

**481—60.5(135C) Supervised care unit.**

**60.5(1)** Definition of a supervised care unit. A supervised care unit shall not contain more than 60 beds and shall have the following rooms or areas: (III)

Attendant's station,  
Clean workroom,  
Medication room,  
Resident rooms,  
Resident toilets or baths,  
Private room,  
Soiled workroom, and  
Enclosed clean linen storage.

**60.5(2)** In facilities over 15 beds, an attendant's station with a minimum of 40 square feet shall be provided which is centrally located in the resident area and shall have a well-lighted desk with the necessary equipment for the keeping of required records and supplies. (III)

**60.5(3)** A clean workroom, which may be combined with the medication room for storage and assembly of clean supplies, shall contain a work counter and sink. (III) (Exceptions 1 and 2)

**60.5(4)** The medication room shall be well-lighted and shall have the following: (III)

- a. Drug cabinet,
- b. Work counter,
- c. Refrigerator storage,
- d. Chest or compartment with a lock for Schedule II drugs,
- e. Lavatory.

**60.5(5)** Instead of the requirements in subrule 60.5(4), facilities licensed for 15 beds or less shall contain space for storage of medications which: (III)

- a. Is locked,
- b. Is adjacent to a lavatory,
- c. Provides for Schedule II drugs as defined by Iowa Code chapter 124, which shall be kept in a locked box within the locked medication cabinet,
- d. Has space available for refrigerating medication.

**60.5(6)** Resident rooms shall meet as a minimum the following requirements:

a. Bedrooms shall open directly into a corridor or common living area. (III) Bedrooms shall not be used as a thoroughfare. (III)

b. The minimum room area, exclusive of closets, toilet rooms, lockers, wardrobes, vestibules, and corridor door swings shall be 100 square feet in one-bed rooms and 80 square feet per bed in multibed rooms. Usable floor space of a room shall be no less than 8 feet in any major dimension. (III) (Exception 4)

c. Each resident room shall be provided with light and ventilation by means of a window or windows with a net glass area equal to 10 percent of the total floor area. The windows shall be openable without the use of tools. The window sill shall not be higher than 3 feet above the floor. (III) (Exception 4)

d. There shall be a wardrobe or closet in each resident's room. For each resident, the minimum clear dimensions shall be 1 foot 10 inches deep by 2 feet 6 inches wide of clear hanging space. A clothes rod and shelf shall be provided. Where a closet is shared, segregated portions shall be established. Each wardrobe and closet in each resident room shall have a door. (III) (Exceptions 2 and 4)

e. No bedroom shall be located so that its floor will be more than 30 inches below the adjacent grade level. (III)

f. Fixtures or storage shall be provided to hold individual towels and washcloths. (III)

g. No part of any room shall be enclosed, subdivided, or partitioned unless such part is separately lighted and ventilated and meets other requirements its usage and occupancy dictate, except closets used for the storage of resident's clothing. (III)

h. Rooms in which beds are erected shall not be used for purposes other than bedrooms. (III)

*i.* Each resident bedroom shall have a door. The door shall be the swing type and shall swing in, unless fully recessed. (III)

*j.* Multibed rooms shall be designed to permit no more than two beds, side-by-side, parallel to the window wall. (III) (Exceptions 2 and 4)

*k.* Each resident bedroom shall be so designed that the head of the bed shall not be in front of a window or a heat register or radiator. (III)

*l.* One lavatory shall be provided in each resident room. The lavatory may be omitted from a room when a lavatory is located in an adjoining toilet room which serves that room. (III) (Exception 3)

*m.* In facilities with eight or fewer beds, one lavatory shall be provided in each resident room. The lavatory may be omitted from a room when a lavatory is located in an adjacent toilet room which serves that room.

