



STATE OF IOWA

THOMAS J. VILSACK, GOVERNOR
SALLY J. PEDERSON, LT. GOVERNOR

DEPARTMENT OF HUMAN SERVICES
KEVIN W. CONCANNON, DIRECTOR

RECEIVED

DEC 28 2005

HOUSE OF REPRESENTATIVES

December 27, 2005

Michael Marshall
Secretary of Senate
State Capitol
LOCAL

Margaret Thomson
Chief Clerk of the House
State Capitol
LOCAL

RE: Independent Living Services Annual Report

Dear Members of the Iowa General Assembly:

Section 234.35, subsection 4, directs the Department of Human Services to report to the Governor and the General Assembly annually by January 1 on data concerning youth who received independent living (IL) foster care services during the immediately preceding fiscal year and to assess the data as part of any evaluation of services or consideration for improving the services. Effective June 1, 2004 IL Iowa Administrative Rules were revised; the foster care placement was renamed to Supervised Apartment Living (SAL). Following is the report data and assessment as required.

Report Data

SAL foster care is a foster care type of placement, in which youth served must be at least 16 years of age and have the capacity to function outside the structure of a foster family or group care setting. Youth live in an apartment unit with supervision provided by a provider that the Department contracts with to provide such supervision and skills to assist the youth in preparation for self-sufficiency. The total number of youth for whom the state paid for SAL services during state fiscal year (SFY) '05 was 216. Attached is a spreadsheet detailing the number of youth served, by county, who received such services, were discharged from such services, the reasons for discharge, and the voluntary or involuntary status of such services.

Clearly the largest percent of youth receiving SAL services, 27%, were from Polk County, with Linn County (12%) and Scott County (8%) coming in next, amounting to three out of Iowa's ninety-nine counties representing almost 50% of all youth served in the program, with no youth represented from 49 counties. This over and under representation for this particular foster care placement is not surprising when compared to overall representation of youth in foster care by county. Additionally, out of the 14 child placing agencies that the Department contracts with to provide SAL services, the majority provide services in Iowa's more urban areas, primarily due to availability of apartment units and landlords willing to rent to youth under the age of eighteen. Moreover, only a handful of the 13 providers contracted with have active SAL programs, with over half of providers only occasionally serving youth in this type of placement. The over represented counties are those counties in which there are strong SAL programs.

When reviewing numbers served by departmental service area, the Des Moines service area, which includes Polk County, clearly served the most youth in this particular type of placement, with the Cedar Rapids service area coming in second (which includes Linn County), the Davenport service area third (including Scott County) and the Ames service area (including Story County) fourth. Again, the rationale for this is apartment/landlord availability and strength of the program serving that particular area.

All but 3 of the 216 youth served were court ordered to placement (involuntary, under the age of 18); 3 were served on a voluntary basis (placement status for youth 18 through 19 years of age still working on their high school education). In order for youth to continue to be served past their 18th birthday, the youth (or person acting on behalf of the youth) must agree to stay in care in addition to completing their high school education. Additionally, funding must be available for the services. While funding is always an issue, it is not uncommon for youth who could remain in foster care past 18 years of age to choose not to. The SAL foster care program is Iowa's only foster care program that allows for a youth who has left foster care at age 18 (regardless of level of placement, i.e., family foster care, group care, SAL) to voluntarily return to a SAL foster care placement prior to their 20th birthday in order to complete their high school education or obtain a general equivalency diploma; this is an important option for those youth who could elect to stay past their 18th birthday in order to complete their education but choose not to, oftentimes wanting to be "free" from "the system" and believing they can do better on their own, only to find out otherwise several months down the road.

There were 185 youth discharged from this particular program during SFY '05. Of those discharged, 58% "aged out" of care (left care because they have attained 18 years of age or older), with another 17% being discharged due to a change in placement/level of care (typically a more restrictive placement such as group foster care, due to behaviors of the youth), 15% returned home, 7% ran away from placement, and 1% were placed with a suitable person (i.e., relative, guardian).

