

441—93.116(239B) Parenting skills training.

93.116(1) *Parents aged 20 and over.* For parents aged 20 and over when the FIA is signed, activities which strengthen the participant's ability to be a better parent can be approvable training under PROMISE JOBS and may be included in the FIA as long as the participant is active in at least one other PROMISE JOBS component. Parents aged 20 and over who do not carry out the parenting skills training described in the FIA have chosen the LBP, unless family circumstances warrant renegotiation and amendment of the FIA.

93.116(2) *Parents aged 19 and younger.* Parents aged 19 and younger when the FIA is signed are required to include parenting skills training in the FIA.

a. The FIA shall be written or renegotiated and amended to include specific plans for parenting skills training, with provider name and beginning and ending date. The scheduled training may be in the future to accommodate availability of provider resources. However, it shall occur as soon as is compatible with the circumstances of the family, the other activities in the FIA, and the availability of provider resources, except as specified at subrule 93.105(3).

b. Parents aged 19 and younger are not required to be active in another PROMISE JOBS component to be eligible for parenting skills training. Other PROMISE JOBS components are included in the FIA according to policies at rule 441—93.109(239B).

c. Parents aged 19 and younger who do not include parenting skills training in the FIA or do not carry out the parenting skills training described in the FIA have chosen the LBP. Policies regarding problems with participation, rule 441—93.133(239B), and barriers to participation, rule 441—93.134(239B), apply.

d. Parents who sign the FIA while the age of 19 and younger shall honor the duration of the parenting skills training as arranged under policies in subrule 93.116(6) when they become the age of 20 before the training is completed, as long as their FIA responsibility continues.

93.116(3) *Expense allowances.* For participants described in subrules 93.116(1) and 93.116(2), a child care allowance and a transportation allowance for each month of participation, or part thereof, as described at subrule 93.110(6), shall be paid if these services are not provided by any other entity and are required for participation. Payment for tuition, fees, or books and supplies shall be paid only when parenting skills training is not available from a nonreimbursable source in the SDR.

a. PROMISE JOBS shall not pay allowances for any of these expenses which can be covered by student financial aid in postsecondary educational institutions as provided elsewhere in these rules.

b. If the participant chooses to continue with the parenting skills training program beyond the designated period of participation described in subrule 93.116(6), PROMISE JOBS responsibility for payment of expense allowances shall not extend beyond the designated period unless completion is delayed by problems with participation or barriers to participation.

93.116(4) *Approvable providers.* The following sources are approvable providers for parenting skills training:

a. High school departments of family and consumer sciences which offer child development, family relationships, or parenting classes and alternative high school programs for pregnant and parenting teens.

b. Community colleges, other associate-degree institutions, and baccalaureate-degree institutions which offer child development, family relationships, or parenting classes.

c. Area education agencies; child abuse prevention programs; child and adult food program sponsors; child care resource and referral agencies; family resource centers; maternal and child health centers; Family Development and Self-Sufficiency program grantees and other family development providers; Head Start, Head Start Parent and Child Centers, and Early Head Start programs; Iowa State University Extension services such as, but not limit to, the "Best Beginnings" program; rehabilitative treatment services such as family-centered services, and family preservation as described in 441—Chapter 185; private nonprofit social service agencies, and young parent support and information organizations.

93.116(5) *Other approvable providers.* Other providers of parenting skills training are approvable as long as they offer training within the time frames described at subrule 93.116(6) and have five of these

six elements: child growth and development, child health and nutrition, child safety, positive discipline, relationships, and life skills.

93.116(6) *Duration for parenting skills training.*

a. The planned duration of the parenting skills training shall be determined by agreement between the participant and the training provider within the limits described in paragraph “*b.*” In consultation with PROMISE JOBS staff, the participant and the provider shall design a written agreement and provide a copy to PROMISE JOBS. The agreement shall designate the period of time during which the mandatory parenting skills training requirement will be fulfilled. A notice of decision from the department regarding rehabilitative treatment services such as family-centered services, and family preservation, as described in 441—Chapter 185, which contains a specific time period of service may be used in lieu of the agreement. The period of time in the agreement or notice of decision shall be included in the FIA. Participants who fail to carry out this step in the FIA shall be choosing the LBP.

b. The planned mandatory duration of training by providers shall be limited as follows:

(1) Services from providers described in paragraph 93.116(4) “*a.*” shall be limited to a minimum of one semester and a maximum of two semesters.

(2) Services from providers described in paragraph 93.116(4) “*b.*” shall be limited to one semester or two quarters.

(3) Services from providers described in paragraph 93.116(4) “*c.*” and in subrule 93.116(5) shall be limited to a minimum of six contact hours or six weeks, whichever comes first, and to a maximum of 26 contact hours or six calendar months, whichever comes first.

93.116(7) *Other policies specific to parents aged 19 or younger.*

a. Parents aged 19 or younger who have satisfactorily completed parenting skills training before signing the FIA may be excused from the requirement when documentation of the successful completion is provided before the FIA is signed.

b. Parents aged 19 or younger who are participating in a parenting skills training program at the time the FIA is signed shall be allowed to continue in that program, if they choose, as long as the provider appears in subrule 93.116(4) or meets the requirements of subrule 93.116(5) and documentation of enrollment is provided. An agreement as described in paragraph 93.116(6) “*a.*” or the time period of rehabilitative services included in a notice of decision from the department, shall be used to determine the remaining training time to be included in the FIA.

c. In any month, PROMISE JOBS shall give priority for orientation or assessment services to parents who are already the age of 19 in order to establish their responsibility for parenting classes before they are the age of 20. This applies to those who are scheduled for orientation, still in assessment, and to those who have an FIA which must be renegotiated and amended.

93.116(8) *Training phase-in.* PROMISE JOBS shall phase in the inclusion of parenting skills training into the FIAs of parents aged 19 or younger who are current PROMISE JOBS participants and are in PROMISE JOBS assessment or who already have an FIA on November 1, 1996.

a. PROMISE JOBS shall, before February 1, 1997, complete the process of including parenting skills training in the FIA for all parents aged 19 or younger who were referred to PROMISE JOBS before November 1, 1996.

b. Each FIA shall be written or renegotiated and amended to include specific plans, with provider name and beginning and ending date, for parenting skills training. The training shall begin as soon as is compatible with the circumstances of the family, the other activities in the FIA, and the availability of provider resources, except as specified at subrule 93.105(3), but no later than September 1, 1997. If the parent does not participate in the renegotiation and amendment process, this is considered choosing the LBP.