*n.* Multibed rooms shall provide full visual privacy for each resident. (III)

**60.5(7)** Resident toilet rooms.

*a.* Each resident room toilet shall have a swing or sliding door (not a pocket door). The door shall not swing into the toilet room. The doorway must have a minimum clear opening width of 32 inches. (III) (Exception 4)

*b.* An appropriate number of toilets commensurate with the facility's program of care shall be accessible to and usable by handicapped residents (minimum of one). (III) (Exceptions 3 and 4)

*c.* All toilet rooms shall have mechanical ventilation. (III) (Exception 3)

**60.5(8)** Central bathing.

*a.* Minimum numbers of toilet and bath facilities shall be one lavatory and one water closet for each 10 residents, and one tub or shower for each 15 residents or fraction thereof. See 481—60.5(8) "l" for grab bars and 481—60.11(4) "e"(9) for number of fixtures in smaller facilities. (III)

*b.* There shall be a minimum of one bathroom with tub or shower, water closet, and lavatory on each floor which has resident bedrooms in multistory buildings. (III)

*c.* Separate toilets for the sexes shall be provided. (III) (Exception 1)

*d.* Privacy for dressing and bathing shall be provided in central bathrooms. (III)

*e.* All bathrooms shall have mechanical ventilation. (III) (Exception 3) See 60.11(3) "i."

*f.* The number of showers accessible to and usable by handicapped residents shall be commensurate with the facility's program of care. There shall be at least one. (III) (Exception 3)

*g.* Each bathroom shall have a water closet and a hand-washing lavatory. (III)

*h.* Toilet and bathing facilities shall not open directly into food preparation areas. (III)

*i.* Central bathing areas shall have a swinging door which swings into the bathroom. (III)

*j.* The number of sinks accessible to and usable by handicapped residents shall be commensurate with the facility's program of care. All lavatories shall be securely anchored to withstand an applied vertical load of not less than 250 pounds on the front of the fixture. Exposed hot water and drain pipes under lavatories shall be insulated or shielded as per the state building code. (III) (Exception 4)

*k.* Soap holders shall be provided in showers and bathtubs. (III) (Exception 3)

*l.* All toilet, bath, and shower facilities shall be supplied with grab bars and adequate safety devices appropriate to the needs of the individual residents. The bars shall have 1½-inch clearance to walls, shall be sufficient strength and anchorage to sustain a concentrated load of 250 pounds, and shall meet division 7 of the Iowa state building code.

*m.* Raised toilet seats shall be available for residents as needed. (III)

*n.* In facilities where the total occupancy of family, employees, and residents is more than five, separate bathing and toilet facilities shall be required for the family or employees distinct from such areas provided for residents. (III)

*o.* Each facility must provide no less than one bathing system accessible to the handicapped. (III) (Exceptions 1 and 4)

*p.* Bathtubs or showers shall be equipped with screwdriver stop valves in the water supply system. (III) (Exception 4)

*q.* Showers shall be equipped with a shower head on the end of a flexible hose. (III) (Exception 4)

**60.5(9)** Private room.

*a.* At least one single bed resident room shall be provided for purposes of privacy or incompatibility with other residents in the home. This room shall be used for emergency purposes and for short, intermittent periods of time. (III) (Exceptions 2 and 4)

*b.* The bed in the privacy room shall be counted in the total licensed bed capacity of the facility. The resident of such room shall be informed, and it shall be contained in the resident's contract, that the resident is subject to removal from the room when it becomes necessary to transfer another resident of the facility into it. Where, in the determination of the department, the facility is not making proper use of the room when privacy or isolation is deemed necessary, the department may choose not to license that bed in order to promote its effective use. (III)

**60.5(10)** A soiled workroom, workcounter, waste and soiled linen receptacles, and a two-compartment sink shall be provided. (III) One compartment of the double sink shall be a minimum of 10 inches deep for cleaning and sanitizing equipment. (III) (Exceptions 1 and 3)

**60.5(11)** Enclosed clean linen storage, separate from the clean workroom. (III)