It is interesting to note that almost a third (32%) of total youth placed in SAL during SFY '05 were managed through juvenile court services (indicating adjudicated delinquent) as opposed to the Department. Such data profiling youth characteristics is important to keep in mind when evaluating effectiveness of program services. Often times, SAL placement is a "last resort" placement for older teens that can't go home and for whom other foster care settings (group care or family foster care) are unable to serve. Many of these youth have mental health and substance abuse issues. Case planning and services need to be tailored to meet the individual needs of each youth served.

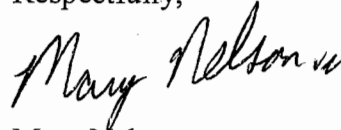
Evaluation of SAL services

Eligibility for SAL placement is based, among other things, on a comprehensive assessment of the youth that reviews available information on the youth, especially as it pertains to the youth's ability to live independently, participate in services and activities to achieve self-sufficiency, and in following the provisions of their case plan (see attached Preplacement Screening for Supervised Apartment Living Foster Care in addition to the Request for Approval of Supervised Apartment Living Foster Care Placement, both of which must be completed prior to placing a

youth in SAL). Additionally, a transition plan must be completed and updated at each case review for youth in foster care who are 16 years of age and older; the plan reviews strengths and needs of youth particularly around life skills and the possible need for services as an adult, significant information needed for appropriate placement into the SAL program.

During 2005, a committee of SAL providers and Department staff continued to meet to discuss program effectiveness and implications of program changes. Much discussion has been held around what data to collect that best measures program results and youth outcomes; the committee and Department staff have reviewed data that providers are currently collecting as well as data being collected in similar programs in other states. A sampling of providers did collect minimal data indicators of youth success, including school performance and whether or not the youth was employed, from August through November. While it appears that most youth sampled (32) were performing at appropriate level in school, working towards their high school diploma, few were employed. Providers indicate that this population of youth is often behind their peers in employment skills, including job readiness, how to present to a potential employer, and soft skills that affect job retention, including effective communication and time management. These are all important life skills that providers work on with the youth while in the program to prepare them as much as possible for self-sufficiency. It is expected that an agreed upon consistent core set of data elements will be collected by all providers for all youth served beginning 07/01/06.

Respectfully,

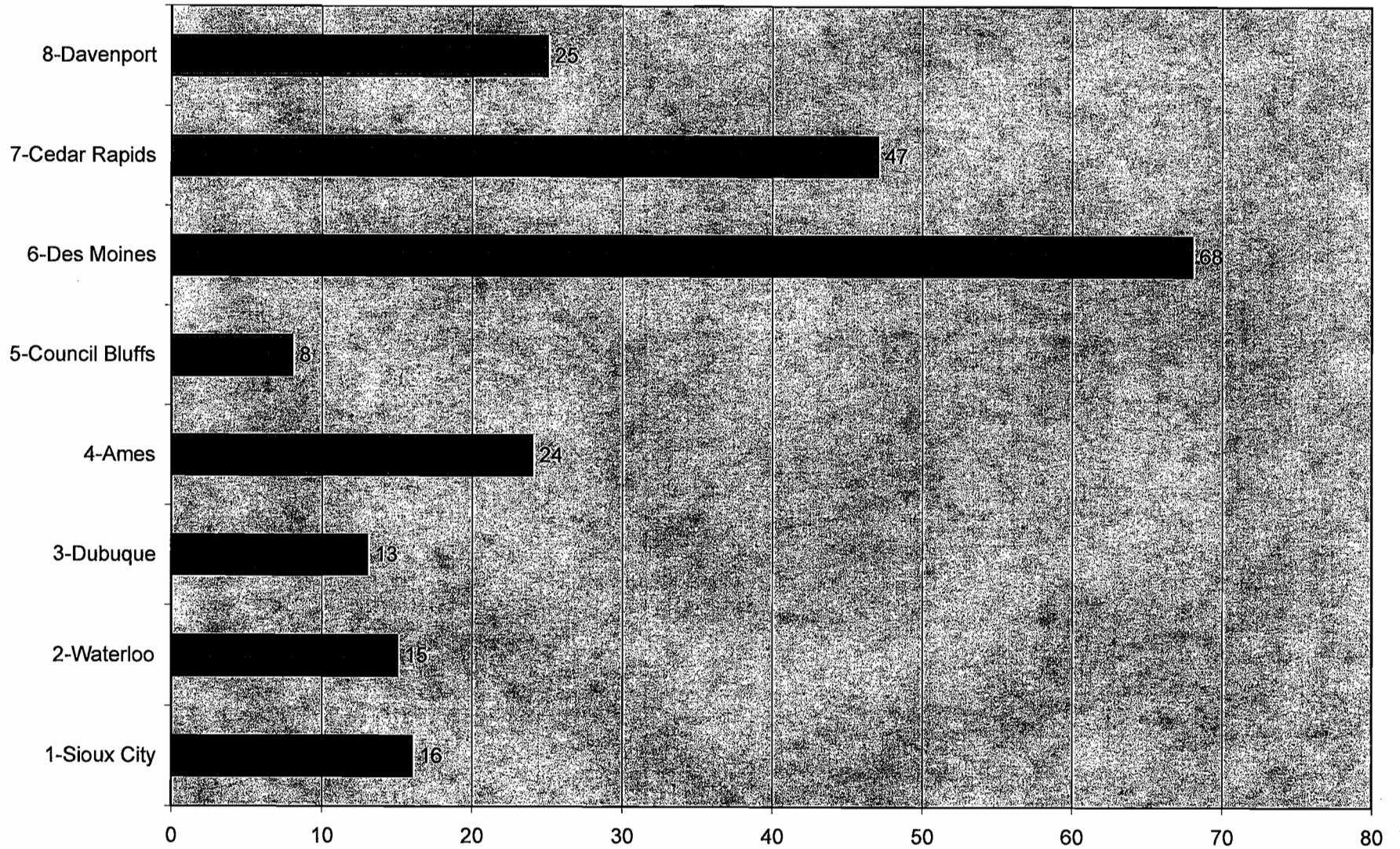
A handwritten signature in black ink that reads "Mary Nelson" with a stylized flourish at the end.

