441—171.4(234) Situations served.

171.4(1) *Family.* Services and counseling may be provided the family for the purpose of helping the family to cope with and care for an impaired adult.

171.4(2) *Individuals.* Day care services may be provided to improve the individual's physical and mental functioning so as to prevent the further general physical and mental deterioration of the individual; to develop an individual's self-sufficiency and personal independence by providing and supervising self-care training; or to reduce an individual's inactivity, isolation, loneliness, and social withdrawal.

This rule is intended to implement Iowa Code section 234.6(6)*"a."*