

**645—131.1(152C) Definitions.**

*“Anniversary month”* means the month the license was issued by the board.

*“Board”* means the Iowa board of massage therapy.

*“Board-approved school”* means a school for massage therapy education that provides at least 600 hours of supervised academic instruction; has been recognized as legitimate by the board in the state where the school is located or in the state where the school was located if the school has since closed; has been recognized by a similar board in another jurisdiction that licenses massage therapists if massage therapy is not a licensed profession in the state where the school is located; and has not been denied, suspended, or revoked by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB).

*“Grace period”* means the 30-day period following expiration of a license when the license is still considered to be active.

*“Issuing jurisdiction”* means the duly constituted authority in another state that has issued a massage therapy license to a person.

*“Licensee”* means any person licensed to practice as a massage therapist in the state of Iowa.

*“License expiration date”* means the fifteenth day of the anniversary month every two years.

*“Massage therapy”* means performance for compensation of massage, myotherapy, massotherapy, bodywork, bodywork therapy, or therapeutic massage including hydrotherapy, superficial hot and cold applications, vibration and topical applications, or other therapy that involves manipulation of the muscle and connective tissue of the body, excluding osseous tissue, to treat the muscle tonus system for the purpose of enhancing health, providing muscle relaxation, increasing range of motion, reducing stress, relieving pain, or improving circulation.

[ARC 8051C, IAB 6/12/24, effective 7/17/24]