Mary Nelson
Division Administrator

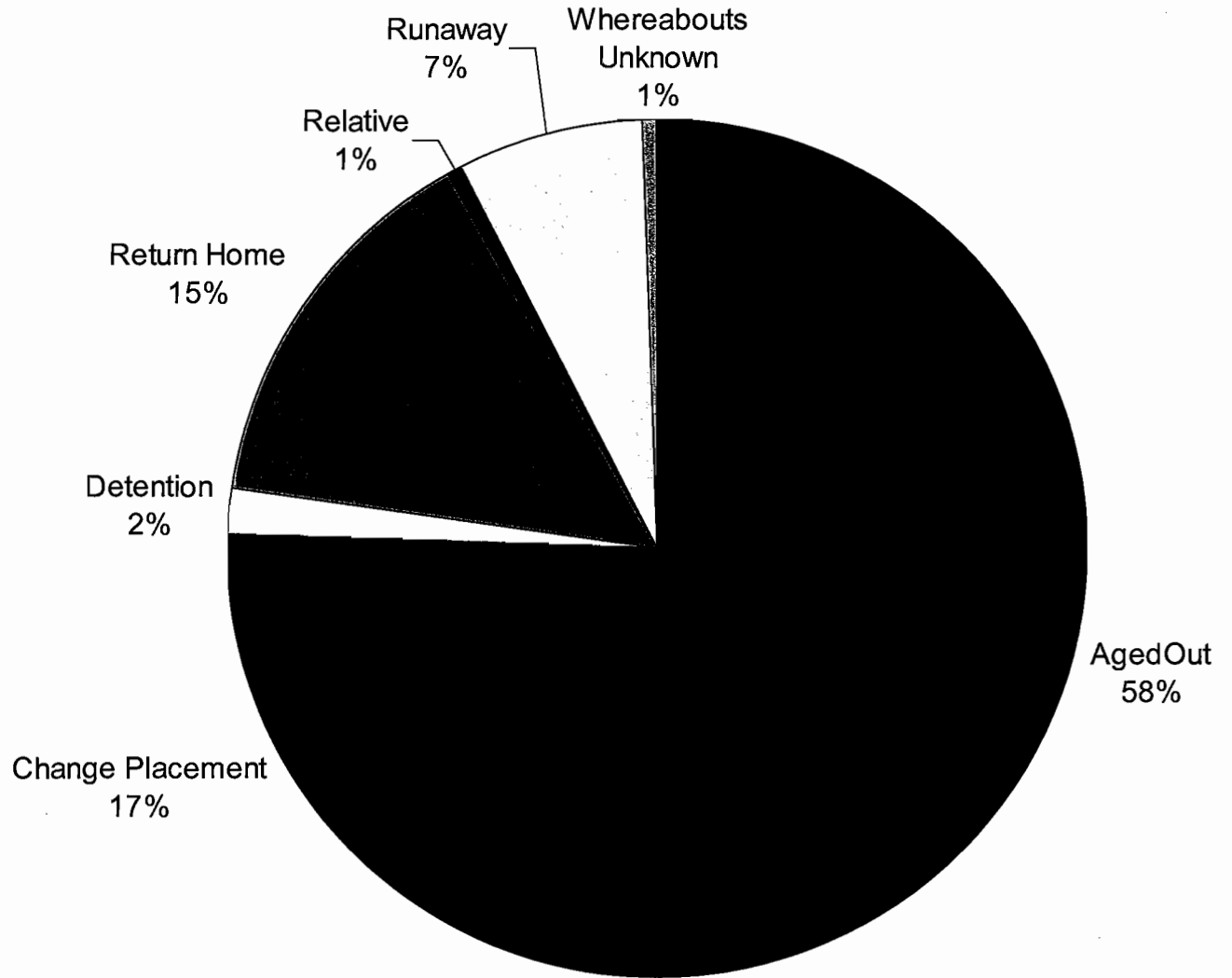
t Living Information for HF 457 Report

Totals	216	143	70	3	108	32	3	1	27	14	31
County	Total	Court CINA	Court Delinquent	VOLUNTARY	Exit Majority	Exit Other Placement	Exit Detention	Exit Relative	Exit to Home	Exit Runaway	Remain in SAL
Allamakee	1	1									1
Appanoose	3	3			3						
Audubon	1	1			1						
Benton	1		1		1						
Black Hawk	8	5	3		4	2				1	1
Boone	2	1	1							1	1
Buchanan	1		1				1				
Carroll	2	2			1					1	
Cedar	1		1		1						
Clayton	2	2			2						
Dallas	3	3			3						
Davis	1	1			1						
Delaware	1	1			1						
Des Moines	2	1	1			1			1		
Dubuque	2	2			1	1					
Fayette	3	2	1		2				1		
Floyd	4	2	2		2				1		1
Franklin	1	1				1					
Greene	2	2			1						1
Grundy	1	1			1						
Hancock	1	1			1						
Hardin	2	2				1					1
Howard	1	1			1						
Humboldt	2	2			1						1
Jasper	2	2			2						
Johnson	8	4	4		3	3			2		
Jones	1	1									1
Keokuk	1	1			1						
Lee	3	2	1		2	1					
Linn	26	15	11		14	4	1		2	4	1
Louisa	1	1			1						
Madison	2	1	1		1						1
Marion	1			1	1						
Marshall	6	4	2		2	2			1	1	
Monroe	2	2			2						
Montgomery	1		1		1						
Muscatine	1	1			1						
Plymouth	1	1			1						
