



**RUNNING, Richard V. - Cedar Rapids
District 54
Democrat**

Birth: January 22, 1946, New Rockford, North Dakota. **Parents:** Vernon E. and Lucile Allmaras Running. **Education:** Graduated from Cashton High School (Wisconsin), 1964; B.S., University of Wisconsin-La Crosse, 1973. **Military service:** U.S. Navy, 1966-1968. **Spouse:** Joan A. Meighan of Cedar Rapids, 1968. **Children:** 3 daughters: Elizabeth, Stephanie, and Kirsten; 1 son: Chad. **Activities:** Quality control trainer. Member: St. Patrick's Catholic Church, Eagles, Vietnam Veterans of America, VFW, American Legion, 40 and 8, Knights of Columbus, American Society for Quality Control, AQP. Served 4 previous terms in Iowa House. Served 1 term in Iowa Senate. **Term:** First.

RUNNING, Richard V. - Cedar Rapids
District 26
Democrat

Birth: January 22, 1946, New Rockford, North Dakota. **Parents:** Vernon E. and Lucille (Allmaras) Running. **Education:** Graduated from Cashton High School, Cashton, Wisconsin, 1964; B.S., University of Wisconsin-LaCrosse, 1973. **Military service:** U.S. Navy, 1966-1968. Vietnam veteran. **Spouse:** Joan A. Meighan of Cedar Rapids, 1968. **Children:** 3 daughters: Elizabeth, Stefanie, and Kirsten; 1 son, Chad. **Activities:** Quality control trainer at Kirkwood Community College. Member: St. Patrick's Catholic Church, H & RE & BIU Local #497, Eagles, Veterans of Foreign Wars, American Legion, Knights of Columbus and American Society for Quality Control. Served 4 terms in Iowa House. **Term:** First.



**RUNNING, Richard V. — Cedar Rapids
District 26
Democrat**

Birth: January 22, 1946, New Rockford, North Dakota.
Parents: Vernon E. and Lucille (Allmaras) Running.
Education: Graduated from Cashton High School, Cashton, Wisconsin, 1964; B.S., University of Wisconsin-LaCrosse, 1973. **Military Service:** U.S. Navy, 1966-1968. Vietnam veteran. **Spouse:** Joan A. Meighan of Cedar Rapids, 1968. **Children:** 3 daughters: Elizabeth, Stefanie, and Kirsten; 1 son, Chad. **Activities:** Quality control trainer at Kirkwood Community College. Member: St. Patrick's Catholic Church, H & RE & BIU Local #497, Eagles, Veterans of Foreign Wars, American Legion, Knights of Columbus. Assistant Iowa House majority leader, 71st General Assembly. Served 4 terms in Iowa House. **Term:** First.





**RUNNING, Richard V. — Cedar Rapids
District 51
Democrat**

Born January 22, 1946, in New Rockford, N.D., son of Vernon E. and Lucille (Allmaras) Running. Graduated from Cashton High School, Cashton, Wisconsin, 1964. B.S., University of Wisconsin-La Crosse, 1973. Served in U.S. Navy, 1966-1968. Vietnam Veteran. Married Joan A. Meighan of Cedar Rapids in 1968. Children: Elizabeth, Stefanie, Kirsten and Chad. Employed as a Quality Control Technologist for Farmstead Foods. Member of St. Patrick's Catholic Church, Iowa Farm-Labor Coalition, H&RE & BIU Local 497, Eagles, Veterans of Foreign Wars and American Legion. Chair of Human Resources Committee - 70th General Assembly, Assistant Majority Leader - 71st General Assembly. Chairman of Economic Development Appropriation Committee, 72nd General Assembly. Fourth Term.

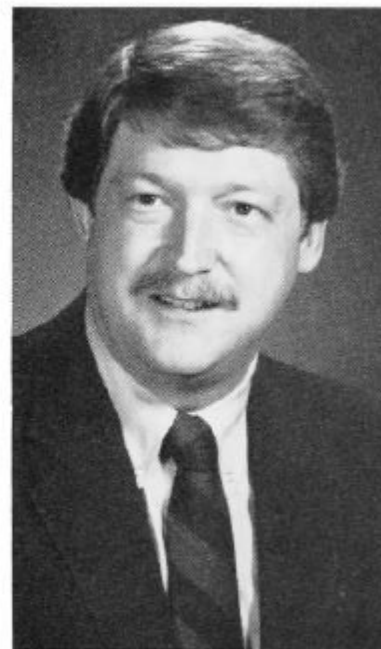
**RUNNING, Richard V. — Cedar Rapids
District 51
Democrat**

Born January 22, 1946, in New Rockford, N.D., son of Vernon E. and Lucille (Allmaras) Running. Graduated from Cashton High School, Cashton, Wisconsin, 1964. B.S., University of Wisconsin-La Crosse, 1973. Served in U.S. Navy, 1966-1968. Vietnam Veteran. Married Joan A. Meighan of Cedar Rapids in 1968. Children: Elizabeth, Stefanie, Kirsten and Chad. Employed as a Quality Control Technologist for Farmstead Foods Corporation. Member of St. Patrick's Catholic Church, Iowa Farm-Labor Coalition, H&RE & BIU Local 497, Eagles, Veterans of Foreign Wars, American Legion and League of Women Voters. Chair of Human Resources Committee - 70th General Assembly, Assistant Majority Leader - 71st General Assembly. Third Term.



**RUNNING, Richard V. — Cedar Rapids
District 51
Democrat**

Born Jan. 22, 1946, in New Rockford, N.D., son of Vernon E. and Lucille M. Running. Graduated from Cashton High School, Cashton, Wis., 1964. B.S., University of Wisconsin-LaCrosse, 1973. Served in U.S. Navy, 1966-68. Vietnam veteran. Married Joan A. Running of Cedar Rapids in 1968. Children: Elizabeth, Stefanie, Kirsten and Chad. Former executive board member and organizational representative for United Food and Commercial Workers Local 3-P. Past chairman of Iowa Second District Committee on Political Education. Employed as a quality assurance technologist for Wilson Foods Corp. Member of St. Patrick's Catholic Church, Iowa Farm-Labor Coalition, Eagles, Veterans of Foreign Wars and American Legion. Second term.



**RUNNING, Richard V. — Cedar Rapids
District 27
Democrat**

Born Jan. 22, 1946, in New Rockford, N.D., son of Vernon E. and Lucille M. Running. Graduated from Cashton High School, Cashton, Wisc., 1964. B.S., University of Wisconsin-LaCrosse, 1973. Interned in urban-regional planning, Minneapolis, Minn. Served in U.S. Navy, 1966-68. Vietnam veteran. Married Joan A. Meighan of Cedar Rapids in 1968. Children: Elizabeth, Stefanie and Kirsten. Former executive board member and organizational representative for United Food and Commercial Workers Local 3-P. Past chairman for Iowa 2nd District Committee on Political Education. Field representative/labor liaison for former U.S. Congressman Mike Blouin. Employed as a quality assurance technologist for Wilson Foods Corp. Member of St. Patrick's Catholic Church, Iowa Farm-Labor Coalition, Eagles, Veterans of Foreign Wars, and American Legion. First term.

