$0	\$154,647
MATURA	29	\$114,548	\$7,000	\$11,777	\$133,325
MICA	134	\$456,700	\$13,265	\$0	\$469,965
Mid-Sioux	35	\$133,407	\$2,000	\$0	\$135,407
NICAO	72	\$246,560	\$8,500	\$30,719	\$285,779
OT	75	\$253,095	\$8,490	\$0	\$261,585
Polk FEC	189	\$631,475	\$866,663	\$187,203	\$1,685,341
SCICAP	53	\$180,037	\$500	\$200	\$180,737
SIEDA	108	\$362,638	\$0	\$0	\$362,638
UDMO	75	\$270,807	\$2,000	\$4,800	\$277,607
WCCA	105	\$357,017	\$16,886	\$20,450	\$394,353
NEICAC	77	\$259,727	\$17,241	\$0	\$276,968
YSS	88	\$296,285	\$34,500	\$0	\$330,785
Total	1529	\$5,265,697	\$1,034,290	\$257,149	\$6,557,136

DHR Administration (5%)

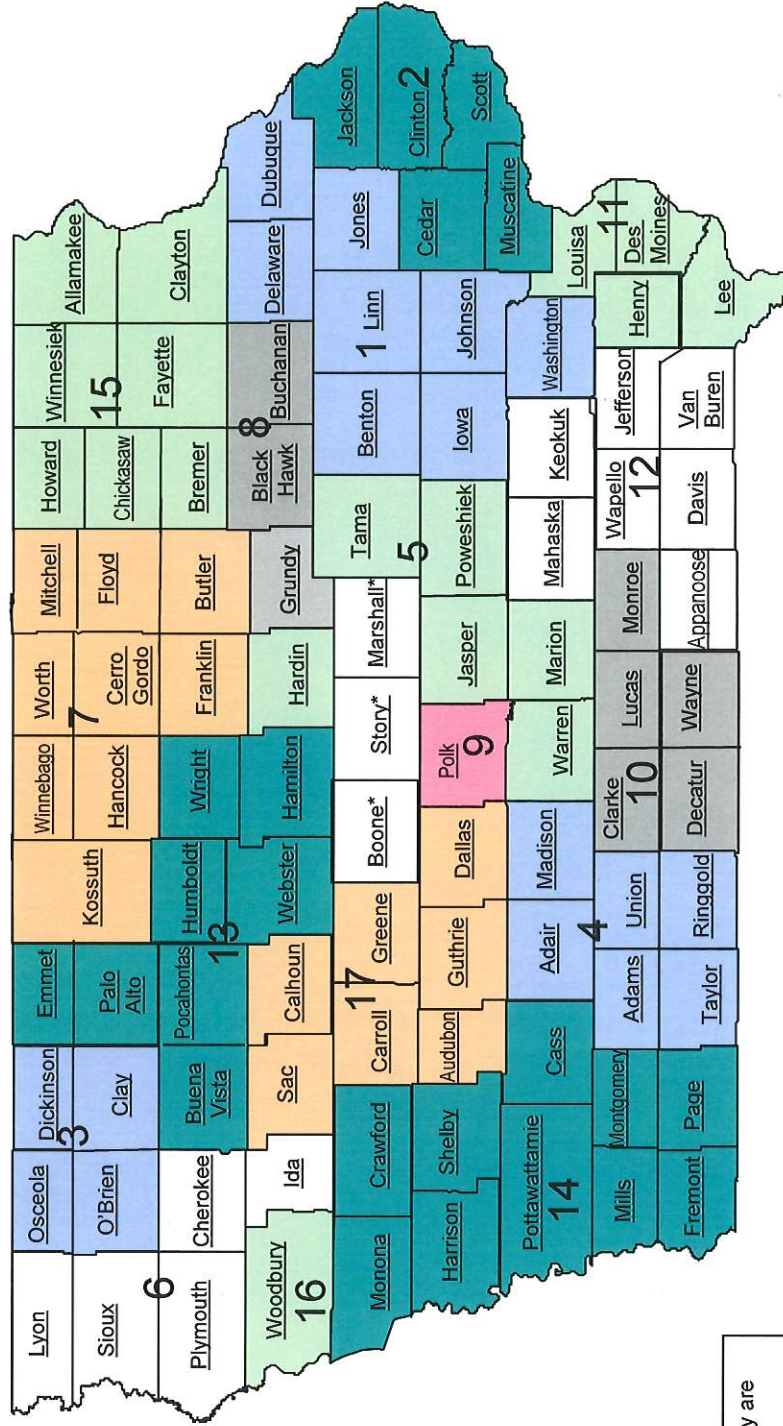
\$277,137

Total Appropriation

\$5,542,834

1. Four Oaks
2. Community Action of Eastern Iowa
3. Lutheran Services in Iowa
4. MATURA Action Corp.
5. Mid-Iowa Community Action
6. Mid-Sioux Opportunity
7. North Iowa Community Action Org.
8. Operation Threshold
9. Polk County Family Enrichment Center

10. South Central Iowa Community Action Program
11. Community Action of Southeast Iowa
12. Southern Iowa Economic Development Association
13. Upper Des Moines Opportunity, Inc.
14. West Central Community Action
15. Northeast Iowa Community Action Corp.
16. Community Action of Siouxland
17. Youth and Shelter Services, Inc.



*Boone, Marshall and Story are served by YSS and MICA.

FaDSS Grantee Service Areas

FaDSS Statewide Contacts

1. Four Oaks, Inc.
Danielle Peterson – 563-557-3100
dmpeterson@fouroaks.org
2. Community Action of Eastern Iowa
Christina Kelly – 563-324-3236
ckelly@iacommunityaction.org
3. Lutheran Services in Iowa
Carly Caravan – 712-395-1074
carly.caravan@lsiowa.org
4. MATURA Action Corp.
Kristie Davidson – 641-782-3346
kdavidson@maturaact.org
5. Mid-Iowa Community Action, Inc.
Deb Halverson – 641-752-7162
deb.halverson@micaonline.org
6. Mid-Sioux Opportunity, Inc
Laura Benson – 712-786-3483
lbenson@midsioux.org
7. North Iowa Community Action Organization
Wendy Balles – 641-423-7766
wballes@nicao-online.org
8. Operation Threshold
Mindy Dolan – 319-291-2065
mdolan@operationthreshold.org
9. Polk County Family Enrichment Center
Marcia Blize – 515-286-3556
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10. South Central Iowa Community Action Program
Brenda Fry – 641-446-4155
scifadss@grm.net
11. Community Action of Southeast Iowa
Dennis Ostrander – 319-753-0193
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12. Southern Iowa Economic Development Association
Deb Shubat – 641-682-8741
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13. Upper Des Moines Opportunity, Inc
Nicole Jones – 515-576-7774
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14. West Central Community Action
Molly Horan – 712-755-5135
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15. North East Iowa Community Action Corp.
Lisa Mathews – 563-382-8436
lmathews@neicac.org
16. Community Action of Siouxland
LaRae Lyons – 712-274-1610
llyons@caasiouxland.net
17. Youth and Shelter Services, Inc.
Sheila Paul – 515-232-4332
spaul@yss.ames.ia.us