Polk	58	35	22	1	19	12	1		13	2	11
Pottawattamie	2	2			1					1	
Poweshiek	2	2				1			1		
Scott	17	11	6		10				2	2	3
Sioux	2		2		2						
Story	6	3	3		5			1			
Tama	2	2			1						1
Wapello	4	3	1		2	2					
Warren	2	1	1						1		1
Webster	2		2		1				1		
Winneshiek	2	2			1						1
Woodbury	13	10	2	1	6	1			1	1	4

SUPERVISED APARTMENT PLACEMENTS FOR SFY05



Exit Reasons



PREPLACEMENT SCREENING FOR SUPERVISED APARTMENT LIVING FOSTER CARE

Date:

Client Name	Date of Birth	FACS ID	County
Current Living Arrangement			Legal Status: <input type="checkbox"/> CINA <input type="checkbox"/> Delinquent <input type="checkbox"/> Voluntary
Date Life Skill Assessment was completed: <i>(Attach a copy of the results to this assessment.)</i>			

School and Work History

Currently enrolled in school or GED

Grade	School	IEP? <input type="checkbox"/> Yes <input type="checkbox"/> No
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- Performing at appropriate level in school
- Mild to moderate problems at school including underachievement or discipline problems
- Serious school difficulties including suspensions, frequent truancy, significant discipline problems or failing

Not currently enrolled in school

Last School Attended	Last Grade Completed
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Currently employed

- Full-time
- Part-time

Not currently employed

Date Last Worked

- Has held a job for at least six months with few to no problems
- Has held a job for at least one month or has mild attendance or disciplinary problems
- Serious difficulties finding or maintaining employment
- No work history
- No opportunity to work

Medical or Mental Health Issues (Including Pregnancy)

Diagnosis:

Medications:

Is the youth able to manage own medication?
 Yes No N/A

Substance Abuse

- No notable substance use difficulties currently or in recovery for at least one year
- Mild to moderate substance use problems that occasionally present problems of living or in recovery for less than one year
- Moderate to serious substance abuse problem that requires treatment and exacerbates current problems and conditions

Describe current substance abuse treatment:

Parenting

Does the youth have any children?

- Yes. If yes, how many?
- No

Does the youth have custody of the children?

- Yes
- No

Does the youth's child have any health concerns or special needs?

- Yes. If yes, please describe:

- No

Cooperation/Compliance at Current Placement

- Generally compliant and cooperative
- Occasionally noncompliant to some rules or adult instructions
- Frequently noncompliant to rules and adult instructions

History of Delinquency

- Yes. If yes, describe:

- No

Date and degree of most recent charge:

Currently on probation?

- Yes. If yes, describe youth's compliance with terms of probation:

- No

History of Violence Toward Self, Others, or Property

- Yes. If yes, describe:

- No

Current (within past three months) violent/aggressive behavior:

- Yes. If yes, describe:

- No

List names of team members consulted in making the recommendations for SAL placement:

Other comments:

List the plan of services and resources available to address the identified needs of the youth in SAL placement (i.e., positive connections, economic, community programs):

Number of hours of supervision that will be authorized:

Overall assessment of suitability for Supervised Apartment Living Foster Care:

- Appropriate for SAL-scattered site
- Appropriate for SAL-cluster site
- Not appropriate for SAL

What is the plan if SAL placement is not approved or if SAL services are terminated:

Case Manager/JCO

Date

REQUEST FOR APPROVAL OF SUPERVISED APARTMENT LIVING FOSTER CARE PLACEMENT

<i>Youth's Name</i>	<i>Date of Birth</i>	<i>County</i>	<i>Date</i>
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The youth must meet the following criteria for approval of Supervised Apartment Living Foster Care:

- Youth is at least 16 years old.
- Needs foster care placement and services according to Employees' Manual XIII-J.
- Pre-Placement Screening for Supervised Apartment Living Foster Care*, form 470-4063, is attached.
- Youth will have an approved living arrangement that meets required standards.

If under age 18 (check one):

- Attending high school and working (or in work training) part time.
- Attending GED program and working (or in work training) part time.
- Attending post-secondary classes and working (or in work training) part time.
- Attending high school, GED or post-secondary program. Work requirement waiver is requested until _____ month/year.

Reason for waiving work requirement:

- Working full time.

If age 18 or over (check one):

- Attending high school and working (or in work training) part time.
- Attending GED program and working (or in work training) part time.
- Attending high school or GED program. Work requirement waiver is requested until _____ month/year.

Reason for waiving work requirement:

- Request waiver of requirement for continuous placement in order for youth to return to foster care to complete high school or obtain GED. Youth is working (or in work training) part time or work requirement waiver is requested until _____ month/year.

Reason for waiving work requirement:

An initial allowance in the amount of _____ (maximum \$400) is requested to assist the youth in paying for deposits, furnishings, and other start-up costs.

<i>Worker</i>	<i>Date</i>	<i>Supervisor</i>	<i>Date</i>
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APPROVAL FOR SUPERVISED APARTMENT LIVING FOSTER CARE PLACEMENT

The request for a Supervised Apartment Living Foster Care Placement is: Approved Denied

Work requirement waiver is: Approved Denied

The request for an initial allowance is approved in the amount of: _____

<i>Service Area Manager or Designee</i>	<i>Date</i>
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If youth is under age 18, obtain Juvenile Court Order for Supervised Apartment Living Placement after receiving SAM approval.